

The Sanawar® Newsletter

September 2021



Himmat S. Dhillon,
Headmaster.



The Lawrence School

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SPECIAL ORDER OF THE DAY STUDENTS APPOINTMENTS - 2021

The Student Appointments for the Year 2021 are as follows:

APPOINTMENTS

<u>BOYS DEPTT</u>		<u>GIRLS DEPTT</u>	
Head Boy	Nihaal Singh Sidhu	Head Girl	Pavya Singh
Deputy Head Boy	Harsh Angad Singh	Deputy Head Girl	Himani Thakur
MI Prefect	Nitin Dhiman	MI Prefect	Aanchal Chawla
Academic Prefect	Puru Manjrey	Academic Prefect	Kehkashan Sehgal

HOUSE APPOINTMENTS

<u>BOYS</u>		<u>GIRLS</u>	
Siwalik		Siwalik	
House Captain	Pooshan Soni	House Captain	Himani Thakur
School Prefect	Emaan Singh Bhullar	House Prefect	Harshita Verma
Jr Prefect Sr Dorm	Mannic Ahluwalia		
Jr Prefect Jr Dorm	Dhruv Deora		
Vindhya		Vindhya	
House Captain	Puru Manjrey	House Captain	Aanchal Chawla
School Prefect	Priyanshu Sharma	House Prefect	Ishika Sen
Jr Prefect Sr Dorm	Arjun Kohli		
Jr Prefect Jr Dorm	Udayveer Singh Nakai		
Himalaya		Himalaya	
House Captain	Harshangad Singh	House Captain	Sanah Sandhu
School Prefect	Ishank Bareja	House Prefect	Barkha
Jr Prefect Sr Dorm	Aryan Butail		
Jr Prefect Jr Dorm	Subir S Pannu		
Nilagiri		Nilagiri	
House Captain	Arnav Chauhan	House Captain	Kakhashan Sehgal
School Prefect	Simar S Gabadia	House Prefect	Zoya Khurana
Jr Prefect Sr Dorm	Shivaditya S Rathore		
Jr Prefect Jr Dorm	Paramraj Ahuja		

HOLDING HOUSE APPOINTMENTS

<u>Boys</u>		<u>Girls</u>	
House Captain	Shreyas Arora (VBS)	House Captain	Navya Khosla (SGD)
School Prefect	Samarth Kharbanda (HBS)	House Prefect	Shireen Malhotra (VGD)
House Prefect	Abhiraj Bhatia (SBS)	House Prefect	Sanya Oberoi (HGD)
House Prefect	Ayush Krishan (NBS)	House Prefect	Siyaa Mittal (NGD)


Himmat S. Dhillon

Himmat Singh Dhillon,
Headmaster.

A Member of the Indian Public School Conference, Round Square Conference and the Headmasters Conference (UK).



Honour, Duty and Nature - The Driving Forces to War

Mannic Ahluwalia, U VI

Honour Okinawa

Japanese Honour, the way of the Warrior is one of the many guiding principles of the Japanese during the war. In war, the Japanese fight to honour their families and emperor. To bring shame on the family and the emperor is dishonourable and punishable by death. This aspect leads the Japanese to fight till death with the motto of Death before Surrender. This leads to their fighting ferocity and a mental state without fear and laying their lives on the line with each battle they fought. This was evident in the Japanese tactics of the Kamikaze – Divine Wind- where during the second World War they would fly the planes whose tips were full of explosives. Once the kamikaze pilots took the flight, there was no landing gear available so there was no return and the gas tanks were also half- full only to make one flight and nosedive into the enemy once the armaments were over. These enforced the concept that to return was cowardly and to honour family and country, I must lay down my life.

For many, this sense of Duty and Honour is difficult to understand but the Japanese society revolved around these values making their way of society much different than the western society, where the west fought to protect, the Japanese fought to honour. All these concepts of the Japanese helped them to offer fierce resistance to a larger, better equipped battle force of the allies. The ferocity of the Japanese also had helped them inflict heavy casualties at Iwo Jima and Okinawa. Their ferocity to protect their

honour resulted in many of the allied forces suffering from Combat fatigue, Psychological trauma of leaving their dead behind and having to kill innocent civilians in the line of duty. Several thousand American soldiers were incapacitated by the psychological trauma as to what extent people went to protect their homeland from allied invasion. And how Honour is not only a concept but a way to life and society that many go too far to protect.

'War is Natural' Menelaus

War is Nature, for since the beginning of time our history has been a conflict that defines the world around us. War more than often has been waged for self-interest and hatred against others. In the modern contemporary world, the First World War went on to show the industry of war around the globe and the declining empires that were left no more. The Second World War went on to introduce nuclear weapons which changed the way of diplomacy with the creation of ideas such as a security dilemma, mutually assured destruction as a deterrent to a large scale major nuclear warfare. The Prisoners' Dilemma was now applied to the world post-war defining the cold war's one of many facets of Nuclear Warfare and Stockpile. The Vietnam War went to show us that hubris, more often than not itself leads to defeat. In Vietnam War, the Americans were more in number and well equipped with a swift victory in mind against a lesser armed and equipped country but the concept of a televised war led to the

victory of Vietnamese following Sun Tzu methods to wage warfare. These Wars of Armament meant a certain revival of the Ideology of the famous foreign policy affected from The Hellenistic Culture- the Thucydides Trap.

Picking up from the Thucydides Trap, to understand the Nature such as that of war we can bring about its understanding from the parts of the Trojan War and The Peloponnesian war. The Nation of Sparta was always structured to maximize Military Proficiency at any cost. So, what do we learn from a nation known for its aggressive and ferocious nature to wage war. In the Trojan War when Helen was taken by Paris because of Aphrodite's blessing, Helen's husband Menelaus, king of Sparta and younger son of Atreus the king of Mycenae did not give a thought to this but declared War against Troy and gave the rallying cry as a Spartan. All they wanted was war. And now that his wife was taken, Menelaus had his war which his brother Agamemnon was only too eager to wage. Many People attribute that it was for the most beautiful woman in the world for whom the whole nation was razed to the ground and the walls of mighty Troy had fallen but it was not only beauty for which Hector and Achilles died, it was their nature for a war that led them there. A woman for whose love and beauty a primal instinct was expressed for self-interest. It was the Spartan aggressive traits that lead Sparta to war and to protect itself from Spartan self-interest, Troy went to war. It is but nature to wage WAR for frail humanity but the war has reverberations for years to come.

