The Lawrence School, Sanawar®
Established in 1847

A three day long 179th Founder's Day Celebrations from Oct 4-6, 2026 at school campus

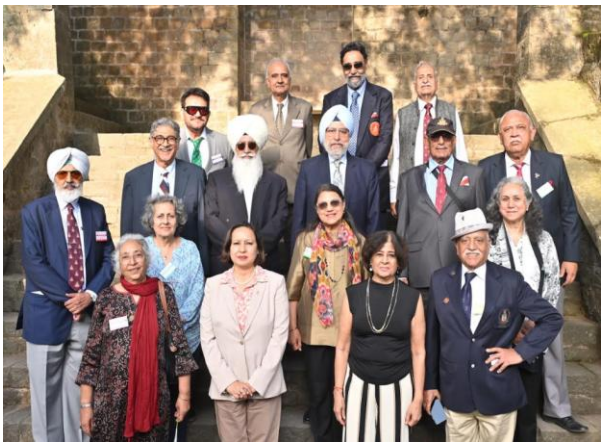


Chief of the Naval Staff Admiral Krishna Swaminathan (PVSM, AVSM, VSM) in the presence of School Headmaster Ms. Ruchi Pradhan Datta and Old Sanawarian Society President Brigadier Adarsh Butail (Retd) during the concluding ceremony of the 179th Founder's Day Celebrations at school campus

MEDIA DOSSIER

Sudeep Rawat - Transfast PR – 9815049015

Photo Gallery













Event Summary

The Lawrence School, Sanawar celebrated its 179th Founder's Day from October 3 to 5 with a vibrant blend of sporting events, alumni reunions, cultural performances and ceremonial traditions, bringing together students, parents, staff and Old Sanawarians (OS) to celebrate the institution's rich legacy and shared heritage.

The three-day celebrations began with friendly basketball and futsal matches between Old Sanawarians and Present Sanawarians at Peacestead. A special assembly for jubilee batches of 1956, 1961, 1966, 1971, 1976, 1996 and 2001 at the historic School Chapel provided an opportunity for alumni to reconnect with their alma mater and relive cherished memories. The alumni also paid tribute at the War Memorial to former students who made the supreme sacrifice in service of the nation. Members of the 1966 batch offered floral tributes to their former classmate, Second Lieutenant Arun Khetarpal, Param Vir Chakra awardee.

The second day featured the Annual Athletic Meet, with nearly 700 students competing in various track-and-field events. Himalaya House emerged as the winning house, while Chetan Singh was adjudged the best male athlete, winning the Kalinga Cup, and Kimaya Kochhar received the Bala Cup as the best female athlete. Lt Col Jaspal Singh Sandhu, an Old Sanawarian of the 1971 batch, was the Chief Guest. The day also featured the School Fete, exhibitions and the spectacular Tattoo light-and-sound show, showcasing the talent and creativity of nearly 600 students through dance and techno-dance performances.

The celebrations concluded with the traditional Trooping of the School Colours and a march past by alumni representing the jubilee batches, accompanied by the school band in the presence of Headmaster Ms Ruchi Pradhan Datta and OSS President Brigadier Adarsh Butail (Retd.). Chief of the Naval Staff Admiral Krishna Swaminathan, PVSM, AVSM, VSM, urged students to embrace discipline, persistence, integrity and purpose, reinforcing Sanawar's enduring spirit of "Never Give In".

The Distinguished Old Sanawarian Award was conferred on Delhi Lieutenant Governor Taranjit Singh Sandhu and noted human rights lawyer Maja Daruwala. Acclaimed actor Neena Gupta was among the distinguished guests.

The Times of India

Sanawar Founder's Day: Navy chief urges students to stay disciplined, purposeful

TIMES NEWS NETWORK

New Delhi: Chief of the Naval Staff Admiral Krishna Swaminathan on Monday urged students of The Lawrence School, Sanawar, to uphold integrity as the school concluded its 179th Founder's Day celebrations.

"Be disciplined and persistent, choose a purpose for yourself in life, do the right thing always, no matter what, and be grateful for the help and support you get along your life's journey," Swaminathan told the students.

The chief guest urged them to carry forward the Sanawarian spirit of "Never Give In", saying discipline was not merely about following instructions but choosing what is right over what is easy. He asked students to remain grateful to their parents, teachers, coaches and friends who shape their journey.



Chief of the Naval Staff Admiral Krishna Swaminathan at 179th founder's day celebrations of The Lawrence School, Sanawar, on Monday

Recalling his own experience as a 10-year-old entering a residential military school, Swaminathan said boarding schools impart some of life's most enduring lessons not only in classrooms but also on the playing field, in dormitories, at the dining table and through interactions with teachers and seniors. He also paid tribute to 2nd Lt Arun Khetarpal, a Param Vir Chakra awardee and a former Sanawarian, whose courage during the Battle of Basantar in 1971 remains an inspiration.

The ceremonial proceedings featured the traditional Trooping of the School Colours, followed by a march past by Old Sanawarians.

Hindustan Times

{ SANAWAR SCHOOL MARKS 179TH FOUNDER'S DAY }

Uphold discipline: Navy chief to students

HT Correspondent
chandigarh@hindustantimes.com

CHANDIGARH: The Lawrence School, Sanawar, concluded its 179th Founder's Day celebrations on Monday with Chief of the Naval Staff Admiral Krishna Swaminathan motivating students to remain disciplined and guided by purpose in life.

Addressing the gathering as the chief guest, Admiral Swaminathan called upon them to carry forward the "Sanawar spirit of never give in". He said discipline is not merely about following instructions but about choosing what is right over what is easy.

He encouraged students to remain resilient in the face of setbacks, pursue a meaningful purpose, uphold integrity and stay grateful to parents, teachers, coaches and friends who support them.

The Admiral noted that joining a residential military school at age 10 taught him that boarding schools impart lifelong lessons through sports, hostel life, and daily interactions, far beyond the classroom.



Chief of the Naval Staff Admiral Krishna Swaminathan honouring a student at Lawrence School, Sanawar HT PHOTO

Indian Express

Lawrence School marks 179th Founder's Day

Express News Service
Shimla, October 5



Navy chief Admiral Krishna Swaminathan gives an award to a winning student

"BE DISCIPLINED and persistent, choose a purpose for yourself in life, do the right thing always, no matter what and be grateful for the help and support you get along your life's journey." With this emphatic message, Chief of the Naval Staff Admiral Krishna Swaminathan, PVSM, AVSM, VSM, addressed the students of The Lawrence School, Sanawar at the concluding ceremony of its 179th Founder's Day celebrations on Monday.

Admiral Swaminathan, who was the Chief Guest urged the students to carry forward the 'Sanawarian' spirit of "Never Give In", emphasising that discipline is not merely about following instructions but about choosing what is right over what is easy. He encouraged them to remain persistent in the face of setbacks, find a meaningful purpose in life, uphold integrity in their choices and remain grateful to the parents, teachers, coaches and friends who shape their journey.

The ceremonial proceedings featured the traditional Trooping of the School Colours followed by an impressive march past by Old Sanawarians representing the jubilee batches of 1956, 1961, 1966, 1971, 1976, 1996 and 2001, accompanied by the school band.

Daily Pioneer

Anurag Kastogi on Monday.

The Lawrence School, Sanawar concludes 179th Founder's Day celebrations



Chandigarh: Chief of the Naval Staff Admiral Krishna Swaminathan addressed the students of The Lawrence School, Sanawar at the concluding ceremony of its 179th Founder's Day celebrations on Monday. Admiral Swaminathan, who was the Chief Guest, urged the students to carry forward the Sanawarian spirit of "Never Give In", emphasizing that discipline is not merely about following instructions but about choosing what is right over what is easy. He encouraged them to remain persistent in the face of setbacks, find a meaningful purpose in life, uphold integrity in their choices and remain grateful to the parents, teachers, coaches and friends who shape their journey.

The Tribune

Inculcate discipline, Navy Chief urges Sanawar school students

TRIBUNE NEWS SERVICE

SOLAN, OCTOBER 5

Lawrence School, Sanawar, concluded its three-day 179th founder's day celebrations today with a message of discipline, purpose, integrity and perseverance from Chief of the Naval Staff Admiral Krishna Swaminathan, PVSM, AVSM, VSM, who presided over the function as the chief guest.

Addressing students, Admiral Swaminathan urged them to remain disciplined and persistent, choose a meaningful purpose in life, always do what is right and remain grateful to their parents, teachers and mentors. Recalling his own experience of entering a residential military school at the age of 10, he said boarding schools impart enduring lessons through academics, sports, dormitory life and interaction with teachers and seniors. He also paid tribute to former Sanawarian Second Lieutenant Arun Khetarpal, PVC, for his exemplary courage and sacrifice.



Chief of the Naval Staff Admiral Krishna Swaminathan inspects a parade at Lawrence School in Sanawar.

The traditional Trooping of the School Colours was followed by an impressive march past by Old Sanawarians from the jubilee batches of 1956, 1961, 1966, 1971, 1976, 1996 and 2001, accompanied by the school band.

The Distinguished Old Sanawarian Award was conferred upon Lt Governor of Delhi Taranjit Singh Sandhu, General Gaurav SJB Rana, former Chief of the Royal Nepalese Army and Ambassador of Nepal to the UK, and Life Time Achievement Award to Maja Daruwala, a noted human rights lawyer. The ceremony also recognised outstanding student achievements. Inaaya Kumar (HGD) received the Chief of Army Staff's Trophy for Best Cadet, King Constantine Medal for Round Square Activities, The Som Dutt Trophy for Excellence and the Honoria Lawrence Prize for Head Girl. Ranraj Singh Choudhary (VBD) received the Chief of Army Staff's Trophy and Henry Lawrence Prize for Head Boy.

Academic excellence was recognised with the Yashpal Chaudhary Gold Medal and Late Capt Zabar Singh Cash Award going to Viraj Gupta (VBD) for standing first in the Class XII board examination. He also received the Nellie Lovell (OS) Gold Medal for standing first in science. Lakshit Bansal (SBD) topped commerce, while Davina Dhaliwal (NGD) topped humanities.

The three-day celebrations featured sports, alumni activities, cultural programmes and the annual athletics meet, which saw participation by nearly 700 students. Founded on April 15, 1847, by Sir Henry and Lady Honoria Lawrence, The Lawrence School, Sanawar, continues its legacy of excellence, service and the enduring Sanawarian motto: "Never give in".

Early Post

The Lawerence School, Sanawar wraps up 179th Founder's day as Admiral Swaminiathan calls for discipline and purpose

Early Post Desk

JAMMU/SRINAGAR, 05 OCTOBER: "Be disciplined and persistent, choose a purpose for yourself in life, do the right thing always, no matter what, and be grateful for the help and support you receive along life's journey." With this emphatic message, Chief of the Naval Staff Admiral Krishna Swaminathan, PVSM, AVSM, VSM, addressed students at the concluding ceremony of The Lawrence School, Sanawar's 179th Founder's Day celebrations on Monday.

The Chief Guest urged students to uphold the Sanawarian spirit of "Never Give In", stressing that discipline means choosing what is right over what is easy. Drawing from his own experience as a 10-year-old entering a residential military school, he highlighted how boarding school shapes character beyond classrooms, through sports, dormitory life and interactions with teachers and seniors.



He also paid tribute to Second Lt Arun Khetarpal, Param Vir Chakra, the former Sanawarian who displayed exceptional courage during the 1971 Battle of Basantar. The ceremony featured the traditional Trooping of the School Colours, followed by an impressive march past by Old Sanawarians representing the jubilee batches of 1956, 1961, 1966, 1971, 1976, 1996 and 2001, accompanied by the school band.

Among those present were Ruchi Pradhan Datta, School Headmaster, Brigadier Adarsh Butail (Retd), President of the Old Sanawarians Society, acclaimed actor Neena Gupta and others.

The News Now

Lawerence School Sanawar wraps up 179th Founder's Day

■ TNN BUREAU

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The Times of India

Navy chief urges to stay disciplined

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Refugee Message

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REFUGEE MESSAGE BUREAU
SRINAGAR, OCTOBER 5



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State Vision

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SV NEWS SERVICE

Jammu/Srinagar, 05 October ."Be disciplined and persistent, choose a purpose for yourself in life, do the right thing always, no matter what, and be grateful for the help and support you receive along life's journey." With this emphatic message, Chief of the Naval Staff Admiral Krishna Swaminathan, PVSM, AVSM, VSM, addressed students at the concluding ceremony of The Lawrence School, Sanawar's 179th Founder's Day celebrations on Monday.



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The Observer

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Amar Ujala

मेधावी विद्यार्थी किए सम्मानित

द लॉरेंस स्कूल सनावर के तीन दिवसीय स्थापना दिवस समारोह का समापन

संवाद न्यूज एजेंसी

सोलन/कसौली। द लॉरेंस स्कूल सनावर का तीन दिवसीय 179वें स्थापना दिवस समारोह का सोमवार को समापन हो गया। इस दौरान बतौर मुख्य अतिथि भारतीय नौसेना के प्रमुख एडमिरल कृष्ण स्वामीनाथन (पीवीएसएम, एवीएसएम, वीएसएम) ने परेड की सलामी ली और विद्यार्थियों को संबोधित किया।

उन्होंने सनावर की मूल भावना और ध्येय वाक्य नेवर गिव इन (कभी हार न मानें) को जीवन में उतारने का आह्वान किया। नौसेना प्रमुख ने पूर्व सनावरियन और 1971 के युद्ध के परमवीर चक्र विजेता शहीद सेकंड लेफ्टिनेंट अरुण खेत्रपाल के अदम्य साहस, वीरता और राष्ट्र के लिए दिए गए सर्वोच्च बलिदान को याद करते हुए उन्हें भावभीनी श्रद्धांजलि अर्पित की। कार्यक्रम की शुरुआत पारंपरिक ट्रॉपिंग ऑफ दी स्कूल कलर्स समारोह के साथ हुई। इसके बाद विद्यालय परिसर में विभिन्न वर्षों (1956, 1961, 1966, 1971, 1976, 1996 और 2001 बैच) के पूर्व छात्रों (ओल्ड सनवारियंस) ने स्कूल के ब्रास और पाइप बैंड की मधुर धुनों पर कदमताल करते हुए शानदार मार्चपास्ट किया।



द लॉरेंस स्कूल सनावर में सांस्कृतिक प्रस्तुति देते विद्यार्थी। स्रोत : स्कूल प्रबंधन



नौसेना प्रमुख को सम्मानित करते हुए। स्रोत : स्कूल प्रबंधन

नौसेना प्रमुख एडमिरल कृष्ण स्वामीनाथन रहे मुख्यातिथि

इस दौरान वार्षिक अकादमिक, खेलकूद और सह-पाठ्यचर्या गतिविधियों में उत्कृष्ट प्रदर्शन करने वाले विद्यार्थियों को मुख्यातिथि ने सम्मानित किया। इसमें इनाया कुमार को बेस्ट कैडेट के लिए चीफ ऑफ आर्मी स्टॉफ्स ट्रॉफी, राउंड स्क्वायर गतिविधियों के लिए किंग कॉन्स्टेंटाइन मेडल सोमदत्त ट्रॉफी फॉर एक्सीलेंस और हेड गर्ल के लिए दिया जाने वाला होनोरिया लॉरेंस प्राइज प्रदान किया गया। इसी तरह रणराज सिंह चौधरी को चीफ ऑफ आर्मी स्टॉफ्स ट्रॉफी और हेड बॉय के लिए हेनरी लॉरेंस प्राइज से नवाजा गया।

विराज गुप्ता को 12वीं की बोर्ड परीक्षा में पूरे स्कूल में प्रथम स्थान प्राप्त करने के लिए यशपाल चौधरी गोल्ड मेडल, लेट कैप्टन जबर सिंह कैश अवॉर्ड और विज्ञान वर्ग में सर्वोच्च अंक पाने के लिए नेली लवेल (ओएस) गोल्ड मेडल दिया गया। लक्षित बंसल को वाणिज्य में प्रथम स्थान और दाविना धालीवाल को मानविकी वर्ग में प्रथम स्थान प्राप्त करने के लिए पुरस्कृत किया गया। समारोह में फिल्म अभिनेत्री नीना गुप्ता की उपस्थिति भी विशेष आकर्षण का केंद्र रही।

इन्हें मिला डिस्टिंग्विश्ड ओल्ड सनवारियन अवॉर्ड

समारोह के दौरान समाज, राष्ट्र और अपने-अपने क्षेत्रों में उत्कृष्ट योगदान देने वाले तीन प्रसिद्ध पूर्व छात्रों को प्रतिष्ठित प्रतिष्ठित डिस्टिंग्विश्ड ओल्ड सनवारियन अवॉर्ड से अलंकृत किया गया। इसमें दिल्ली के उपराज्यपाल तरनजीत सिंह संधू, नेपाल रॉयल आर्मी के पूर्व प्रमुख एवं ब्रिटेन में नेपाल के पूर्व राजदूत जनरल गौरव एसजेबी राणा और प्रसिद्ध मानवाधिकार अधिवक्ता एवं सामाजिक कार्यकर्ता माजा दारूवाला शामिल हैं।

Dainik Jagran

अनुशासन और उद्देश्य इंसान को महान बनाते हैं

संवाद सहयोगी, जागरण ● सोलन : अनुशासन, निरंतरता, जीवन का स्पष्ट उद्देश्य, सही मार्ग का चयन और कृतज्ञता का भाव ही व्यक्ति को महान बनाता है। ये पांच मूल मंत्र भारतीय नौसेना प्रमुख एडमिरल कृष्णा स्वामीनाथन ने सोमवार को द लारेंस स्कूल सनावर के स्थापना दिवस समारोह में दिए। उन्होंने 1971 के भारत-पाक युद्ध के अमर बलिदानी और परमवीर चक्र विजेता सेकेंड लेफ्टिनेंट ओल्ड सनावरियन अरुण खेत्रपाल की प्रतिमा पर पुष्पचक्र अर्पित कर उन्हें श्रद्धांजलि दी। समारोह में स्कूल हेडमास्टर रुचि प्रधान दत्ता भी उपस्थित थीं।

एडमिरल ने छात्रों से कहा कि सनावर स्कूल का मोटो "नेवर गिव इन" केवल एक पंक्ति नहीं, बल्कि जीवन जीने का सही मार्ग है। उन्होंने कहा, "यदि मैं सावधानीपूर्वक जेन जी की शब्दावली का उपयोग करूं, तो यू



सनावर की हेडमास्टर रुचि प्रधान दत्ता कृष्णा स्वामीनाथन को उपहार देती ● जागरण

गाइज ऐब्सोल्युटली स्लेड, नो कैप," यानी आप लोगों ने वास्तव में कमाल कर दिया, इसमें कोई शक नहीं। उन्होंने ओल्ड सनावरियन सोसायटी के प्रभावशाली नेटवर्क का भी उल्लेख किया, जिसमें 42 देशों और 565 शहरों में 26 चैप्टर शामिल हैं।

एडमिरल स्वामीनाथन ने अनुशासन और मेहनत को समझाते हुए सचिन तेंदुलकर के बचपन का किस्सा साझा किया। जब सचिन थके हुए होते थे, तब उनके कोच रमाकांत आचरेकर स्टंप पर एक रुपये का सिक्का रखते थे। यदि सचिन अंतिम 15 मिनट बिना आउट हुए खेल लेते तो सिक्का उनका होता। असली अनुशासन तब होता है जब आप पूरी तरह थक जाएं और कोई तालियां बजाने वाला न हो, तब भी आप अपना काम निष्ठा से पूरा करें।

एडमिरल ने अपने बचपन का अनुभव साझा करते हुए कहा कि जब वह 10 साल की उम्र में पहली बार बोर्डिंग में सैनिक स्कूल गए थे, तब उन्हें अहसास हुआ कि वहां न तो बिस्तर हर सुबह खुद बनता है और न ही जूते खुद चमकते हैं। इसलिए इंसान को खुद अपने पैरों पर खड़ा होना पड़ता है। उन्होंने कहा कि भारत का भविष्य युवा पीढ़ी के हाथों में है। डा. एपीजे अब्दुल कलाम का उदाहरण देते हुए, उन्होंने युवाओं से राष्ट्र सेवा को जीवन का उद्देश्य बनाने का आह्वान किया।

Dainik Savera

मुश्किलें आएं तो झुकना नहीं, रुकना नहीं : एडमिरल कृष्ण स्वामीनाथन

■ सनावर में नौसेना प्रमुख ने दिया 'नेवर गिव इन' का मंत्र

सनावर (कसौली), 5 अक्तूबर (जितेंद्र) : मुश्किलें जीवन का हिस्सा हैं, लेकिन उनके सामने हार मानना विकल्प नहीं। सनावर की पहाड़ियों में सोमवार को नौसेना प्रमुख एडमिरल कृष्ण स्वामीनाथन पी.वी.एस.एम., ए.वी.एस.एम., वी.एस.एम. ने विद्यार्थियों को यह संदेश देते हुए 'नेवर गिव इन' को जीवन का मंत्र बनाने का आह्वान किया। द लॉरेंस स्कूल सनावर के 179वें संस्थापक दिवस के समापन समारोह में उन्होंने विद्यार्थियों को अनुशासन, उद्देश्य और दृढ़ता के साथ आगे बढ़ने की सीख दी।

एडमिरल स्वामीनाथन ने कहा कि अनुशासन महज आदेश मानना नहीं, बल्कि कठिन परिस्थितियों में भी सही निर्णय लेने की क्षमता है। उन्होंने विद्यार्थियों को माता-पिता, शिक्षकों, प्रशिक्षकों और मित्रों के योगदान के प्रति हमेशा कृतज्ञ रहने की सीख दी। इस दौरान उन्होंने पूर्व सनारियन सैकेंड लैफ्टिनैंट अरुण खेत्रपाल, परमवीर चक्र के अदम्य साहस और राष्ट्र के लिए दिए सर्वोच्च बलिदान को भी याद किया।

समारोह में पारंपरिक स्कूल ध्वज की सलामी और परेड के बाद 1956, 1961, 1966, 1971, 1976, 1996 और 2001 बैच के पुराने सनारियंस ने स्कूल बैंड की धुन पर शानदार मार्च पास्ट किया।

इस अवसर पर विशिष्ट पुराने सनारियन पुरस्कार दिल्ली के उपराज्यपाल तरनजीत सिंह संधू, नेपाल के पूर्व सेना प्रमुख एवं वर्तमान में ब्रिटेन में नेपाल के राजदूत जनरल गौरव एस.जे.बी. राणा तथा प्रसिद्ध मानवाधिकार अधिवक्ता माजा दारूवाला को प्रदान किया गया।

शैक्षणिक उपलब्धियों में विराज गुप्ता (बी.बी.डी.) को कक्षा 12वीं बोर्ड परीक्षा में प्रथम स्थान के लिए यशपाल चौधरी स्वर्ण पदक एवं कैप्टन जाबर सिंह नकद पुरस्कार मिला। वाणिज्य वर्ग में लक्षित बंसल (एस.बी.डी.) और मानविकी वर्ग में दाविना धालीवाल (एन.जी.डी.) को प्रथम स्थान के लिए सम्मानित किया गया। तीन दिवसीय समारोह में खेल प्रतियोगिताओं, सांस्कृतिक कार्यक्रमों, पुराने सनारियंस की गतिविधियों और वार्षिक एथलैटिक मीट का आयोजन हुआ, जिसमें करीब 700 विद्यार्थियों ने भाग लिया।

15 अप्रैल 1847 को स्थापित द लॉरेंस स्कूल सनावर की करीब 18 दशक पुरानी गौरवशाली परंपरा आज भी उत्कृष्टता, सेवा और नेतृत्व का संदेश दे रही है -'नेवर गिव इन'।



सनावर : परेड में हिस्सा लेते ओल्ड सनारियंस। सलामी मंच की ओर बढ़ते पूर्व छात्रों में अपने विद्यालय के प्रति गहरा लगाव दिखा। (जितेंद्र)

उत्कृष्ट उपलब्धियों के लिए विद्यार्थी सम्मानित

विद्यार्थियों की शैक्षणिक, खेल एवं अन्य क्षेत्रों में उत्कृष्ट उपलब्धियों के लिए भी उन्हें सम्मानित किया गया। इनाद्या कुमार (एच.जी.डी.) को सर्वश्रेष्ठ कैडेट सहित कई प्रतिष्ठित पुरस्कार मिले, जबकि रणराज सिंह चौधरी (वी.वी.डी.) को सेना प्रमुख ट्रॉफी और हेनरी लॉरेंस पुरस्कार से सम्मानित किया गया।

अब्दुल कलाम के जीवन से उद्देश्य की प्रेरणा लें

नौसेना प्रमुख ने दृढ़ता का उदाहरण देते हुए उन्होंने चंद्रयान-2 की आंशिक सफलता के बाद वैज्ञानिकों के प्रयासों और अगस्त 2023 में चंद्रयान-3 की सफल सॉफ्ट लैंडिंग का जिक्र किया। उन्होंने सचिन तेंदुलकर और उनके प्रशिक्षक रमाकांत आचरेकर का प्रसंग सुनाया तथा डॉ.ए.पी.जे.अब्दुल कलाम के जीवन से उद्देश्य की प्रेरणा लेने की बात कही।





सोलन : एडमिरल कृष्ण स्वामीनाथन को स्मृतिचिन्ह भेंट करती हुईं स्कूल की प्रिंसीपल रुचि प्रधानदत्ता तथा (दाएं) परेड के दौरान कैडेट्स। (जितेंद्र)

Aapka Faisla

द लॉरेंस स्कूल सनावर में गूंजा 'कभी हार मत मानो' का संदेश

विद्यार्थी आत्मविश्वास,अनुशासन,उद्देश्य और दृढ़ता से गढ़ें भविष्य : नौसेना प्रमुख

सोलन, (आपका फैसला)। द लॉरेंस स्कूल सनावर का तीन दिवसीय 179वां संस्थापक दिवस समारोह सोमवार को अनुशासन, नेतृत्व, उत्कृष्टता, सेवा और राष्ट्र के प्रति समर्पण के प्रेरक संदेश के साथ भव्य रूप से संपन्न हुआ। समापन समारोह में मुख्यातिथि नौसेना प्रमुख एडमिरल कृष्ण स्वामीनाथन ने विद्यार्थियों को जीवन में कठिन परिस्थितियों से घबराने के बजाय दृढ़ संकल्प के साथ आगे बढ़ने का आह्वान किया। उन्होंने द लॉरेंस स्कूल सनावर की गौरवशाली परंपरा और उसके मूल मंत्र 'कभी हार मत मानो' को विद्यार्थियों के जीवन का हिस्सा बनाने की प्रेरणा दी। नौसेना प्रमुख ने कहा कि जीवन में सफलता केवल प्रतिभा के बल पर हासिल नहीं होती,बल्कि अनुशासन, स्पष्ट उद्देश्य, कठिन परिश्रम और सही समय पर सही निर्णय लेने की क्षमता व्यक्ति को आगे ले जाती है। उन्होंने विद्यार्थियों से कहा कि अनुशासन का अर्थ केवल निर्देशों का पालन करना नहीं है,बल्कि चुनौतीपूर्ण परिस्थितियों में भी सही और जिम्मेदार निर्णय लेने की क्षमता विकसित करना है। उन्होंने विद्यार्थियों को अपने माता-पिता,शिक्षकों और मित्रों के योगदान के प्रति सदैव कृतज्ञ रहने की सीख भी दी। उन्होंने विद्यार्थियों को जीवन में एक सार्थक उद्देश्य निर्धारित करने और उस उद्देश्य की प्राप्ति के लिए निरंतर प्रयास करते रहने का संदेश दिया। उन्होंने सनावर के पूर्व विद्यार्थी और परमवीर चक्र से सम्मानित सेकंड



लेफ्टिनेंट अरुण खेत्रपाल के अदम्य साहस और राष्ट्र के लिए दिए गए सर्वोच्च बलिदान का उल्लेख करते हुए विद्यार्थियों को देशसेवा और कर्तव्यनिष्ठा की भावना से प्रेरित किया। समापन समारोह की शुरुआत विद्यालय की गौरवशाली परंपराओं के अनुरूप 'स्कूल कलर्स' की पारंपरिक प्रस्तुति से हुई। इसके बाद 1956, 1961, 1966,1971,1976, 1996 और 2001 बैच के पूर्व सनावेरियन्स ने विद्यालय के बैंड की धुनों के बीच शानदार मार्च पास्ट किया। इस दौरान वर्तमान विद्यार्थियों और पूर्व विद्यार्थियों के बीच विद्यालय की पुरानी परंपराओं, उपलब्धियों और गौरवशाली विरासत का जीवंत जुड़ाव देखने को मिला। समारोह के दौरान विद्यालय के उन पूर्व विद्यार्थियों को भी सम्मानित किया गया,जिन्होंने अपने-अपने क्षेत्रों में उल्लेखनीय योगदान दिया है। इस अवसर पर दिल्ली के उप राज्यपाल तरनजीत सिंह संधू, नेपाल रॉयल आर्मी के पूर्व प्रमुख तथा वर्तमान में ब्रिटेन में नेपाल के राजदूत जनरल गौरव एसजेबी राणा और प्रसिद्ध मानवाधिकार अधिवक्ता माजा दारूवाला को प्रतिष्ठित 'विशिष्ट पूर्व सनावेरियन पुरस्कार' प्रदान किया गया। इन सम्मानित व्यक्तित्वों की उपलब्धियों ने विद्यार्थियों के सामने नेतृत्व,सेवा और सामाजिक जिम्मेदारी के विविध उदाहरण प्रस्तुत किए। समारोह में विद्यार्थियों की शैक्षणिक, सह-पाठ्यक्रम और नेतृत्व संबंधी उपलब्धियों को भी विशेष रूप से सम्मानित किया गया। इनाया कुमार को सर्वश्रेष्ठ कैडेट के लिए सेना प्रमुख ट्रॉफी, राउंड स्क्वायर गतिविधियों के लिए किंग कॉन्स्टेंटाइन पदक,उत्कृष्टता के लिए सोम दत्त ट्रॉफी तथा हेड गर्ल के लिए होनोरिया लॉरेंस पुरस्कार प्रदान किया गया।

18 दशक की गौरवशाली विरासत को आगे बढ़ा रहा द लॉरेंस स्कूल सनावर

15 अप्रैल, 1847 को सर हेनरी और लेडी होनोरिया लॉरेंस द्वारा स्थापित द लॉरेंस स्कूल सनावर आज भी अपनी लगभग 18 दशकों की गौरवशाली विरासत को आगे बढ़ा रहा है। विद्यालय की पहचान केवल उत्कृष्ट शिक्षा तक सीमित नहीं है,बल्कि यहां विद्यार्थियों में नेतृत्व, अनुशासन,सेवा,चरित्र निर्माण और राष्ट्र के प्रति जिम्मेदारी की भावना विकसित करने पर भी जोर दिया जाता है। 179वें संस्थापक दिवस का समापन भी इसी विचार को मजबूती देने वाला रहा कि कठिनाइयां चाहे कितनी भी बड़ी हों,दृढ़ संकल्प और सही उद्देश्य के साथ आगे बढ़ने वाला व्यक्ति सफलता की राह अवश्य तलाश सकता है।

Anant Gyan

सनावर के 179वें फाउंडर्स डे में खेलों का जलवा, हिमालय हाउस ने जीती एथलेटिक मीट

700 छात्रों ने दिखाया अपना खेल कौशल चेतन और किमाया बने सर्वश्रेष्ठ एथलीट







अनंत ज्ञान

सोलन। द लॉरेंस स्कूल, सनावर में आयोजित तीन दिवसीय 179वें फाउंडर्स डे समारोह के दूसरे दिन रविवार को वार्षिक एथलेटिक मीट मुख्य आकर्षण रही। करीब 700 छात्रों ने विभिन्न ट्रैक एंड फील्ड स्पर्धाओं में भाग लेकर खेल भावना और अनुशासन का प्रदर्शन किया। कार्यक्रम में ओल्ड सनावेरियन एवं 1971 बैच के लेफ्टिनेंट कर्नल जसपाल सिंह संधू मुख्य अतिथि रहे। उन्होंने छात्रों को खेलों में समर्पण और आत्मविश्वास के साथ आगे बढ़ने के लिए प्रेरित किया। चार हाउस के बीच हुई प्रतियोगिता में हिमालय हाउस विजेता रहा। कलिंगा कप के विजेता चेतन सिंह को सर्वश्रेष्ठ पुरुष एथलीट और बाला कप की विजेता किमाया कोचर को सर्वश्रेष्ठ महिला एथलीट चुना गया। मुख्य अतिथि ने हेडमास्टर रुचि प्रधान दत्ता और ओल्ड सनावेरियन सोसाइटी के अध्यक्ष ब्रिगेडियर आदर्श बुटेल की मौजूदगी में विजेताओं को सम्मानित किया। ओल्ड सनावेरियंस ने भी खेल गतिविधियों में भाग लेकर छात्रों का उत्साह बढ़ाया। अभिभावकों के लिए स्कूल फेटे और प्रदर्शनियां आयोजित हुईं। दिन का समापन टैटू कार्यक्रम और लाइट एंड साउंड शो से हुआ, जिसमें करीब 600 छात्रों ने डांस व टेक्नो-डांस प्रस्तुतियां दीं। समारोह का समापन सोमवार को स्कूल फ्लैग ट्रूपिंग और नौसेना प्रमुख एडमिरल कृष्णा स्वामीनाथन के संबोधन से होगा।

600

छात्रों ने टैटू कार्यक्रम में रंगारंग प्रस्तुतियों से बांधा समां

Dainik Bhaskar

सनावर में नौसेना प्रमुख बोले- मुश्किलें आएं तो डटे रहो, कभी हार मत मानो

कसौली। कसौली स्थित लॉरेंस स्कूल सनावर के 179वें संस्थापक दिवस समारोह सोमवार को उत्साह,गौरव और प्रेरणादायी संदेशों के साथ संपन्न हुआ। इसमें मुख्यातिथि



नौसेना प्रमुख एडमिरल कृष्ण स्वामीनाथन, पीवीएसएम, एवीएसएम,वीएसएम ने विद्यार्थियों से जीवन में अनुशासन,उद्देश्य और दृढ़ता को अपनाने का आह्वान किया। एडमिरल स्वामीनाथन ने कहा कि जीवन में कठिन परिस्थितियां आना स्वाभाविक है, लेकिन सफलता उसी व्यक्ति को मिलती है जो विपरीत परिस्थितियों में भी अपने लक्ष्य से विचलित नहीं होता। नौसेना प्रमुख ने सनावर के पूर्व विद्यार्थी और परमवीर चक्र से सम्मानित सेकंड लेफ्टिनेंट अरुण खेत्रपाल के अदम्य साहस और राष्ट्र के लिए दिए सर्वोच्च बलिदान को याद किया।

Dainik Jagran

दैनिक जागरण

शिमला/सोलन

सिरमौर/किन्नौर



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एडमिरल स्वामीनाथन ने विद्यार्थियों को अनुशासन और लक्ष्य का दिया संदेश,सनावर में 179वें फाउंडर्स डे समारोह का समापन

सचिन वर्मा/देवभूमि मिरर



शिमला।अनुशासित और दृढ़ रहें, जीवन में अपना लक्ष्य तय करें, हमेशा सही काम करें, चाहे वह कितना भी कठिन क्यों न हो, और जीवन के सफर में मिलने वाली मदद व सहयोग के लिए आभारी रहें।' भारतीय नौसेना के प्रमुख एडमिरल कृष्णा स्वामीनाथन, पीवीएसएम, एवीएसएम, वीएसएम ने सोमवार को द लॉरेंस स्कूल, सनावर के 179वें फाउंडर्स डे समारोह के समापन अवसर पर विद्यार्थियों को यह प्रेरक संदेश दिया।मुख्य अतिथि एडमिरल स्वामीनाथन ने विद्यार्थियों से सनावर की पहचान रहे 'नेवर गिव इन' (कभी हार न मानें) के जज्बे को जीवन में अपनाने का आह्वान किया। उन्होंने कहा कि अनुशासन का अर्थ आसान रास्ता चुनने के बजाय सही रास्ते पर चलना है। अपने अनुभव साझा करते हुए उन्होंने बताया कि 10 वर्ष की उम्र में एक रेजिडेंशियल सैन्य स्कूल में प्रवेश लेने के बाद उन्हें समझ आया कि बोर्डिंग स्कूल की शिक्षा केवल कक्षाओं तक सीमित नहीं होती, बल्कि खेल, छात्रावास के जीवन और शिक्षकों व वरिष्ठ विद्यार्थियों के साथ संवाद से भी व्यक्तित्व का निर्माण होता है।उन्होंने पूर्व छात्र सेकंड लेफ्टिनेंट अरुण खेत्रपाल, परमवीर चक्र, को भी श्रद्धांजलि दी, जिन्होंने 1971 के बसंतर युद्ध में अदम्य साहस का परिचय दिया था।समारोह के दौरान स्कूल के ध्वज को सलामी देने की पारंपरिक ट्रूपिंग ऑफ द स्कूल कलर्स रस्म आयोजित की गई। इसके बाद 1956, 1961, 1966, 1971, 1976, 1996 और 2001 बैच के पूर्व विद्यार्थियों ने स्कूल बैंड की धुनों के साथ शानदार मार्च पास्ट किया।इस अवसर पर दिल्ली के उपराज्यपाल तरनजीत सिंह संधू, नेपाल की रॉयल नेपाली सेना के पूर्व प्रमुख एवं ब्रिटेन में नेपाल के राजदूत जनरल गौरव एसजेबी राणा और प्रख्यात मानवाधिकार अधिवक्ता मजा दारूवाला को डिस्टिंग्विश्ड ओल्ड सनावरियन अवॉर्ड से सम्मानित किया गया।समारोह में स्कूल के हेडमास्टर रुचि प्रधान दत्ता, ओल्ड सनावरियंस सोसाइटी के अध्यक्ष ब्रिगेडियर आदर्श बुटेल (सेवानिवृत्त), प्रसिद्ध अभिनेत्री नीना गुप्ता सहित कई प्रतिष्ठित पूर्व विद्यार्थी और गणमान्य व्यक्ति मौजूद रहे।तीन दिवसीय समारोह की शुरुआत पूर्व और वर्तमान विद्यार्थियों के बीच बास्केटबॉल व फुटसल मुकाबलों, पूर्व विद्यार्थियों के साथ संवाद और देश की सेवा में प्राण न्योछावर करने वाले पूर्व विद्यार्थियों को युद्ध स्मारक पर श्रद्धांजलि देने के साथ हुई थी। दूसरे दिन वार्षिक एथलेटिक मीट में करीब 700 विद्यार्थियों ने विभिन्न ट्रैक एवं फील्ड स्पर्धाओं में हिस्सा लिया। इसके बाद नृत्य और टेक्नो-डांस प्रस्तुतियों से सजे भव्य लाइट एंड साउंड शो 'टैटू' ने दर्शकों का मन मोह लिया।

Him Jankranti

एडमिरल स्वामीनाथन ने विद्यार्थियों को अनुशासन और लक्ष्य का दिया संदेश, सनावर में 179वें फाउंडर्स डे समारोह का समापन

हिम जनक्रांति

शिमला, 5 अक्टूबर। अनुशासित और दृढ़ रहें, जीवन में अपना लक्ष्य तय करें, हमेशा सही काम करें, चाहे वह कितना भी कठिन क्यों न हो, और जीवन के सफर में मिलने वाली मदद व सहयोग के लिए आभारी रहें। भारतीय नौसेना के प्रमुख एडमिरल कृष्णा स्वामीनाथन, पीवीएसएम, एवीएसएम, वीएसएम ने सोमवार को द लॉरेंस स्कूल, सनावर के 179वें फाउंडर्स डे समारोह के समापन अवसर पर विद्यार्थियों को यह प्रेरक संदेश दिया।मुख्य अतिथि एडमिरल स्वामीनाथन ने विद्यार्थियों से सनावर की पहचान रहे 'नेवर गिव इन' (कभी हार न मानें) के जज्बे को जीवन में अपनाने का आह्वान किया। उन्होंने कहा कि अनुशासन का अर्थ आसान रास्ता चुनने के बजाय सही रास्ते पर चलना है। अपने अनुभव साझा करते हुए उन्होंने बताया कि 10 वर्ष की उम्र में एक रेजिडेंशियल सैन्य स्कूल में प्रवेश लेने के बाद उन्हें समझ आया कि बोर्डिंग स्कूल की शिक्षा केवल कक्षाओं तक सीमित नहीं होती, बल्कि खेल, छात्रावास के जीवन और शिक्षकों व वरिष्ठ विद्यार्थियों के साथ संवाद से भी व्यक्तित्व का निर्माण होता है।उन्होंने पूर्व छात्र सेकंड लेफ्टिनेंट अरुण खेत्रपाल, परमवीर चक्र, को भी श्रद्धांजलि दी, जिन्होंने 1971 के बसंतर युद्ध में अदम्य साहस का परिचय दिया था।समारोह के दौरान स्कूल के ध्वज को सलामी देने की पारंपरिक ट्रूपिंग ऑफ द स्कूल कलर्स रस्म आयोजित की



