

Day	Mon	Tues	Wed	Thu	Fri	Sat	Sun
CHOTA HAAZRI							***HAPPY SUNDAY***
Biscuit	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	***BRUNCH***
Beverage	Tea	Tea	Tea	Tea	Tea	Tea	

BREAKFAST							*Mango & Blueberry Milk Shake/Hot Milk/Coffee*
Beverage	Hot Milk/ Tea	Hot Milk/ Tea	Hot Milk/ Tea	Hot Chocolate Milk/ Tea	Hot Milk/ Tea	Hot Milk/ Bournvita/Boost/ Tea	*Kellogg's Honey Crunch*
Cereals	Choco Kellogg's	Honey Crunch Kellogg's	Porridge		Wheat Flakes Kellogg's	Porridge	*Toast/ Brown Bread*
Bread	Brown Bread	Toast/ White Bread/	Toast/ Brown Bread	Brown Bread	Toast/ Brown Bread	Toast/ Brown Bread	*Cheese Spread/ Peanut Butter / Mix Fruit Jam/Butter*
Jam/Butter	Mix Fruit Jam/ Peanut Butter/ Butter	Mix Fruit Jam/Butter	Cheese Slice/Mix Fruit Jam/Butter	Mix Fruit Jam/ Butter	Cheese Spread/ Mix Fruit Jam/Butter	Nutella Choco Spread / Mix Fruit Jam/Butter	*Boiled Eggs*

Main Dish	Baked Beans	Poha	Suji Upma	Mooli Paratha	Atta Chilla	Kachori	***Continental***
2nd Veg Dish	Chilli Cheese Toast		Veg Cutlet	Aloo Masala	Veg Nuggets	Kala Chane Ki Sabzi	*Smiley*
Egg/Sausages	Boiled Egg	Boiled Egg	Cheese Omelette	Chicken Sausages/ Egg		Boiled Egg	*Chicken Nuggets*
Dry Fruits		Almonds		Almonds			*Creamy Bell Pepper Mayo Pasta*
Fruit	Banana	Banana	Banana	Banana	Banana	Banana	*Veg Coleslaw Sandwich*

Sauce	Ketchup	Tomato Chutney	Coconut Chutney	Tomato Sauce	Tomato Chutney	Chutney	***Indian***
MID MORNING							*Aloo Pyaz Paratha*
Fruit/Snacks	Fruit Cake		Brownie	Biscuits	Pineapple Pastry	Banana Cake	*Curd / Pickle*
Beverage	Tea / Coffee	Juice Packets	Tea / Coffee	Juice	Tea / Coffee	Tea / Coffee	*Amritsari Kulcha*
LUNCH							*Jeera Rice*

Rice	Rice	Jeera Rice	Sweet Corn Soup	Plain Rice	Veg Biryani	Rice	*Amritsari Chole*
Indian Bread	Whole Wheat Chapati	Rogani Roti	Veg Fried Rice	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	*Punjabi Chicken Curry*
Pulses/ Dal	Kadhi Pakora	Urad Ki Dal		Rajma Masala	Matar Paneer	Sambhar	*Paneer Butter Masala*
Veg/ paneer	Seasonal Vegetables	Aloo Gobi	Veg Hakka Noodles	Seasonal Vegetables	Brinjal Salan	Beans Cabbage Matar Thoran	
Veg.2/ Conti			Veg Fingers				***Dessert***

Non Veg			Chilli Paneer		Chicken Biryani		*Brownie*
Raita/		Boondi Raita	Chilli Chicken	Curd	Mix Veg Raita	Curd	*Chocolate*
Salad	Garden Fresh Salad	Kachumber Salad		Salad	Salad	Salad	*Assorted Seasonal Fruits*
Pickle/ Chutney	Pickle	Pickle		Pickle/ Papad	Pickle	Pickle/ Papad	
Fruit/ Dessert	Fruit	Atta Halwa	Ice Cream	Fruit	Fruit	Fruit	

EVENING SNACKS							
Snacks	Veg Puff	Bhelpuri	Chocolate Donut	Samosa	Mushroom Puff	Rice Puff Masala	Bun/ Samosa/ Cake/ Fruit
Beverage	Tea	Tea	Tea	Tea	Tomato Soup	Tea	Tea
DINNER							
						Tomato Soup	
Rice	Steamed Rice	Peas Pulao	Steamed Rice	Rice	Rice	Burger	Rice

Bread	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	French Fries	Whole Wheat Chapati
Pulses/ Dal/ Veg	Mix Dal	Dal Masoor	Dal Chana	Dal Moong Sabut	Dal Fry	Veg Patty	Dal Malka
Veg/ paneer	Kadai Paneer	Afghani Malai Soya Chaap	Veg Kofta Curry	Palak Corn	Aloo Nutri	Roasted Paneer	Paneer Do Pyaza
2nd Veg./ N-Veg/ Conti						Spread	
Non Veg	Chicken Maska Wala					Roasted Chicken	Egg Curry

Salad	Salad	Salad	Salad	Salad	Salad	Lettuce/ Cucumber/ Tomato	Salad
Fruit/ Dessert	Rice Kheer	Burfi	Sevai Kheer	Gajar Ka Halwa	Fruit Custard	Jelly	Chocolate Fudge
COCOA							
Biscuit	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits
Beverage	Horlicks with Hot Milk	Drinking Hot Chocolate	Boost With Hot Milk	Bournvita With Hot Milk	Horlicks with Hot Milk	Bournvita With Hot Milk	Boost With Hot Milk

****** Menu subject to change according to the availability of seasonal vegetable & raw material******