Duty Pericles's Funeral Oration

To quote Game of Thrones, 'Love is the death of Duty'. But we find ourselves often duty bound to protect what we love, duty to the country becomes very important for a country's citizens. In times of war, when there were no standing armies, people found themselves at a crossroads to stay at home with the people we love or to go fight a war to ensure that the enemy doesn't reach the ones we love, we then fight to protect. Taking the example of Pericles who was a Greek statesman and general of Athens during its golden age. In Athens there was a practice of public funeral to honour the war dead. One person was decided to take the mantle and give a funeral oration for those who have laid down their lives in war. Pericles was given the job this time.

Pericles when at the podium spoke like this that when he is given the duty to give this funeral oration in front of the people, he has a duty that his speech satisfies those who have lost their family and not to make those jealous for whom these heroic deeds feel farfetched and something they cannot accomplish but he is duty bound to honour them. He went on to talk about the great Athenian state and explain to them that we have a duty to protect our country. Even though we have lost many a family, these men gave up their lives in line of their duty to protect their country. We must honour their sacrifice by making sure their lives were not in vain. It now becomes the duty of the families and the young ones to protect the legacy of their family and ancestors. It Now Becomes Our Duty To Wage WAR To Protect Our Families And Country

Equestrian Sports

Mehr Kahlon, U IV

Horse Riding is one of the oldest sports in the world. It is a sport which dates back to prehistoric era when horses were domesticated. It was initially for the royal and rich families, but gradually became a sport for everyone. Yet it is not accessible to many because of the high maintenance costs. Horses have a variety of breeds but the main ones in our country are thoroughbred, warm bloods (European breed) and half bred. There are also some Indian breeds such as Kathiawari and Marwari horses. They also come in a variety of colours and shades like bay, chestnut, grey (white) and dun or golden. There are various sports played on horseback, such as Polo which is a team sport played between two teams of four players each over a field of 300x200 yards, Show jumping which involves skillful jumping over a series of obstacles laid out in an arena, Cross country which involves horses jumping over fixed obstacles both horizontal and vertical on a trail at a high speed, Dressage which is a test of human and horse coordination and is also an Olympic sport, Tent Pegging which originated in ancient Mongolia. This involves a rider with a lance galloping at full speed to pick up small wooden pegs on the ground.

Sanawar has the rare distinction of producing some of the best Polo players and Equestrian riders in the country, despite not having any horses on campus. It is a matter of pride for Sanawar to have the highest handicap Polo players post-independence from this

very School. Many notable Old Sanawarian Polo players and riders from the Army have represented India in national and international tournaments and have won the prestigious Arjuna Award for excellence in Polo and Equestrian sports.

Riding is a sport which came naturally to me since my father is a polo player and a Cavalry officer and our family has been associated with horses for several generations. At a very young age, I remember having witnessed the Sanawar polo tournament in Delhi, which caught my attention.

I started riding at the age of eight, since then riding has been really close to my heart. I really enjoy riding and I look forward towards it every day I wake up. I love bonding with the horses and spending time with them. I am currently pursuing show jumping but my goal is to do everything which is possible in the future. Being a rider helps me in many ways, it helps me to connect with the nature, it is a great way of exercising. It helps me build my discipline, strength, stamina, focus, courage and most importantly my confidence and makes me overcome my fear. Since the lockdown, I try to ride as much as I can at least four to five days a week. The lockdown has really helped me improve my riding skills over the past one year and made me understand and pursue horse riding not just as a hobby but as a passion and something I would like to do for the rest of my life.

Distance

Siya Mittal, U VI

Is it the distance in miles that keeps us away or the miles in distance that does so?

Sometimes, even when you are far away from a person in distance, yet you feel so close to them and sometimes when you are so close to a person in distance yet you feel so distant from them.

Have you ever thought to yourself how some people are so important to you? They can serve as therapy to you when you're low, their presence can automatically get a smile on your face and just by talking to them, you feel so cheerful. Everything seems to be just alright when you're with them. The good memories in our life are like a beautiful song, we just don't want it to get over.

At times, it is a person who feels like home. Isn't it so strange that one person can mean and matter to you so much, that you feel that there is no need of having anyone else who is just there for you for the sake of being there? It can be anyone who you love. But love doesn't come as we think it will. A lot of

people just take each other for granted. Nothing in this world can be one-sided- no friendship, no relationship. It has to come from both sides in order to keep the bond going. Distance gives us a reason to love harder, but sometimes things just slip out of our hands and it becomes tough to even express yourself. Hard days are in everyone's life. We all are dealing with something or the other at our own level. The problem is that most of the time, we just do not have someone to share it with or someone who can listen to us without misjudging us. We have the most powerful and effective tool given to us - COMMUNICATION. Communication does clear up a lot of things and makes situations better. We just have to talk to a person who we can trust, and open up with. Sometimes, people lose the right person because of distance and lack of communication. Distance makes the heart grow fonder, distance will always be there but it is your choice to make out, if it is worth it or not.

Wave off War Times

Amaira Bansal, U III

A wise man once said "If we don't end war, war will end us.".

The world wars were the most dangerous wars ever fought. The whole world fighting to conquer, to dominate because of greed, malice or hatred. If we have to go through another World war it will wipe out this wonderful creation – 'the human'.

Nations feel proud today because they possess dangerous bombs. Only with one press of a button,

infinite agony and irreversible damage can be caused to humanity. The stockpile of nuclear weapons is so huge in the world today that it can destroy the entire world twice over. Some countries fear that if they don't build nuclear weapons, they could be the victims of other's attack. Therefore, nuclear weapons are produced as a deterrent as such. Hence, production of nuclear weapons is justified by them.

We all need to stay in peace and harmony and cooperate to give each life a better meaning.

LIVE LIFE, DON'T JUST EXIST

Gauri Mittal, U VI

"The proper function of man is to live not to exist" -
Jack London.