गई। इसके बाद 1956, 1961, 1966, 1971, 1976, 1996 और 2001 बैच के पूर्व विद्यार्थियों ने स्कूल बैंड की धुनों के साथ शानदार मार्च पास्ट किया।इस अवसर पर दिल्ली के उपराज्यपाल तरनजीत सिंह संधू, नेपाल की रॉयल नेपाली सेना के पूर्व प्रमुख एवं ब्रिटेन में नेपाल के राजदूत जनरल गौरव एसजेबी राणा और प्रख्यात मानवाधिकार अधिवक्ता मजा दारूवाला को डिस्टिंग्विश्ड ओल्ड सनावरियन अवॉर्ड से सम्मानित किया गया।समारोह में स्कूल के हेडमास्टर रुचि प्रधान दत्ता, ओल्ड सनावरियंस सोसाइटी के अध्यक्ष ब्रिगेडियर आदर्श बुटेल (सेवानिवृत्त), प्रसिद्ध अभिनेत्री नीना गुप्ता सहित कई प्रतिष्ठित पूर्व विद्यार्थी और गणमान्य व्यक्ति मौजूद रहे।तीन दिवसीय समारोह की शुरुआत पूर्व और वर्तमान विद्यार्थियों के बीच बास्केटबॉल व फुटसल मुकाबलों, पूर्व विद्यार्थियों के साथ संवाद और देश की सेवा में प्राण न्योछावर करने वाले पूर्व विद्यार्थियों को युद्ध स्मारक पर श्रद्धांजलि देने के साथ हुई थी। दूसरे दिन वार्षिक एथलेटिक मीट में करीब 700 विद्यार्थियों ने विभिन्न ट्रैक एवं फील्ड स्पर्धाओं में हिस्सा लिया। इसके बाद नृत्य और टेक्नो-डांस प्रस्तुतियों से सजे भव्य लाइट एंड साउंड शो 'टैटू' ने दर्शकों का मन मोह लिया।

Himprabha

भारतीय नौसेना के प्रमुख एडमिरल स्वामीनाथन ने दिया अनुशासन का संदेश

चंडीगढ़ (हिमप्रभा ब्यूरो)। 'अनुशासित और दृढ़ रहें, जीवन में अपना लक्ष्य तय करें, हमेशा सही काम करें, चाहे वह कितना भी कठिन क्यों न हो, और जीवन के सफर में मिलने वाली मदद व सहयोग के लिए आभारी रहें। भारतीय नौसेना के प्रमुख एडमिरल कृष्णा स्वामीनाथन, पीवीएसएम, एवीएसएम, वीएसएम ने सोमवार को द लॉरेंस स्कूल, सनावर के 179वें फाउंडर्स डे समारोह के समापन अवसर पर विद्यार्थियों को यह प्रेरक संदेश दिया। मुख्य अतिथि एडमिरल स्वामीनाथन ने विद्यार्थियों से सनावर की पहचान रहे 'नेवर गिव इन' (कभी हार न मानें) के जज्बे को जीवन में अपनाने का आह्वान किया।





उन्होंने कहा कि अनुशासन का अर्थ आसान रास्ता चुनने के बजाय सही रास्ते पर चलना है। अपने अनुभव साझा करते हुए उन्होंने बताया कि 10 वर्ष की उम्र में एक रेजिडेंशियल सैन्य स्कूल में प्रवेश लेने के बाद उन्हें समझ आया कि बोर्डिंग स्कूल की शिक्षा केवल कक्षाओं तक सीमित नहीं होती, बल्कि खेल, छात्रावास के जीवन और शिक्षकों व वरिष्ठ विद्यार्थियों के साथ संवाद से भी व्यक्तित्व का निर्माण होता है।

उन्होंने पूर्व छात्र सेकंड लेफ्टिनेंट अरुण खेत्रपाल, परमवीर चक्र, को भी श्रद्धांजलि दी, जिन्होंने 1971 के बसंतर युद्ध में अदम्य साहस का परिचय दिया था। समारोह के दौरान स्कूल के ध्वज को सलामी देने की पारंपरिक ट्रूपिंग ऑफ द स्कूल कलर्स रस्म आयोजित की गई।

बाद 1956, 1961, 1966, 1971, 1976, 1996 और 2001 बैच के पूर्व विद्यार्थियों ने स्कूल बैंड की धुनों के साथ शानदार मार्च पास्ट किया। इस अवसर पर दिल्ली के उपराज्यपाल तरनजीत सिंह संधू, नेपाल की रॉयल नेपाली सेना के पूर्व प्रमुख एवं ब्रिटेन में नेपाल के राजदूत जनरल गौरव एसजेबी राणा और प्रख्यात मानवाधिकार अधिवक्ता मजा दारूवाला को डिस्टिंग्विश्ड ओल्ड सनावरियन अवॉर्ड से सम्मानित किया गया।

में स्कूल के हेडमास्टर रुचि प्रधान दत्ता, ओल्ड सनावरियंस सोसाइटी के अध्यक्ष ब्रिगेडियर आदर्श बुटेल (सेवानिवृत्त), प्रसिद्ध अभिनेत्री नीना गुप्ता सहित कई प्रतिष्ठित पूर्व विद्यार्थी और गणमान्य व्यक्ति मौजूद रहे। तीन दिवसीय समारोह की शुरुआत पूर्व और वर्तमान विद्यार्थियों के बीच बास्केटबॉल व फुटसल मुकाबलों, पूर्व विद्यार्थियों के साथ संवाद और देश की सेवा में प्राण न्योछावर करने वाले पूर्व विद्यार्थियों को युद्ध स्मारक पर श्रद्धांजलि देने के साथ हुई थी। दूसरे दिन वार्षिक एथलेटिक मीट में करीब 700 विद्यार्थियों ने विभिन्न ट्रैक एवं फील्ड स्पर्धाओं में हिस्सा लिया। इसके बाद नृत्य और टेक्नो-डांस प्रस्तुतियों से सजे भव्य लाइट एंड साउंड शो 'टैटू' ने दर्शकों का मन मोह लिया।

Punjab Kesari

मुश्किलें आएं तो झुकना नहीं, रुकना नहीं : एडमिरल कृष्ण स्वामीनाथन

■ सनावर में नौसेना प्रमुख ने दिया 'नेवर गिव इन' का मंत्र

सनावर (कसौली), 5 अक्तूबर (जितेंद्र) : मुश्किलें जीवन का हिस्सा हैं, लेकिन उनके सामने हार मानना विकल्प नहीं। सनावर की पहाड़ियों में सोमवार को नौसेना प्रमुख एडमिरल कृष्ण स्वामीनाथन पी.वी.एस.एम., ए.वी.एस.एम., वी.एस.एम. ने विद्यार्थियों को यह संदेश देते हुए 'नेवर गिव इन' को जीवन का मंत्र बनाने का आह्वान किया। द लॉरेंस स्कूल सनावर के 179वें संस्थापक दिवस के समापन समारोह में उन्होंने विद्यार्थियों को अनुशासन, उद्देश्य और दृढ़ता के साथ आगे बढ़ने की सीख दी।

एडमिरल स्वामीनाथन ने कहा कि अनुशासन महज आदेश मानना नहीं, बल्कि कठिन परिस्थितियों में भी सही निर्णय लेने की क्षमता है। उन्होंने



सनावर : परेड में हिस्सा लेते ओल्ड सनारियंस। सलामी मंच की ओर बढ़ते पूर्व छात्रों में अपने विद्यालय के प्रति गहरा लगाव दिखा। (जितेंद्र)

उत्कृष्ट उपलब्धियों के लिए विद्यार्थी सम्मानित

विद्यार्थियों की शैक्षणिक, खेल एवं अन्य क्षेत्रों में उत्कृष्ट उपलब्धियों के लिए भी उन्हें सम्मानित किया गया। इनाया कुमार (एच.जी.डी.) को सर्वश्रेष्ठ कैडेट सहित कई प्रतिष्ठित पुरस्कार मिले, जबकि रणराज सिंह चौधरी (वी.वी.डी.) को सेना प्रमुख ट्रॉफी और हेनरी लॉरेंस पुरस्कार से सम्मानित किया गया।

विद्यार्थियों को माता-पिता, शिक्षकों, प्रशिक्षकों और मित्रों के योगदान के प्रति हमेशा कृतज्ञ रहने की सीख दी। इस दौरान उन्होंने पूर्व सनारियन सैकेंड लैफ्टिनैंट अरुण खेत्रपाल, परमवीर चक्र के अदम्य साहस और राष्ट्र के लिए दिए सर्वोच्च बलिदान को भी याद किया।

समारोह में पारंपरिक स्कूल ध्वज

अब्दुल कलाम के जीवन से उद्देश्य की प्रेरणा लें

नौसेना प्रमुख ने दृढ़ता का उदाहरण देते हुए उन्होंने चंद्रयान-2 की असफलता के बाद वैज्ञानिकों के प्रयासों और अगस्त 2023 में चंद्रयान-3 की सफल सॉफ्ट लैंडिंग का जिक्र किया। उन्होंने सचिन तेंदुलकर और उनके प्रशिक्षक रमाकांत आचरेकर का प्रसंग सुनाया तथा डॉ. ए.पी.जे. अब्दुल कलाम के जीवन से उद्देश्य की प्रेरणा लेने की बात कही।

की सलामी और परेड के बाद 1956, 1961, 1966, 1971, 1976, 1996 और 2001 बैच के पुराने सनारियंस ने स्कूल बैंड की धुन पर शानदार मार्च पास्ट किया।

इस अवसर पर विशिष्ट पुराने सनारियन पुरस्कार दिल्ली के उपराज्यपाल तरनजीत सिंह संधू, नेपाल के पूर्व सेना प्रमुख एवं वर्तमान में ब्रिटेन में नेपाल के राजदूत जनरल गौरव एस.जे.बी. राणा तथा प्रसिद्ध मानवाधिकार अधिवक्ता माजा दारूवाला को प्रदान किया गया।

शैक्षणिक उपलब्धियों में विराज गुप्ता (वी.बी.डी.) को कक्षा 12वीं बोर्ड परीक्षा में प्रथम स्थान के लिए यशपाल चौधरी स्वर्ण पदक एवं कैप्टन जाबर सिंह नकद पुरस्कार मिला। वाणिज्य वर्ग में लक्षित बंसल (एस.बी.डी.) और मानविकी वर्ग में दाविना धालीवाल (एन.जी.डी.) को प्रथम स्थान के लिए सम्मानित किया गया। तीन दिवसीय समारोह में खेल प्रतियोगिताओं, सांस्कृतिक कार्यक्रमों, पुराने सनारियंस की गतिविधियों और वार्षिक एथलैटिक मीट का आयोजन हुआ, जिसमें करीब 700 विद्यार्थियों ने भाग लिया।

15 अप्रैल 1847 को स्थापित द लॉरेंस स्कूल सनावर की करीब 18 दशक पुरानी गौरवशाली परंपरा आज भी उत्कृष्टता, सेवा और नेतृत्व का संदेश दे रही है -'नेवर गिव इन'।





सोलन : एडमिरल कृष्ण स्वामीनाथन को स्मृतिचिन्ह भेंट करती हुईं स्कूल की प्रिंसीपल रुचि प्रधानदत्ता तथा (दाएं) परेड के दौरान कैडेट्स। (जितेंद्र)

Daily Imarat

لارنس اسکول، سناور میں 179 ویں یوم تاسیس کی تقریب

ایڈمرل سوامیناتھن نے نظم وضبط اور مقصد کے لیے کہا



جموں// "نظم وضبط اور ثابت قدم رہیں، زندگی میں اپنے لیے ایک مقصد کا انتخاب کریں، ہمیشہ صحیح کام کریں، چاہے کچھ بھی ہو، اور زندگی کے سفر میں آپ کو ملنے والی مدد اور مدد کے لیے شکر گزار ہوں۔" اس پرزور پیغام کے ساتھ، چیف آف دی نیول اسٹاف ایڈمرل کرشنا سوامیناتھن، PVSM، VSM،AVSM ، نے پیر کو سناور کے 179 ویں یوم تاسیس کی تقریب میں دی لارنس اسکول کی اختتامی تقریب میں طلباء سے خطاب کیا۔ مہمانِ خصوصی نے طلباء پر زور دیا کہ وہ "نیور گیو اِن" کے سناورین جذبے کو برقرار رکھیں، اس بات پر زور دیتے ہوئے کہ نظم وضبط کا مطلب یہ ہے کہ جو آسان ہے اس پر حق کا انتخاب کریں۔ ایک 10 سالہ رہائشی فوجی اسکول میں داخل ہونے کے اپنے تجربے سے اس نے روشنی ڈالی کہ کس طرح بورڈنگ اسکول کلاس رومز سے آگے، کھیلوں، ہاسٹل کی زندگی اور اساتذہ اور بزرگوں کے ساتھ بات چیت کے ذریعے کردار کی تشکیل کرتا ہے۔

Daily Udaan

لارنس اسکول سناور کی 179 ویں یومِ تاسیس تقریبات اختتام پذیر

چیف آف نیول اسٹاف ایڈمرل کرشنا سوامیاتھن کا طلبہ کو نظم وضبط، مقصدِ حیات اور مستقل مزاجی کا پیغام: ''کبھی ہمت نہ ہارو'' کے جذبے کو اپنانے پر زور

عمارت ڈیسک

جموں/سری نگر: لارنس اسکول سناور کی 179 ویں یومِ تاسیس کی تین روزہ تقریبات اختتام پذیر ہوگئیں۔ اختتامی تقریب سے خطاب کرتے ہوئے چیف آف نیول اسٹاف ایڈمرل کرشنا سوامیاتھن، پی وی ایس ایم، اے وی ایس ایم، وی ایس ایم نے طلبہ پر زور دیا کہ وہ زندگی میں نظم وضبط، مستقل مزاجی اور مقصد کو اختیار کریں، ہمیشہ درست راستے کا انتخاب کریں اور زندگی کے سفر میں ملنے والی مدد اور تعاون کے لیے شکر گزار رہیں۔ چیف آف



نیول اسٹاف نے طلبہ کو لارنس اسکول کے معروف جذبے ''کبھی ہمت نہ ہارو'' کو اپنی زندگی کا حصہ بنانے کی تلقین کرتے ہوئے کہا کہ نظم و ضبط کا مطلب آسان راستے کے بجائے درست راستے کا انتخاب کرنا ہے۔ انہوں نے اپنے ذاتی تجربے کا حوالہ دیتے ہوئے بتایا کہ دس برس کی عمر میں رہائشی فوجی اسکول میں داخلے نے ان کی شخصیت سازی میں اہم کردار ادا کیا۔ ان کے مطابق بورڈنگ اسکول صرف کلاس روم تک محدود تعلیم فراہم نہیں کرتا بلکہ کھیلوں، باسٹل کی زندگی، اساتذہ اور سینئر طلبہ کے ساتھ میل جول کے ذریعے کردار سازی میں بھی اہم کردار ادا کرتا ہے۔ ایڈمرل کرشنا سوامیاتھن نے سابق سناوَرین سیکنڈ لیفٹیننٹ ارون کھیتر پال، پرم ویر چکر، کو بھی خراج عقیدت پیش کیا، جنہوں نے 1971 کی جنگ میں بسنتر کی لڑائی کے دوران غیر معمولی بہادری کا مظاہرہ کیا تھا۔

Dainik Bhaskar

भारतीय नौसेना के प्रमुख एडमिरल स्वामीनाथन ने दिया अनुशासन का संदेश

द लॉरेंस स्कूल, सनावर में फाउंडर्स डे का समापन

भास्कर न्यूज | रोहतक



05 अक्टूबर

'अनुशासित और दृढ़ रहें, जीवन में अपना लक्ष्य तय करें, हमेशा सही काम करें, चाहे वह कितना भी कठिन क्यों न हो, और जीवन के सफर में मिलने वाली मदद व सहयोग के लिए आभारी रहें।' भारतीय नौसेना के प्रमुख एडमिरल कृष्णा स्वामीनाथन, पीवीएसएम, एवीएसएम, वीएसएम ने सोमवार को द लॉरेंस स्कूल, सनावर के 179वें फाउंडर्स डे समारोह के समापन अवसर पर विद्यार्थियों को यह प्रेरक संदेश दिया।

मुख्य अतिथि एडमिरल स्वामीनाथन ने विद्यार्थियों से सनावर की पहचान रहे 'नेवर गिव इन' (कभी हार न मानें) के जज्बे को जीवन में अपनाने का आह्वान किया। उन्होंने कहा कि अनुशासन का अर्थ आसान रास्ता चुनने के बजाय सही रास्ते पर चलना है। अपने अनुभव साझा करते हुए उन्होंने बताया कि 10 वर्ष की उम्र में एक रेजिडेंशियल सैन्य स्कूल में प्रवेश लेने के बाद उन्हें समझ आया कि बोर्डिंग स्कूल की शिक्षा केवल कक्षाओं तक सीमित नहीं होती, बल्कि खेल, छात्रावास के जीवन और शिक्षकों व वरिष्ठ विद्यार्थियों के साथ संवाद से भी व्यक्तित्व का निर्माण होता है।

उन्होंने पूर्व छात्र सेकंड लेफ्टिनेंट अरुण खेत्रपाल, परमवीर चक्र, को भी श्रद्धांजलि दी, जिन्होंने 1971 के बसंतर युद्ध में अदम्य साहस का परिचय दिया था।

समारोह के दौरान स्कूल के ध्वज को सलामी देने की पारंपरिक ट्रूपिंग ऑफ द स्कूल कलर्स रस्म आयोजित की गई। इसके बाद 1956, 1961, 1966, 1971, 1976, 1996 और 2001 बैच के पूर्व विद्यार्थियों ने स्कूल बैंड की धुनों के साथ शानदार मार्च पास्ट किया। इस अवसर पर दिल्ली के उपराज्यपाल तरनजीत सिंह संधू, और प्रख्यात मानवाधिकार अधिवक्ता मजा दारूवाला को डिस्टिंग्विश्ड ओल्ड सनावरियन अवॉर्ड से सम्मानित किया गया।

समारोह में स्कूल के हेडमास्टर रुचि प्रधान दत्ता, ओल्ड सनावरियंस सोसाइटी के अध्यक्ष ब्रिगेडियर आदर्श बुटेल (सेवानिवृत्त), प्रसिद्ध अभिनेत्री नीना गुप्ता सहित कई प्रतिष्ठित पूर्व विद्यार्थी और गणमान्य व्यक्ति मौजूद रहे।

तीन दिवसीय समारोह की शुरुआत पूर्व और वर्तमान विद्यार्थियों के बीच बास्केटबॉल व फुटसल मुकाबलों, पूर्व विद्यार्थियों के साथ संवाद और देश की सेवा में प्राण न्योछावर करने वाले पूर्व विद्यार्थियों को युद्ध स्मारक पर श्रद्धांजलि देने के साथ हुई थी। दूसरे दिन वार्षिक एथलेटिक मीट में करीब 700 विद्यार्थियों ने विभिन्न ट्रैक एवं फील्ड स्पर्धाओं में हिस्सा लिया। इसके बाद नृत्य और टेक्नो-डांस प्रस्तुतियों से सजे भव्य लाइट एंड साउंड शो 'टैटू' ने दर्शकों का मन मोह लिया।

Fateh Express

ਭਾਰਤੀ ਨੇਵੀ ਦੇ ਮੁਖੀ ਐਡਮਿਰਲ ਸਵਾਮੀਨਾਥਨ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਦਿੱਤਾ ਅਨੁਸ਼ਾਸਨ ਤੇ ਮਕਸਦ ਦਾ ਸੰਦੇਸ਼

ਦ ਲਾਰੈਂਸ ਸਕੂਲ, ਸਨਾਵਰ ਵਿੱਚ 179ਵੇਂ ਫਾਊਂਡਰਜ਼ ਡੇਅ ਸਮਾਗਮ ਦਾ ਸਮਾਪਨ



ਸ੍ਰੀ ਅੰਮ੍ਰਿਤਸਰ ਸਾਹਿਬ 6 ਅਕਤੂਬਰ (ਮਹਿੰਦਰ ਸਿੰਘ ਸੀਟਾ), "ਅਨੁਸ਼ਾਸਿਤ ਅਤੇ ਦ੍ਰਿੜ੍ਹ ਰਹੋ, ਜ਼ਿੰਦਗੀ ਵਿੱਚ ਆਪਣਾ ਮਕਸਦ ਤੈਅ ਕਰੋ, ਹਮੇਸ਼ਾ ਸਹੀ ਕੰਮ ਕਰੋ, ਭਾਵੇਂ ਉਹ ਕਿੰਨਾ ਵੀ ਔਖਾ ਕਿਉਂ ਨਾ ਹੋਵੇ ਅਤੇ ਜ਼ਿੰਦਗੀ ਦੇ ਸਫ਼ਰ ਵਿੱਚ ਮਿਲਣ ਵਾਲੀ ਮਦਦ ਤੇ ਸਹਿਯੋਗ ਲਈ ਹਮੇਸ਼ਾ ਸ਼ੁਕਰਗੁਜ਼ਾਰ ਰਹੋ।"ਭਾਰਤੀ ਨੇਵੀ ਦੇ ਮੁਖੀ ਐਡਮਿਰਲ ਕ੍ਰਿਸ਼ਨ ਸਵਾਮੀਨਾਥਨ, ਪੀਵੀਐਸਐਮ, ਏਵੀਐਸਐਮ, ਵੀਐਸਐਮ ਨੇ ਸੋਮਵਾਰ ਨੂੰ ਦ ਲਾਰੈਂਸ ਸਕੂਲ, ਸਨਾਵਰ ਦੇ 179ਵੇਂ ਫਾਊਂਡਰਜ਼ ਡੇਅ ਸਮਾਗਮ ਦੇ ਸਮਾਪਨ ਮੌਕੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਇਹ ਪ੍ਰੇਰਣਾਦਾਇਕ ਸੰਦੇਸ਼ ਦਿੱਤਾ।

ਮੁੱਖ ਮਹਿਮਾਨ ਐਡਮਿਰਲ ਸਵਾਮੀਨਾਥਨ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸਨਾਵਰ ਦੀ ਪਛਾਣ ਰਹੇ 'ਨੇਵਰ ਗਿਵ ਇਨ' (ਕਦੇ ਹਾਰ ਨਾ ਮੰਨਣ) ਦੇ ਜਜ਼ਬੇ ਨੂੰ ਆਪਣੀ ਜ਼ਿੰਦਗੀ ਵਿੱਚ ਅਪਣਾਉਣ ਲਈ ਕਿਹਾ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਅਨੁਸ਼ਾਸਨ ਦਾ ਮਤਲਬ ਆਸਾਨ ਰਾਹ ਚੁਣਨਾ ਨਹੀਂ, ਸਗੋਂ ਸਹੀ ਰਾਹ 'ਤੇ ਚੱਲਣਾ ਹੈ। ਆਪਣੇ ਤਜਰਬੇ ਸਾਂਝੇ ਕਰਦਿਆਂ ਉਨ੍ਹਾਂ ਦੱਸਿਆ ਕਿ 10 ਸਾਲ ਦੀ ਉਮਰ ਵਿੱਚ ਰਿਹਾਇਸ਼ੀ ਮਿਲਟਰੀ ਸਕੂਲ ਵਿੱਚ ਦਾਖ਼ਲਾ ਲੈਣ ਤੋਂ ਬਾਅਦ ਉਨ੍ਹਾਂ ਨੂੰ ਸਮਝ ਆਈ ਕਿ ਬੋਰਡਿੰਗ ਸਕੂਲ ਦੀ ਸਿੱਖਿਆ ਸਿਰਫ਼ ਕਲਾਸਰੂਮ ਤੱਕ ਸੀਮਤ ਨਹੀਂ ਹੁੰਦੀ। ਖੇਡਾਂ, ਹੋਸਟਲ ਦੀ ਜ਼ਿੰਦਗੀ ਅਤੇ ਅਧਿਆਪਕਾਂ ਤੇ ਸੀਨੀਅਰ ਵਿਦਿਆਰਥੀਆਂ ਨਾਲ ਗੱਲਬਾਤ ਵੀ ਸ਼ਖ਼ਸੀਅਤ ਦੇ ਨਿਰਮਾਣ ਵਿੱਚ ਅਹਿਮ ਭੂਮਿਕਾ ਨਿਭਾਉਂਦੀ ਹੈ।

ਉਨ੍ਹਾਂ ਸਕੂਲ ਦੇ ਸਾਬਕਾ ਵਿਦਿਆਰਥੀ ਸੈਕੰਡ ਲੈਫਟੀਨੈਂਟ ਅਰੁਣ ਖੇਤਰਪਾਲ, ਪਰਮਵੀਰ ਚੱਕਰ, ਨੂੰ ਵੀ ਸ਼ਰਧਾਂਜਲੀ ਭੇਟ ਕੀਤੀ, ਜਿਨ੍ਹਾਂ ਨੇ 1971 ਦੀ ਬਸੰਤਰ ਜੰਗ ਦੌਰਾਨ ਬਹਾਦਰੀ ਅਤੇ ਅਦਮਯ ਹੌਸਲੇ ਦੀ ਮਿਸਾਲ ਕਾਇਮ ਕੀਤੀ ਸੀ।

ਸਮਾਗਮ ਦੌਰਾਨ ਸਕੂਲ ਦੇ ਝੰਡੇ ਨੂੰ ਸਲਾਮੀ ਦੇਣ ਦੀ ਰਵਾਇਤੀ 'ਟ ਿਰੂਪਿੰਗ ਆਫ ਦ ਸਕੂਲ ਕਲਰਜ਼' ਰਸਮ ਅਦਾ ਕੀਤੀ ਗਈ। ਇਸ ਤੋਂ ਬਾਅਦ 1956, 1961, 1966, 1971, 1976, 1996 ਅਤੇ 2001 ਬੈਚ ਦੇ ਸਾਬਕਾ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਸਕੂਲ ਬੈਂਡ ਦੀਆਂ ਧੁਨਾਂ 'ਤੇ ਸ਼ਾਨਦਾਰ ਮਾਰਚ ਪਾਸਟ ਕੀਤਾ। ਇਸ ਮੌਕੇ ਦਿੱਲੀ ਦੇ ਉਪ ਰਾਜਪਾਲ ਤਰਨਜੀਤ ਸਿੰਘ ਸੰਧੂ ਅਤੇ ਪ੍ਰਸਿੱਧ ਮਨੁੱਖੀ ਅਧਿਕਾਰ ਵਕੀਲ ਮਾਜਾ ਦਾਰੂਵਾਲਾ ਨੂੰ 'ਡਿਸਟਿੰਗਵਿਸ਼ਡ ਓਲਡ ਸਨਾਵਰਿਅਨ ਐਵਾਰਡ' ਨਾਲ ਸਨਮਾਨਿਤ ਕੀਤਾ ਗਿਆ।

ਸਮਾਗਮ ਵਿੱਚ ਸਕੂਲ ਦੇ ਹੈੱਡਮਾਸਟਰ ਰੁਚੀ ਪ੍ਰਧਾਨ ਦੱਤਾ, ਓਲਡ ਸਨਾਵਰਿਅਨਜ਼ ਸੋਸਾਇਟੀ ਦੇ ਪ੍ਰਧਾਨ ਬ੍ਰਿਗੇਡੀਅਰ ਆਦਰਸ਼ ਬੁਟੇਲ (ਸੇਵਾਮੁਕਤ), ਪ੍ਰਸਿੱਧ ਅਦਾਕਾਰਾ ਨੀਨਾ ਗੁਪਤਾ ਸਮੇਤ ਕਈ ਉੱਘੇ ਸਾਬਕਾ ਵਿਦਿਆਰਥੀ ਅਤੇ ਪਤਵੰਤੇ ਹਾਜ਼ਰ ਸਨ।

Punjab Da Khulasa

ਐਡਮਿਰਲ ਸਵਾਮੀਨਾਥਨ ਨੇ ਦਿੱਤਾ ਅਨੁਸ਼ਾਸਨ ਤੇ ਮਕਸਦ ਦਾ ਸੰਦੇਸ਼

ਅੰਮ੍ਰਿਤਸਰ, 6 ਅਕਤੂਬਰ

"ਅਨੁਸ਼ਾਸਿਤ ਅਤੇ ਦ੍ਰਿੜ੍ਹ ਰਹੋ, ਜ਼ਿੰਦਗੀ ਵਿੱਚ ਆਪਣਾ ਮਕਸਦ ਤੈਅ ਕਰੋ, ਹਮੇਸ਼ਾ ਸਹੀ ਕੰਮ ਕਰੋ, ਭਾਵੇਂ ਉਹ ਕਿੰਨਾ ਵੀ ਔਖਾ ਕਿਉਂ ਨਾ ਹੋਵੇ ਅਤੇ ਜ਼ਿੰਦਗੀ ਦੇ ਸਫ਼ਰ ਵਿੱਚ ਮਿਲਣ ਵਾਲੀ ਮਦਦ ਤੇ ਸਹਿਯੋਗ ਲਈ ਹਮੇਸ਼ਾ ਸ਼ੁਕਰਗੁਜ਼ਾਰ ਰਹੋ।"ਭਾਰਤੀ ਨੇਵੀ ਦੇ ਮੁਖੀ ਐਡਮਿਰਲ ਕ੍ਰਿਸ਼ਨ ਸਵਾਮੀਨਾਥਨ, ਪੀਵੀਐਸਐਮ, ਏਵੀਐਸਐਮ, ਵੀਐਸਐਮ ਨੇ ਸੋਮਵਾਰ ਨੂੰ ਦ ਲਾਰੈਂਸ ਸਕੂਲ, ਸਨਾਵਰ ਦੇ 179ਵੇਂ ਫਾਊਂਡਰਜ਼ ਡੇਅ ਸਮਾਗਮ ਦੇ ਸਮਾਪਨ ਮੌਕੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਇਹ ਪ੍ਰੇਰਣਾਦਾਇਕ ਸੰਦੇਸ਼ ਦਿੱਤਾ।

ਮੁੱਖ ਮਹਿਮਾਨ ਐਡਮਿਰਲ ਸਵਾਮੀਨਾਥਨ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸਨਾਵਰ ਦੀ ਪਛਾਣ ਰਹੇ 'ਨੇਵਰ ਗਿਵ ਇਨ' (ਕਦੇ ਹਾਰ ਨਾ ਮੰਨਣ) ਦੇ ਜਜ਼ਬੇ ਨੂੰ ਆਪਣੀ ਜ਼ਿੰਦਗੀ ਵਿੱਚ ਅਪਣਾਉਣ ਲਈ ਕਿਹਾ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਅਨੁਸ਼ਾਸਨ ਦਾ ਮਤਲਬ ਆਸਾਨ ਰਾਹ ਚੁਣਨਾ ਨਹੀਂ, ਸਗੋਂ ਸਹੀ ਰਾਹ 'ਤੇ ਚੱਲਣਾ ਹੈ। ਆਪਣੇ ਤਜਰਬੇ ਸਾਂਝੇ ਕਰਦਿਆਂ ਉਨ੍ਹਾਂ ਦੱਸਿਆ ਕਿ 10 ਸਾਲ ਦੀ ਉਮਰ ਵਿੱਚ ਰਿਹਾਇਸ਼ੀ ਮਿਲਟਰੀ ਸਕੂਲ ਵਿੱਚ ਦਾਖ਼ਲਾ ਲੈਣ ਤੋਂ ਬਾਅਦ ਉਨ੍ਹਾਂ ਨੂੰ ਸਮਝ ਆਈ ਕਿ ਬੋਰਡਿੰਗ ਸਕੂਲ ਦੀ ਸਿੱਖਿਆ ਸਿਰਫ਼ ਕਲਾਸਰੂਮ ਤੱਕ ਸੀਮਤ ਨਹੀਂ ਹੁੰਦੀ। ਖੇਡਾਂ, ਹੋਸਟਲ ਦੀ ਜ਼ਿੰਦਗੀ ਅਤੇ ਅਧਿਆਪਕਾਂ ਤੇ ਸੀਨੀਅਰ ਵਿਦਿਆਰਥੀਆਂ ਨਾਲ ਗੱਲਬਾਤ ਵੀ ਸ਼ਖ਼ਸੀਅਤ ਦੇ ਨਿਰਮਾਣ ਵਿੱਚ ਅਹਿਮ ਭੂਮਿਕਾ ਨਿਭਾਉਂਦੀ ਹੈ।

Des Pardes Times

ਭਾਰਤੀ ਨੇਵੀ ਦੇ ਮੁਖੀ ਐਡਮਿਰਲ ਸਵਾਮੀਨਾਥਨ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਦਿੱਤਾ ਅਨੁਸਾਸਨ ਤੇ ਮਕਸਦ ਦਾ ਸੰਦੇਸ਼

ਦ ਲਾਰੈਂਸ ਸਕੂਲ, ਸਨਾਵਰ ਵਿੱਚ 179ਵੇਂ ਫਾਊਂਡਰਜ ਡੇਅ ਸਮਾਗਮ ਦਾ ਸਮਾਪਨ

ਅੰਮ੍ਰਿਤਸਰ5 ਅਕਤੂਬਰ (ਹਰਪਾਲ ਸਿੰਘ), "ਅਨੁਸਾਸਿਤ ਅਤੇ ਦ੍ਰਿੜ੍ਹ ਰਹੋ, ਜਿੰਦਗੀ ਵਿੱਚ ਆਪਣਾ ਮਕਸਦ ਤੈਅ ਕਰੋ, ਹਮੇਸਾ ਸਹੀ ਕੰਮ ਕਰੋ, ਭਾਵੇਂ ਉਹ ਕਿੰਨਾ ਵੀ ਔਖਾ ਕਿਉਂ ਨਾ ਹੋਵੇ ਅਤੇ ਜਿੰਦਗੀ ਦੇ ਸਫਰ ਵਿੱਚ ਮਿਲਣ ਵਾਲੀ ਮਦਦ ਤੇ ਸਹਿਯੋਗ ਲਈ ਹਮੇਸਾ ਸੁਕਰਗੁਜਾਰ ਰਹੋ।" ਭਾਰਤੀ ਨੇਵੀ ਦੇ ਮੁਖੀ ਐਡਮਿਰਲ ਕ੍ਰਿਸਨ ਸਵਾਮੀਨਾਥਨ, ਪੀਵੀਐਸਐਮ, ਏਵੀਐਸਐਮ, ਵੀਐਸਐਮ ਨੇ ਸੋਮਵਾਰ ਨੂੰ ਦ ਲਾਰੈਂਸ ਸਕੂਲ, ਸਨਾਵਰ ਦੇ 179ਵੇਂ ਫਾਊਂਡਰਜ ਡੇਅ ਸਮਾਗਮ ਦੇ ਸਮਾਪਨ ਮੌਕੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਇਹ ਪ੍ਰੇਰਣਾਦਾਇਕ ਸੰਦੇਸ ਦਿੱਤਾ। ਮੁੱਖ ਮਹਿਮਾਨ ਐਡਮਿਰਲ ਸਵਾਮੀਨਾਥਨ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸਨਾਵਰ ਦੀ ਪਛਾਣ ਰਹੇ 'ਨੇਵਰ ਗਿਵ ਇਨ' (ਕਦੇ ਹਾਰ ਨਾ ਮੰਨਣ) ਦੇ ਜਜਬੇ ਨੂੰ ਆਪਣੀ ਜਿੰਦਗੀ ਵਿੱਚ ਅਪਣਾਉਣ ਲਈ ਕਿਹਾ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਅਨੁਸਾਸਨ ਦਾ ਮਤਲਬ ਆਸਾਨ ਰਾਹ ਚੁਣਨਾ ਨਹੀਂ, ਸਗੋਂ ਸਹੀ ਰਾਹ 'ਤੇ ਚੱਲਣਾ ਹੈ। ਆਪਣੇ ਤਜਰਬੇ ਸਾਂਝੇ ਕਰਦਿਆਂ ਉਨ੍ਹਾਂ ਦੱਸਿਆ ਕਿ 10 ਸਾਲ ਦੀ ਉਮਰ ਵਿੱਚ ਰਿਹਾਇਸੀ ਮਿਲਟਰੀ ਸਕੂਲ ਵਿੱਚ ਦਾਖਲਾ ਲੈਣ ਤੋਂ ਬਾਅਦ ਉਨ੍ਹਾਂ ਨੂੰ ਸਮਝ ਆਈ ਕਿ ਬੋਰਡਿੰਗ ਸਕੂਲ ਦੀ ਸਿੱਖਿਆ ਸਿਰਫ ਕਲਾਸਰੂਮ ਤੱਕ ਸੀਮਤ ਨਹੀਂ ਹੁੰਦੀ। ਖੇਡਾਂ, ਹੋਸਟਲ ਦੀ ਜਿੰਦਗੀ ਅਤੇ ਅਧਿਆਪਕਾਂ ਤੇ ਸੀਨੀਅਰ ਵਿਦਿਆਰਥੀਆਂ ਨਾਲ ਗੱਲਬਾਤ ਵੀ ਸਖਸੀਅਤ ਦੇ ਨਿਰਮਾਣ ਵਿੱਚ ਅਹਿਮ ਭੂਮਿਕਾ ਨਿਭਾਉਂਦੀ ਹੈ। ਉਨ੍ਹਾਂ ਸਕੂਲ ਦੇ ਸਾਬਕਾ ਵਿਦਿਆਰਥੀ ਸੈਕੰਡ ਲੈਫਟੀਨੈਂਟ ਅਰੁਣ ਖੇਤਰਪਾਲ, ਪਰਮਵੀਰ ਚੱਕਰ, ਨੂੰ ਵੀ ਸਰਧਾਂਜਲੀ ਭੇਟ ਕੀਤੀ, ਜਿਨ੍ਹਾਂ ਨੇ 1971 ਦੀ ਬਸੰਤਰ ਜੰਗ ਦੌਰਾਨ ਬਹਾਦਰੀ ਅਤੇ ਅਦਮਖ ਹੌਸਲੇ ਦੀ ਮਿਸਾਲ ਕਾਇਮ ਕੀਤੀ ਸੀ। ਸਮਾਗਮ ਦੌਰਾਨ ਸਕੂਲ ਦੇ ਝੰਡੇ ਨੂੰ ਸਲਾਮੀ ਦੇਣ ਦੀ ਰਵਾਇਤੀ 'ਟੂਪਿੰਗ ਆਫ ਦ ਸਕੂਲ ਕਲਰਜ' ਰਸਮ ਅਦਾ ਕੀਤੀ ਗਈ। ਇਸ ਤੋਂ ਬਾਅਦ 1956, 1961, 1966, 1971, 1976, 1996 ਅਤੇ 2001 ਬੈਚ ਦੇ ਸਾਬਕਾ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਸਕੂਲ ਬੈਂਡ ਦੀਆਂ ਧੁਨਾਂ 'ਤੇ ਸਾਨਦਾਰ ਮਾਰਚ ਪਾਸਟ ਕੀਤਾ। ਇਸ ਮੌਕੇ ਦਿੱਲੀ ਦੇ ਉਪ ਰਾਜਪਾਲ ਤਰਨਜੀਤ ਸਿੰਘ ਸੰਧੂ ਅਤੇ ਪ੍ਰਸਿੱਧ ਮਨੁੱਖੀ ਅਧਿਕਾਰ ਵਕੀਲ ਮਾਜਾ ਦਾਰੂਵਾਲਾ ਨੂੰ 'ਡਿਸਟਿੰਗਵਿਸਡ ਓਲਡ ਸਨਾਵਰਿਅਨ ਐਵਾਰਡ' ਨਾਲ ਸਨਮਾਨਿਤ ਕੀਤਾ ਗਿਆ। ਸਮਾਗਮ ਵਿੱਚ ਸਕੂਲ ਦੇ ਹੈਡਮਾਸਟਰ ਰੁਚੀ ਪ੍ਰਧਾਨ ਦੱਤਾ, ਓਲਡ ਸਨਾਵਰਿਅਨਜ ਸੋਸਾਇਟੀ ਦੇ ਪ੍ਰਧਾਨ ਬ੍ਰਿਗੇਡੀਅਰ ਆਦਰਸ ਬੁਟੇਲ (ਸੇਵਾਮੁਕਤ), ਪ੍ਰਸਿੱਧ ਅਦਾਕਾਰਾ ਨੀਨਾ ਗੁਪਤਾ ਸਮੇਤ ਕਈ ਉੱਘੇ ਸਾਬਕਾ ਵਿਦਿਆਰਥੀ ਅਤੇ ਪਤਵੰਤੇ ਹਾਜਰ ਸਨ।



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ਭਾਰਤੀ ਨੇਵੀ ਦੇ ਮੁਖੀ ਐਡਮਿਰਲ ਸਵਾਮੀਨਾਥਨ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਦਿੱਤਾ ਅਨੁਸ਼ਾਸਨ ਤੇ ਮਕਸਦ ਦਾ ਸੰਦੇਸ਼



ਅੰਮ੍ਰਿਤਸਰ/ਪੱਤਰ ਪ੍ਰੇਰਕ

"ਅਨੁਸ਼ਾਸਿਤ ਅਤੇ ਦ੍ਰਿੜ੍ਹ ਰਹੋ, ਜ਼ਿੰਦਗੀ ਵਿੱਚ ਆਪਣਾ ਮਕਸਦ ਤੈਅ ਕਰੋ, ਹਮੇਸ਼ਾ ਸਹੀ ਕੰਮ ਕਰੋ, ਭਾਵੇਂ ਉਹ ਕਿੰਨਾ ਵੀ ਔਖਾ ਕਿਉਂ ਨਾ ਹੋਵੇ ਅਤੇ ਜ਼ਿੰਦਗੀ ਦੇ ਸਫ਼ਰ ਵਿੱਚ ਮਿਲਣ ਵਾਲੀ ਮਦਦ ਤੇ ਸਹਿਯੋਗ ਲਈ ਹਮੇਸ਼ਾ ਸ਼ੁਕਰਗੁਜ਼ਾਰ ਰਹੋ।"ਭਾਰਤੀ ਨੇਵੀ ਦੇ ਮੁਖੀ ਐਡਮਿਰਲ ਕ੍ਰਿਸ਼ਨ ਸਵਾਮੀਨਾਥਨ, ਪੀਵੀਐਸਐਮ, ਏਵੀਐਸਐਮ, ਵੀਐਸਐਮ ਨੇ ਸੋਮਵਾਰ ਨੂੰ ਦ ਲਾਰੈਂਸ ਸਕੂਲ, ਸਨਾਵਰ ਦੇ 179ਵੇਂ ਫਾਊਂਡਰਜ਼ ਡੇਅ ਸਮਾਗਮ ਦੇ ਸਮਾਪਨ ਮੌਕੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਇਹ ਪ੍ਰੇਰਣਾਦਾਇਕ ਸੰਦੇਸ਼ ਦਿੱਤਾ।

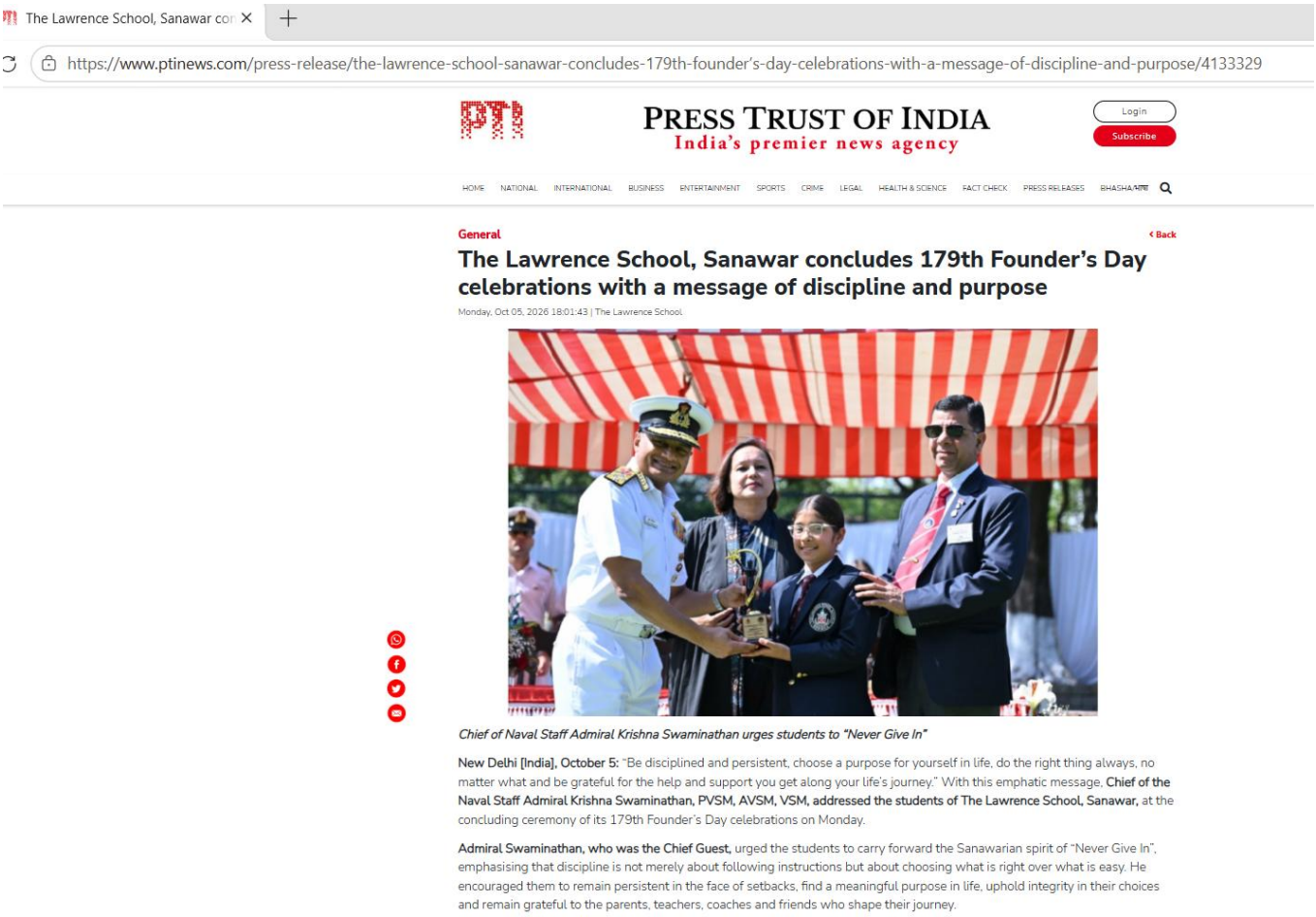
ਮੁੱਖ ਮਹਿਮਾਨ ਐਡਮਿਰਲ ਸਵਾਮੀਨਾਥਨ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸਨਾਵਰ ਦੀ ਪਛਾਣ ਰਹੇ 'ਨੇਵਰ ਗਿਵ ਇਨ' (ਕਦੇ ਹਾਰ ਨਾ ਮੰਨਣ) ਦੇ ਜਜ਼ਬੇ ਨੂੰ ਆਪਣੀ ਜ਼ਿੰਦਗੀ ਵਿੱਚ ਅਪਣਾਉਣ ਲਈ ਕਿਹਾ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਅਨੁਸ਼ਾਸਨ ਦਾ ਮਤਲਬ ਆਸਾਨ ਰਾਹ ਚੁਣਨਾ ਨਹੀਂ, ਸਗੋਂ ਸਹੀ ਰਾਹ 'ਤੇ ਚੱਲਣਾ ਹੈ। ਆਪਣੇ ਤਜਰਬੇ ਸਾਂਝੇ ਕਰਦਿਆਂ ਉਨ੍ਹਾਂ ਦੱਸਿਆ ਕਿ 10 ਸਾਲ ਦੀ ਉਮਰ ਵਿੱਚ ਰਿਹਾਇਸ਼ੀ ਮਿਲਟਰੀ ਸਕੂਲ ਵਿੱਚ ਦਾਖ਼ਲਾ ਲੈਣ ਤੋਂ ਬਾਅਦ ਉਨ੍ਹਾਂ ਨੂੰ ਸਮਝ ਆਈ ਕਿ ਬੋਰਡਿੰਗ ਸਕੂਲ ਦੀ ਸਿੱਖਿਆ ਸਿਰਫ਼ ਕਲਾਸਰੂਮ ਤੱਕ ਸੀਮਤ ਨਹੀਂ ਹੁੰਦੀ। ਖੇਡਾਂ, ਹੋਸਟਲ ਦੀ ਜ਼ਿੰਦਗੀ ਅਤੇ ਅਧਿਆਪਕਾਂ ਤੇ ਸੀਨੀਅਰ ਵਿਦਿਆਰਥੀਆਂ ਨਾਲ ਗੱਲਬਾਤ ਵੀ ਸ਼ਖ਼ਸੀਅਤ ਦੇ ਨਿਰਮਾਣ ਵਿੱਚ ਅਹਿਮ ਭੂਮਿਕਾ ਨਿਭਾਉਂਦੀ ਹੈ।

ਉਨ੍ਹਾਂ ਸਕੂਲ ਦੇ ਸਾਬਕਾ ਵਿਦਿਆਰਥੀ ਸੈਕੰਡ ਲੈਫਟੀਨੈਂਟ ਅਰੁਣ ਖੇਤਰਪਾਲ, ਪਰਮਵੀਰ ਚੱਕਰ, ਨੂੰ ਵੀ ਸ਼ਰਧਾਂਜਲੀ ਭੇਟ ਕੀਤੀ, ਜਿਨ੍ਹਾਂ ਨੇ 1971 ਦੀ ਬਸੰਤਰ ਜੰਗ ਦੌਰਾਨ ਬਹਾਦਰੀ ਅਤੇ ਅਦਮਯ ਹੌਸਲੇ ਦੀ ਮਿਸਾਲ ਕਾਇਮ ਕੀਤੀ ਸੀ।

ਸਮਾਗਮ ਦੌਰਾਨ ਸਕੂਲ ਦੇ ਝੰਡੇ ਨੂੰ ਸਲਾਮੀ ਦੇਣ ਦੀ ਰਵਾਇਤੀ 'ਟ ?ਰੂਪਿੰਗ ਆਫ ਦ ਸਕੂਲ ਕਲਰਜ਼' ਰਸਮ ਅਦਾ ਕੀਤੀ ਗਈ। ਇਸ ਤੋਂ ਬਾਅਦ 1956, 1961, 1966, 1971, 1976, 1996 ਅਤੇ 2001 ਬੈਚ ਦੇ ਸਾਬਕਾ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਸਕੂਲ ਬੈਂਡ ਦੀਆਂ ਧੁਨਾਂ 'ਤੇ ਸ਼ਾਨਦਾਰ ਮਾਰਚ ਪਾਸਟ ਕੀਤਾ।

PTI

https://www.ptinews.com/press-release/the-lawrence-school-sanawar-concludes-179th-founder%E2%80%99s-day-celebrations-with-a-message-of-discipline-and-purpose/4133329



The Lawrence School, Sanawar cor

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General

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The Lawrence School, Sanawar concludes 179th Founder's Day celebrations with a message of discipline and purpose

Monday, Oct 05, 2026 18:01:43 | The Lawrence School

Chief of Naval Staff Admiral Krishna Swaminathan urges students to "Never Give In"

New Delhi [India], October 5: "Be disciplined and persistent, choose a purpose for yourself in life, do the right thing always, no matter what and be grateful for the help and support you get along your life's journey." With this emphatic message, **Chief of the Naval Staff Admiral Krishna Swaminathan, PVSM, AVSM, VSM, addressed the students of The Lawrence School, Sanawar,** at the concluding ceremony of its 179th Founder's Day celebrations on Monday.

Admiral Swaminathan, who was the Chief Guest, urged the students to carry forward the Sanawarian spirit of "Never Give In", emphasising that discipline is not merely about following instructions but about choosing what is right over what is easy. He encouraged them to remain persistent in the face of setbacks, find a meaningful purpose in life, uphold integrity in their choices and remain grateful to the parents, teachers, coaches and friends who shape their journey.

PTI (Business)

https://www.ptinews.com/story/business/the-lawrence-school-sanawar-concludes-179th-founder%E2%80%99s-day-celebrations-with-a-message-of-discipline-and-purpose/4133390

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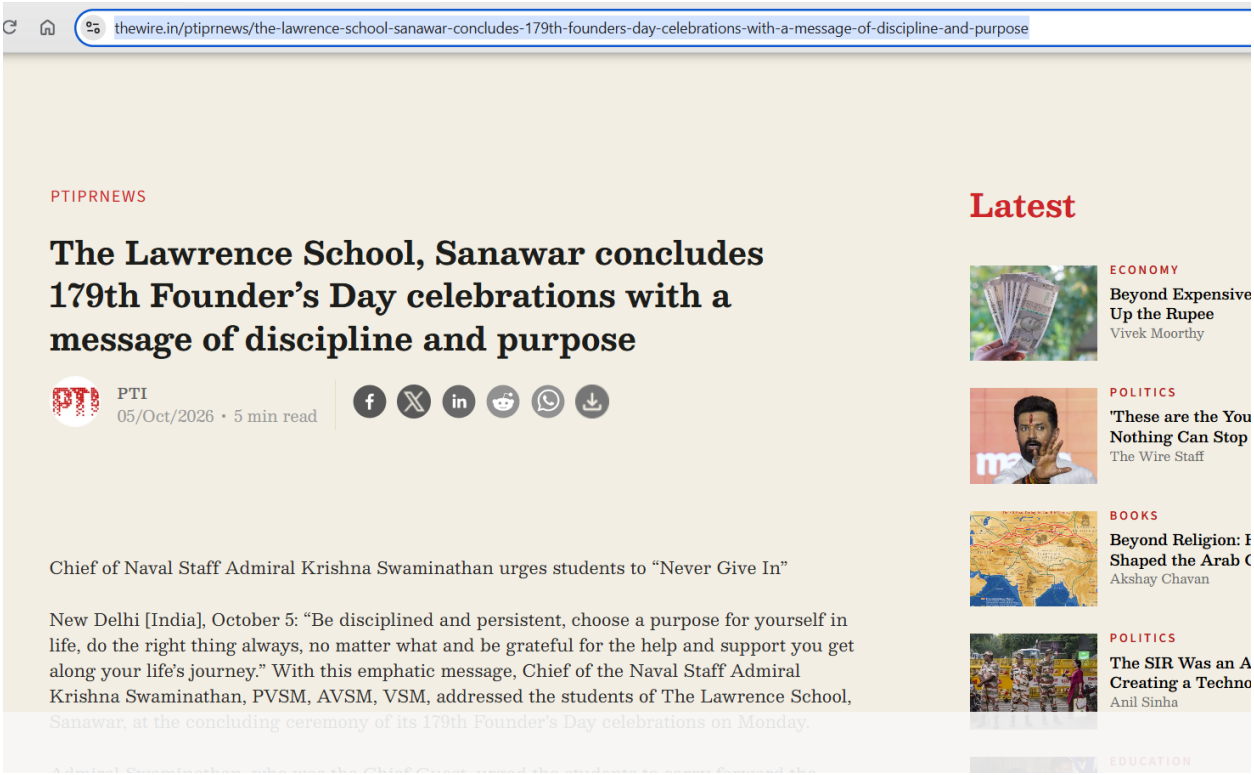
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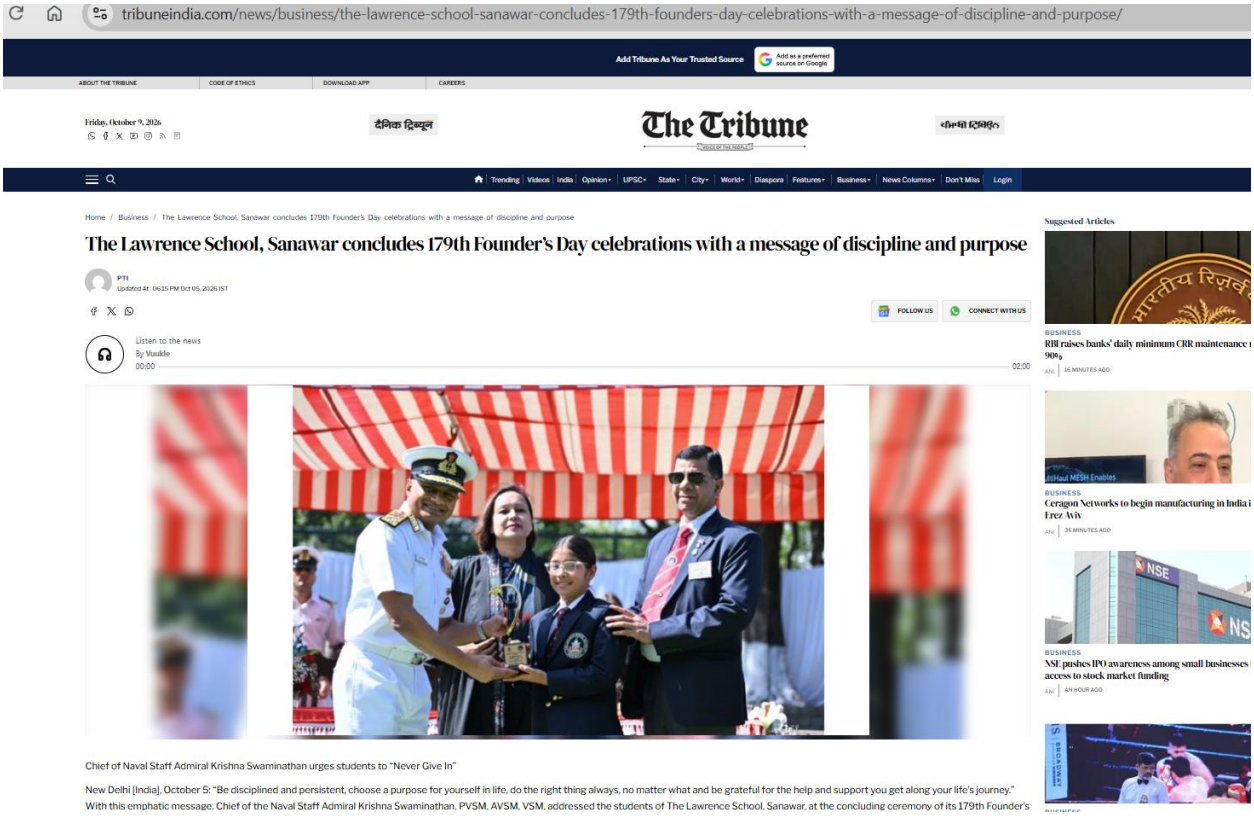
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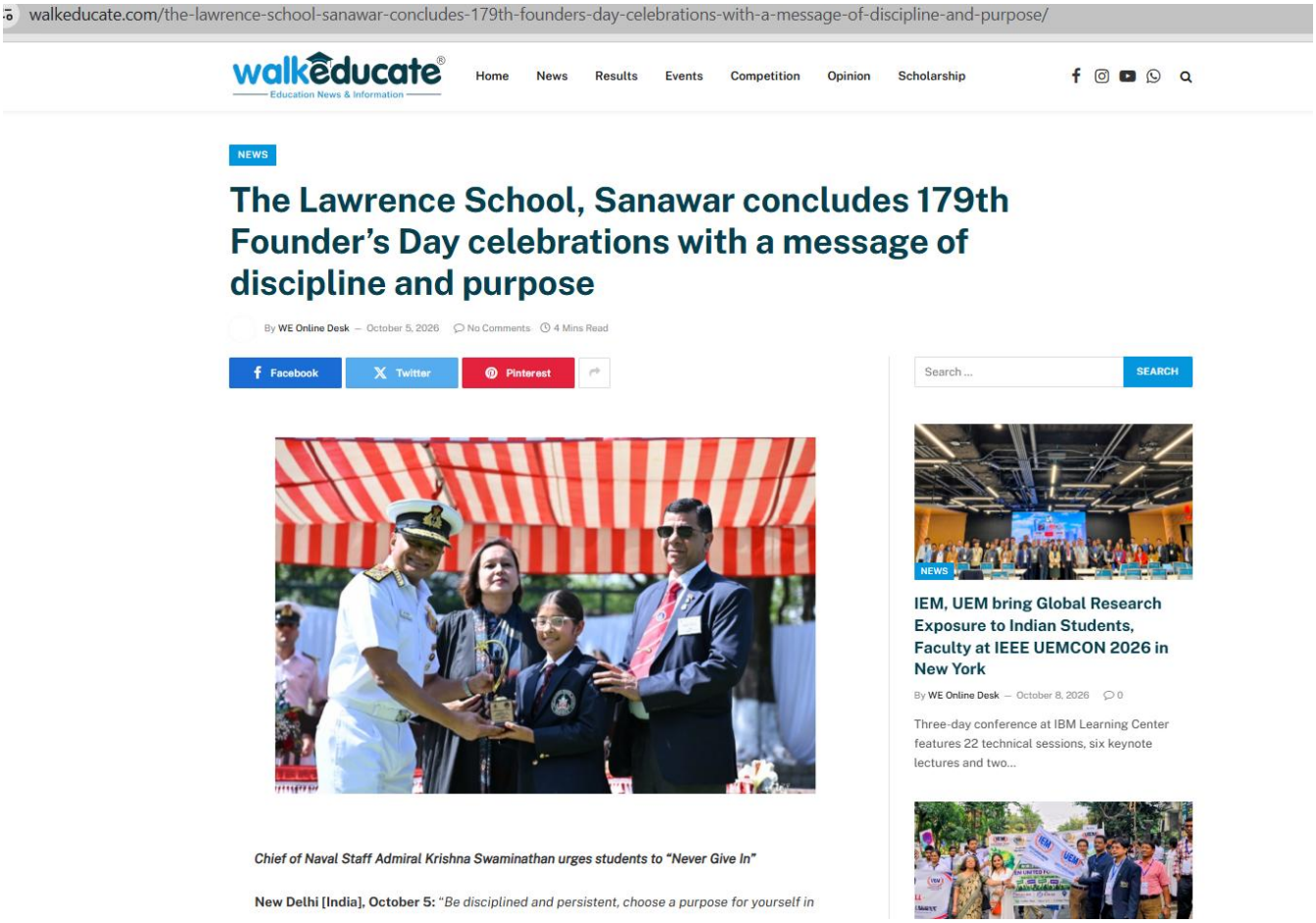
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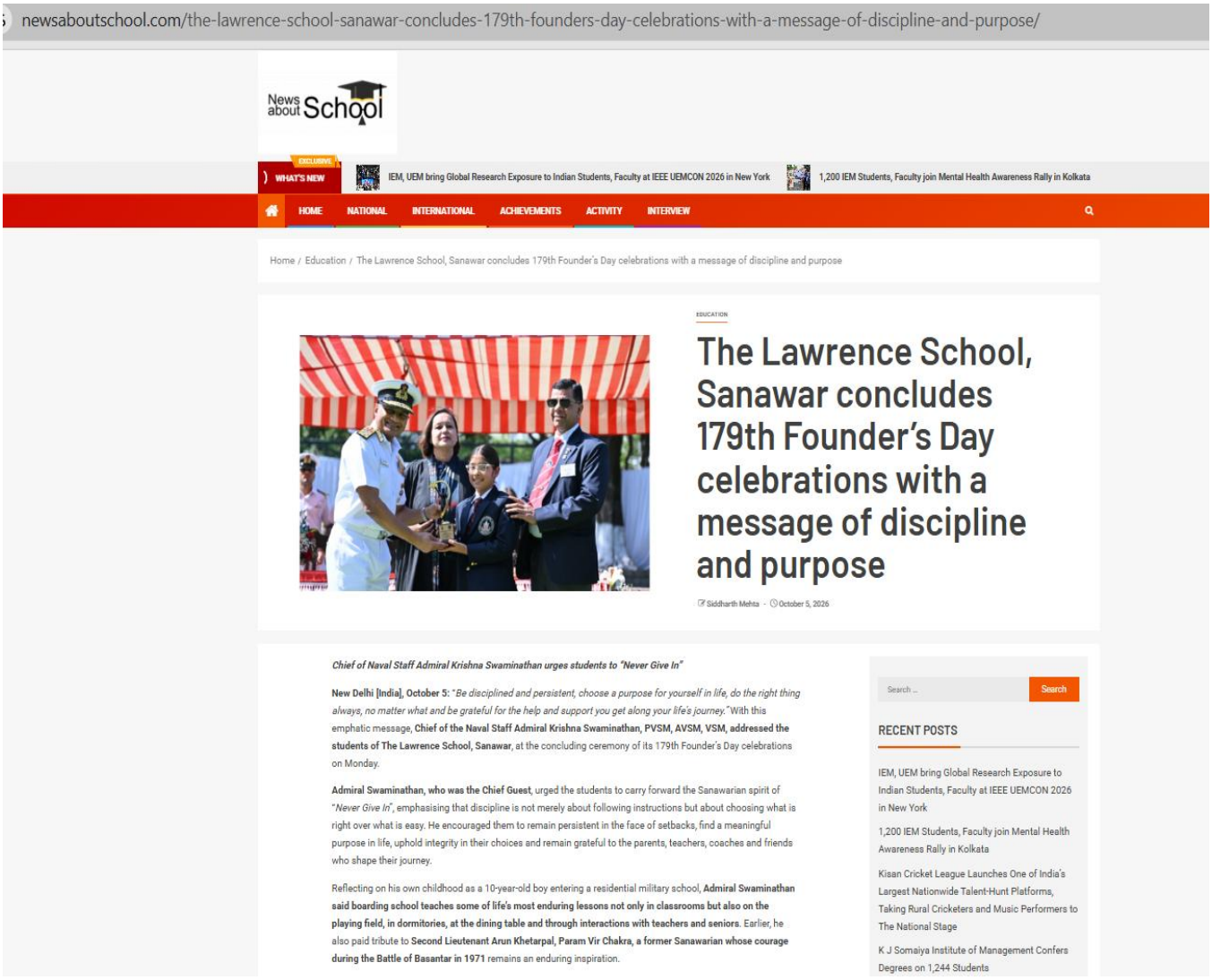
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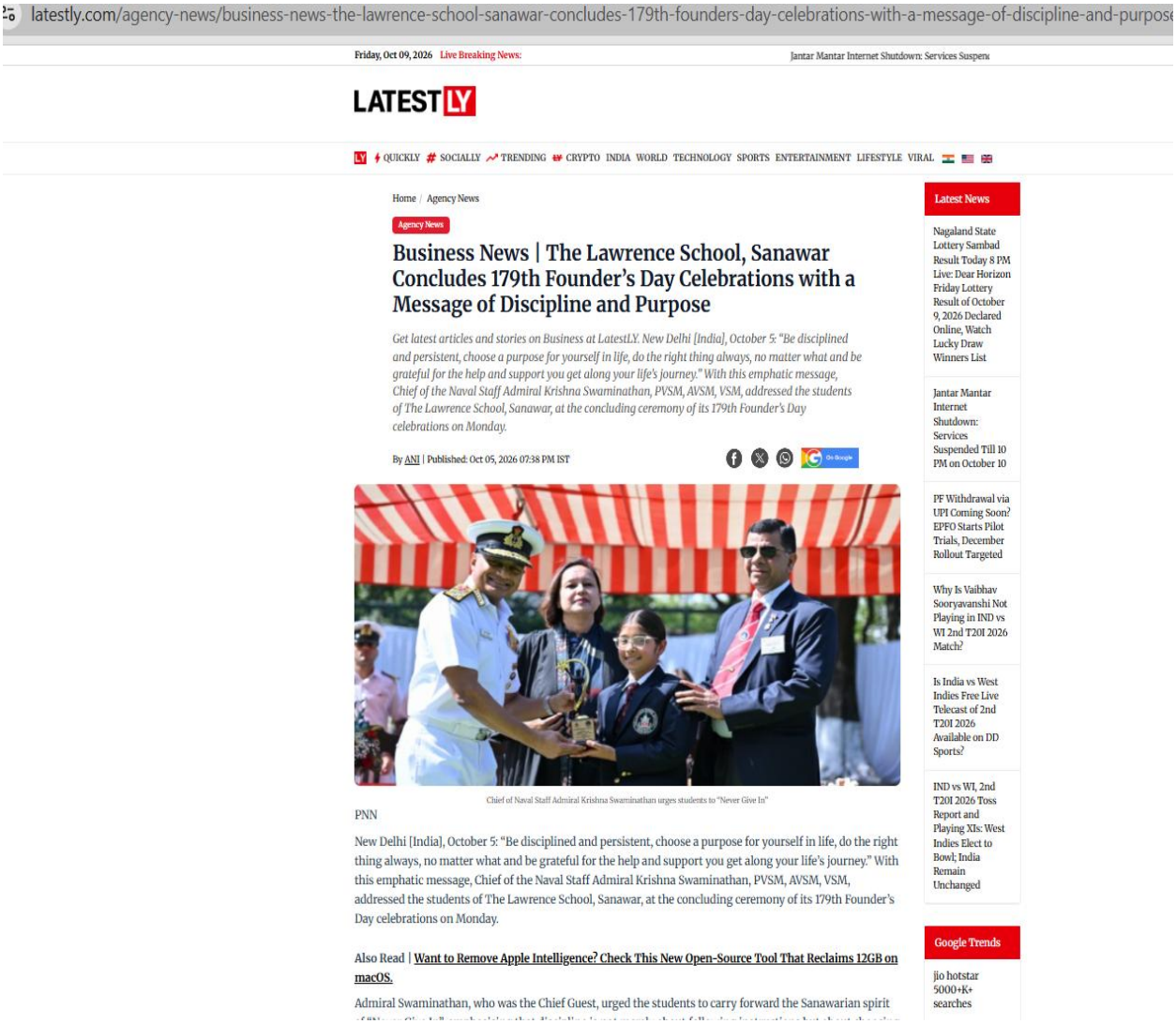
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By ANI | Published: Oct 05, 2026 07:38 PM IST

Chief of Naval Staff Admiral Krishna Swaminathan urges students to "Never Give In"

PNN

New Delhi [India], October 5: "Be disciplined and persistent, choose a purpose for yourself in life, do the right thing always, no matter what and be grateful for the help and support you get along your life's journey." With this emphatic message, Chief of the Naval Staff Admiral Krishna Swaminathan, PVSM, AVSM, VSM, addressed the students of The Lawrence School, Sanawar, at the concluding ceremony of its 179th Founder's Day celebrations on Monday.

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Admiral Swaminathan, who was the Chief Guest, urged the students to carry forward the Sanawarian spirit