Have you ever thought about stuff you want to do? To live exceptionally, to experience different things, to enjoy, to fly freely, instead of scraping by and only existing for the sake of it, you need to find ways to break free from the mould. With our busy schedules, we do not have the time to focus on what brings us contentment and prominent meaning to our lives. A life without an aim is considered a life with no direction. It is like a ship floating aimlessly in the vast ocean. Those who are existing, are not living their lives. I bet you have seen a bogie and a train. If you ask me why a bogie moves, I will tell you it moves because it must. People live an ordinary life. Most people blame their situations for not living their

lives to the fullest. A lot of great achievers have faced a lot of hardships even then they have enjoyed their moments. We need to stop giving excuses. A person has a choice when born, that you can either live enthusiastically or say that your situations are always unfavourable. As Helen Keller once said, "Life is either a daring adventure or nothing." Are we ready to explore our potential? Don't exist, live. We need to break free of external things that control us. We need to accept the world for what it is and not what we want it to be. Make sure you do not give up your powers by not accepting the fact you have power, to begin with.

"Life is not measured by the number of breaths we take, but by the moments that take our breath away."

- Maya Angelou

O' Nature

Arjun Chopra, L IV

O' Nature, O' Green,
The trees that you give us to lean.
O' Nature, O' Glory,
It is impossible to prove your theory.
O' Nature, for our treat,
Your trees are being cut down to make the street.
O' Nature your green forests are falling down,

So that we can live in a town.

O' Nature, O' beauty,
Protecting you is our duty.
O' Nature, your pines and neem are widely known,
I wonder how hard it would be when you would leave
us alone.

A Dream

Aahana Bhadauria, L III

A dream can be,
As sweet as cream.

A dream can also be a nightmare,
That can blow away your hair.

I saw a dream,
It was sweet as cream.
I saw the sun beaming,
And some kids leaping.
I saw a beautiful barn,

And all the animals were calm.
Then I heard the alarm clock ringing,
And the morning hen singing.
Wake Up! Wake Up!
Such a sweet dream.

BEING KINDER

Gauri Mittal, U VI

Today I apologized,
To the scared little girl inside me.
I begged her to forgive me,
Let me make it better just a little.
Today I learned that kindness is,
Stolen away from our fingertips.
There isn't much left for us,

Forgive me my scared soul I promise I'll be kinder.
I won't take you down paths of, Loss, rejection, hatred anymore.
If we go there, I'll shine a light on you
So bright feared by the dark.

Book Reading Session

Amaira Bansal, U III

The students of class Upper III had a book reading session on environmental issues with Ms. Mehak Kaushik, the resource person for the activity. The one hour session was very thought provoking, interactive and interesting for everyone. I learnt about the bushfires in Australia which I could never have imagined as another environmental hazard devastating our earth. This session was very inspirational and motivational in terms of growing trees and using organic and sustainable materials instead of the hazardous plastic. I became acquainted

with the summary of the very well-written book "Master Wiggles" in which one learns about the Australian bush fires in a captivating manner. In the said book, a small and innocent koala tells us about his breath-taking experience with BUSH FIRES. At the end of the session, we were supposed to fill out a quiz about all the different ecological disasters which again, was very informative. I see this session as a great platform to discuss real-life stories and environmental situations. All in all, this was a remarkable experience!

Virtual Inter- Section English Poetry Recitation For

L III & U III

An Inter-Section English Poetry Recitation for L III & U III was conducted virtually on April 20 & 21, 2021 respectively. The four best participants from each section recited their poems with rhyme and rhythm and with great eloquence. The students recited a variety of poems by famous poets. Some of

the poems recited were: ‘Laburnum Tree’, ‘Storytelling by E. A. Guest’, ‘Salute to the Indian Soldiers’, ‘A Priceless Gift’, ‘A Green Cornfield’, ‘The Moon’, ‘Equality’, ‘Sick’, ‘My Dear God’, ‘Exam Days’ and many more. The result of the competition is as follows:

L III

Individual Positions:

S. No.	Name	Class	Position
1.	Varalekka Handa	L III B	First
2.	Reet Gogia	L III B	Second
3.	Jehnaz Kaur	L III C	Third

Class Positions:

S. No.	House	Position
1.	L III B	First
2.	L III C	Second
3.	L III A	Third

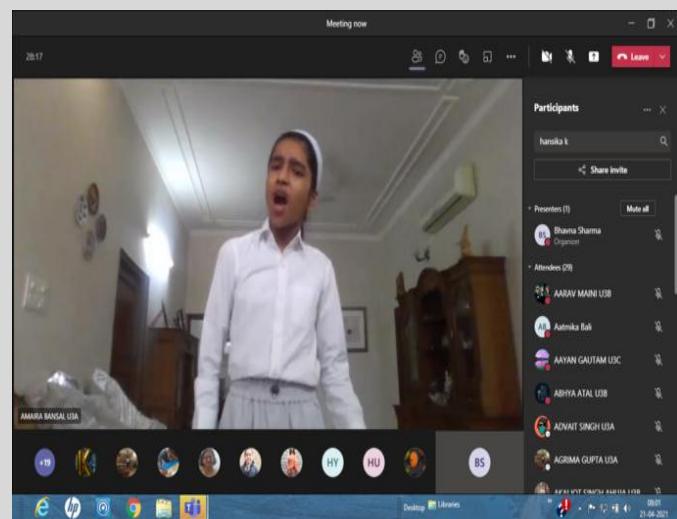
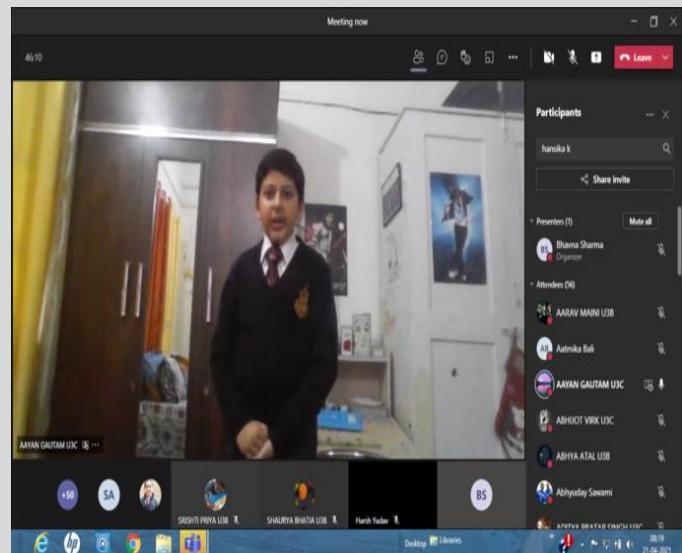
U III