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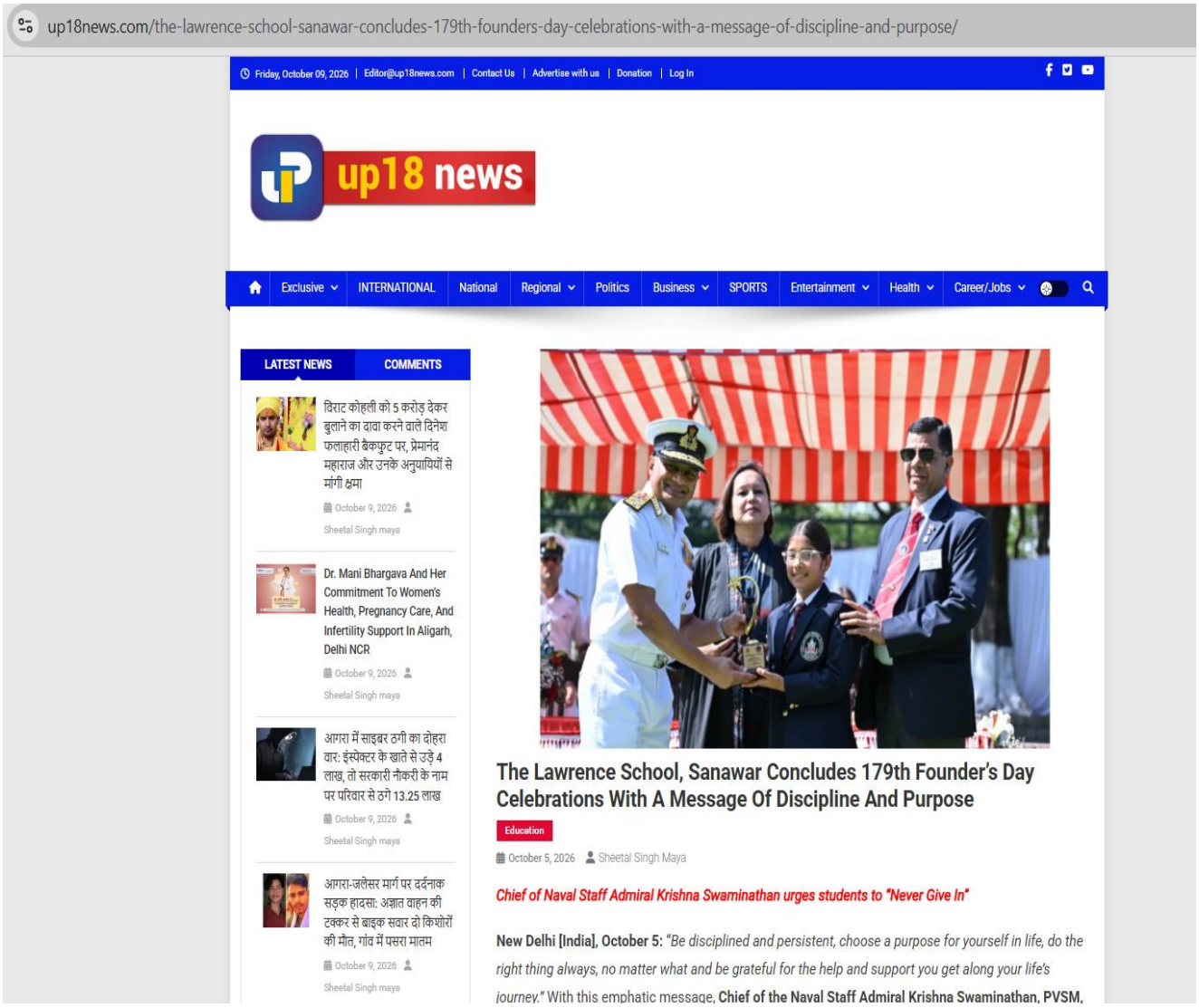
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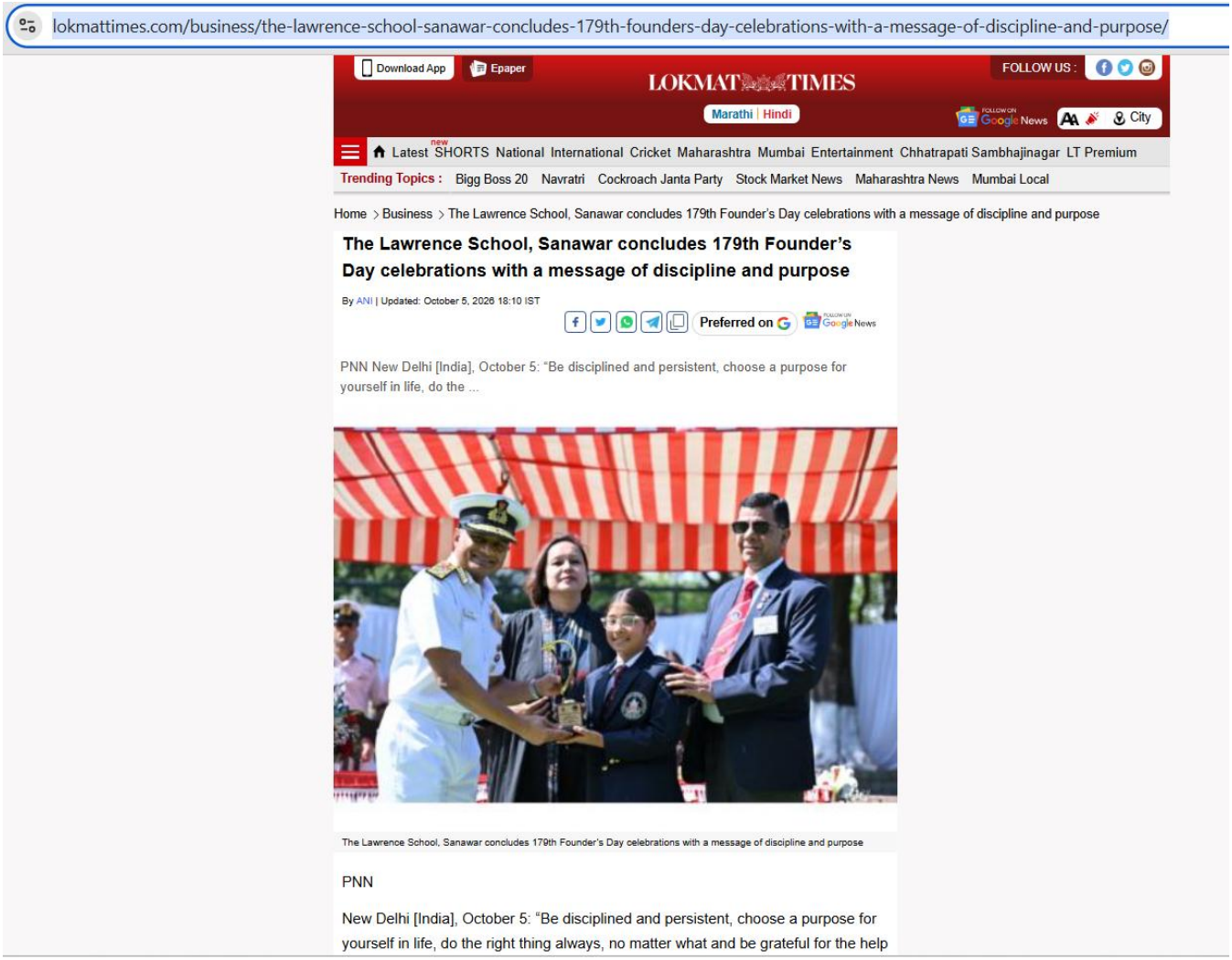
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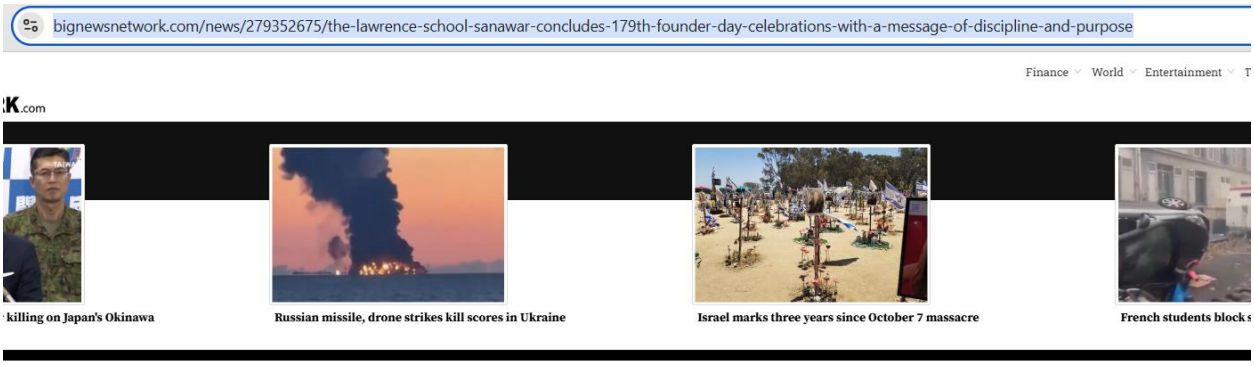
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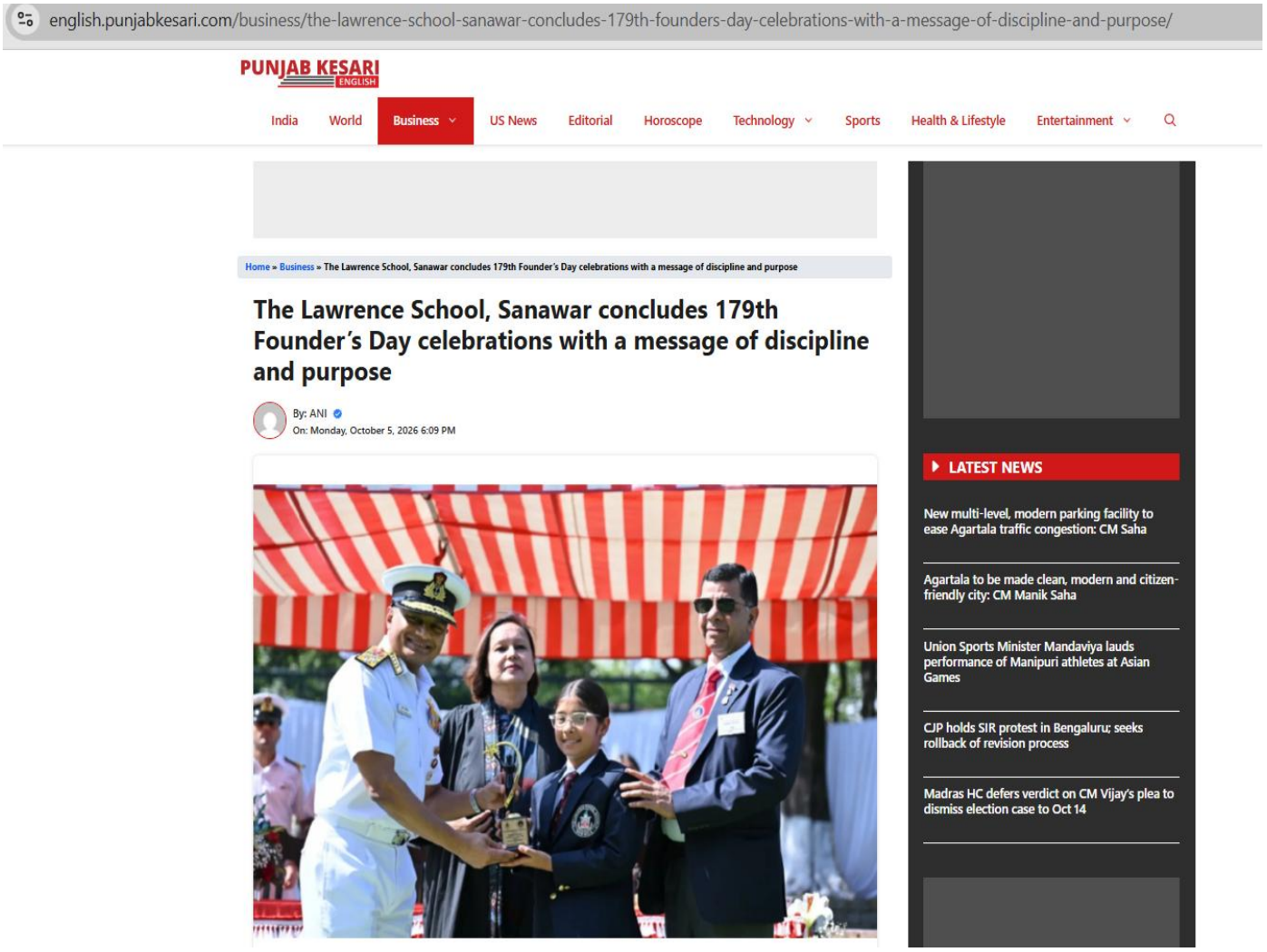
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ANI PR Wire
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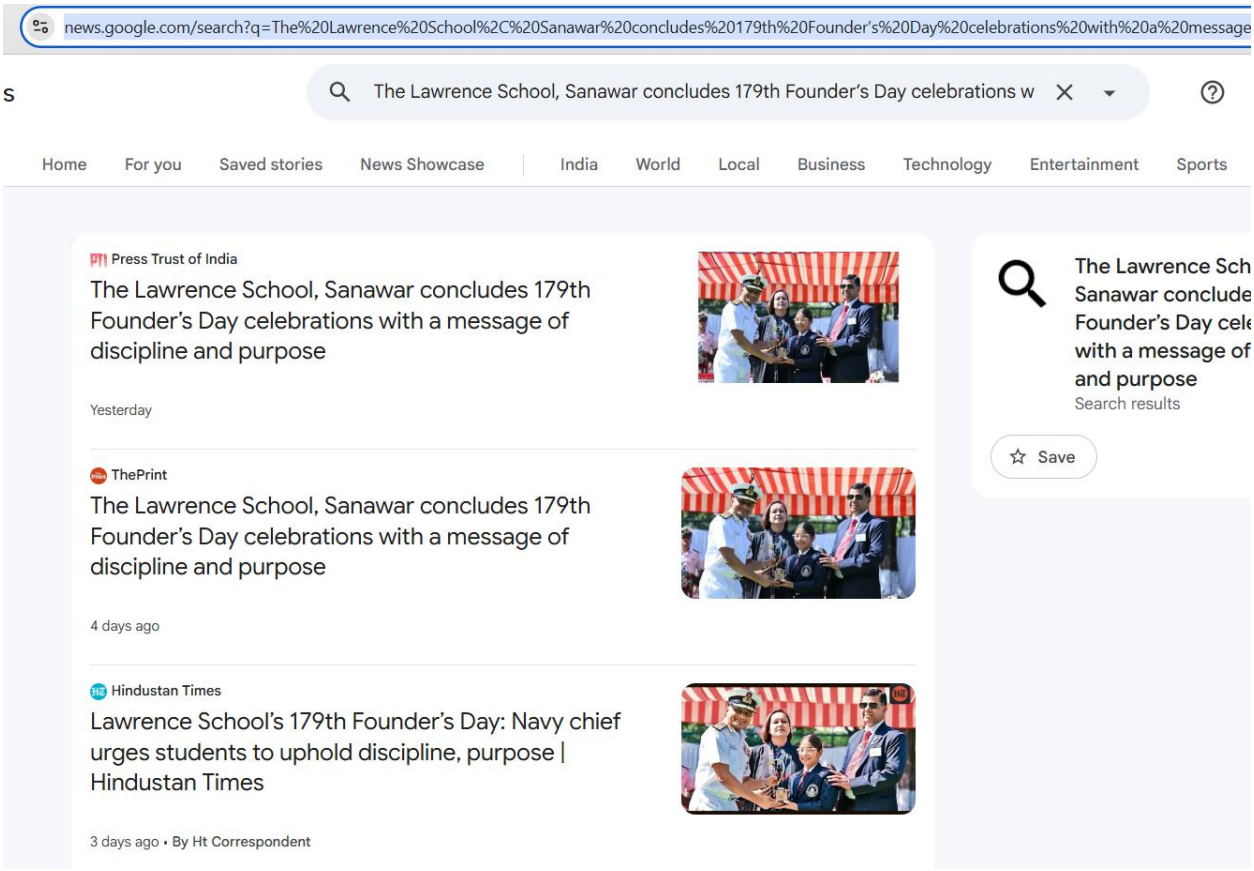
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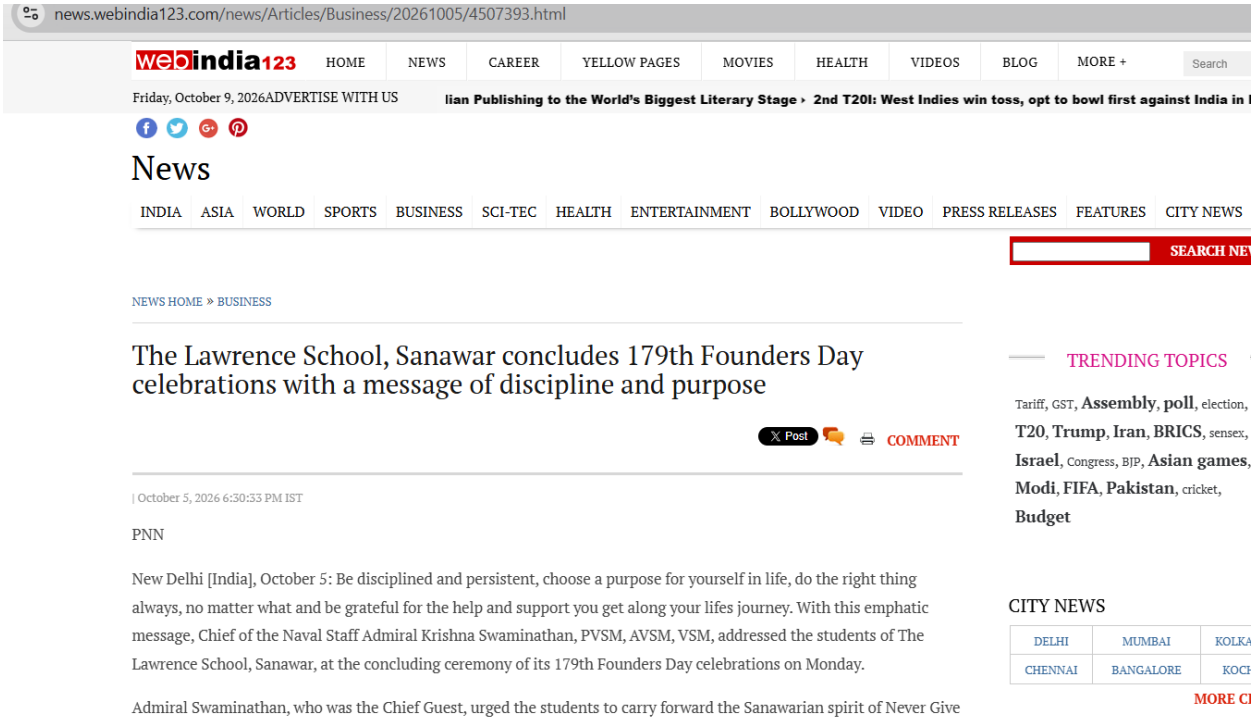
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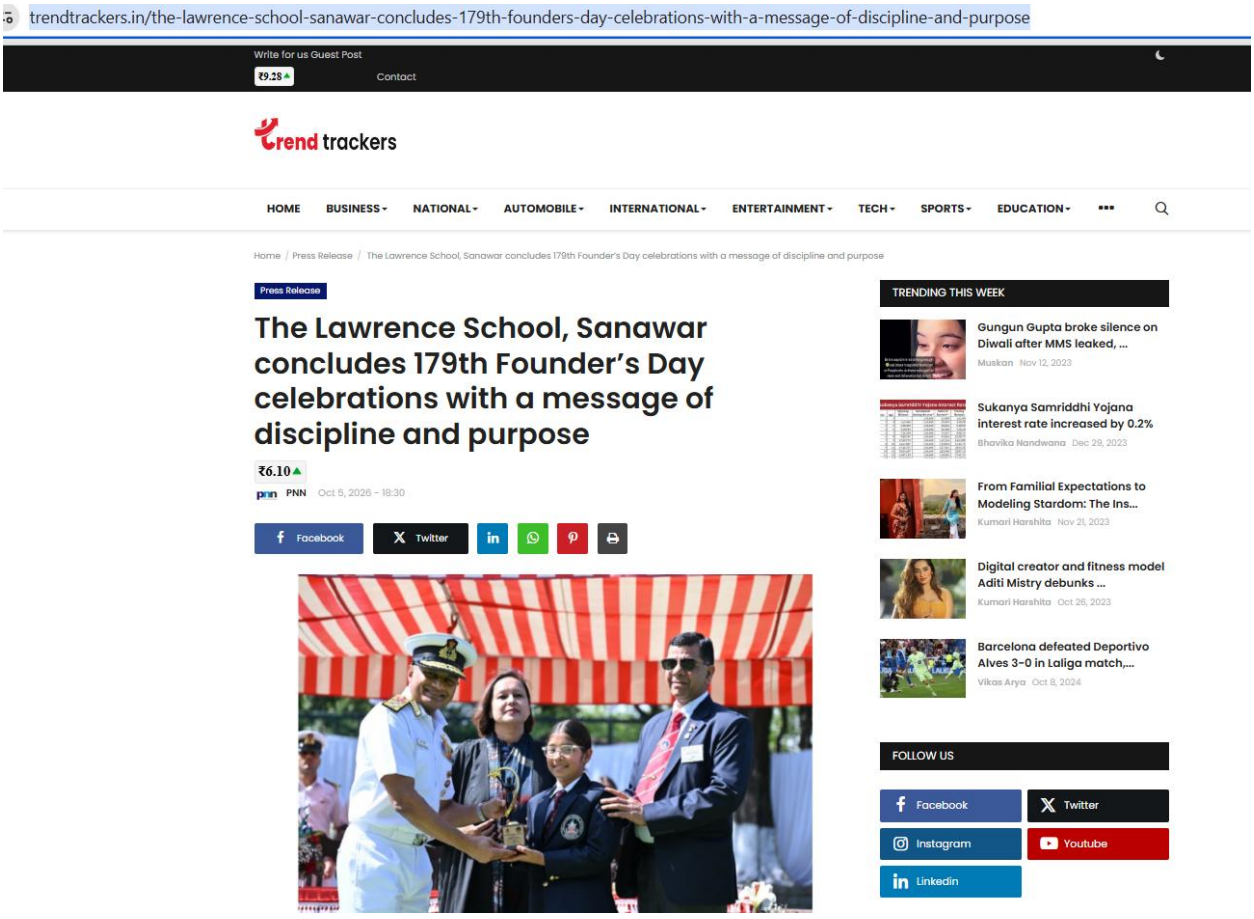


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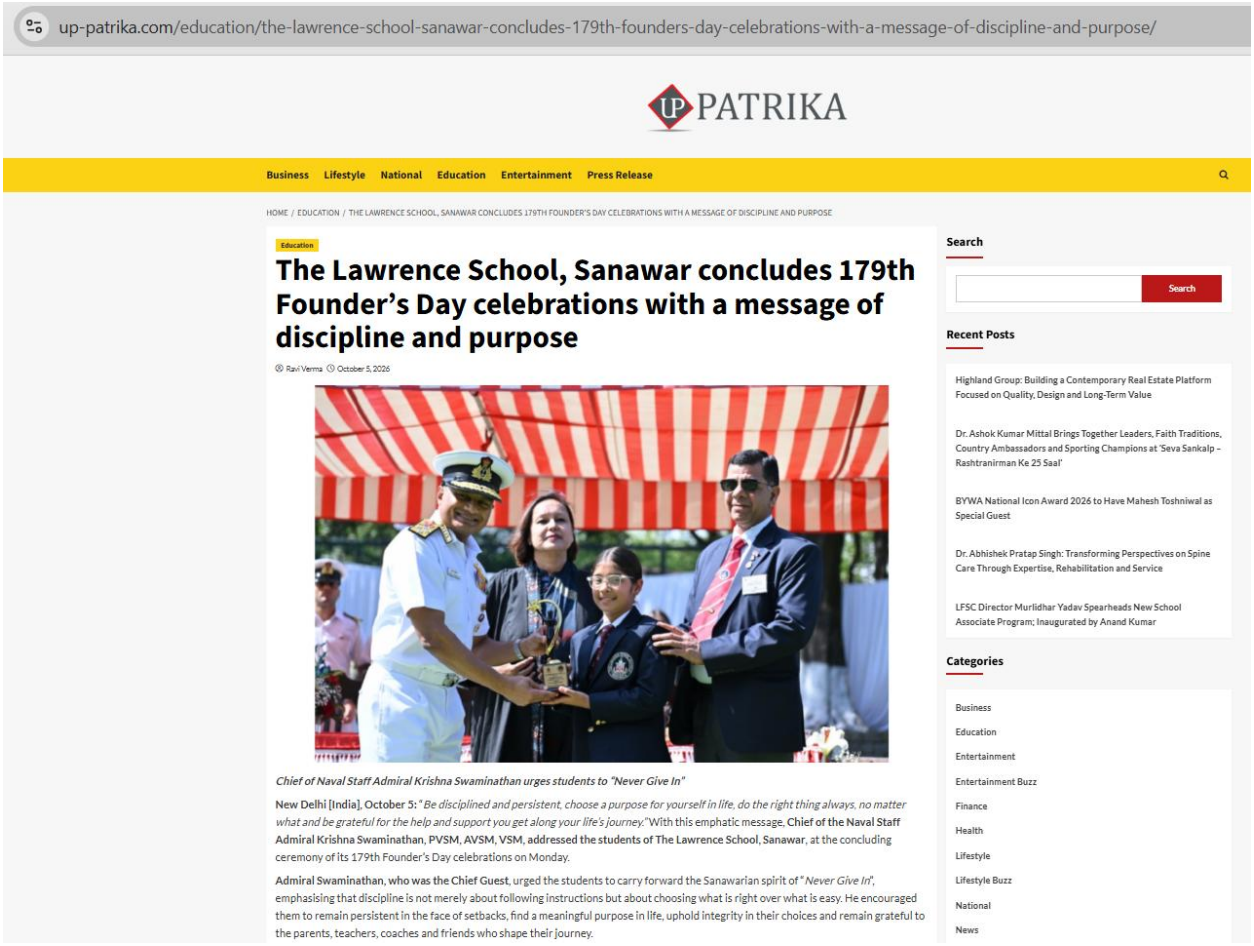


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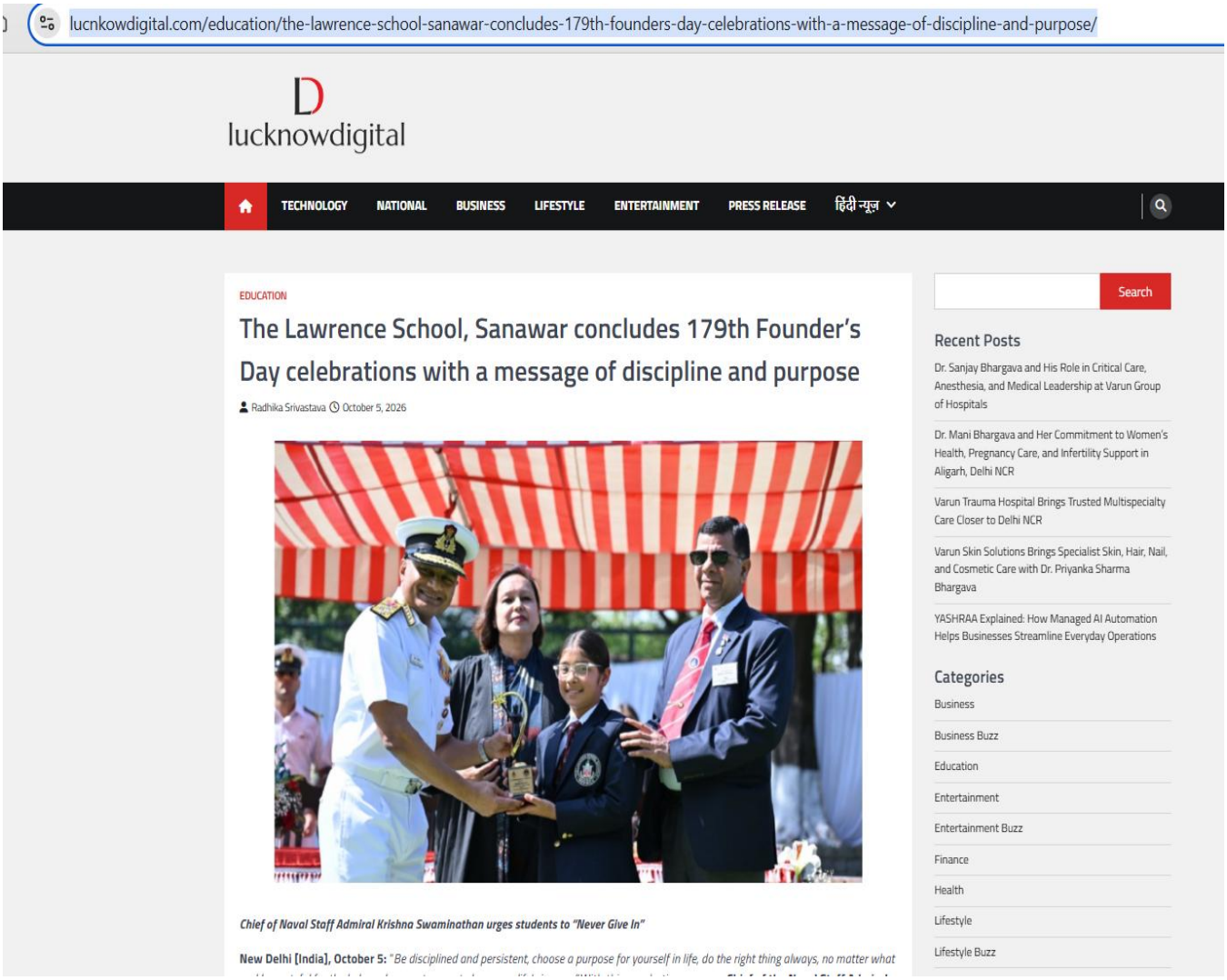
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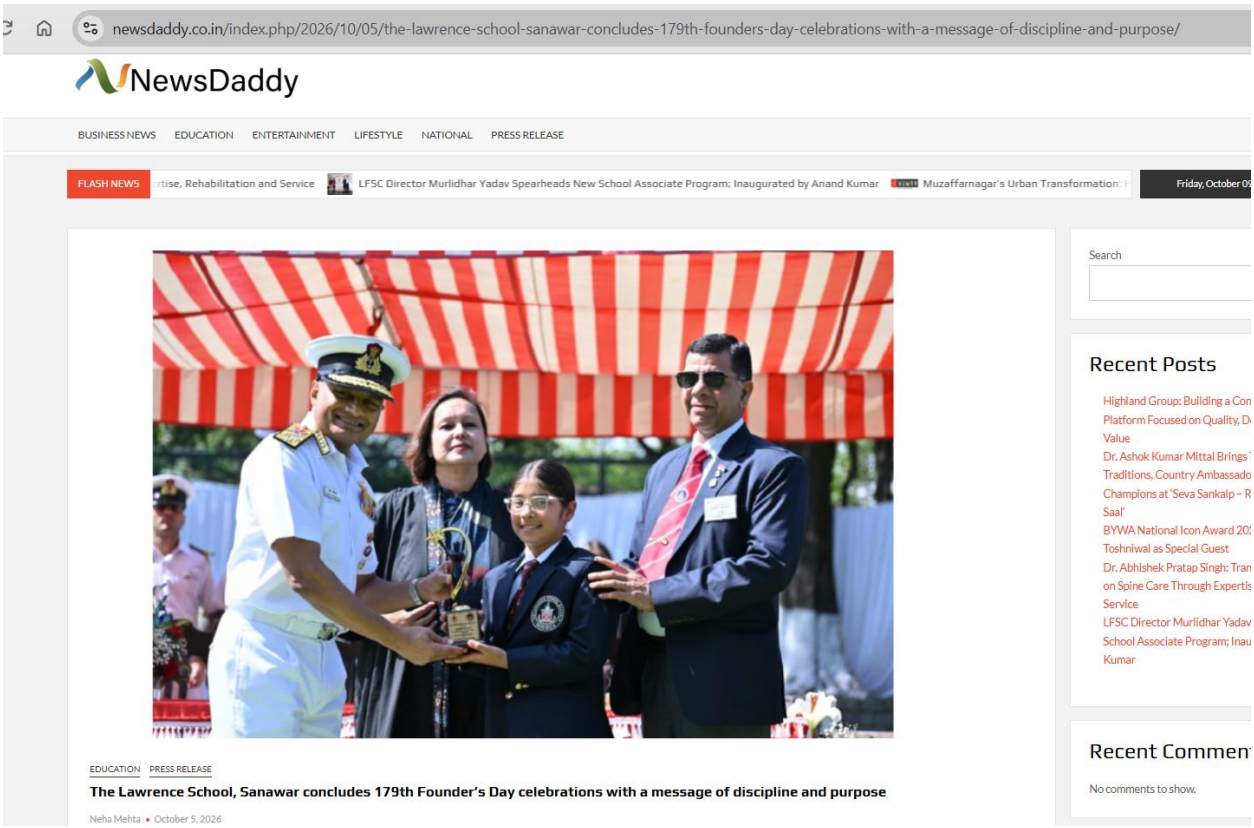
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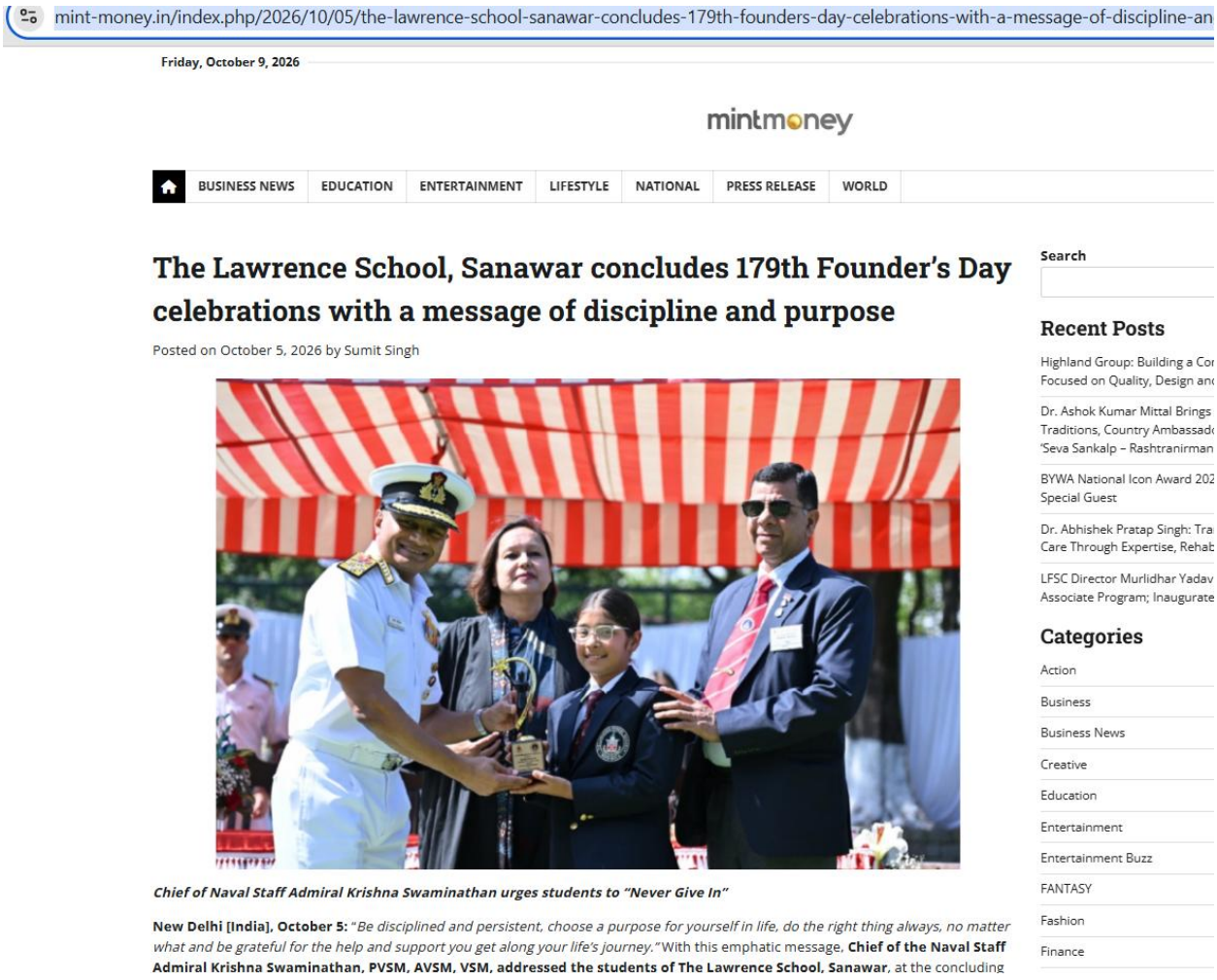
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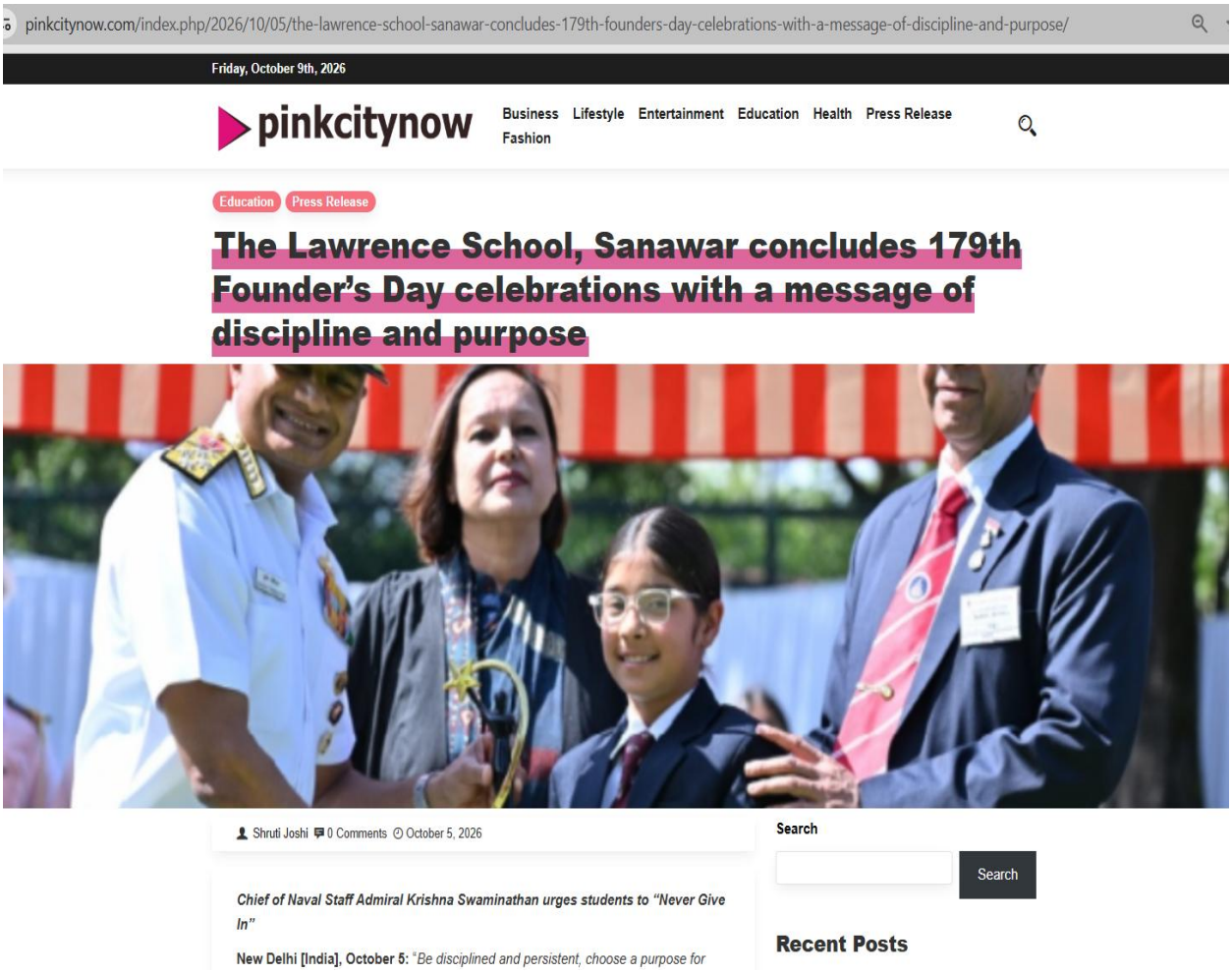
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By Tarun Bhatia Oct 5, 2026 #education



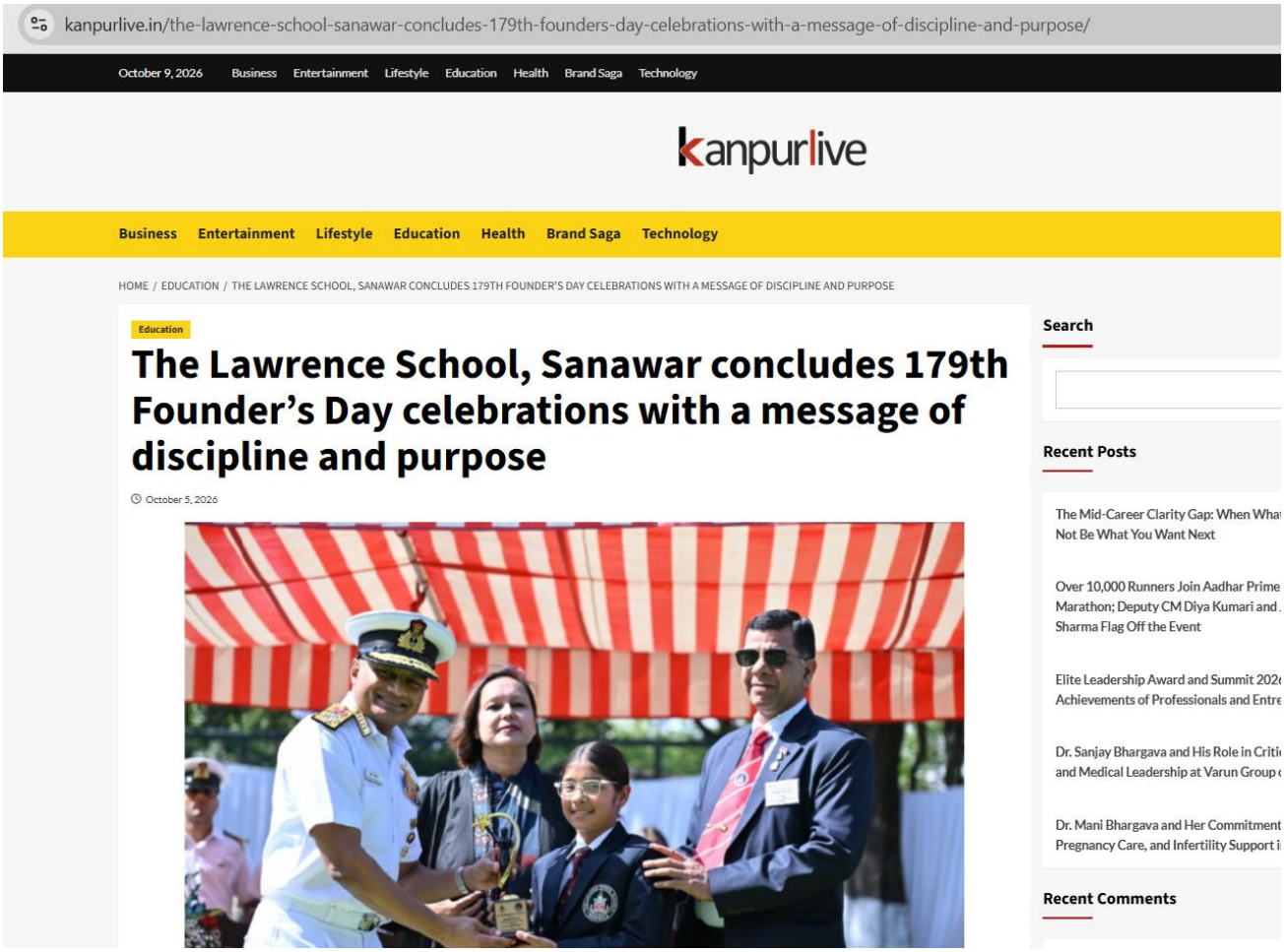
Chief of Naval Staff Admiral Krishna Swaminathan urges students to "Never Give In"

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Admiral Swaminathan, who was the Chief Guest, urged the students to carry forward the Sanawarian spirit of "*Never Give In*", emphasising that discipline is not merely about following instructions but about choosing