Individual Positions:

S. No.	Name	Class	Position
1.	Srishti Priya and Aayan Gautam	U III B and U III C	First
2.	Siya Shukla	U III B	Second
3.	Amaira Bansal	U III A	Third

Class Positions:

S. No.	Class	Position
1.	U III B	First
2.	U III C	Second
3.	U III A	Third



Painting Competition for Senior School Held online on 23rd April, 2021

Category : A (Class L IV – U IV)

Consolation : Shubham Koundal L IV A

Topics : 1. I wish I could fly around the world

2. Away from School for long.

Category : B (Class L V – U V)

Topics : 1. Captive at Home

2. Favourite Holiday Destination

Result :

Category : A Class : L IV

1st Aarshia More L IV B HGD

2nd Adaa Juneja L IV B NGD

3rd Akshatta Khanna L IV D HGD

Category : B Class : U IV

1st Riya Boora U IV D HGD

2nd Aadidev Samyal U IV B HBD

3rd Inaaya Kumar U IV C HGD

Category : C Class : L V

1st Mugdha Thakur L V B SGD

2nd Ayanna Soin L V D VGD

3rd Parth Gautam L V A NBD



MUGDHA THAKUR
L5B



RIYA BOORA
U4B



AARSHIA MORE
L4B

Intra – Section English Essay Writing Competition for LIV and UIV

An Intra-Section English Essay Writing Competition was conducted for Lower IV and Upper IV on 15th and 16th April, 2021. This was to encourage our

young writers to wear their thinking caps and display their writing skills. The topics were:

L IV – 1. My most prized possession
2. How I miss my school

LIV A :

First – Mansi

Second – Ishana Pathania

Third – Ruhani Rana

UIV – 1. My favourite getaway
2. How I see myself in next 10 years.

LIV B :

The result is as follows:

First – Barkat Ruhaan S. Chandoke

Second – Adaa Juneja

Third – Vivaan Singla

LIV C :

First – Sanjeevan Jot Kaur Ahuja

Second – Jyotsana Roy

Third – Dhairyा Sukhwani

LIV D :

First – Agrim Sethi

Second – Bikramjeet S. Randhawa

Third – Shauryaveer Narang

UIV A :

First – Srinidhi Phutela

Second – Mehr Kahlon

Virtual Inter-Section English Extempore Competition for LIV & Upper IV

Extempore is the art of speaking without preparation.

A Virtual Inter-Section English Extempore Competition for Lower IV and Upper IV was conducted on 3rd and 5th August, 2021 respectively.

The result is as follows:

L IV

Individual Positions:

S. No.	Name	Class	Position
1.	Akshatta Khanna	L IV D	First
2.	Arjun Chopra	L IV A	Second
3.	Ruhbani Singh	L IV C	Third

Class Positions:

S. No.	House	Position
1.	L IV A	First
2.	L IV D	Second
3.	L IV C	Third
4.	L IV B	Fourth

U IV

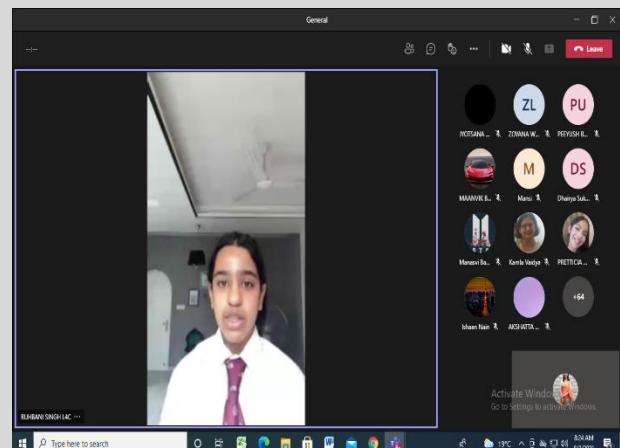
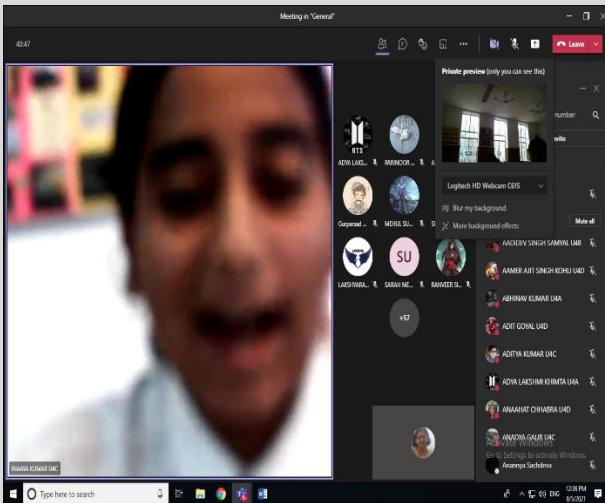
Individual Positions:

S. No.	Name	Class	Position
1.	Adit Goyal	U IV D	First
2.	Inaaya Kumar	U IV C	Second
3.	Ashika Dagar	U IV C	Third

Class Positions:

S. No.	Class	Position
1.	U IV D	First
2.	U IV C	Second
3.	U IV B	Third
4.	U IV A	Fourth





Meeting in "General"

AMOGH MITTAL L4A

PEYUSH BHATIA L4A

RUHBANI SINGH L4A

JYOTSANA ROY L4B

Samarth Sur L4A

Mansi L4A

ARJUN CHOPRA L4A

ENYA GOVAL L4A

AKSHATTA KHANNA L4A

NAVYA CHHABRA L4A

Shanaya Agarwal L4A

Samarth Agarwal L4A

Harinandini Agarwal L4A

DAKSH CHHABRA L4A

DIVYA RANJANA L4A

AA L4A

+30

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21 Days Challenge

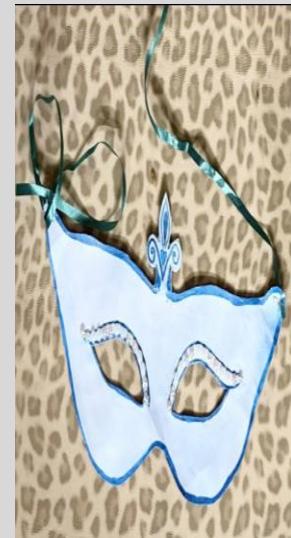
Fashion Designing



MEHAR ROSHA, U4B



SANSKRITI GUPTA, L4D



DEVYANSH GUPTA, U4B



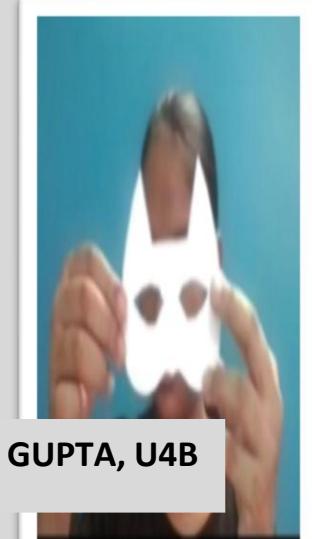
TRISHA LAKHOTIA, L3B



ENYA GOYAL, L4C



DEVYANSH GUPTA, U4B



21 Days Challenge

Sculpture



ABHINAV KUMAR, L4C



ABHINAV KUMAR, L4C



SUKRITI DEHLOO



DEV KOCHAR, L4A



SIMRANJEET KAUR, U6A



DEV KOCHAR, L4A



PRIYANSHU SINGH, U6 D



RAJVANSH SINGH, L3C

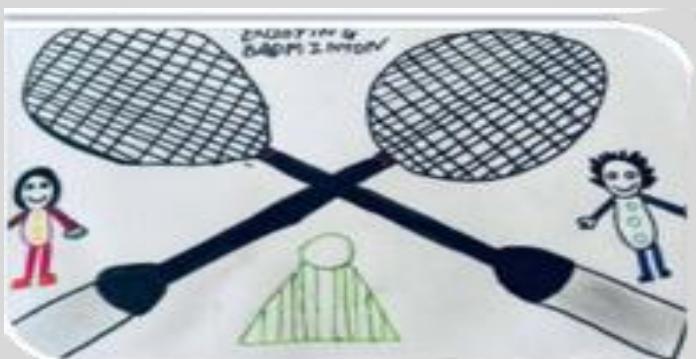
PAINTING COMPETITION



YASHASVINI SINGH, L3A



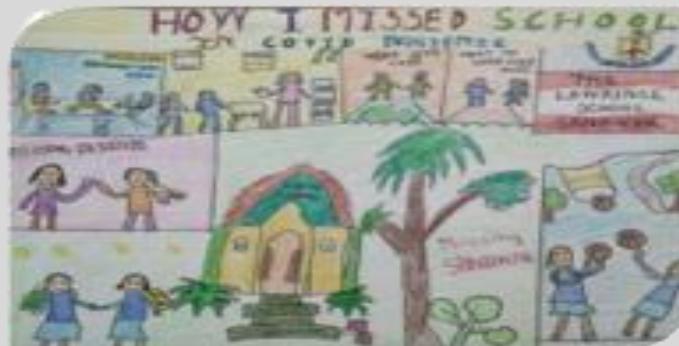
GURLEEN KLAIRE, L3C



HIRANYA GUPTA, L3C



REHAAN KUMAR, U3B



SRISHTI PRIYA, U3B



BHAVIKA RATHORE, U3C



AAYAN GAUTAM, U3C

हिन्दी खण्ड

रिया किशोर सक्सेना

दसवीं 'सी'

कोरोना कालः क्या खोया, क्या पाया !

लगभग एक साल पहले दुनिया में एक वायरस आया जिससे मानो पूरी दुनिया थम सी गयी । पूरी दुनिया में कोरोना का भय मंडरा रहा था और सब अपने-अपने घर में बंद थे। इस दौरान पूरे संसार ने कुछ न कुछ खोया है। इस लॉकडाउन में लोगों ने बहुत सी चीज़ें खोई हैं। जैसे कि इतने सारे लोग इस महामारी की वजह से गुज़र गए, बहुत से लोगों के काम बंद हो गए। कुछ लोग अपने प्रिय सदस्यों को खो बैठे। बहुत से बच्चे अनाथ हो गए और जिन लोगों को यह महामारी हुई और वह सही सलामत ठीक होकर इस महामारी से निकले हैं उनकी तंदरुस्ती बहुत कम हो गई है। इस लॉकडाउन में मैंने बहुत सी छोटी-छोटी चीज़े खोई हैं। इस साल स्कूल ऑनलाइन होने के कारण मेरा ध्यान क्लास में नहीं लगा जिसके कारण मेरे अंक कम हो गए। मेयो में मेरा आखिरी साल था लेकिन

मैं आते समय बहुत से लोगों को मिल नहीं पाई। इस साल मुझे और मेरे परिवार को नवंबर में खुद कोरोना हो गया था जिसकी वजह से मेरा परिवार मेरा जन्मदिन भी नहीं मना पाया था और मेरी परीक्षा भी आगे कर दी गई थी। परंतु इस लॉकडाउन की कई अच्छी चीज़े भी थीं जैसे कि इस लॉकडाउन में मैंने अपने आस-पड़ोस के लोगों से बहुत अच्छे संबंध बनाये। माँ-पिताजी और अपनी छोटी बहन के साथ अच्छा वक्त बिताया। अपने पर थोड़ा ध्यान दिया और अपने परिवार से रोज़ बातें की।

इस साल भले ही हमने बहुत बुरे दिन देखे हैं पर हमें यह सीख मिलती है कि चाहे कितने भी हालात बिगड़े, हमें अगर अपने प्रिय लोगों का साथ हो तो हम किसी भी कठिनाई का सामना कर सकते हैं।

कोरोना महामारी और हमारी स्वास्थ्य सेवाएं

दक्ष चौधरी

कक्षा - सातवीं (सी)