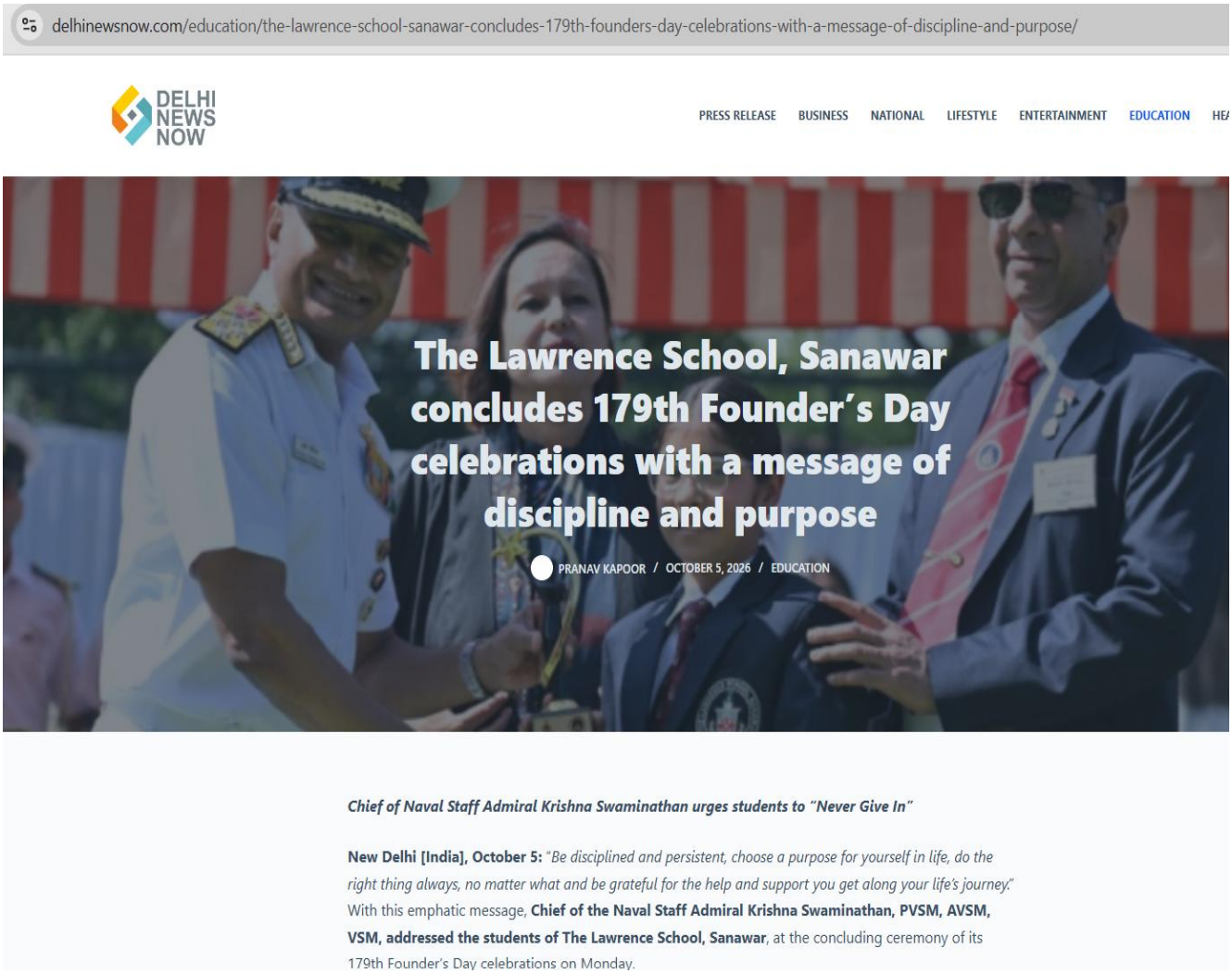
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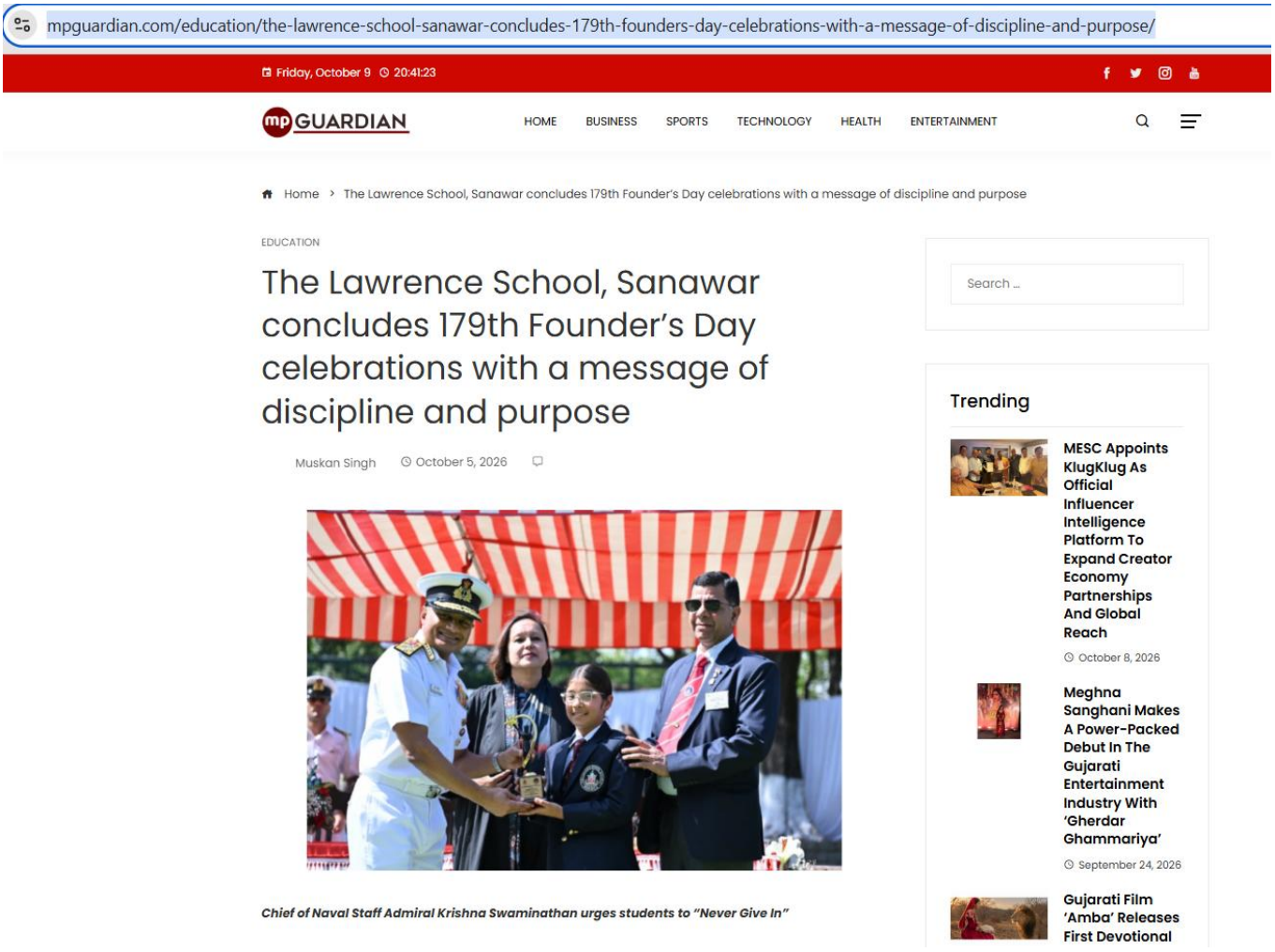
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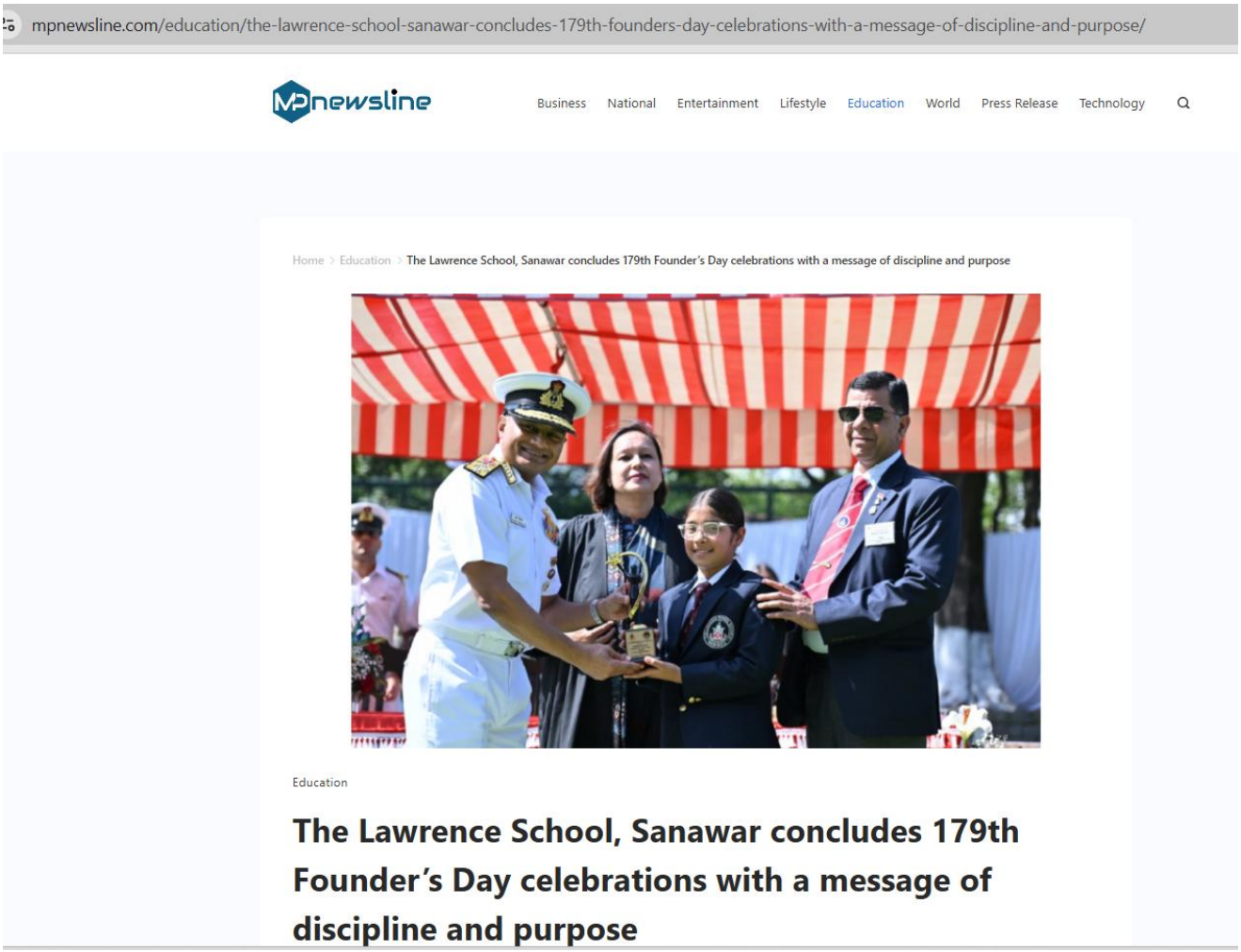
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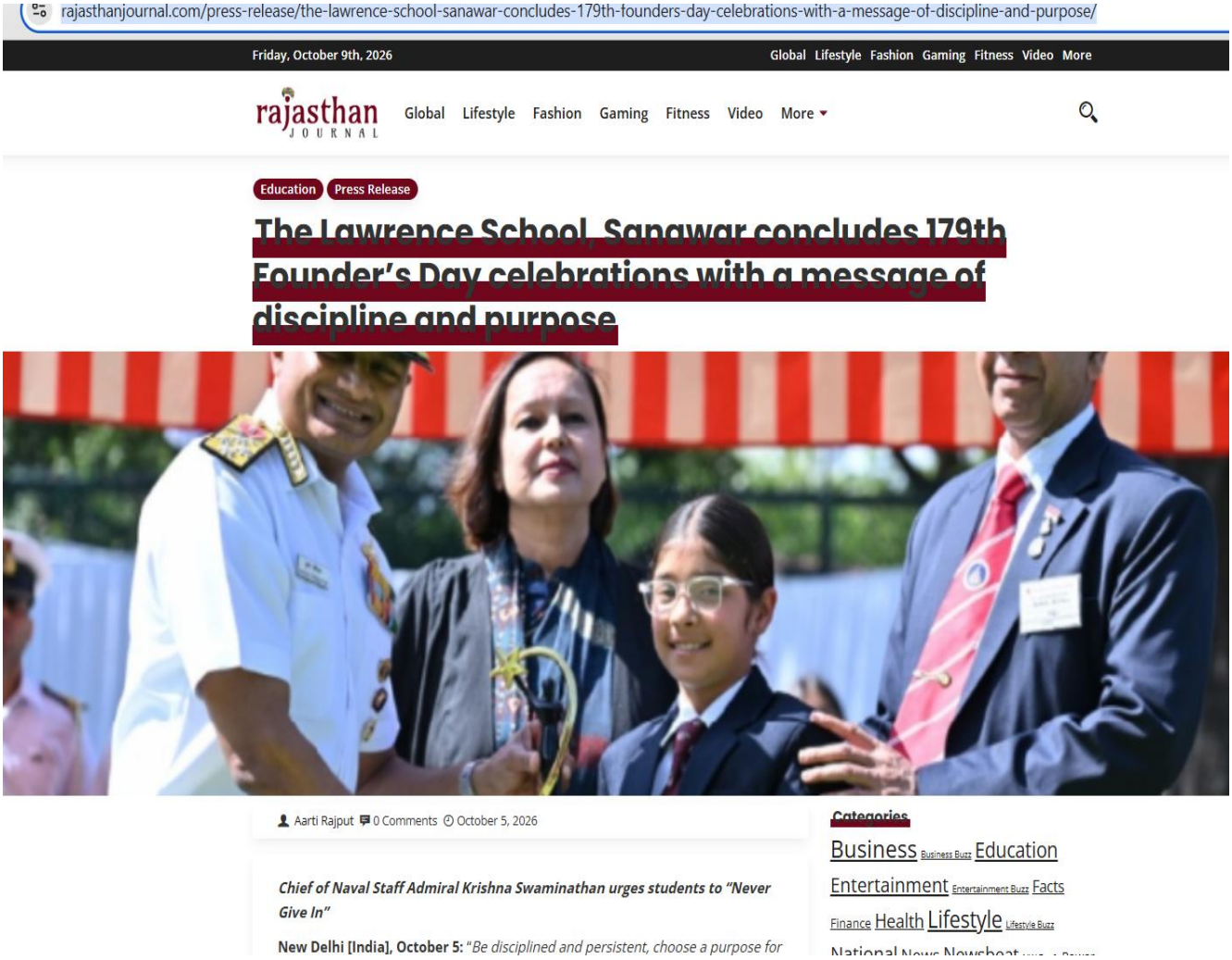
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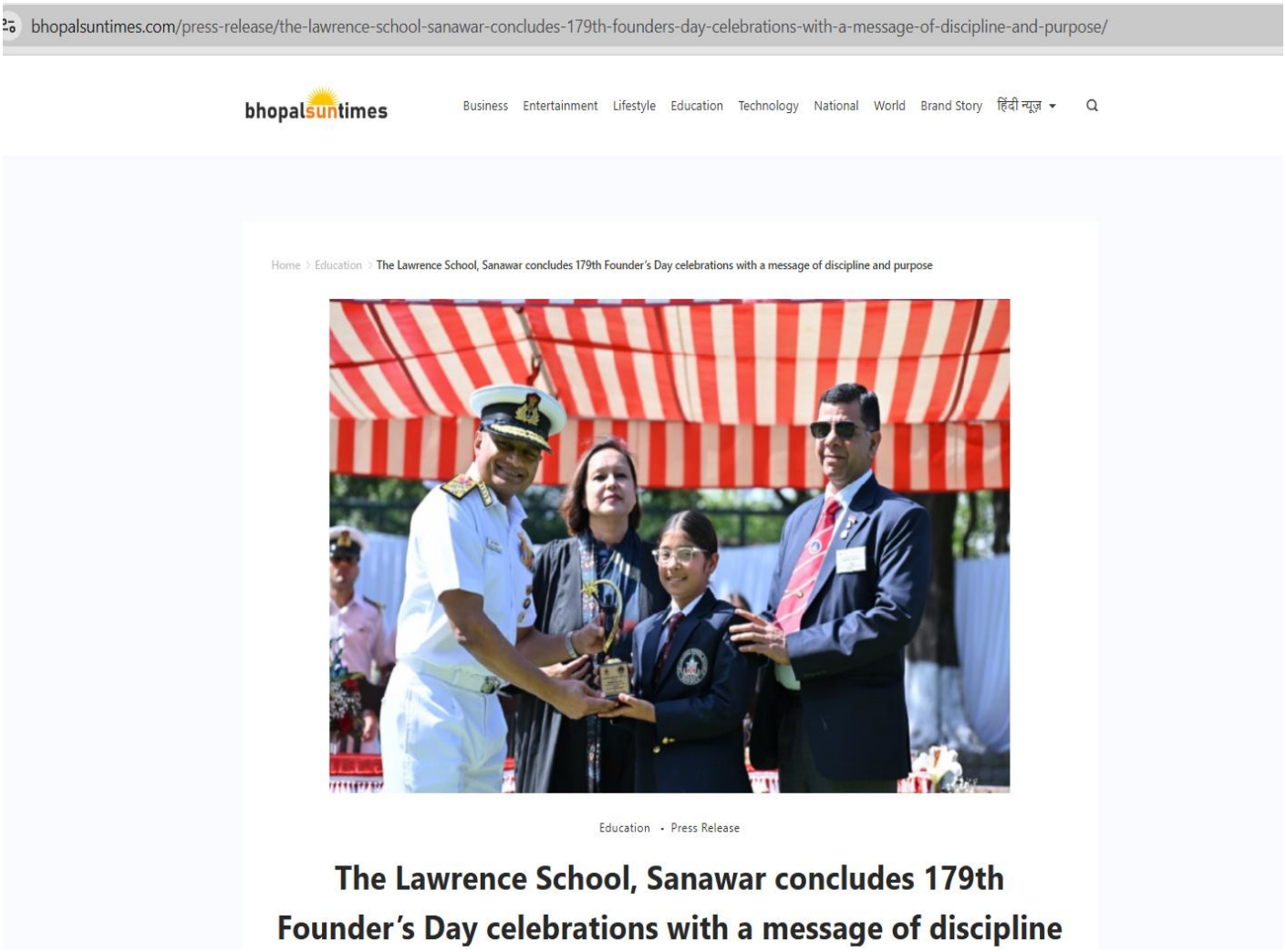
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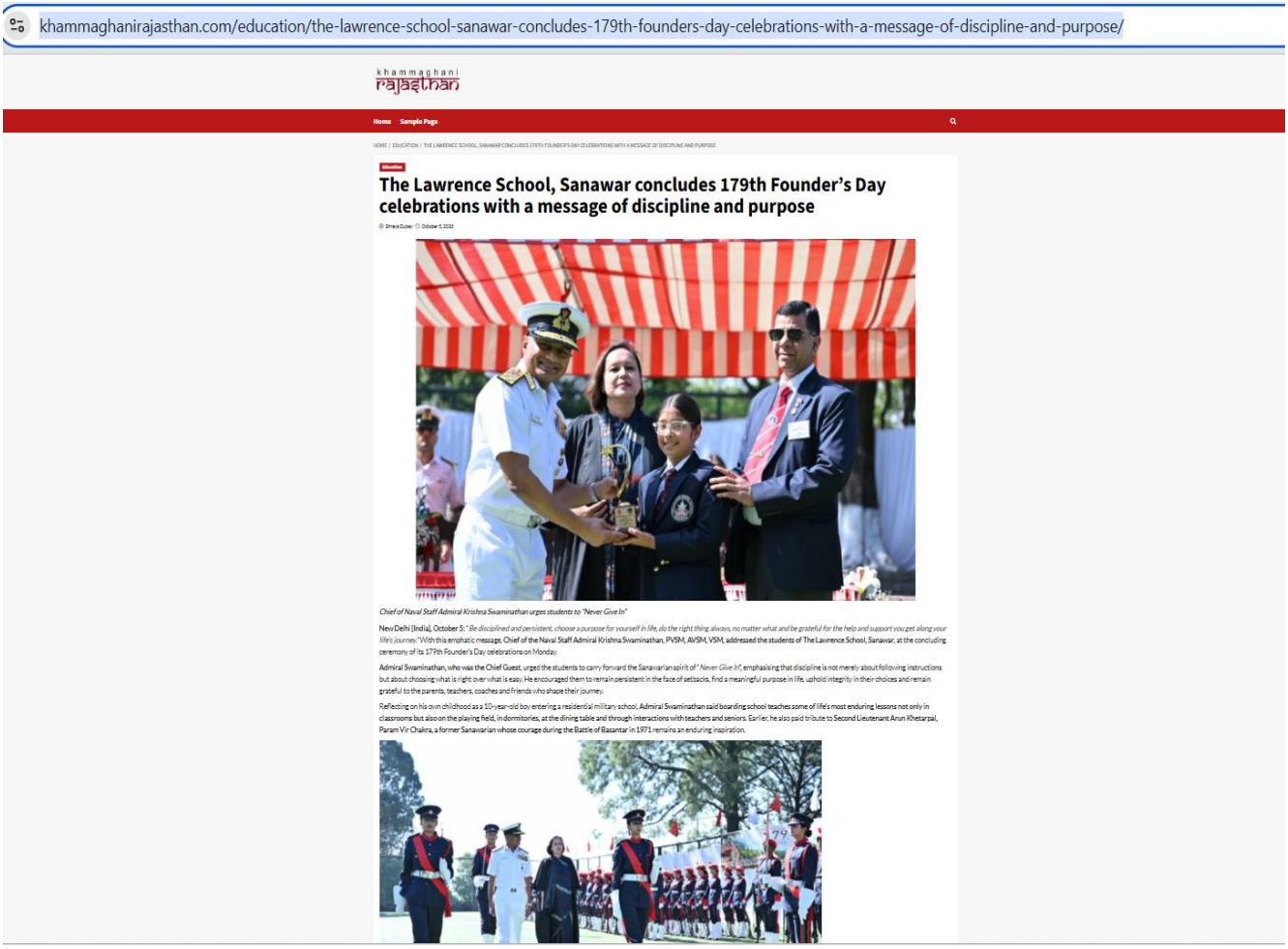
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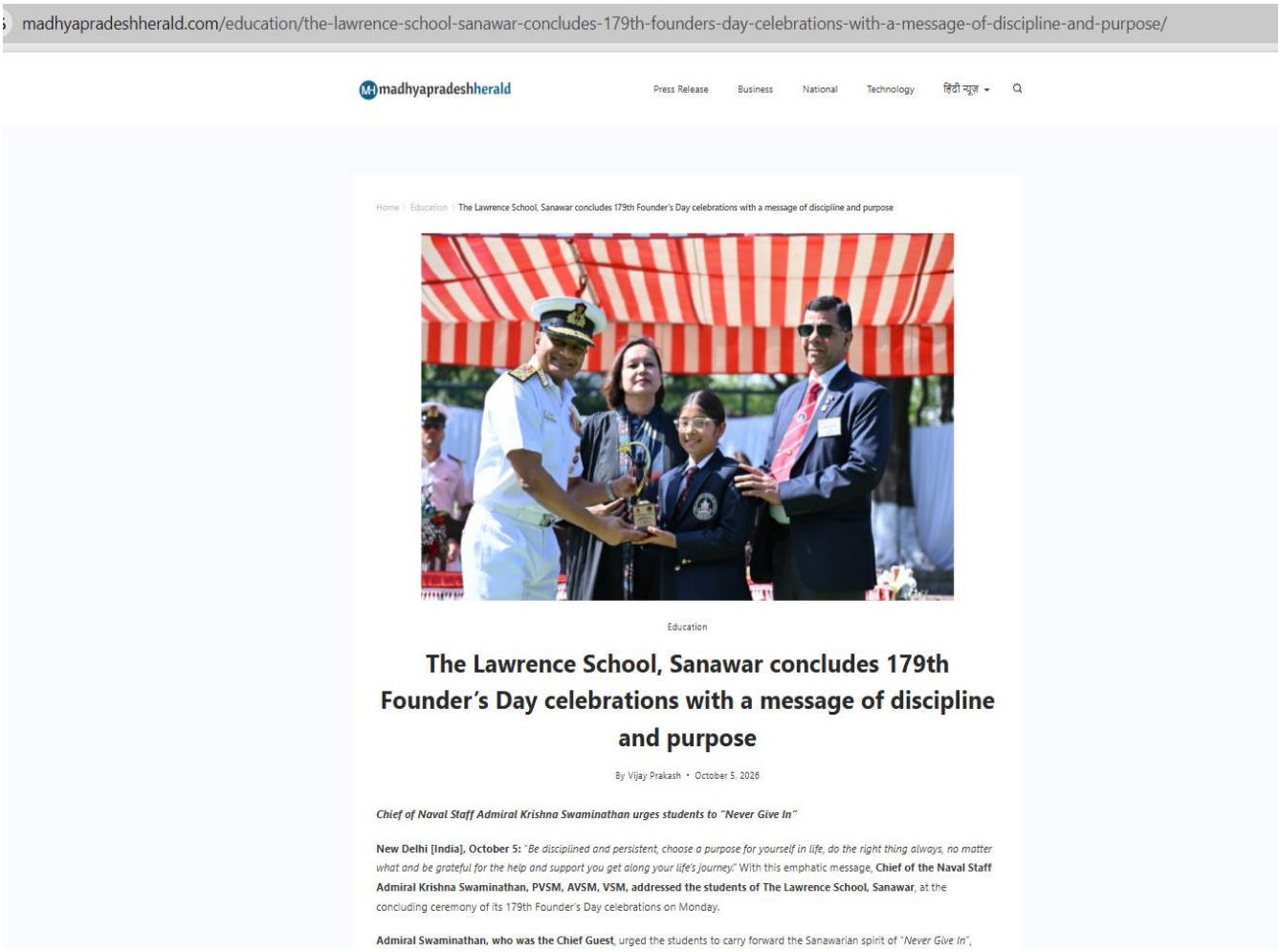
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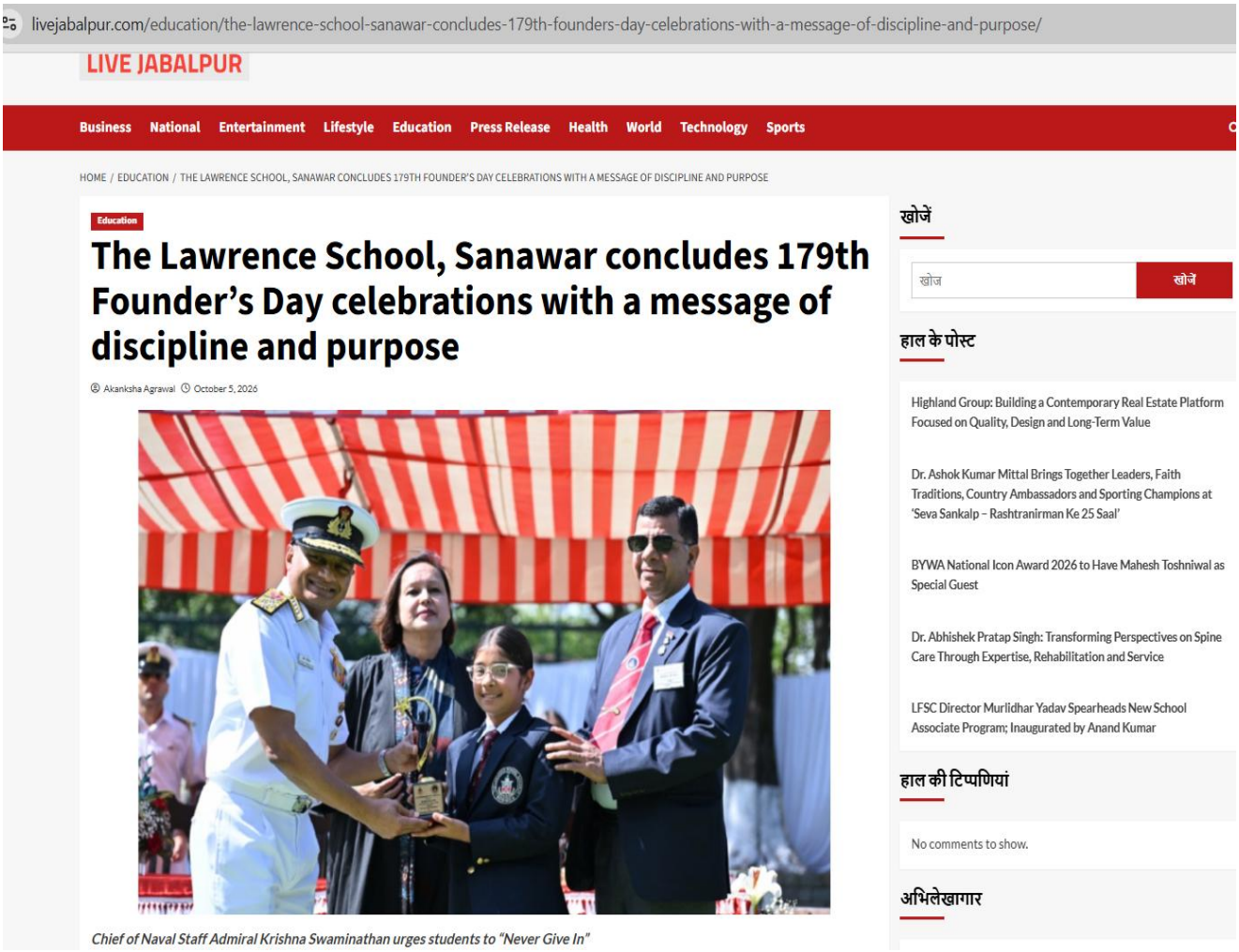
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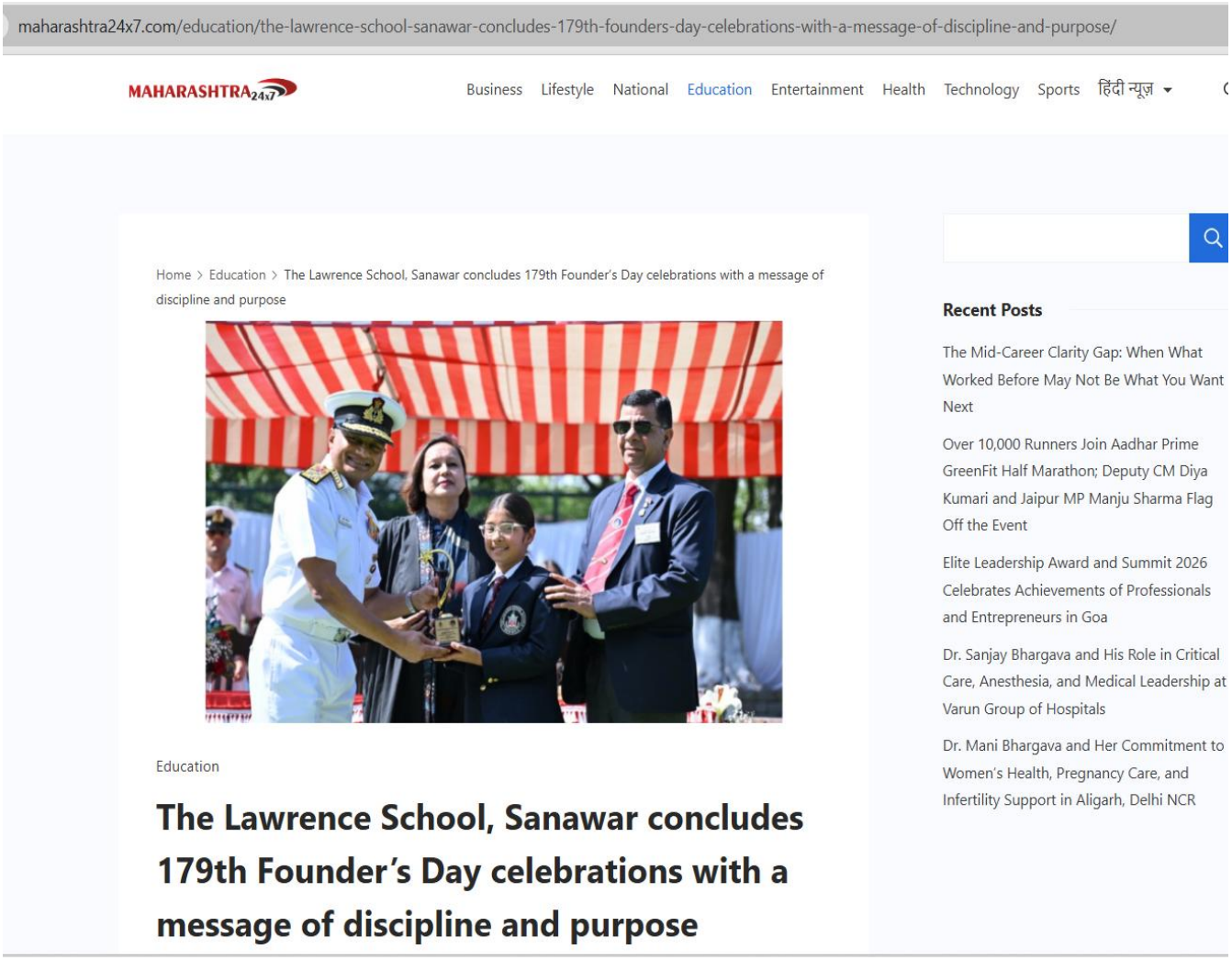
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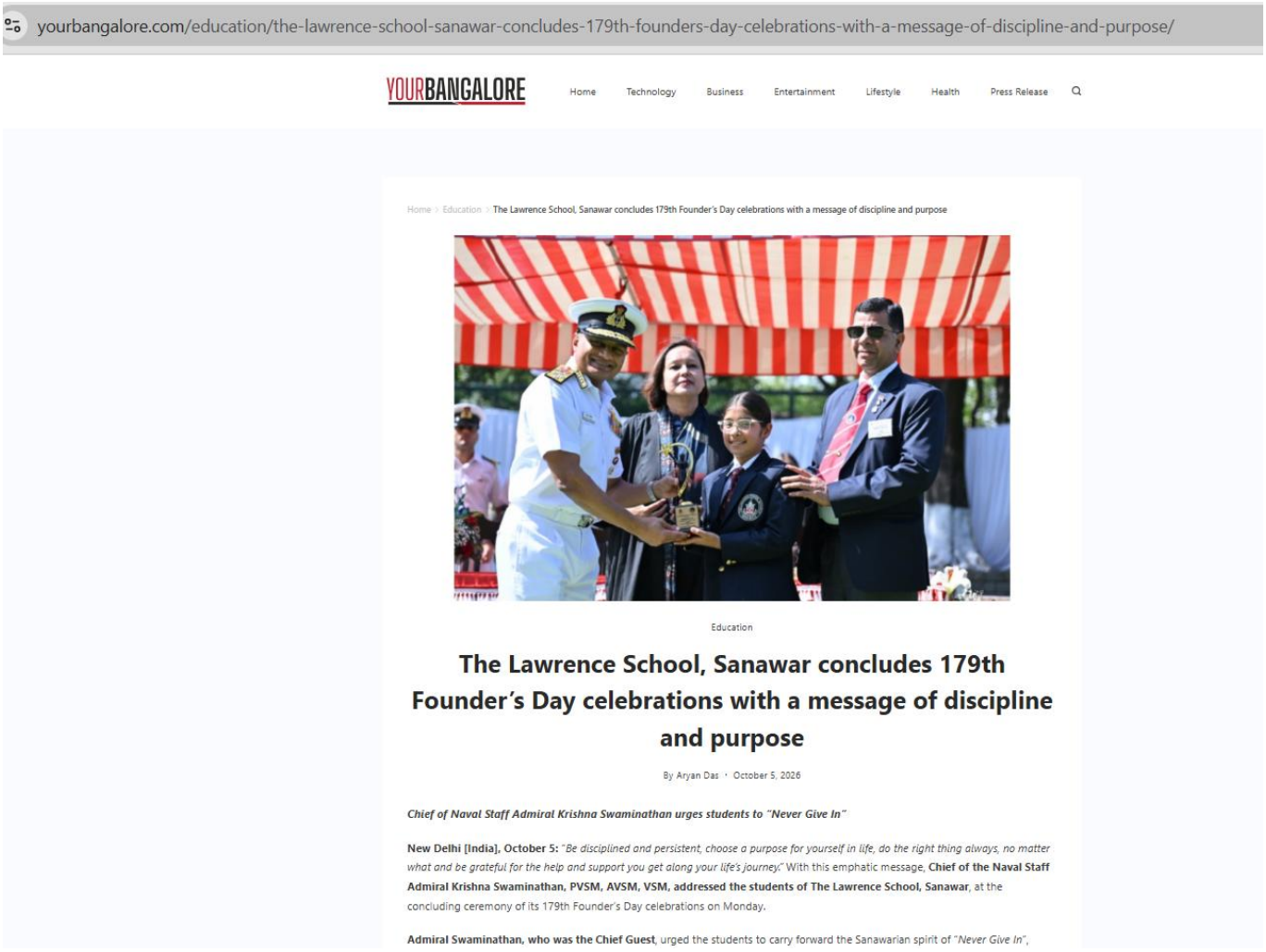
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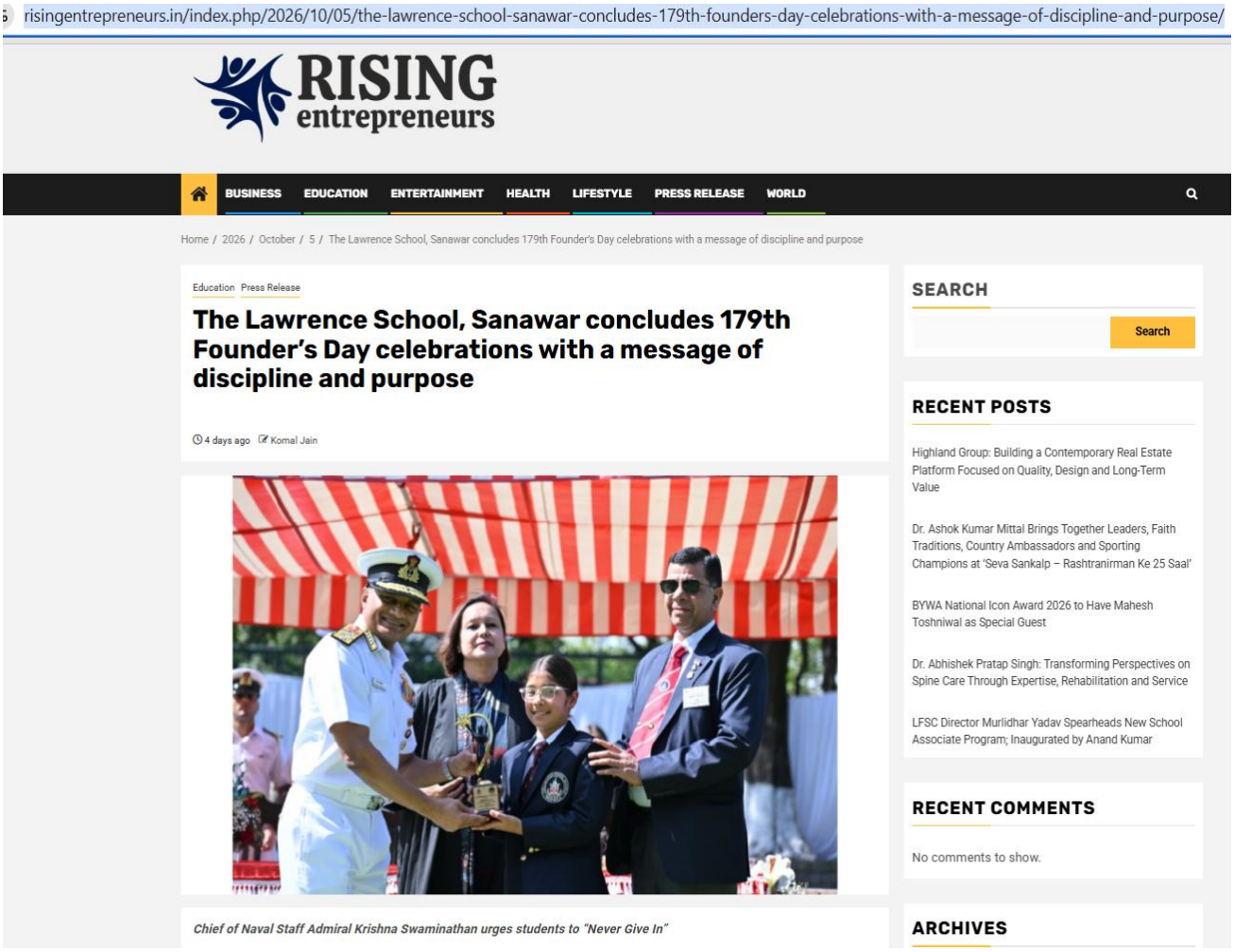
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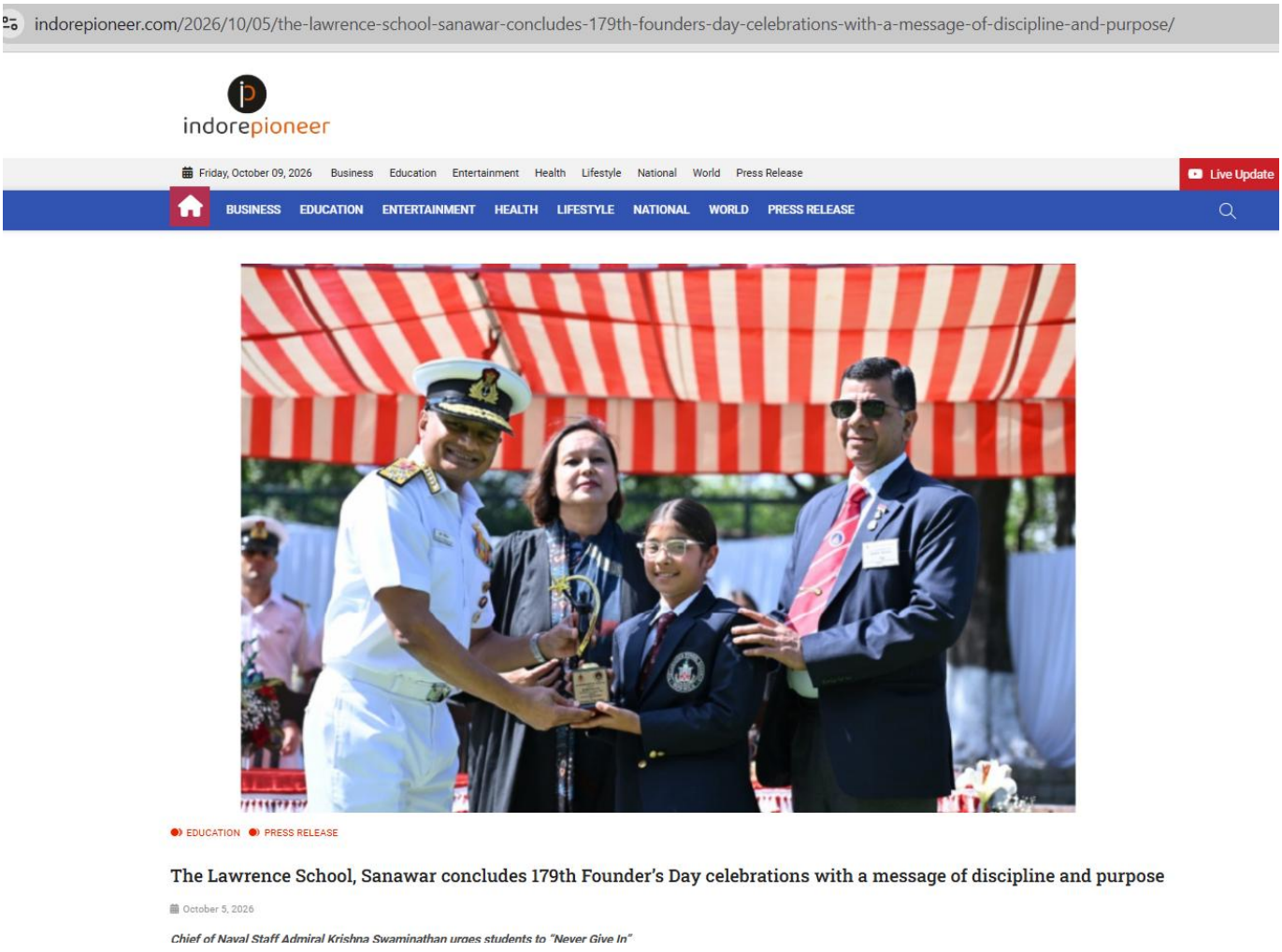
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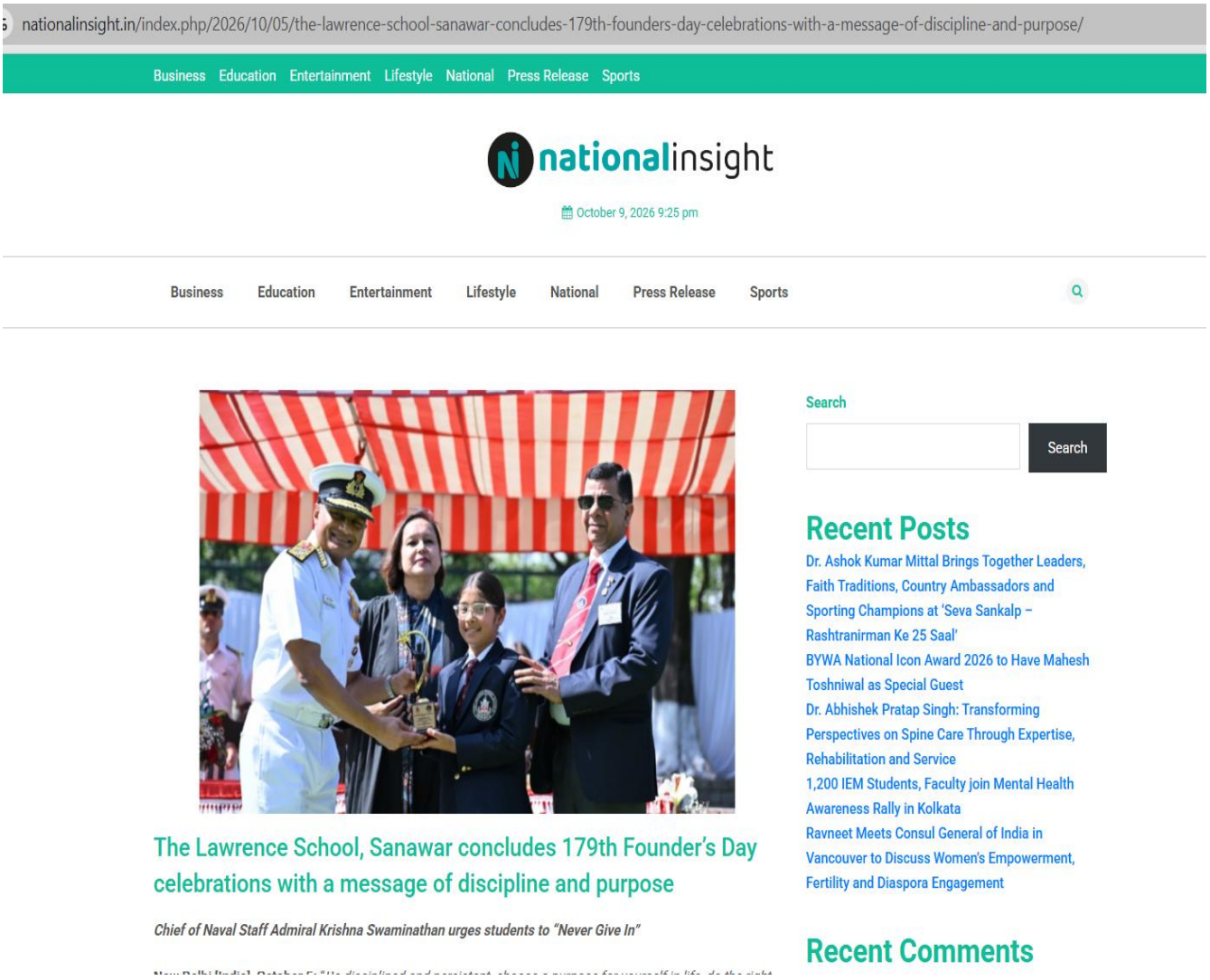
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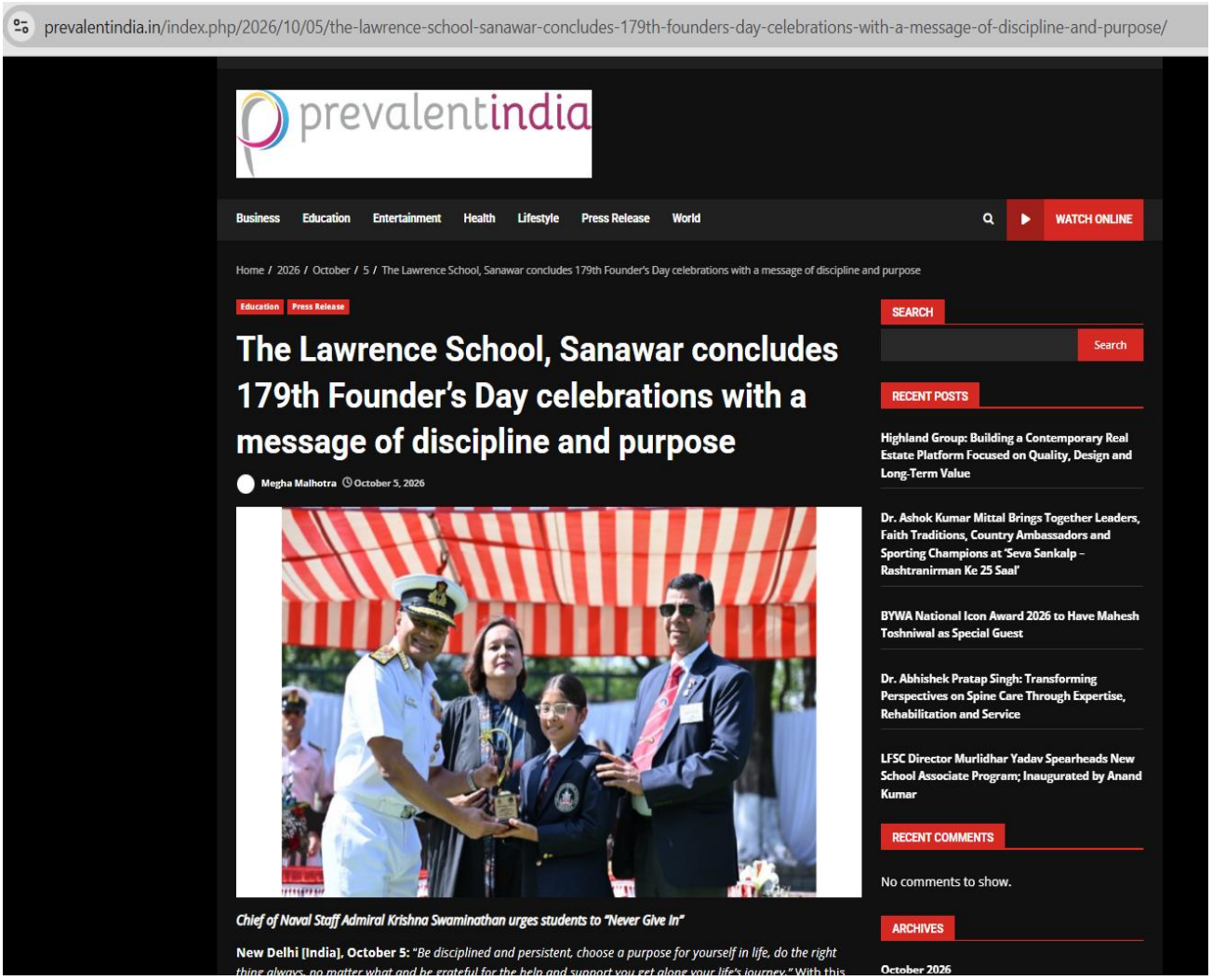
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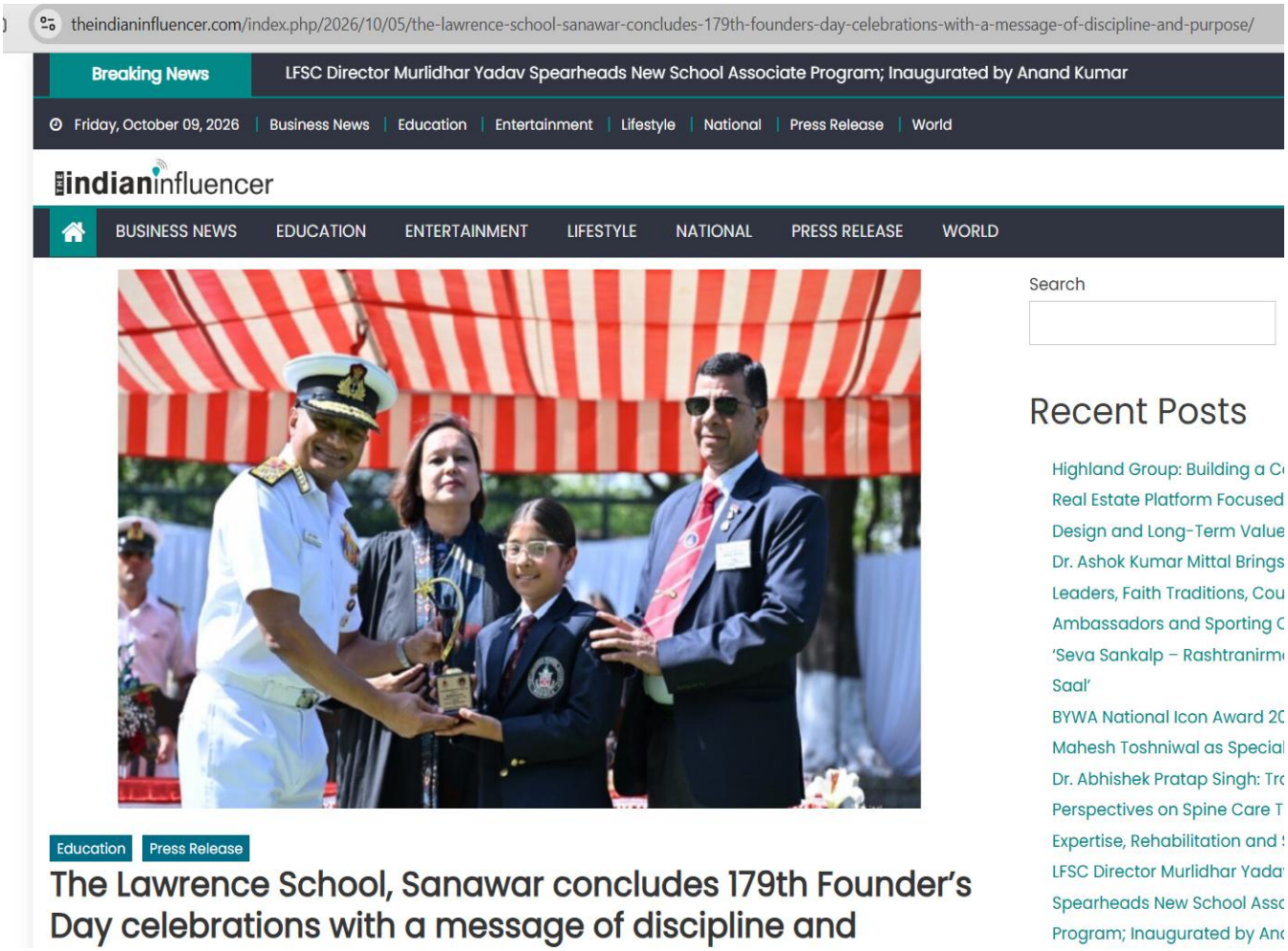
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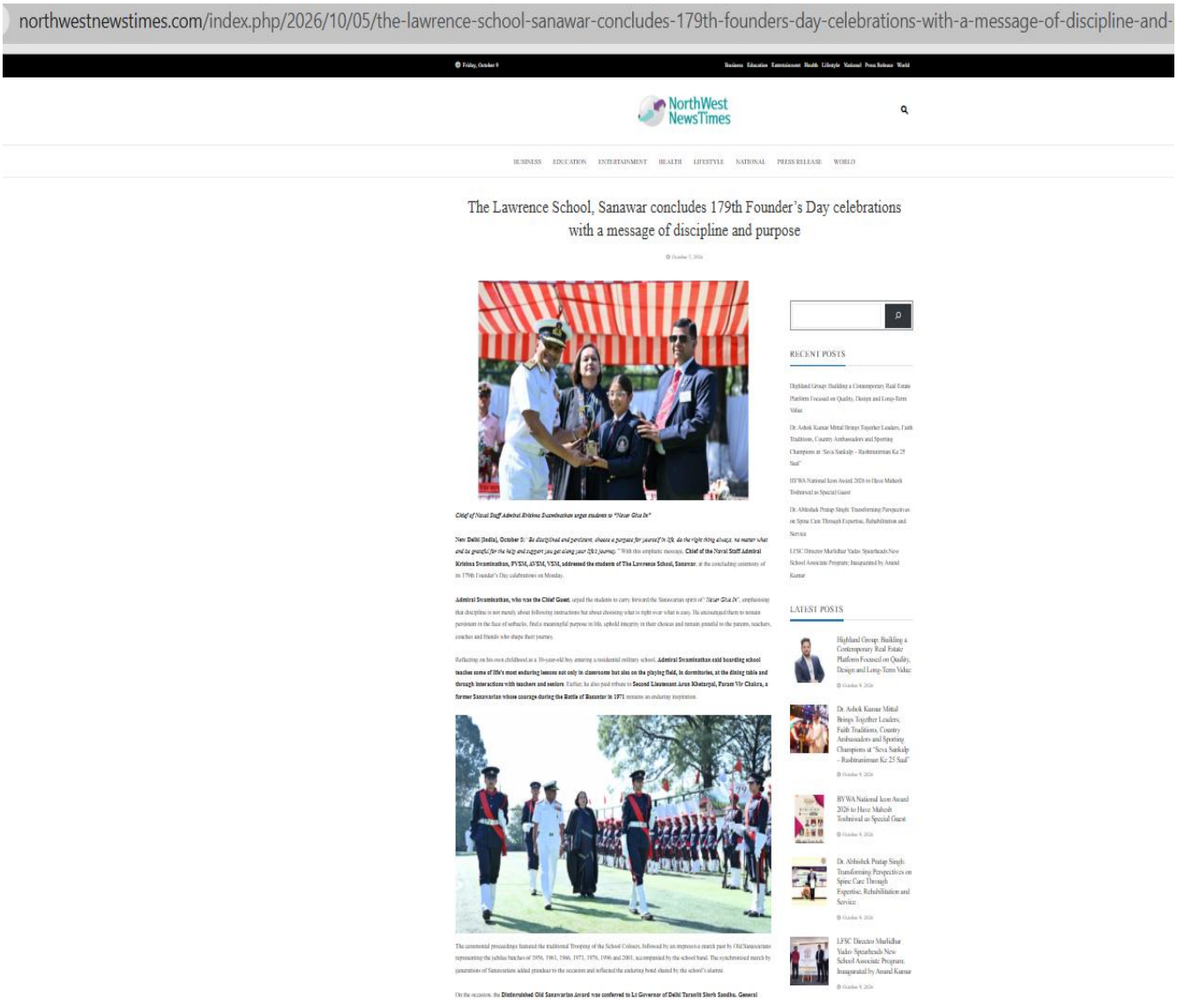
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The ceremonial proceedings featured the traditional Trooping of the School Colours, followed by an impressive march past by Old Sanawarians representing the jubilee batches of 1956, 1961, 1966, 1971, 1976, 1996 and 2001, accompanied by the school band. The synchronised march by generations of Sanawarians added grandeur to the occasion and reflected the enduring bond shared by the school's alumni.