कोरोना की दूसरी लहर ने पूरे देश में हाहाकार मचा रखा है। इस लहर में ऑक्सीजन की कमी,आईसीयू बेड की मारामारी, दवाइयों की कमी, कालाबाजारी व अन्य जीवन रक्षक संसाधनों की कमी ने हमें झकझोर कर रख दिया है। महामारी की यह दूसरी लहर न केवल भारत बल्कि दुनिया के लिए विद्वंसक साबित हुई है। इतनी बड़ी अर्थव्यवस्था होने के बावजूद हमारे यहां स्वास्थ्य पर कुल घरेलू सकल उत्पादन (जीडीपी) का सिर्फ 3.9 प्रतिशत खर्च किया जाता है। आज हमारे देश की कुल आबादी पर मात्र 90,000 आईसीयू बेड उपलब्ध हैं। बेड की उपलब्धता दस हजार लोगों पर मात्र पांच है। हमारे पास 1,154,686 रजिस्टर्ड डॉक्टर हैं। भारत की 60% जनसंख्या आज भी गाँवों में बसती है और भारत सरकार के पास मात्र 25,742 प्राथमिक स्वास्थ्य केंद्र एवं 1,58,417 उप-प्राथमिक स्वास्थ्य केंद्र उपलब्ध

हैं। सरकारी अस्पताल में कुल मिलाकर 7,13,986 बेड उपलब्ध हैं और कुछ राज्यों, जैसे कि बिहार, उड़ीसा और मध्यप्रदेश, में तो हालात और भी खराब हैं। आपदाओं के साथ एक अच्छी बात होती है यह सुधार की प्रक्रिया को कई गुना तेज कर देती है जब देश के पास अनाज नहीं था तो हमने हरित क्रांति दिखाई। जब हमारे पास दूध नहीं था तो हमने श्वेत क्रांति की शुरुआत की और जब हमारा देश आर्थिक विपन्नता की ओर बढ़ रहा था तो हमने आर्थिक सुधार लागू किए। स्वास्थ्य का जो अस्थाई इंफ्रास्ट्रक्चर इस समय देश में खड़ा है उसे स्थाई बनाना पड़ेगा। अब यह वक्त स्वास्थ्य क्रांति का है तो आइए हम सब सीमाओं को तोड़कर आलोचनाओं की परवाह किए बगैर हर भारतीय अपने भाग्य विधाता यानी भारत से कहे आयुष्मान भवः और आने वाली पीढ़ियों के लिए कुछ ऐसी

व्यवस्था खड़ी कर दें जिससे देश में
कभी भी ऐसी कोई कमी ना हो।

मेरी डायरी

सृष्टि प्रिया, छठी 'ब'

कई दिनों से सोच रही थी,
कविता लिखूँ कहानी लिख दूँ, लिख दूँ
कोई शायरी।
पर नहीं कवयित्री, लेखक मैं कोई,
सो चलो लिखूँ मैं रोज रोज ही, अपनी
प्यारी डायरी॥
खवाबों और ख्यालों को,
दे दूँ स्याही का रंग;
डायरी बन गयी मेरा दर्पण
मेरी ज़िन्दगी का अभिन्न अंग।
डायरी मेरी प्रिय सहेली,
साझा करूँ मैं सारे राज़,
इसके पन्नों मैं बिखरें हैं,
मेरे सुख-दुःख, कल और आज।
यौवन की दहलीज पार जब,
हो जाऊँगी पचपन की,
डायरी याद कराएगी तब,
मुझको मेरे बचपन की।
याद आएँगे बार्न फील्ड मैं क्रिकेट
खेलने के वे दिन,

याद आएँगे एस्क्वायर हॉल में बीते
वह मस्ती के दिन।
गिल्लू के पीछे दौड़ लगाना, और
पिल्लों को दूध पिलाना,
बरसातों में पेड़ लगाना, जीवन अधूरा
जिनके बिन॥।
शाने का वह काठी रोल,
स्वाद जिसका था अनमोल,
नानी के राजमा, नानू की कहानियाँ।
जो तबियत मेरी बिगड़ जाये, तो
मम्मी की परेशानियाँ॥।
पाकर पापा का प्यार-दुलार,
हो उठता सुखी मेरा संसार।
जब दोस्तों से हो जाती अनबन
और बुझा-बुझा सा होता मन,
मेरी डायरी मुझे बुलाती है
फिर मेरा मन बहलाती है
मैं लिख लिख, उससे बातें करती हूँ
अपना संकल्प हवाले करती हूँ
डायरी लेखन बना रहेगा, आजीवन मेरी
चाह।

हर मोड़ पर मुझको दिखलायेगी, अच्छी
वाली राह॥

“जंगल में आग का बढ़ता संकट”

सृष्टि प्रिया, छठी (ब)

आजकल में जब भी सैर के लिए शॉटबैक के रास्ते पर निकलती हूँ तो नज़दीक के जंगलों में आग की भयंकर लपटों को देखकर मेरा दिल दुखी हो जाता है। सोचिए! कितना समय लगता है पेड़ों को पनपने में, बड़ा होने में। पर जब जंगल में आग लगती है तो न जाने कितने पेड़ कुछ ही पलों में जल कर नष्ट हो जाते हैं। मैदानी इलाकों में रहने वाले लोगों को लगता है कि पहाड़ों में गर्मी के मौसम में भी बड़ी ठंडक व खूब सुख-शांति होती है। पर अब जंगल में मंगल जैसा कुछ नहीं रहा। गर्मी के मौसम में पहाड़ी जंगलों में भयंकर आग लगती है और सब कुछ अमंगल ही अमंगल हो रहा होता है। जंगल के पशु-पक्षी अपनी जान बचाने के लिए संघर्ष कर रहे होते हैं। उनकी चीख-चीत्कार को सुनकर पूरा जंगल काँप उठता है। कभी-कभी तो इतनी भयंकर आग लगती है कि कई जल

स्रोत हमेशा के लिए सूख जाते हैं और घरों के साथ-साथ लोगों को भी अपनी जान गँवानी पड़ती है। ऑस्ट्रेलिया, अमेरिका जैसे देशों में जंगली आग से भारी नुकसान की खबरें हम काफ़ी समय से सुनते आ रहे हैं। पर अब ऐसी हालत हमारे देश में भी हो रही है। इस वर्ष तो हमारे देश के कई प्रदेशों से गर्मी से पहले ही जंगल में आग लगने की खबरे सामने आई हैं।

आज व्यापारिक और औद्योगिक महत्व के पेड़ों को ज्यादा बढ़ावा दिया जा रहा है। इसी वजह से चीड़ के पेड़ पहाड़ी जंगलों में ज्यादा दिखाई देते हैं और इन्हीं पेड़ों की वजह से सबसे ज्यादा आग लगती है क्योंकि इनकी पत्तियाँ ज्वलनशील होती हैं।

कुछ दिन पहले जब मैं सनावर से धर्मपुर किसी काम के लिए जा रही थी, तो मैंने देखा कि सड़क के दोनों तरफ आग से जलकर पेड़ बर्बाद पड़े थे। मन

ही मन मैंने सोचा कि काश बारिश हो जाए और ये पेड़-पौधे फ़िर से हरे-भरे हो जाएँ।

अतः यह अत्यंत आवश्यक है कि विकास के नाम पर पेड़ों की अंधाधुंध कटाई बंद हो और हम ऐसे विकास की राह अपनाएँ जो प्रकृति से सटीक

सामंजस्य रखे। मुझे आग में झुलसे उन पेड़ों की वेदना सुनाई दे रही है, वे

कह रहे हैं :-

जंगल में लगी चहुँ ओर आग,
हम पेड़, पशु-पक्षियों की यही फ़रियाद;
हमने तुम्हें शुद्ध हवा, जल-जीवन दिया,
फ़िर तुमने हमें क्यों किया बर्बाद?

लविताक्ष गुलिया

सातवीं 'ए'

आत्मविश्वास

ईश्वर कहता है, तू

उदास मत होना, क्योंकि मैं तेरे साथ हूँ

सामने नहीं पर - आस-पास हूँ।

पलकों को बंद कर, दिल से याद करना,

मैं और कोई नहीं ---- तेरा "आत्म विश्वास" हूँ...

सर्वप्रथम मैं आपसे एक प्रश्न पूछना चाहूँगा "डाली पर बैठे हुए परिंदे को पता है कि डाली कमज़ोर है, फिर भी वह उस डाली पर है क्यों ??? क्योंकि उसको डाली से ज्यादा अपने पंख पर भरोसा है।

प्यारे दोस्तो! वह कौन सा बल था जिसके आधार पर मुझी भर हड्डियों वाले महात्मा गांधी विश्व विजयी

अंग्रेजों को देश से बाहर कर सके।

निश्चय ही यह था-आत्मविश्वास।

'आत्मविश्वास' मानव चरित्र का मौलिक गुण तथा उसके जीवन पथ का प्रबंध संबल है। मनुष्य को अपनी काबिलियत व नीयत पर पूर्ण विश्वास ही 'आत्मविश्वास' है।

यह गुण मनुष्य को घर परिवार व समाज के संस्कार से मिलता है तथा

शिक्षण - अङ्ग्यास से यह विकसित होता है।

जो आत्मविश्वास का अलख जगाकर जीवन के मार्ग पर आगे बढ़ता है, उसके समक्ष आपदाओं के पर्वत भी ढह जाते हैं और मंजिल सदा उसकी प्रतीक्षा करती रहती है।

हर इंसान अपने लक्ष्य की प्राप्ति में प्रयासरत रहता है। उसके लिए ज़रूरी होता है- आत्मविश्वास।

‘आत्मविश्वास’ यानि अपनी आत्मा पर विश्वास या अपने आप पर विश्वास। प्रिय मित्रो! आत्मविश्वास सरीखा दूसरा कोई मित्र नहीं। यही हमारी उन्नति में सबसे बड़ा सहायक होता है।

“खुशी एक एहसास है जिसकी हर किसी को तलाश है,

गम एक ऐसा अनुभव है, जो सबके पास है, मगर ज़िंदगी तो वही जीता है, जिसको खुद पर विश्वास है॥ दोस्तो!

आत्मविश्वास जगाएं। लोग प्रभावित होंगे दरवाज़े खुलेंगे और तरक्की होगी।

अंत में अपने शब्दों को विराम देते हुए यही कहूँगा कि “भरोसा ‘खुदा’ पर है तो जो लिखा है तकदीर में वही पाओगे। भरोसा अगर ‘खुद’ पर है तो ‘खुदा’ वही लिखेगा, जो आप चाहोगे।”

अंतर्वर्गीय हिन्दी चित्र लेखन प्रतियोगिता

(1 मई 2021 को आयोजित)

कक्षा पाँचवीं

स्थान	नाम	कक्षा व वर्ग	सदन
प्रथम	आहाना भदौरिया व सानवी गुप्ता	पाँचवीं ए पाँचवीं बी	हिमालय विंध्या

द्वितीय	यशवी सूद	पाँचवीं सी	विंध्या
तृतीय	अमाइरा सचदेवा	पाँचवीं बी	हिमालय

कक्षा पाँचवीं



प्रथम



द्वितीय



तृतीय

कक्षा छठी

स्थान	नाम	कक्षा व वर्ग	सदन
प्रथम	सृष्टि प्रिया व क्रिशा अरोड़ा	छठी बी छठी ए	नीलगिरी
द्वितीय	सानवी अग्रवाल	छठी बी	शिवालिक
तृतीय	रयान गिरधर	छठी सी	नीलगिरी

कक्षा छठी



प्रथम



द्वितीय



द्वितीय

तृतीय

कक्षा सातवीं

स्थान	नाम	कक्षा व वर्ग	सदन
प्रथम	कनव मैहता	सातवीं बी	शिवालिक
द्वितीय	बिक्रम सिंह रंधावा	सातवीं डी	नीलगिरी
तृतीय	ज्योत्स्ना रॉय व दक्ष चौधरी	सातवीं सी	विंध्या



प्रथम

द्वितीय

तृतीय

कक्षा आठवीं

स्थान	नाम	कक्षा व वर्ग	सदन
प्रथम	सारा मैहता	आठवीं ए	नीलगिरी
द्वितीय	दिव्येश कुमार	आठवीं डी	विंध्या
तृतीय	इनाया कुमार	आठवीं सी	हिमालय