On the occasion, the **Distinguished Old Sanawarian Award was conferred to Lt Governor of Delhi Tarunlit Sloth Sandhu, General**

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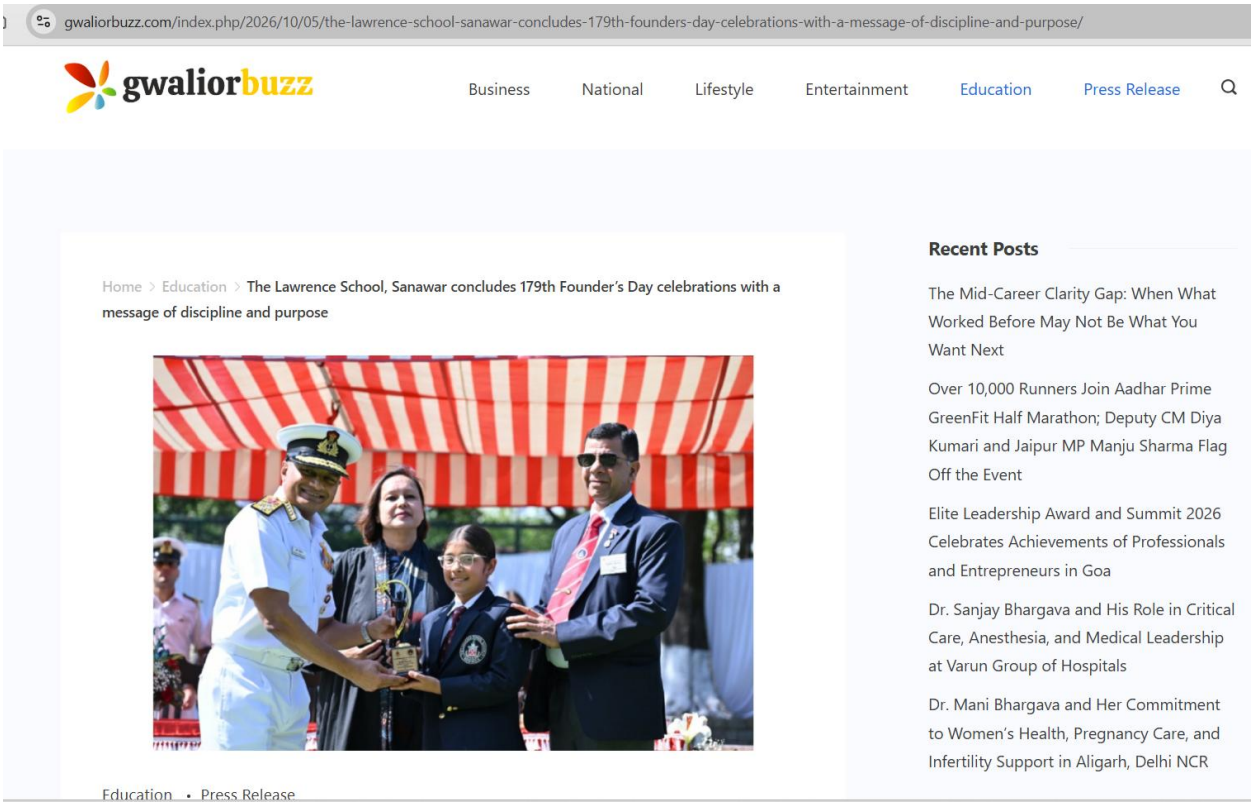


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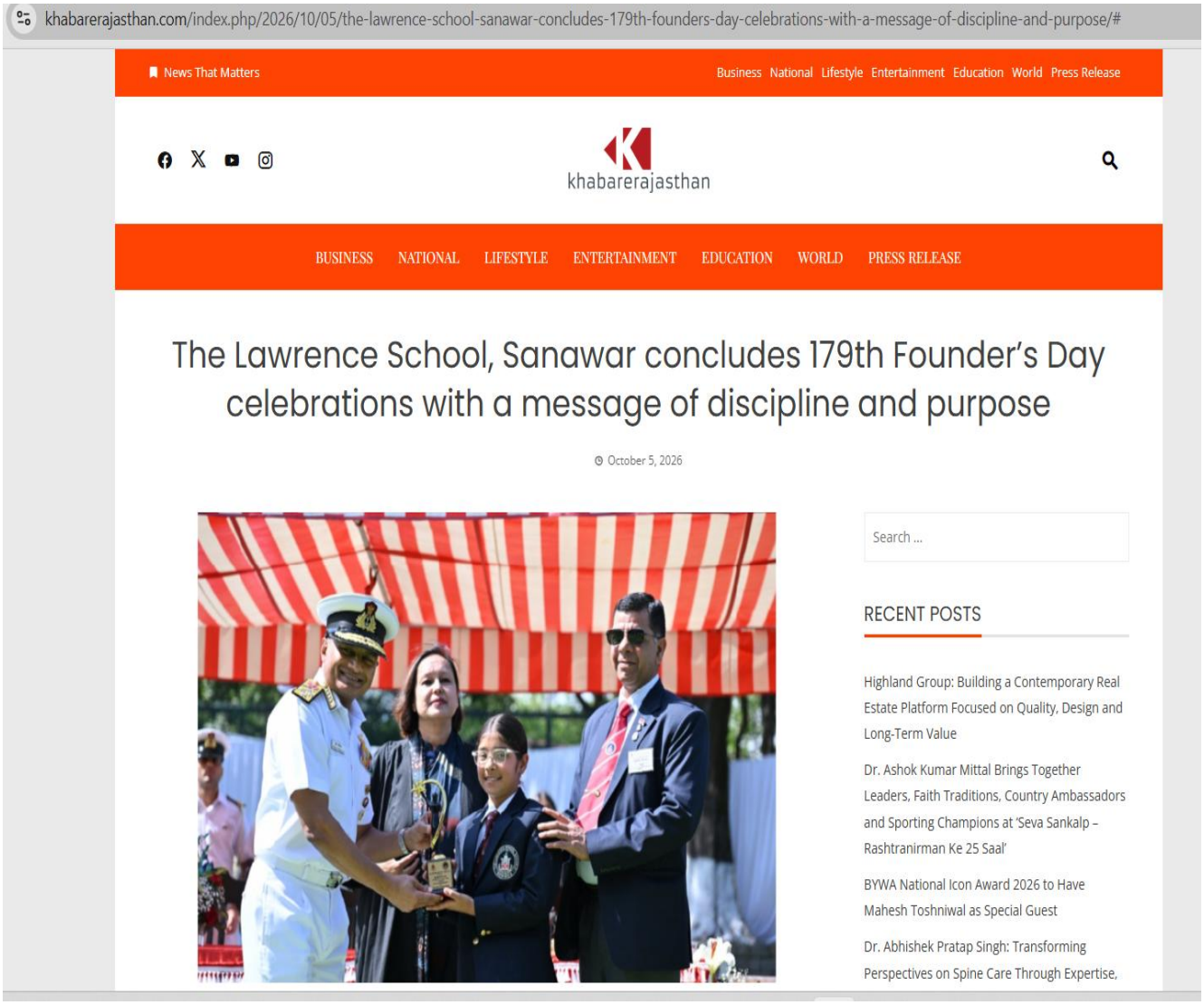
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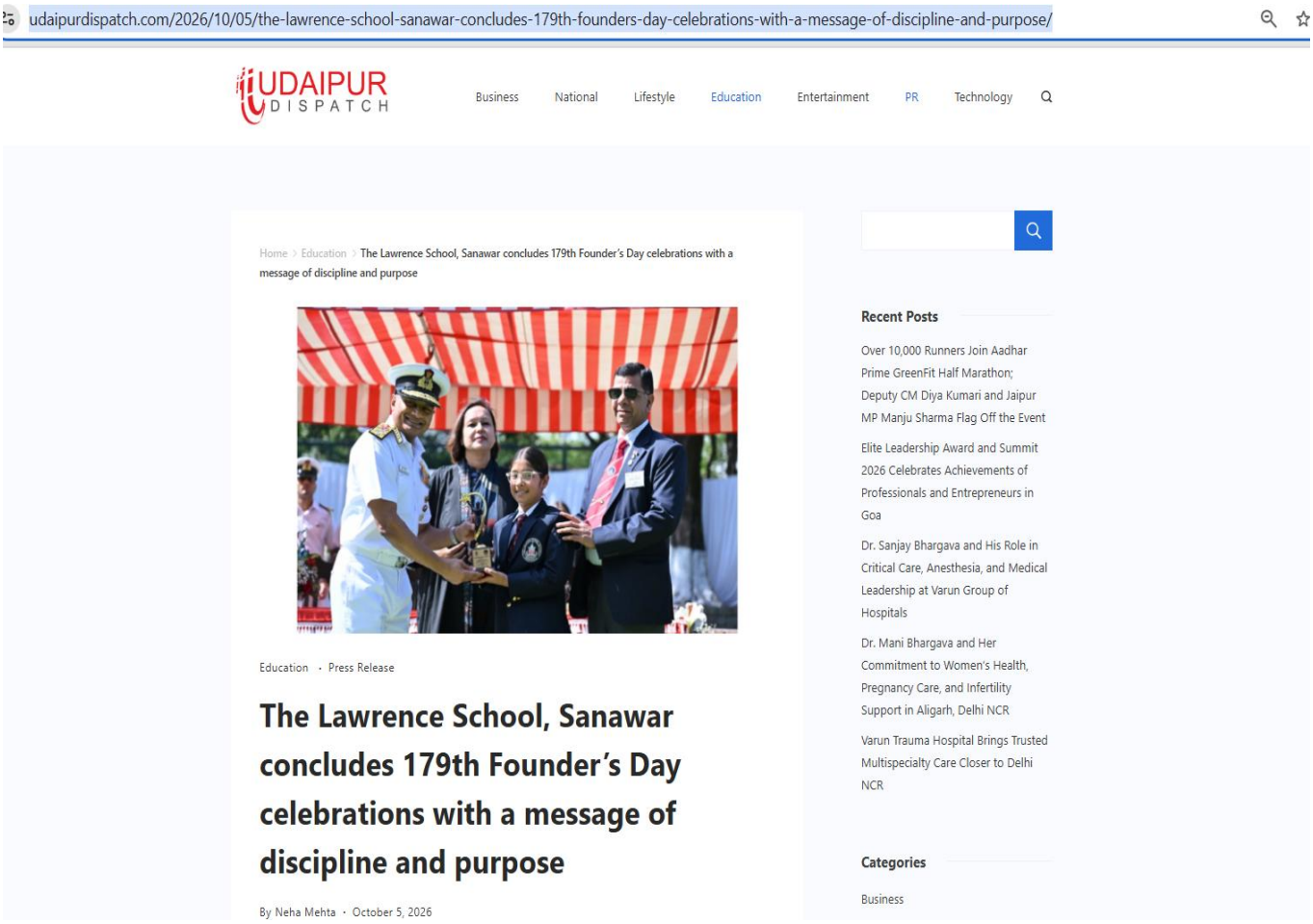
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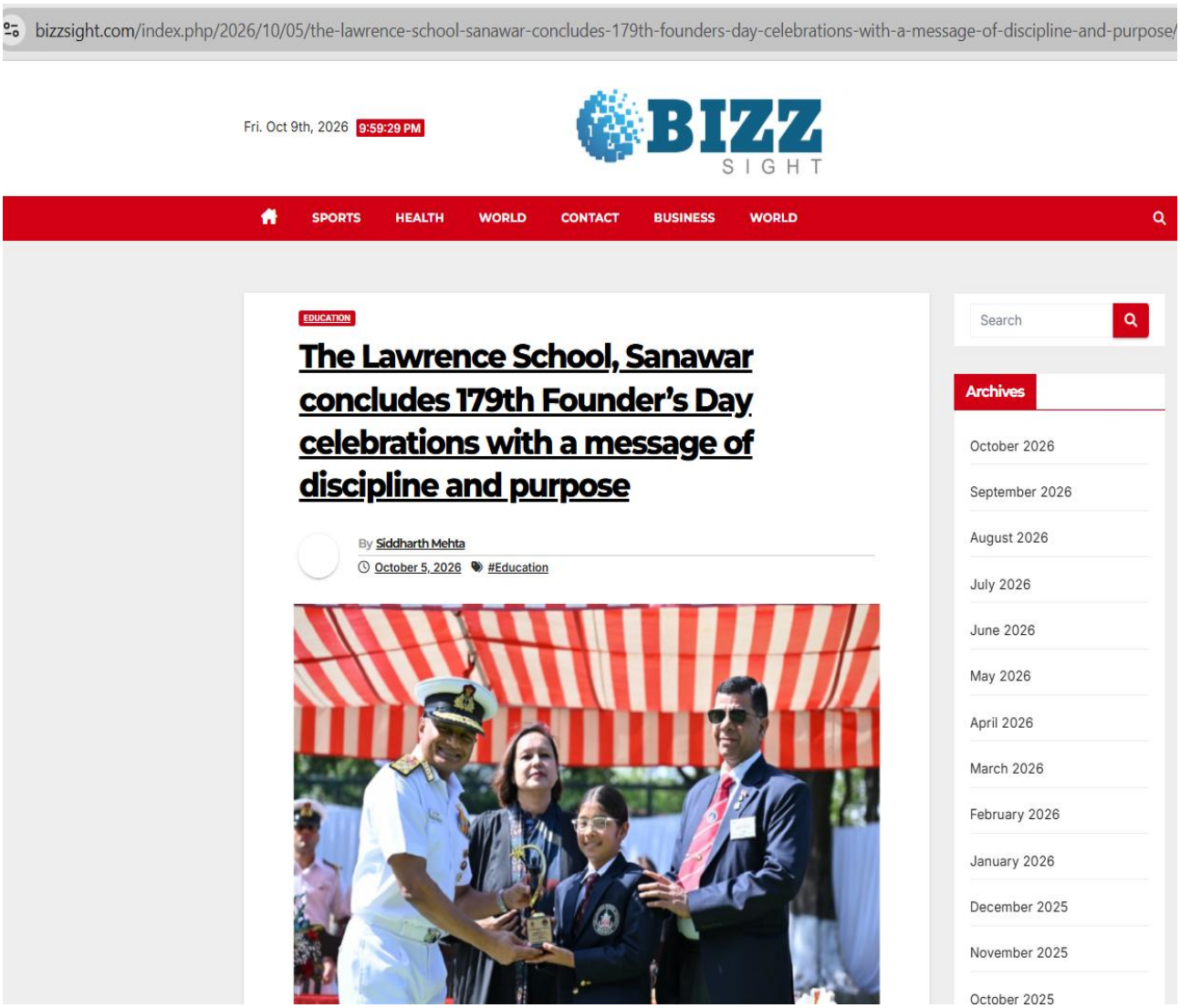
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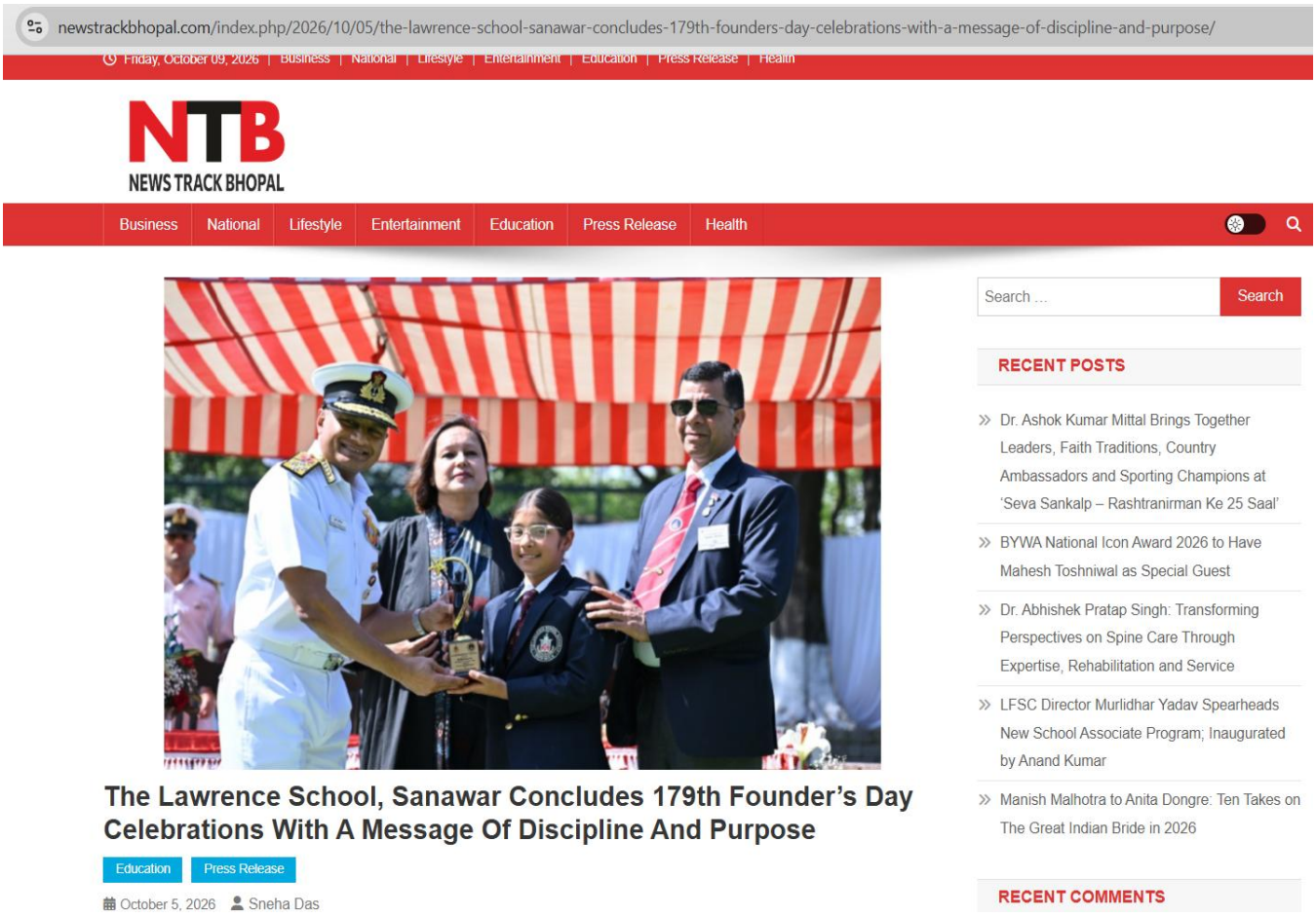
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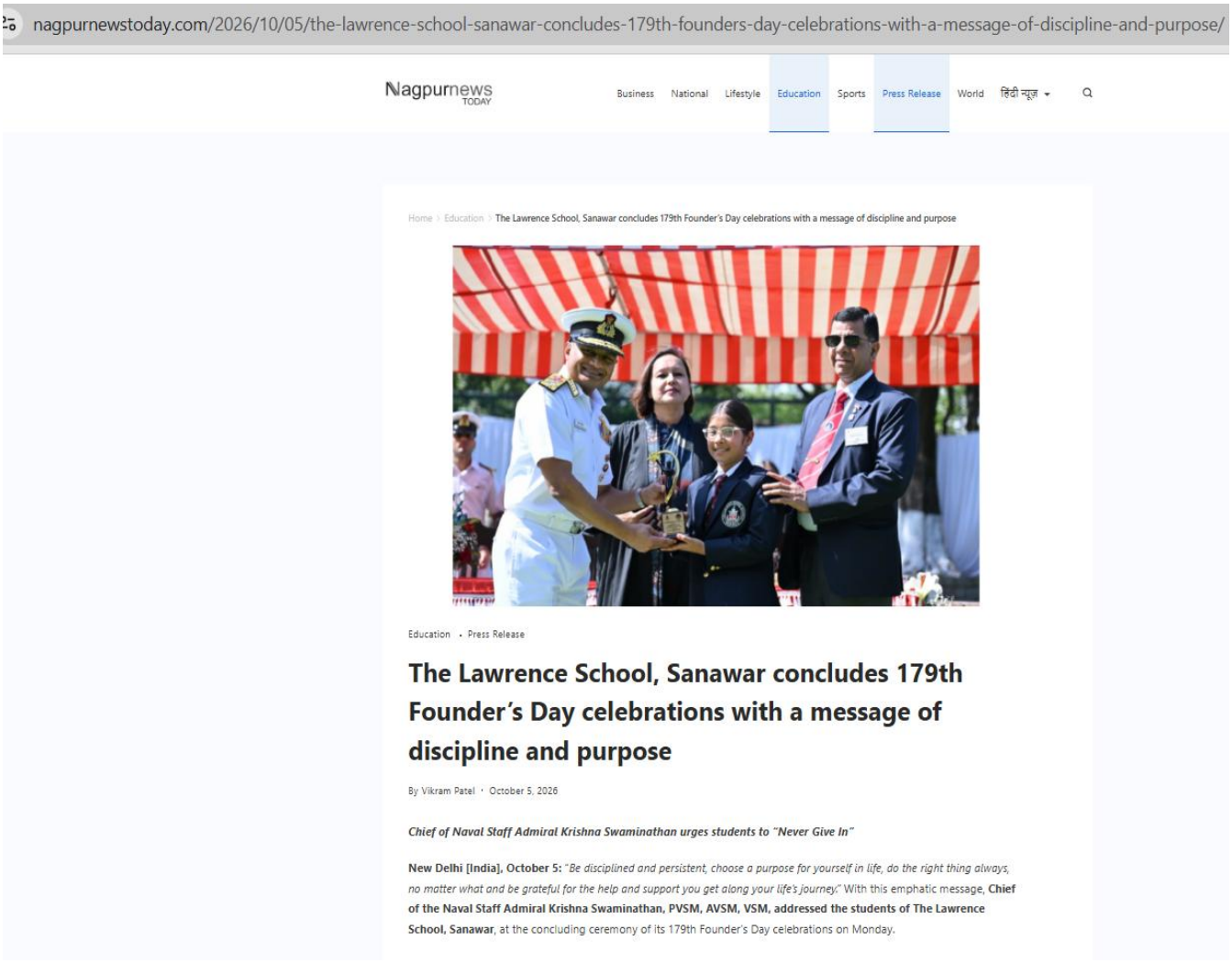
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The Lawrence School, Sanawar concludes 179th Founder's Day celebrations with a message of discipline and purpose

Akash Tiwari October 5, 2026



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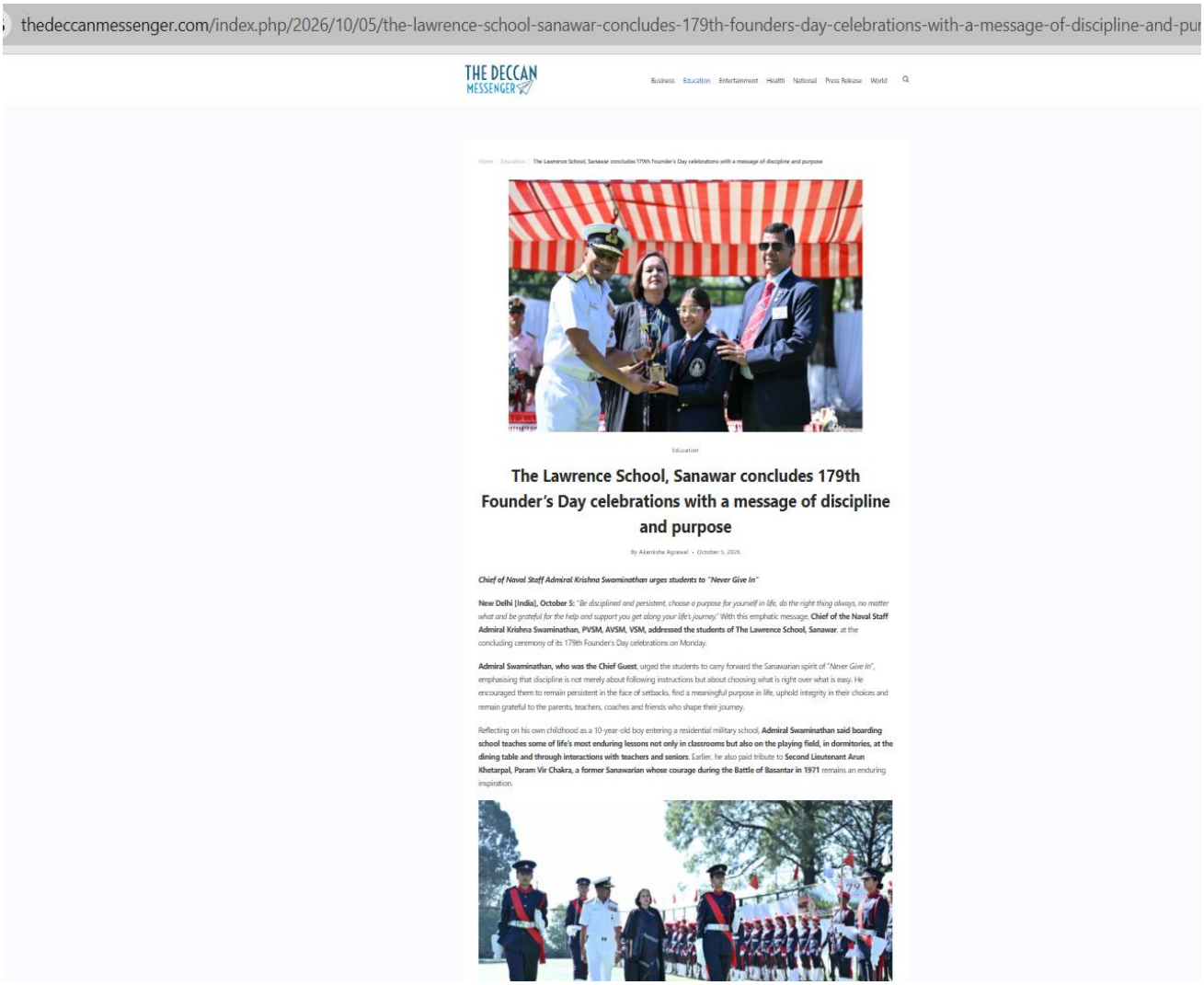
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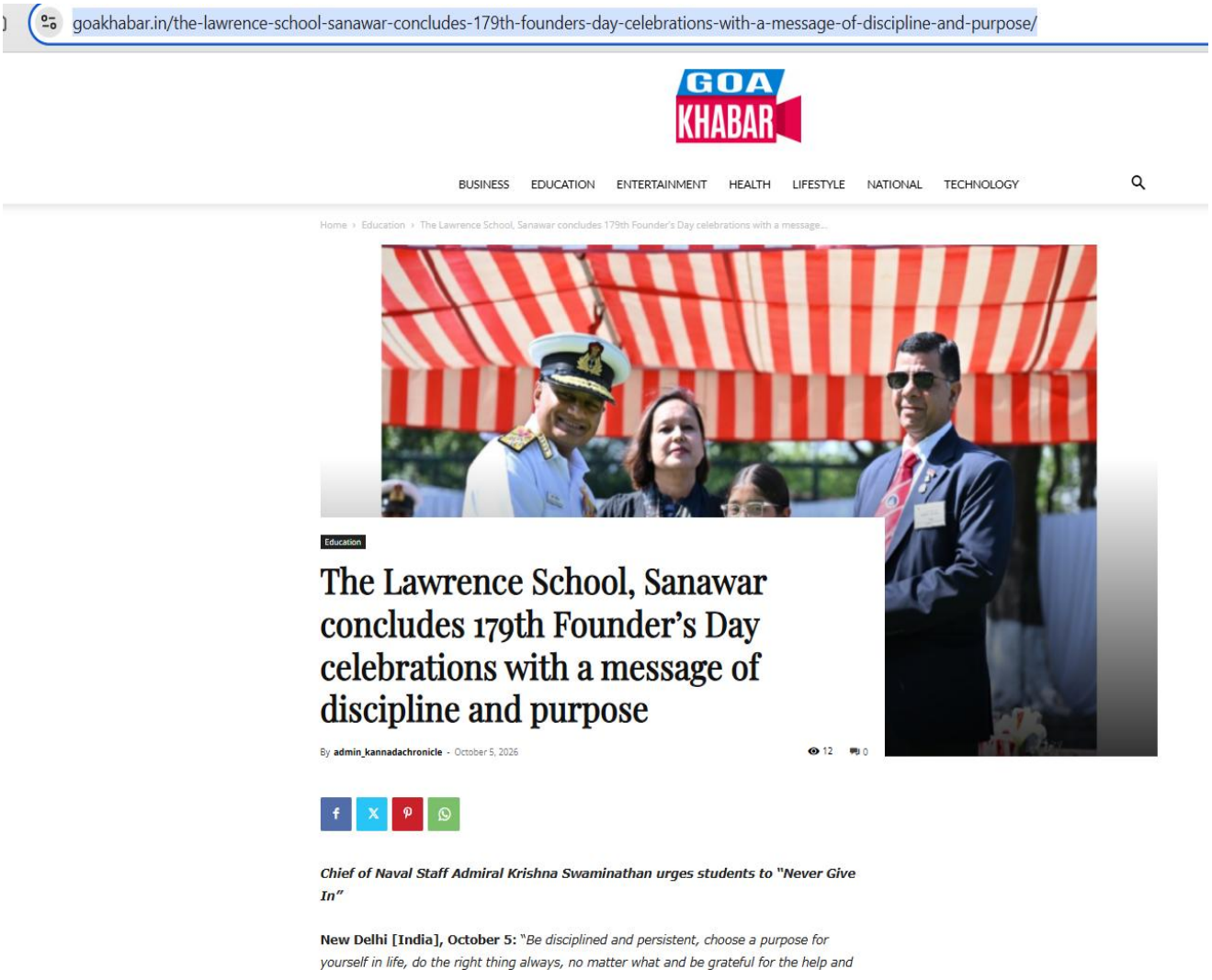
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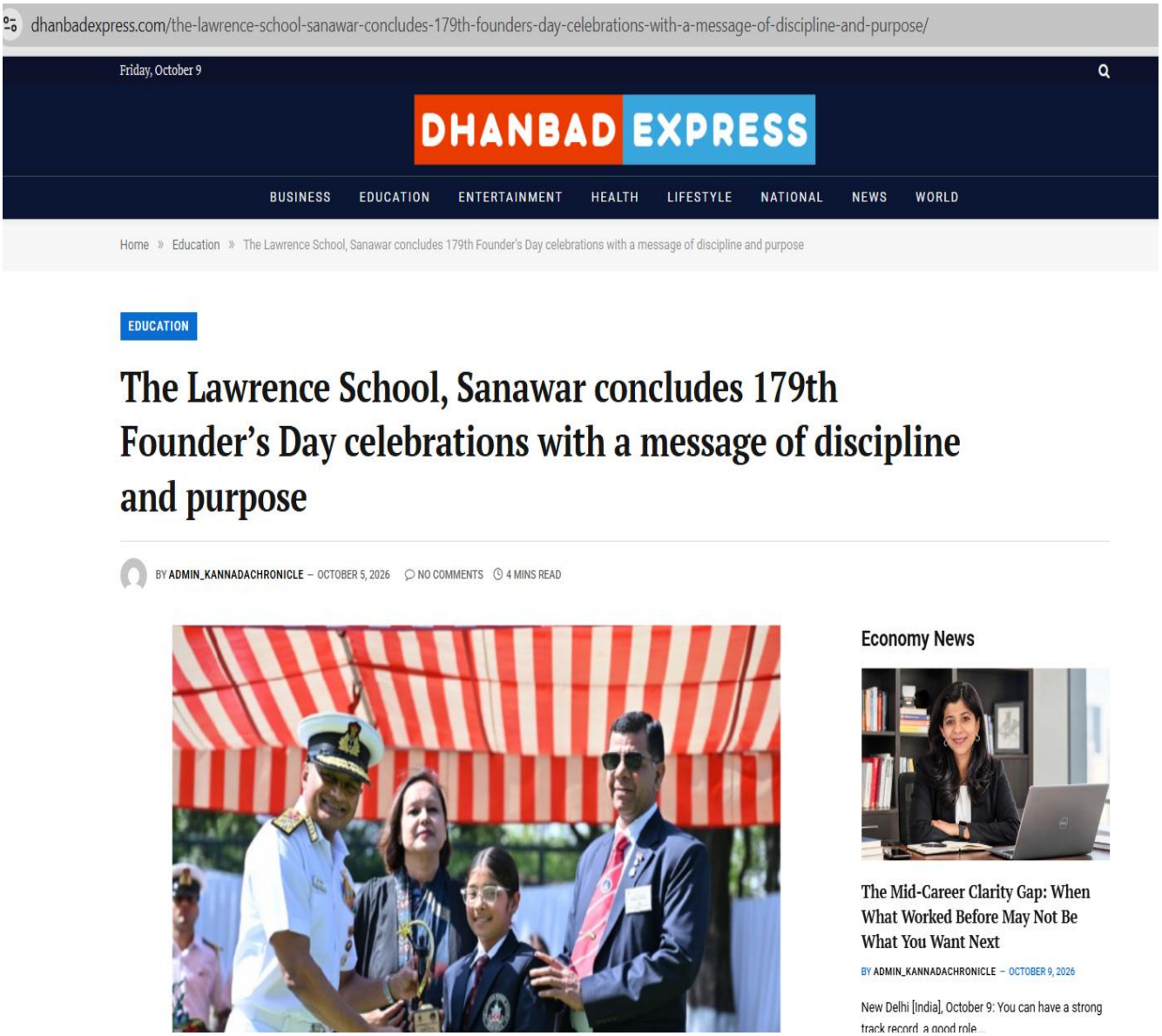
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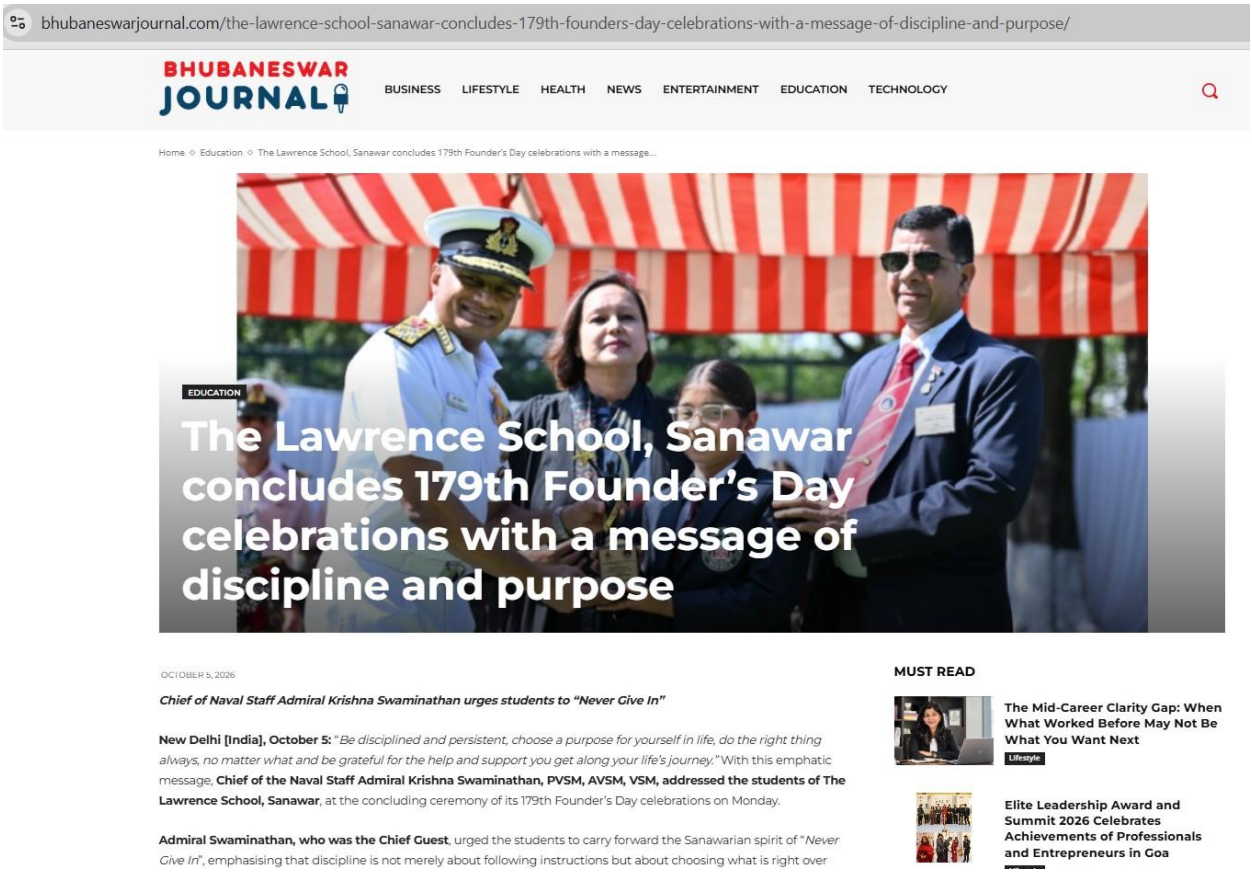
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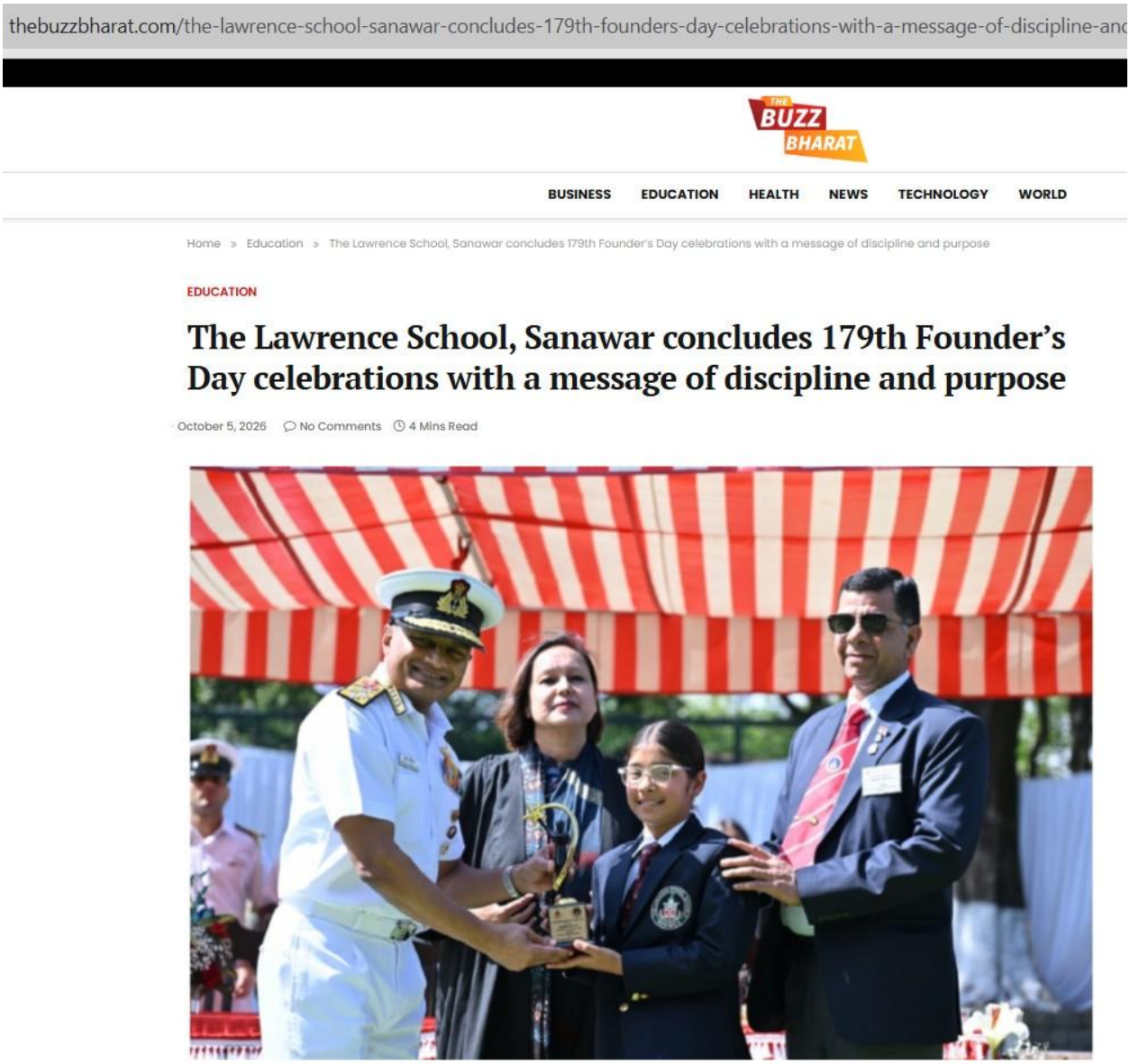
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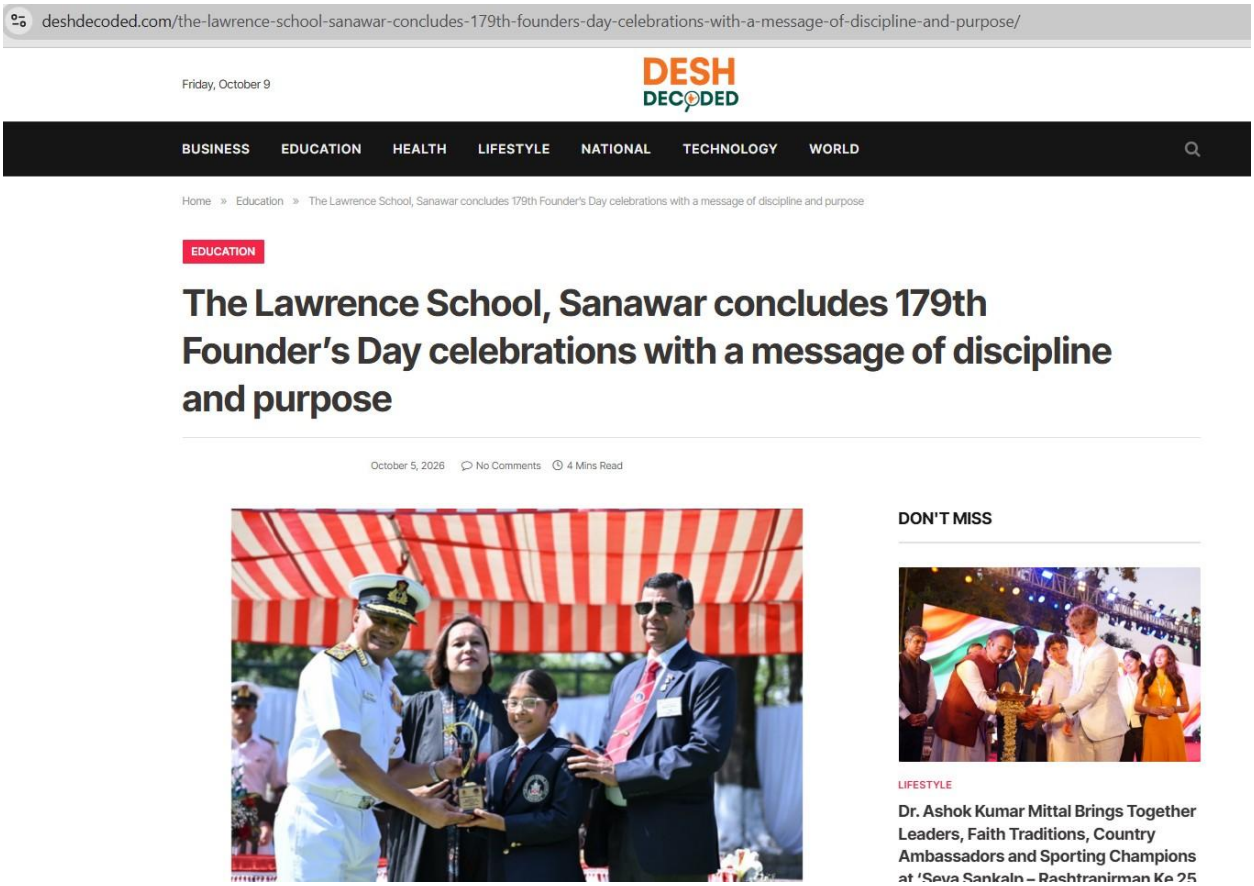
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Date: October 5, 2026



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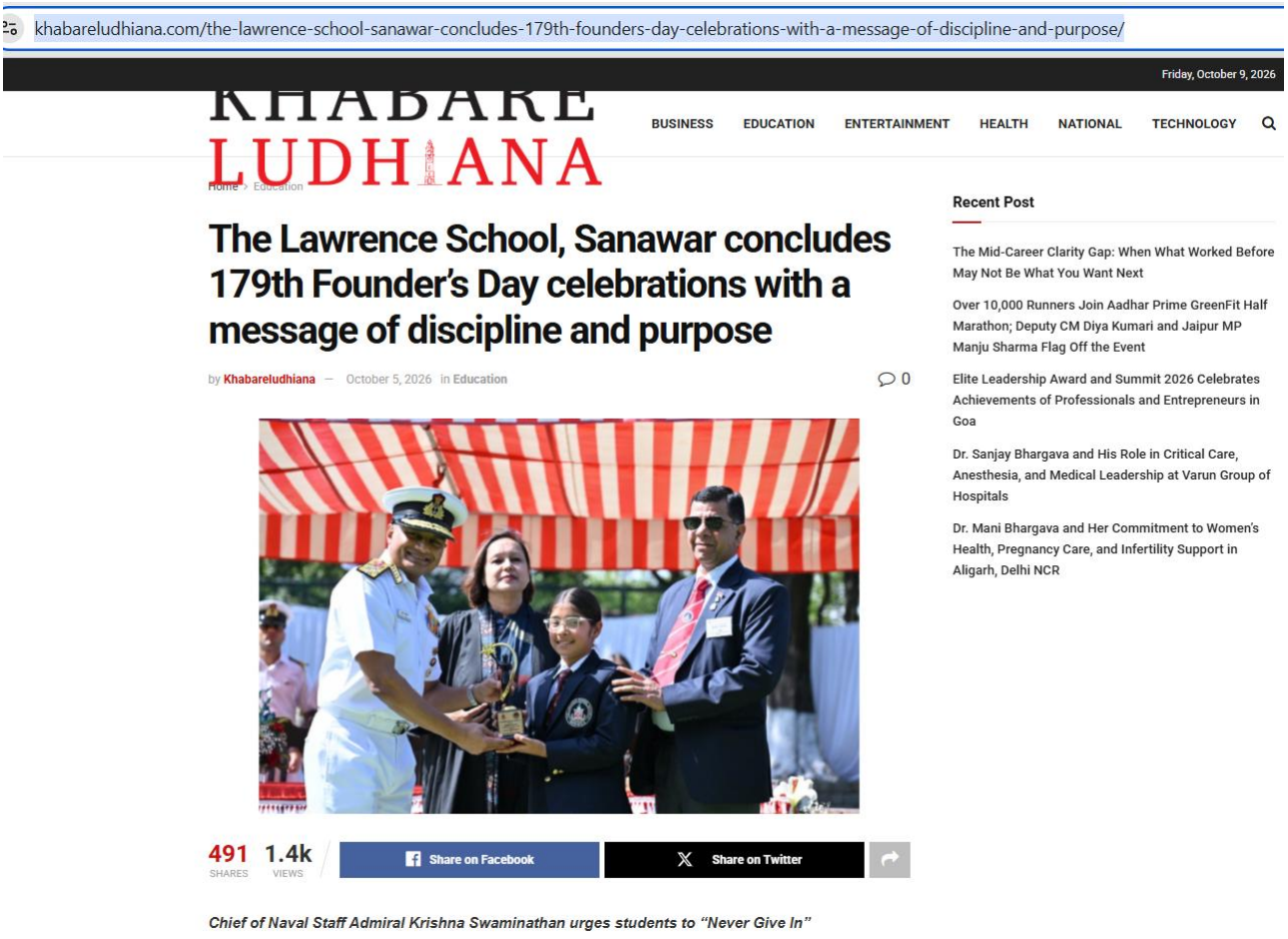
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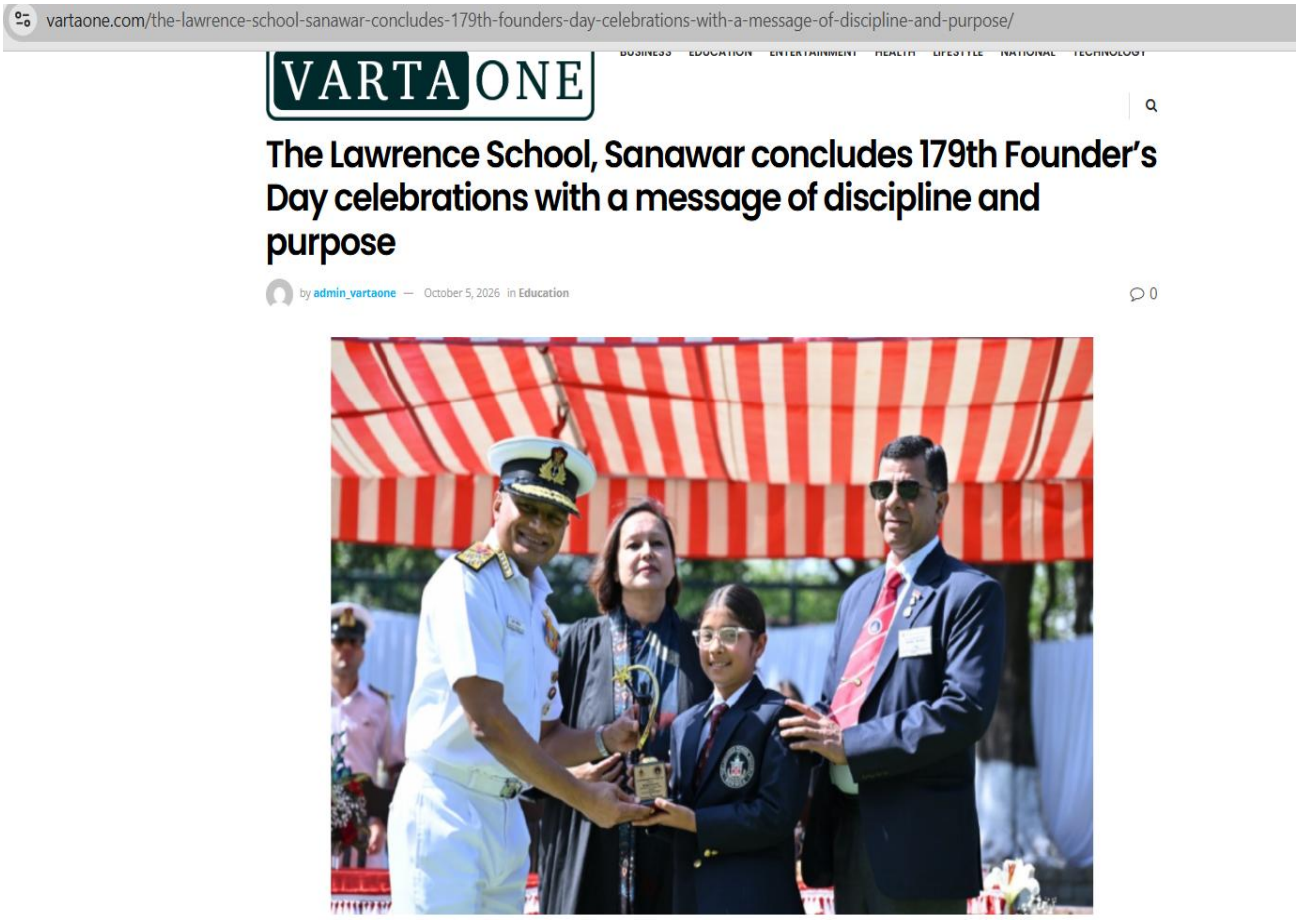
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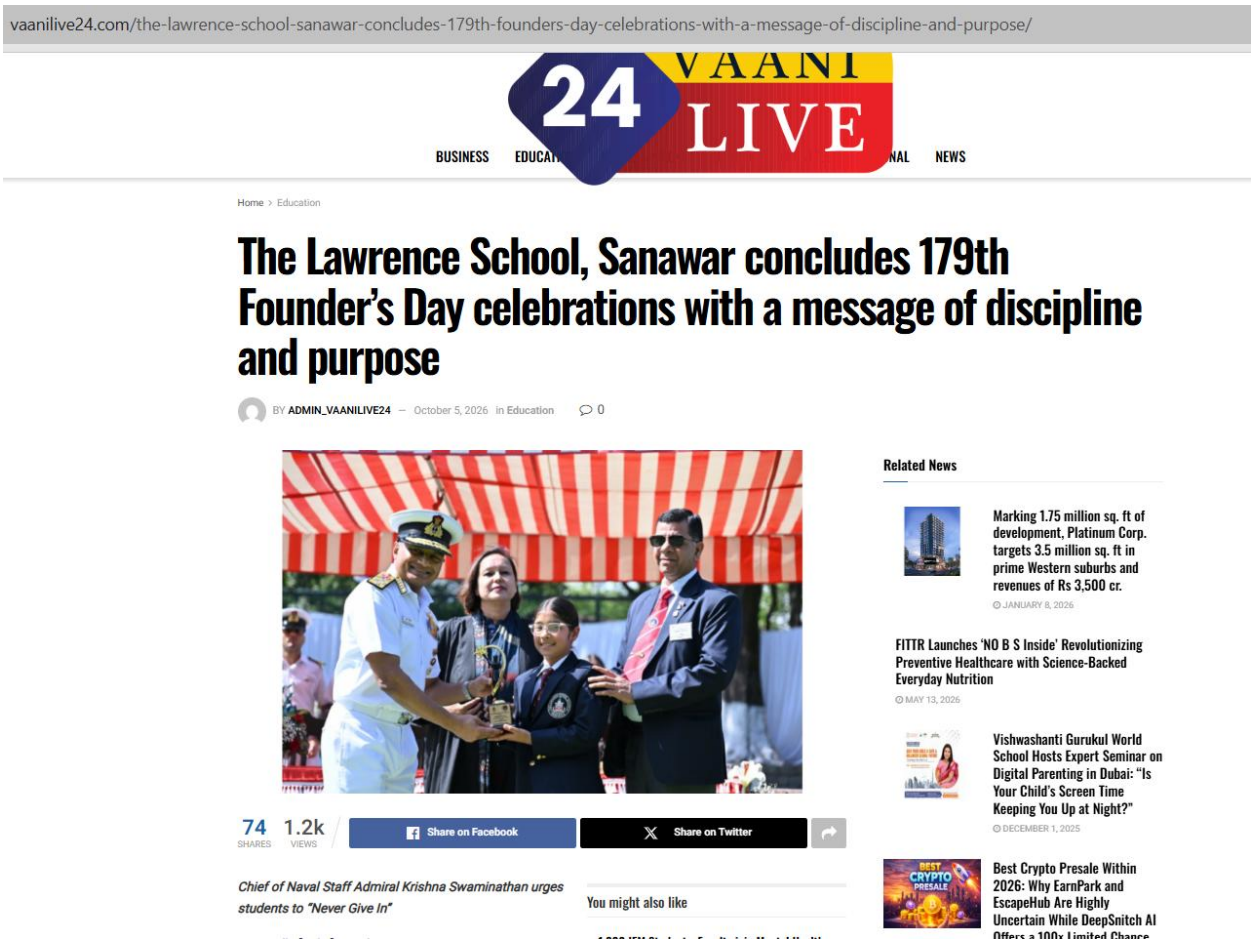
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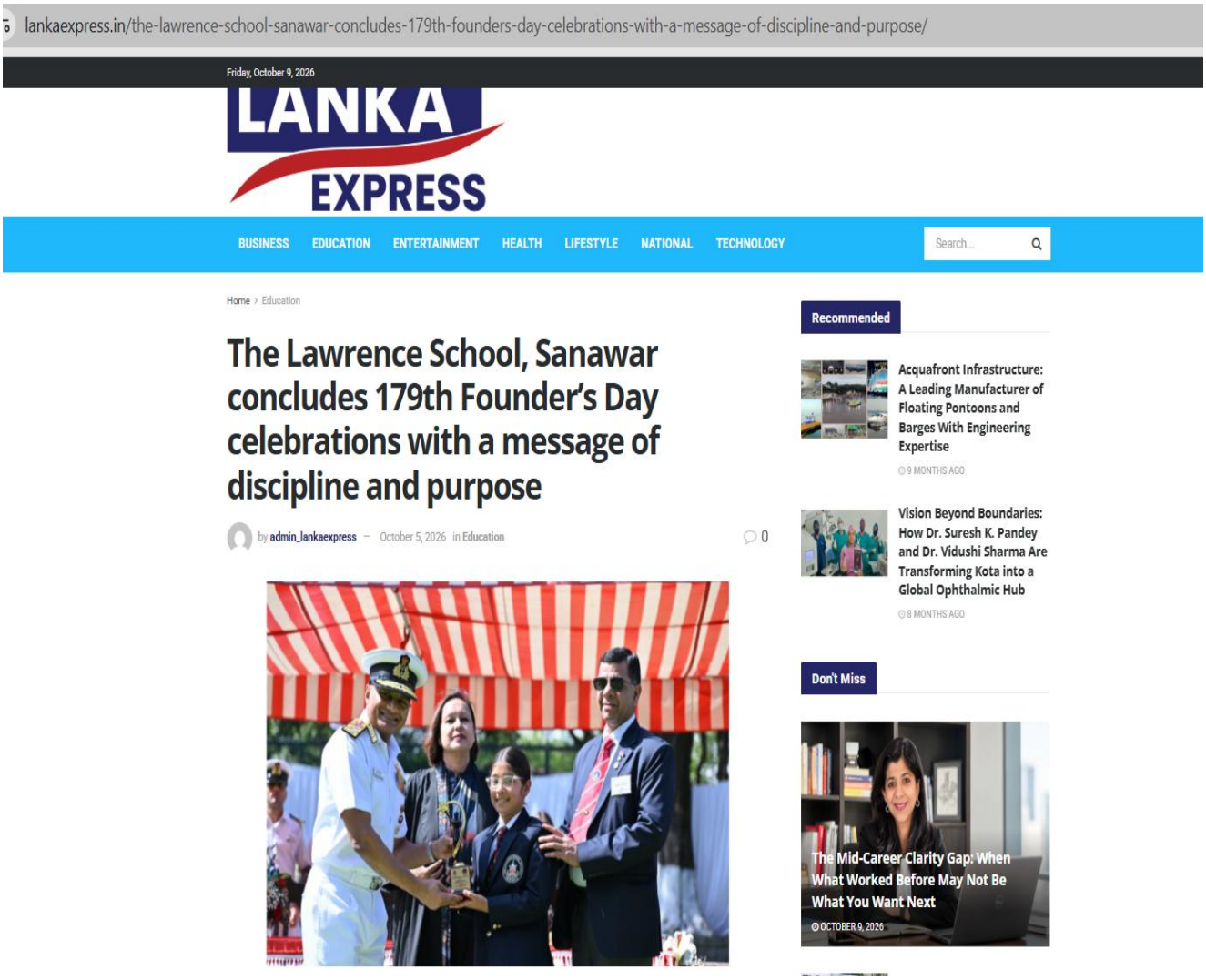
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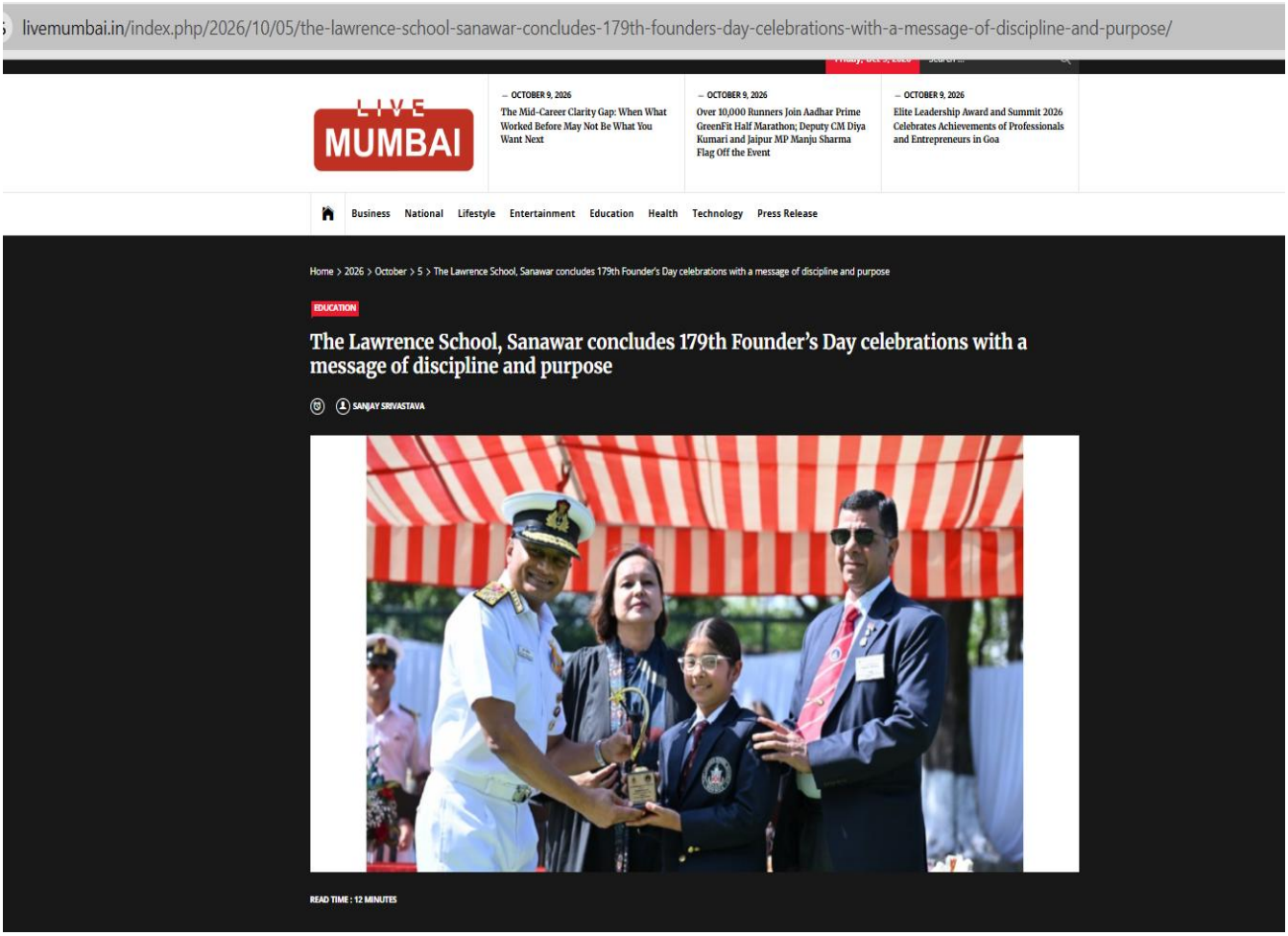
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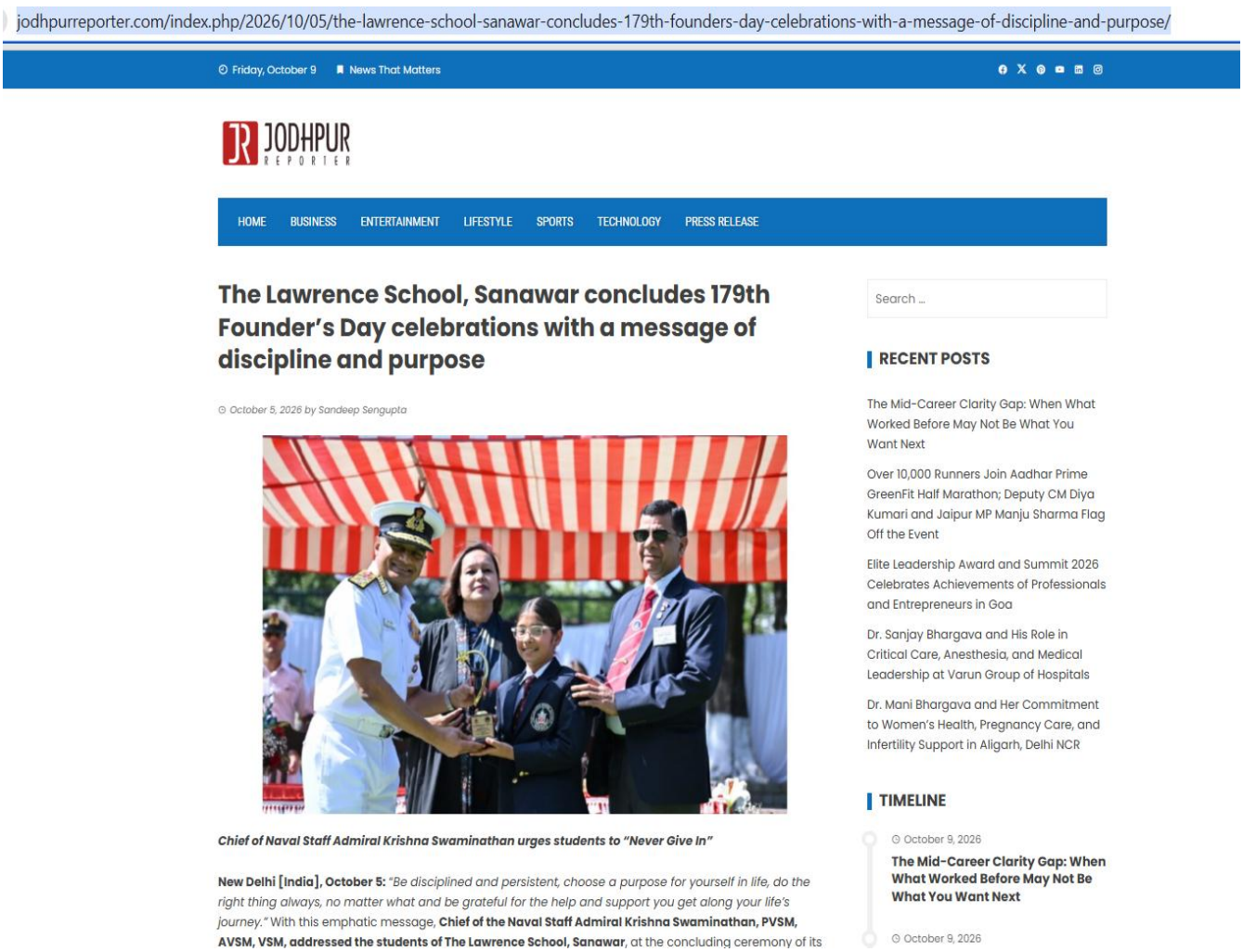


The ceremonial proceedings featured the traditional Trooping of the School Colours, followed by an impressive march past by Old Sanawarians representing the jubilee batches of 1956, 1961, 1966, 1971, 1976, 1996 and 2001, accompanied by the school band. The synchronized march by generations of Sanawarians added grandeur to the occasion and reflected the enduring bond shared by the school's alumni.