प्रथम

द्वितीय

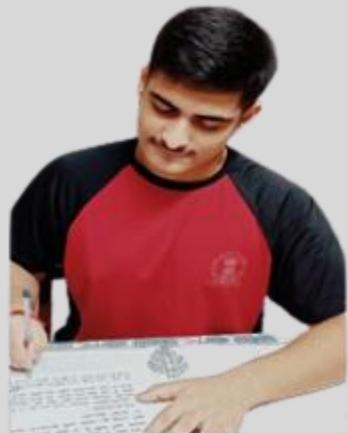
तृतीय

कक्षा नवीं (अनुच्छेद लेखन)

स्थान	नाम	कक्षा व वर्ग	सदन
प्रथम	पार्थ गौतम	नवमी ए	नीलगिरी
द्वितीय	अर्श शर्मा	नवमी बी	विंध्या
तृतीय	सानवी बनयाना	नवमी डी	हिमालय



प्रथम



द्वितीय



तृतीय

कक्षा दसवीं (अनुच्छेद लेखन)

स्थान	नाम	कक्षा व वर्ग	सदन
प्रथम	सोहना जिस्तू	दसवीं बी	हिमालय
द्वितीय	प्रिशा गेरा	दसवीं सी	शिवालिक
तृतीय	इकनूर कौर	दसवीं डी	हिमालय



प्रथम



द्वितीय



तृतीय

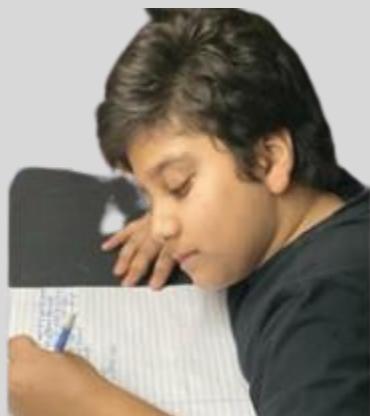
ਪੰਜਾਬੀ ਹਸਤ ਲੇਖਨ ਪ੍ਰਤਿਯੋਗਿਤਾ

ਕਕਿਆ ਸਾਤਰੀ

ਸਥਾਨ	ਨਾਮ	ਕਕਿਆ ਵਰਗ	ਸਦਨ
ਪ੍ਰਥਮ	ਰੇਨਾ	ਸਾਤਰੀ ਸੀ	ਸ਼ਿਵਾਲਿਕ
ਦ੍ਰਵਿਤੀਯ	ਦੇਵ ਕੋਚਰ	ਸਾਤਰੀ ਏ	ਨੀਲਗਿਰੀ
ਤ੃ਤੀਯ	ਅਰਿਕਤਾ ਆਚਾਰ্য	ਸਾਤਰੀ ਏ	ਨੀਲਗਿਰੀ



ਪ੍ਰਥਮ



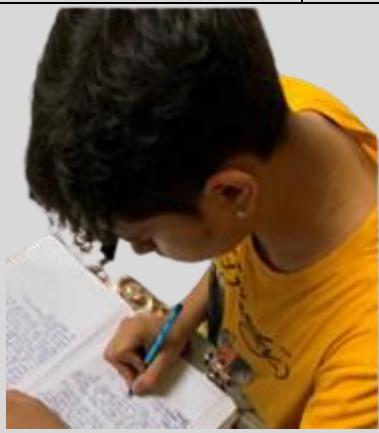
ਦ੍ਰਵਿਤੀਯ



ਤ੃ਤੀਯ

ਕਕਿਆ ਆਠਰੀ

ਸਥਾਨ	ਨਾਮ	ਕਕਿਆ ਵਰਗ	ਸਦਨ
ਪ੍ਰਥਮ	ਰੁਦ੍ਰਵੀਰ ਸੂਰੀ	ਆਠਰੀ ਸੀ	ਹਿਮਾਲਿਅ
ਦ੍ਰਵਿਤੀਯ	ਤਮੇਦ ਸਿੱਹ	ਆਠਰੀ ਬੀ	ਨੀਲਗਿਰੀ
ਤ੃ਤੀਯ	ਅਨਾਦਯਾ ਗਾਲਿਬ	ਆਠਰੀ ਬੀ	ਵਿੰਧਿਆ



संस्कृत हस्त लेखन प्रतियोगिता

कक्षा सातवीं

स्थान	नाम	कक्षा व वर्ग	सदन
प्रथम	नव्या चौधरी	सातवीं बी	विंध्या
द्वितीय	एन्या गोयल	सातवीं सी	नीलगिरी
तृतीय	राघव दुआ	सातवीं ए	हिमालय



प्रथम



द्वितीय



तृतीय

कक्षा आठवीं

स्थान	नाम	कक्षा व वर्ग	सदन
प्रथम	शरीन चौहान	आठवीं बी	हिमालय
द्वितीय	सिद्धिविनायक शर्मा व इनाया कुमार	आठवीं बी आठवीं सी	विंध्या हिमालय
तृतीय	आदिदेव सिंह	आठवीं बी	हिमालय



प्रथम



द्वितीय



तृतीय

अंतर्सदनीय हिन्दी वाद-विवाद प्रतियोगिता

(6 मार्च 2021 को आयोजित)

व्यक्तिगत परिणाम

स्थान	नाम	कक्षा व वर्ग	सदन
प्रथम	ऋषिका वैष्णवी	आठवीं सी	नीलगिरी
द्वितीय	अर्जुन चोपड़ा	सातवीं ए	शिवालिक
तृतीय	पार्थ बंसल	नवम ए	हिमालय

सदनगत परिणाम

स्थान	सदन
प्रथम	शिवालिक
द्वितीय	नीलगिरी
तृतीय	हिमालय
चतुर्थ	विंध्या



अंतर्सदनीय हिन्दी भाषण प्रतियोगिता

17 अप्रैल 2021 को आयोजित

व्यक्तिगत परिणाम

स्थान	नाम	कक्षा व वर्ग	सदन
प्रथम	दक्ष चौधरी	सातवीं सी	विंध्या
द्वितीय	लविताक्ष गुलिया	सातवीं ए	हिमालय
तृतीय	सारा स्वामी	नवम डी	शिवालिक

सदनगत परिणाम

स्थान	सदन
प्रथम	विंध्या
द्वितीय	हिमालय
तृतीय	शिवालिक
चतुर्थ	नीलगिरी



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