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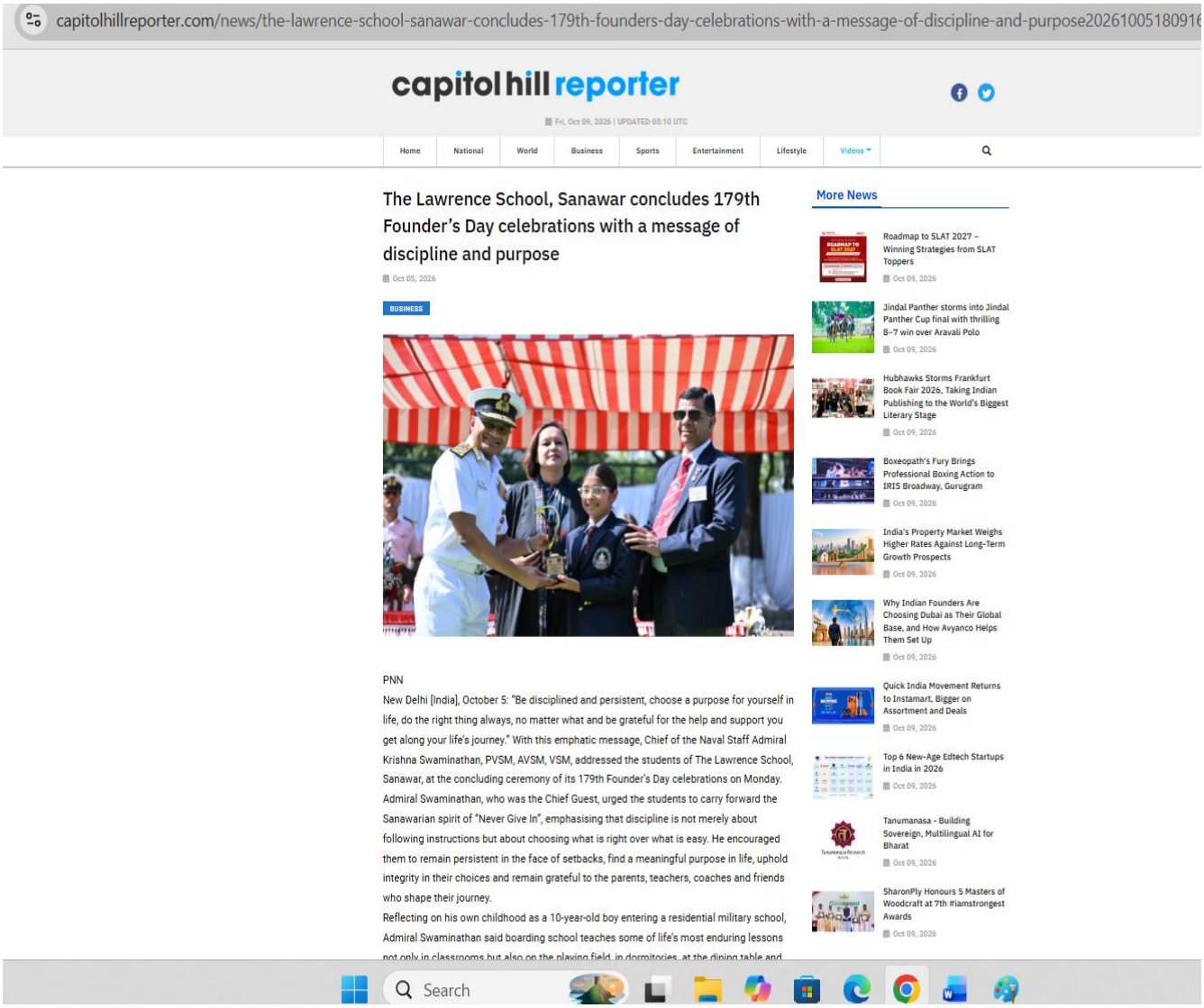
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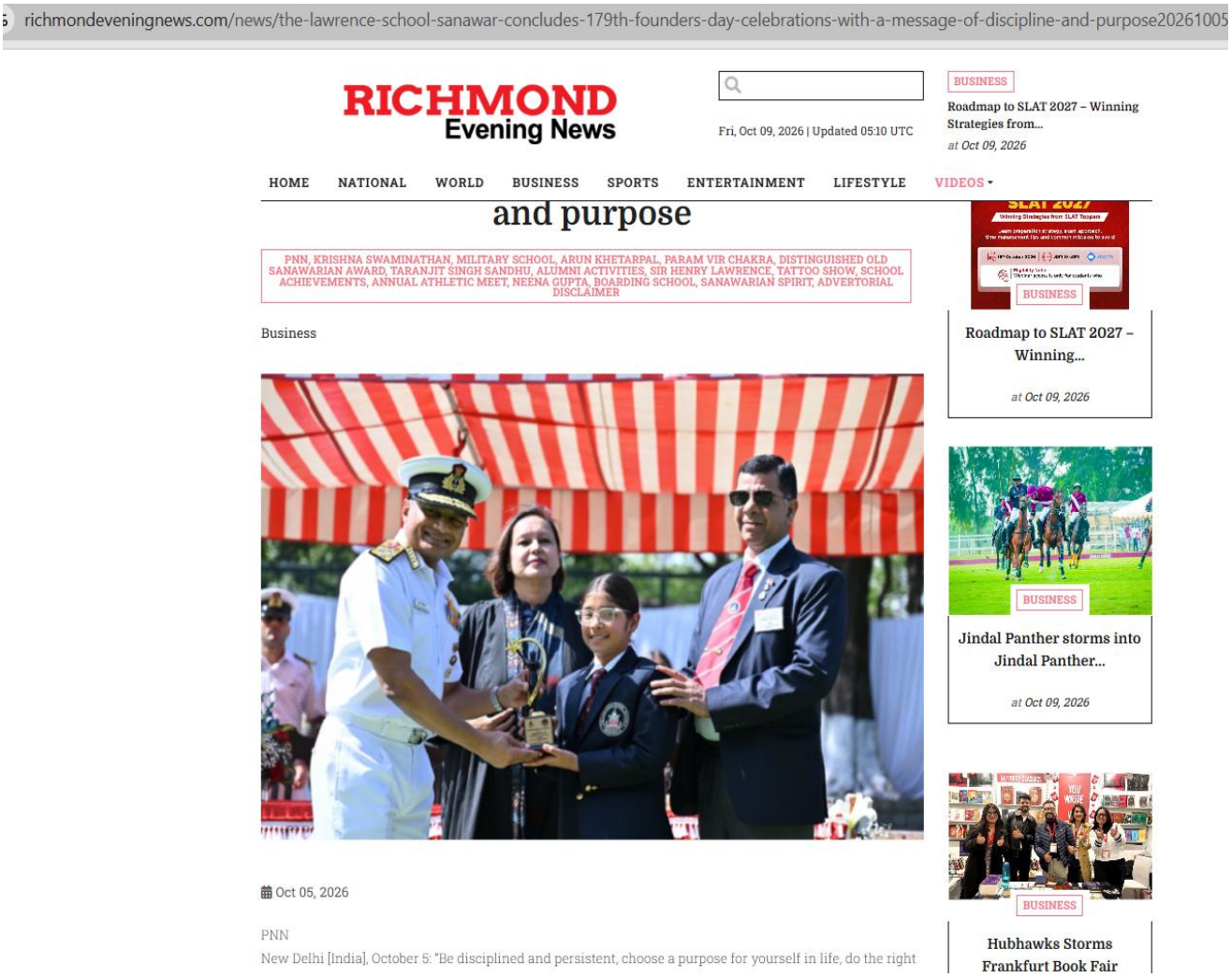
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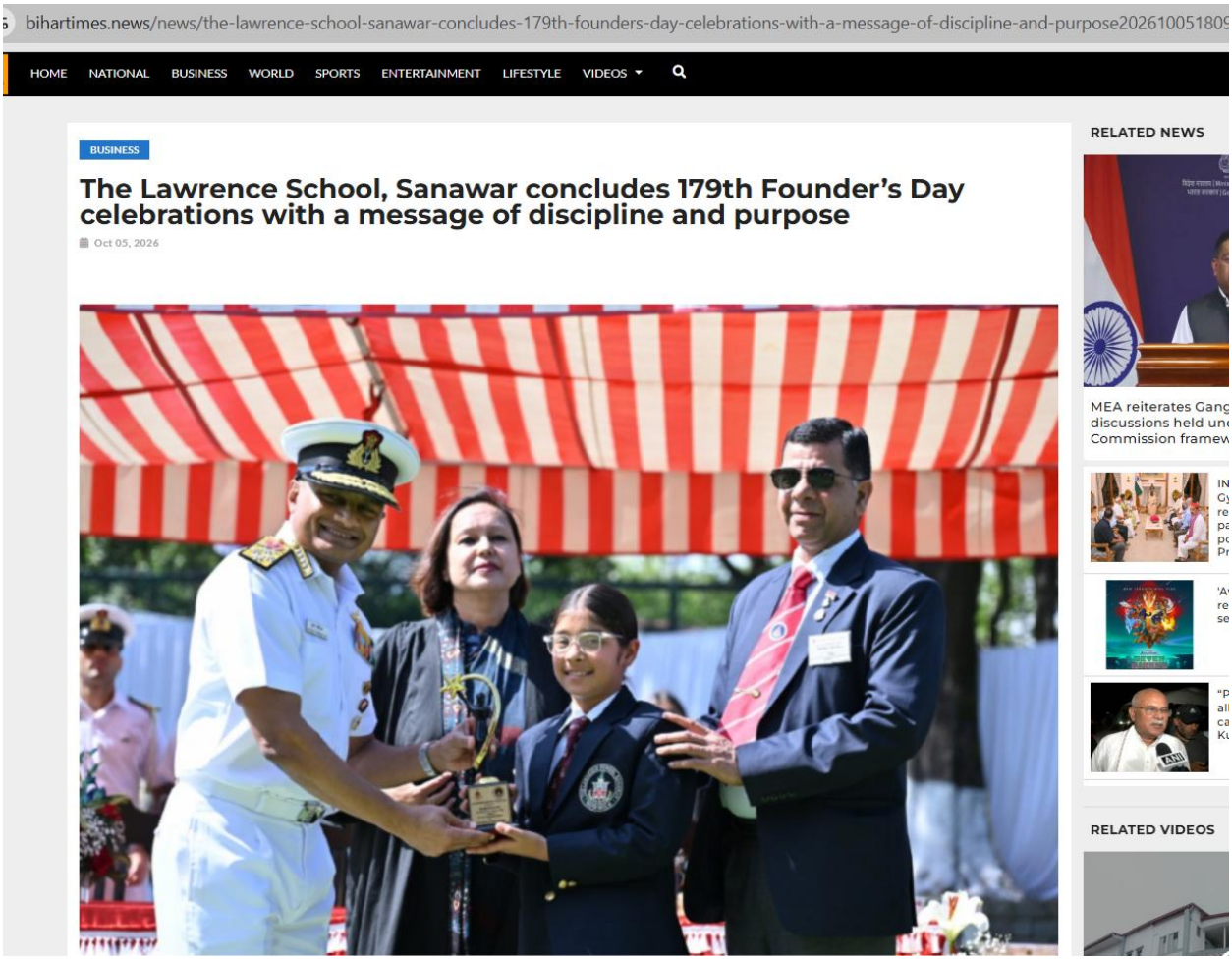


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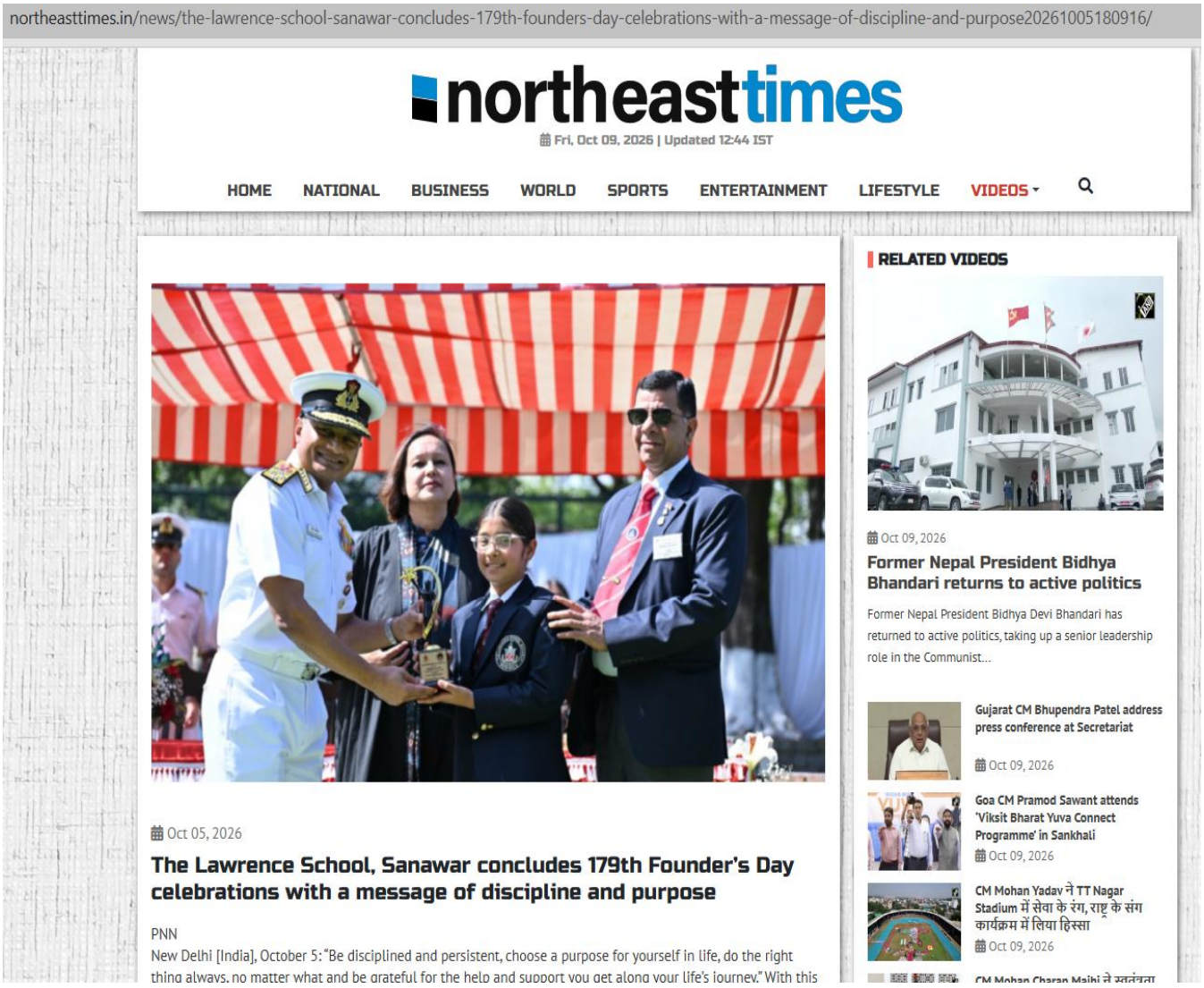
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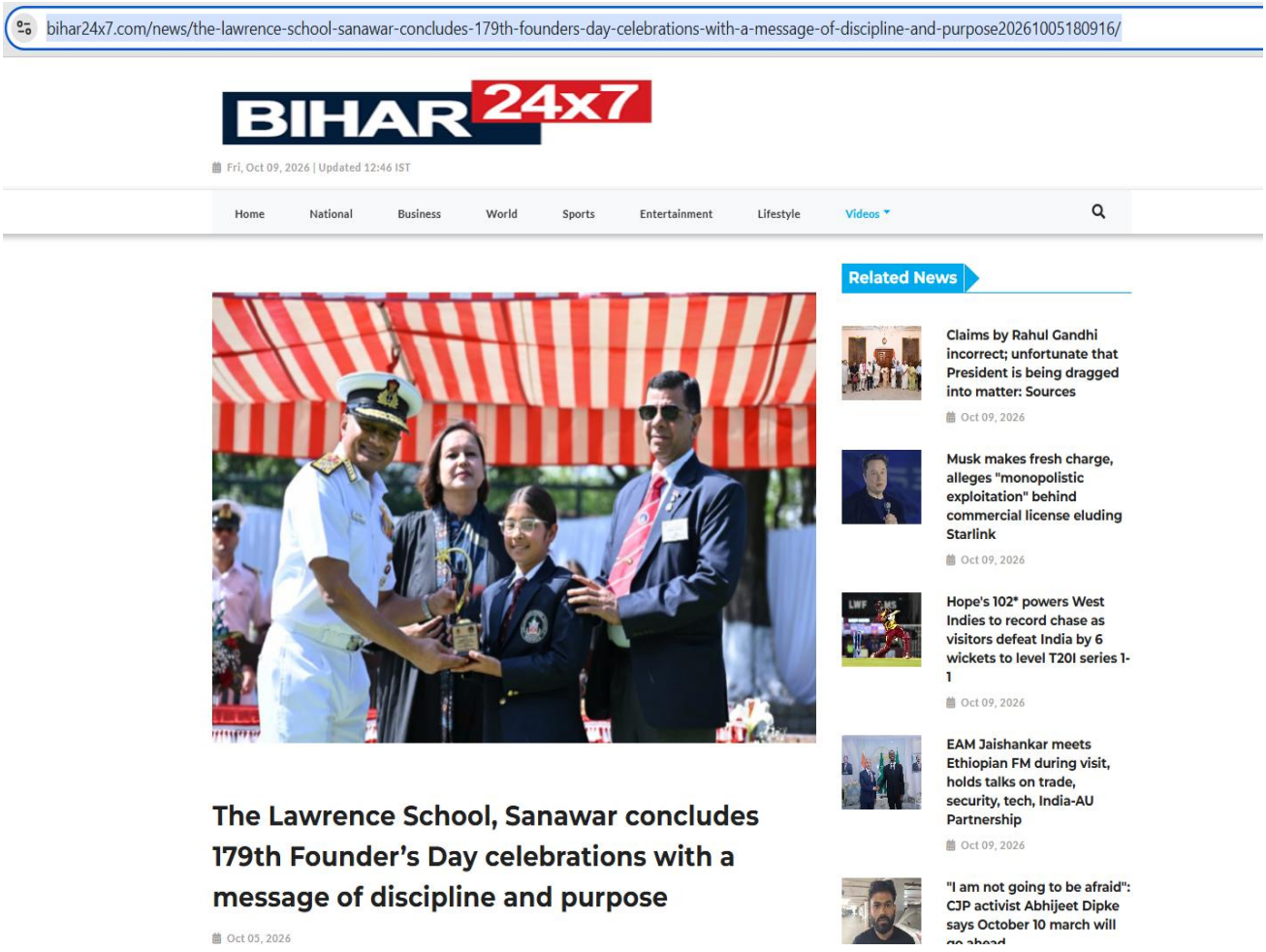
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On the occasion, the Distinguished Old Sanawarian Award was conferred to Lt Governor of Delhi Taranjit Singh Sandhu, General Gaurav SJB Rana (former Chief, Royal Nepalese Army and now Ambassador of Nepal to UK) and Maja Daruwala, a noted human rights lawyer.

Among those present on the occasion were Brigadier Adarsh Butail (Retd), President, Old Sanawarians Society, acclaimed actor Neena Gupta, and several other distinguished Old Sanawarians and eminent personalities. The Chief of the Naval Staff also congratulated the prize winners and appreciated the teachers, instructors, school staff and management for their contribution towards shaping the students.

During the event, School Headmaster Ruchi Pradhan Datta presented the school report, highlighting the institution's achievements and milestones.

The three-day celebrations had begun with a vibrant mix of sports, alumni activities and cultural programmes. The opening day saw friendly basketball and futsal matches between Old Sanawarians and Present Sanawarians, followed by a special assembly bringing together jubilee batches. The alumni also paid homage at the War Memorial to former students who made the supreme sacrifice in service of the nation. Members of the 1966 batch paid a special floral tribute to their former classmate, Second Lieutenant Arun Khetarpal, Param Vir Chakra.

The second day centred around the Annual Athletic Meet, which witnessed participation by nearly 700 students across various track-and-field disciplines. Old Sanawarians too joined the sporting activities as Lt Col Jaspal Singh Sandhu, OS from the 1971 batch, graced the occasion as Chief Guest. Later in the evening, Tattoo, a light and sound show, also set the stage alive with vibrant dance and techno-dance performances.

Founded on April 15, 1847, by Sir Henry and Lady Honoria Lawrence, The Lawrence School, Sanawar, has completed nearly 18 decades of its distinguished journey.

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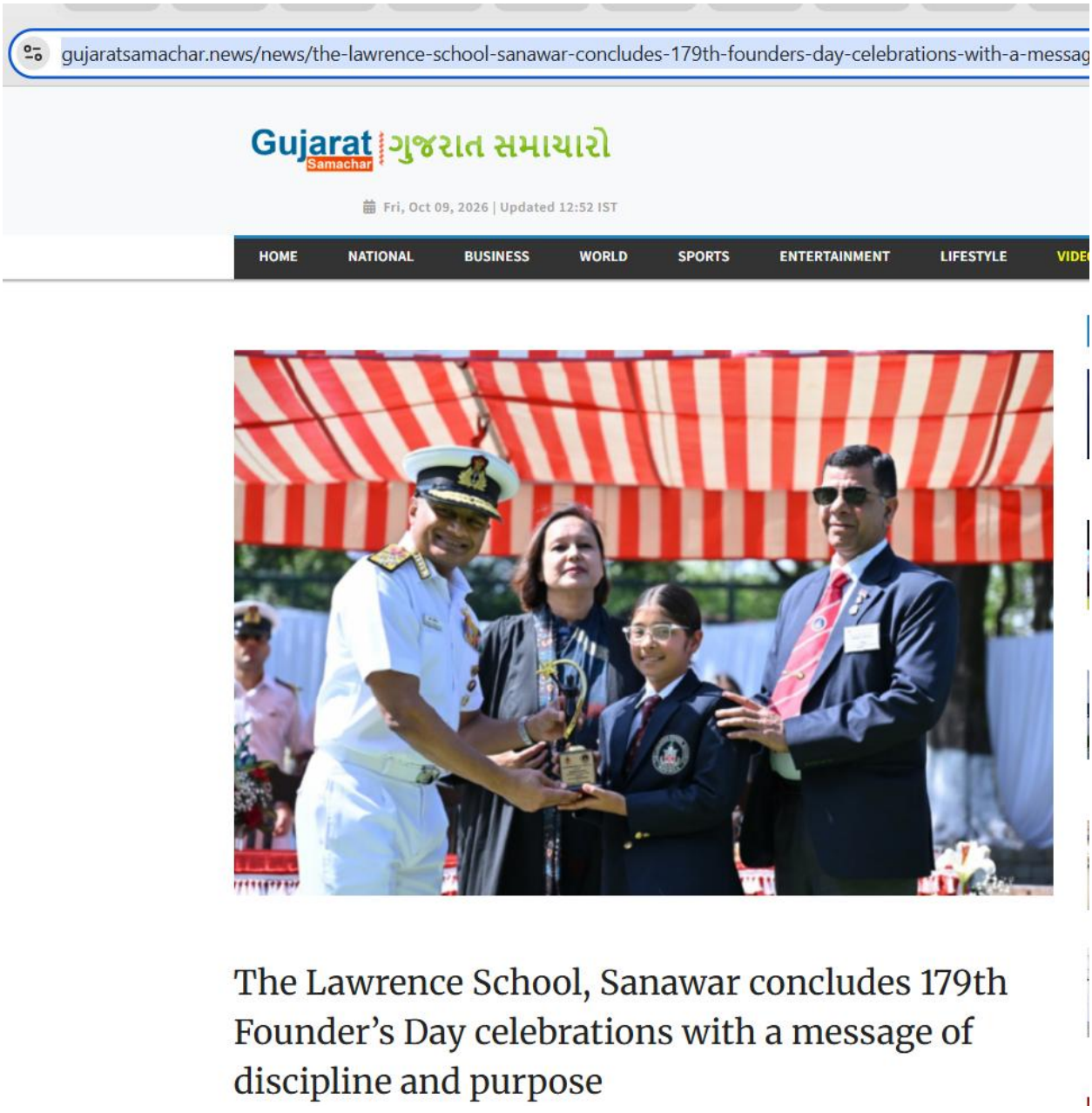
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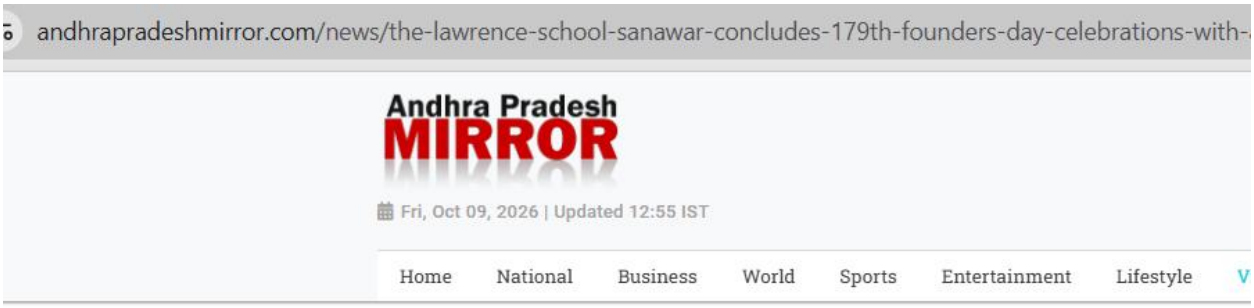
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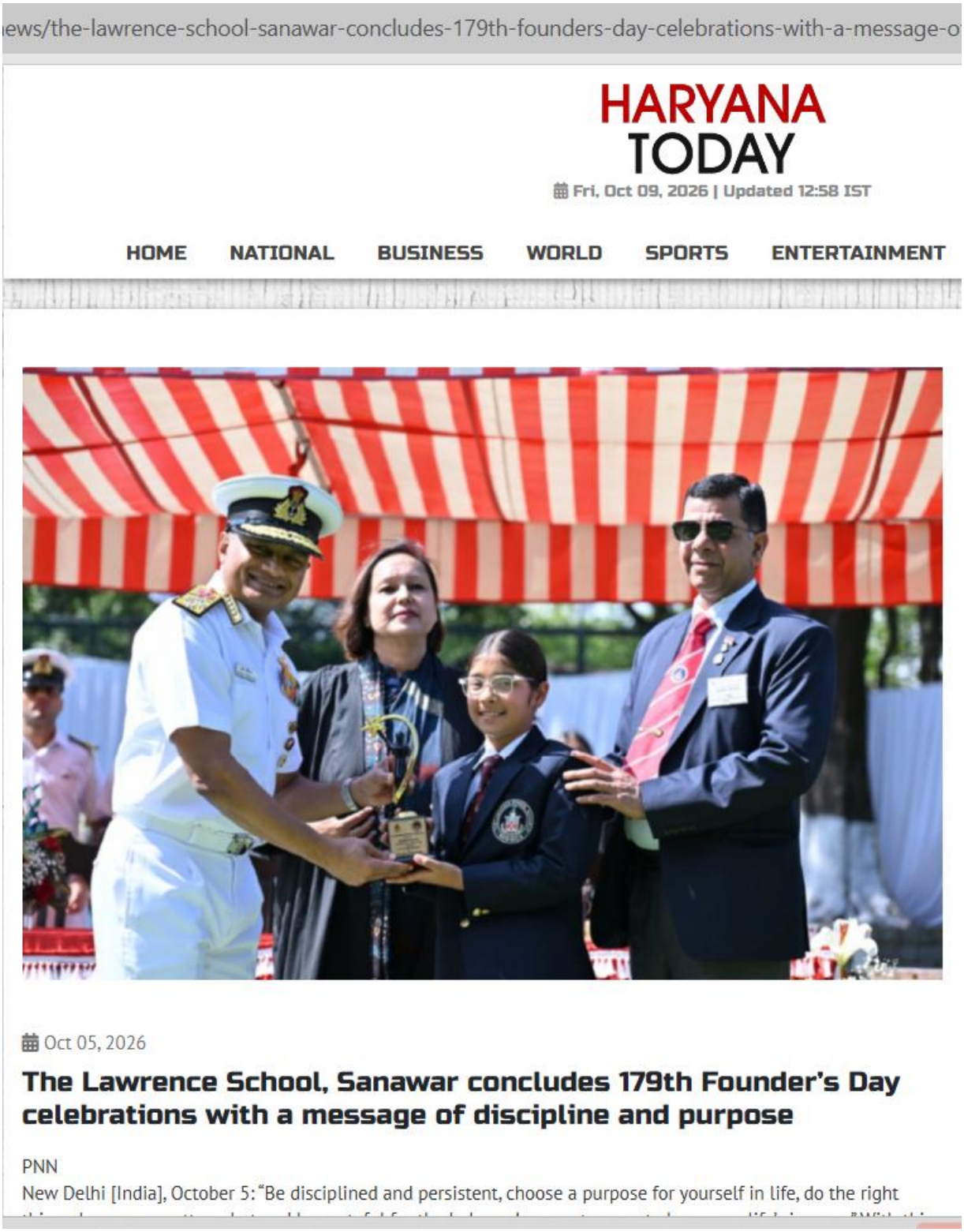
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Dainik Jagran

लारेंस स्कूल में खेल प्रतिभाओं ने दिखाया दमखम

179वां फाउंडर्स डे

- एथलेटिक मीट में 700 छात्रों ने ट्रैक एंड फील्ड में लिया हिस्सा
- हिमालय हाउस बना विजेता, चेतन सिंह और किमाया कोचर सर्वश्रेष्ठ एथलीट चुने गए



द लारेंस स्कूल, सनावर में चल रहे तीन दिवसीय 179वें फाउंडर्स डे समारोह के दूसरे दिन रविवार को वार्षिक एथलेटिक मीट आकर्षण का मुख्य केंद्र रही।

जागरण संवाददाता, बंडीगढ़ : द लारेंस स्कूल, सनावर में आयोजित तीन दिवसीय 179वें फाउंडर्स डे समारोह के दूसरे दिन वार्षिक एथलेटिक मीट ने सभी का ध्यान आकर्षित किया। इस कार्यक्रम में लगभग 700 छात्रों ने विभिन्न ट्रैक एंड फील्ड स्पर्धाओं में भाग लिया, जिसमें उन्होंने खेल भावना, अनुशासन और स्वस्थ प्रतिस्पर्धा का परिचय दिया।

मुख्य अतिथि के रूप में उपस्थित ओल्ड सनावेरियन और 1971 बैच के लेफ्टिनेंट कर्नल जसपाल सिंह संधू ने छात्रों को संबोधित करते हुए कहा कि स्कूल में मिलने वाले खेल के अवसर उनके लिए सफल खेल करियर की दिशा में महत्वपूर्ण साबित हो सकते हैं। उन्होंने सनावर की समृद्ध खेल परंपरा का उल्लेख किया, जिसने कई अंतरराष्ट्रीय स्तर के खिलाड़ियों को तैयार किया है। छात्रों से उन्होंने अपने खेल के सपनों को समर्पण और आत्मविश्वास के साथ आगे बढ़ाने का आह्वान किया।

इस एथलेटिक मीट में विभिन्न आयु वर्गों के छात्रों ने अपनी प्रतिभा का प्रदर्शन किया। चार हाउस के बीच हुई प्रतियोगिता में हिमालय हाउस विजेता रहा। चेतन सिंह को कलिंगा कप का विजेता और सर्वश्रेष्ठ पुरुष एथलीट घोषित किया गया, जबकि किमाया कोचर को बाला कप की विजेता और सर्वश्रेष्ठ महिला एथलीट चुना गया।

लेफ्टिनेंट कर्नल जसपाल सिंह संधू ने रुचि प्रधान दत्ता, हेडमास्टर, द लारेंस स्कूल, सनावर और ब्रिगेडियर आदर्श बुटेल (सेवानिवृत्त), प्रेसिडेंट, ओल्ड सनावेरियन सोसाइटी की उपस्थिति में विभिन्न वर्गों के विजेताओं को सम्मानित किया।

दिन का समापन शानदार टैटू कार्यक्रम के साथ हुआ, जिसमें लगभग 600 छात्रों ने लाइट एंड साउंड शो में रंगारंग डांस और टेक्नो-डांस प्रस्तुतियों से दर्शकों का मन मोह लिया। 179वें फाउंडर्स डे समारोह का समापन सोमवार को स्कूल फ्लैग की ड्रिपिंग और मुख्य अतिथि एडमिरल कृष्णा स्वामीनाथन, चीफ ऑफ द नेवल स्टाफ के संबोधन के साथ होगा।

Daily Jagmarg

पुरानी यादों के साथ सनावर में फाउंडर्स डे



चंडीगढ़ (जगमार्ग न्यूज)। द लॉरेंस स्कूल, सनावर में शनिवार को तीन दिवसीय 179वें फाउंडर्स डे समारोह की शुरुआत हुई। पहले दिन विद्यार्थियों, अभिभावकों, स्टाफ और ओल्ड सनावरियंस ने खेल, सांस्कृतिक कार्यक्रमों और एलुमनी गतिविधियों में हिस्सा लिया। पीसस्टेड में ओल्ड सनावरियंस और प्रेजेंट सनावरियंस की लड़कियों के बीच बास्केटबॉल मैच हुआ। इसके बाद लड़कों का फुटसल मुकाबला खेला गया। खेलों के जरिए पुराने और वर्तमान विद्यार्थियों को एक-दूसरे से जुड़ने का अवसर मिला। स्कूल चैपल में 1956, 1961, 1966, 1971, 1976, 1996 और 2001 के जुबली बैचों के लिए विशेष असेंबली हुई। गोल्डन स्टेयरकेस पर ग्रुप फोटोग्राफ के बाद वर्षों बाद स्कूल लौटे पूर्व विद्यार्थियों ने अपने पुराने सहपाठियों और दोस्तों से मुलाकात कर यादें ताजा कीं। 1971 बैच के ओल्ड सनावरियन विवेक मेहरा ने कहा कि सनावर उनके लिए सिर्फ स्कूल नहीं, बल्कि जिंदगी का ऐसा अध्याय है, जो आज भी उनके भीतर जीवित है। जुबली बैचों ने वॉर मेमोरियल पर शहीद ओल्ड सनावरियंस को श्रद्धांजलि दी।

Dainik Jagran

700 छात्रों ने ट्रैक व फील्ड स्पर्धाओं में दिखाया दमखम

- द लारेंस स्कूल सनावर के फाउंडर्स डे समारोह में दिया खेल भावना का संदेश
- 1971 बैच के ओल्ड सनावरियन लेफ्टिनेंट कर्नल जसपाल सिंह रहे मुख्य अतिथि



विजेताओं को सम्मानित करते मुख्य अतिथि लेफ्टिनेंट कर्नल जसपाल संधू • सौ. स्कूल

संवाद सहयोगी, जागरण • सोलन : द लारेंस स्कूल सनावर के तीन दिवसीय 179वें फाउंडर्स डे समारोह के दूसरे दिन रविवार को वार्षिक एथलेटिक मीट व टैटू आकर्षण का केंद्र रहा। करीब 700 छात्रों ने विभिन्न ट्रैक एवं फील्ड स्पर्धाओं में हिस्सा लेकर खेल भावना, अनुशासन व स्वस्थ प्रतिस्पर्धा का परिचय दिया। इस अवसर पर 1971 बैच के ओल्ड सनावरियन लेफ्टिनेंट कर्नल जसपाल सिंह संधू मुख्यातिथि रहे। उन्होंने कहा कि स्कूल में मिलने वाले खेल के अवसर उनके लिए सफल खेल करियर की दिशा में आगे बढ़ने का मंच बन सकते हैं।

उन्होंने सनावर की उस समृद्ध खेल परंपरा का उल्लेख किया, जिसने कई अंतरराष्ट्रीय स्तर के खिलाड़ियों को तैयार किया है। चार हाउस के बीच हुई प्रतियोगिता में हिमालय हाउस विजेता रहा। कलिंगा कप के विजेता चेतन सिंह को सर्वश्रेष्ठ पुरुष एथलीट घोषित किया गया, जबकि बाला कप की विजेता किमाया कोचर को सर्वश्रेष्ठ महिला एथलीट चुना गया। लेफ्टिनेंट कर्नल जसपाल सिंह संधू ने स्कूल हेड मास्टर रुचि प्रधान दत्ता व प्रेसिडेंट ओल्ड सनावरियन सोसायटी ब्रिगेडियर (रि) आदर्श ब्रुटेल की मौजूदगी में विभिन्न वर्गों के विजेताओं को सम्मानित किया। दिन के कार्यक्रम में ओल्ड सनावरियंस की भागीदारी भी खास आकर्षण रही। करीब 600 छात्रों ने लाइट एंड साउंड शो में रंगारंग डांस व टेक्नो-डांस प्रस्तुतियों से मंच पर समां बांध दिया। छात्रों की शानदार कोरियोग्राफी, ऊर्जा व रचनात्मकता ने दर्शकों का मन मोह लिया।

आज समापन पर नेवी चीफ होंगे मुख्यातिथि : समारोह का समापन सोमवार को स्कूल फ्लैग ट्रूपिंग, मार्चपास्ट, स्कूल परेड से होगा। समापन समारोह में चीफ आफ द नेवल स्टाफ एडमिरल कृष्णा स्वामीनाथन बतौर मुख्य अतिथि शिरकत करेंगे।

Himprabha

एथलेटिक मीट में छात्रों ने दिखाया दमखम, 179वें फाउंडर्स समारोह का दूसरा दिन खेल और रंगारंग प्रस्तुतियों से स



चंडीगढ़ (हिमप्रभा ब्यूरो)। द लॉरेंस स्कूल, सनावर में तीन दिवसीय 179वें फाउंडर्स डे समारोह के दूसरे दिन रविवार को वार्षिक एथलेटिक मीट मुख्य आकर्षण रही। छात्रों ने विभिन्न ट्रैक एंड फील्ड स्पर्धाओं में उत्साहपूर्वक भाग लेते हुए खेल भावना और प्रतिस्पर्धी जज्बे का प्रदर्शन किया। ओल्ड सनावरियन और 1971 बैच के पूर्व छात्र लेफ्टिनेंट कर्नल जसपाल सिंह संधू समारोह के मुख्य अतिथि थे। छात्रों को संबोधित करते हुए उन्होंने कहा कि स्कूल में होने वाली खेल गतिविधियां उनके लिए भविष्य में सफल खेल करियर की दिशा में आगे बढ़ने का मंच बन सकती हैं। उन्होंने सनावर की समृद्ध खेल विरासत का उल करते हुए छात्रों को अपने खेल के सपनों को पूरे समर्पण और आत्मविश्वास के साथ आगे बढ़ाने के लिए प्रेरित वि एथलेटिक मीट में विभिन्न आयु वर्गों के छात्रों ने ट्रैक एंड फील्ड की कई स्पर्धाओं में हिस्सा लिया। चेतन सिंह, किं कप के विजेता, को सर्वश्रेष्ठ पुरुष एथलीट, जबकि किमाया कोचर, बाला कप की विजेता, को सर्वश्रेष्ठ महिला एथ घोषित किया गया। लेफ्टिनेंट कर्नल संधू ने स्कूल की हेडमास्टर रुचि प्रधान दत्ता और ओल्ड सनावरियन सोस के अध्यक्ष ब्रिगेडियर आदर्श बुटेल (सेवानिवृत्त) की मौजूदगी में विभिन्न वर्गों के विजेताओं को सम्मानित वि खेल के मैदान पर ओल्ड सनावरियनों ने भी छात्रों के साथ कदम मिलाते हुए पूरे उत्साह के साथ हिस्सा लिया। के कार्यक्रम में अभिभावकों के लिए प्रदर्शनियां और स्कूल फेट भी आयोजित किया गया, जिसमें छात्र, अभिभा पूर्व छात्र और स्टाफ एक साथ नजर आए। दिन का समापन करीब 600 छात्रों की भागीदारी वाले शानदार टै हुआ। लाइट एंड साउंड शो में छात्रों की रंगारंग डांस और टेक्नो-डांस प्रस्तुतियों ने दर्शकों का मन मोह लिया। 3 अक्टूबर तक चल रहे समारोह का समापन सोमवार को 179वें फाउंडर्स डे पर स्कूल ध्वज फहराने की परेड मुख्य अतिथि एडमिरल कृष्णा स्वामीनाथन, चीफ ऑफ द नेवल स्टाफ के संबोधन के साथ होगा।

Punjab Kesari

एथलैटिक मीट में हिमालय हाऊस बना विजेता, चेतन सिंह व किमाया कोचर सर्वश्रेष्ठ एथलीट

सोलन, 4 अक्तूबर (ब्यूरो): द लॉरेंस स्कूल सनावर में चल रहे फाऊंडर्स डे समारोह के दूसरे दिन रविवार को एथलैटिक मीट आकर्षण का केंद्र रही। कार्यक्रम में 1971 बैच के ओल्ड सनारियन लैफ्टिनैंट कर्नल जसपाल सिंह संधू मुख्यातिथि रहे। उन्होंने कहा कि स्कूल में मिलने वाले खेल के अवसर सफल खेल करियर की दिशा में आगे बढ़ने का मजबूत मंच हैं। प्रतियोगिता में हिमालय हाऊस विजेता रहा।

कलिंगा कप के विजेता चेतन सिंह को सर्वश्रेष्ठ पुरुष एथलीट, जबकि बाला कप की विजेता किमाया कोचर को सर्वश्रेष्ठ महिला एथलीट चुना गया। मुख्यातिथि ने हैडमास्टर रुचि प्रधान दत्ता और ओल्ड सनारियन सोसायटी के अध्यक्ष ब्रिगेडियर आदर्श बुटेल (सेवानिवृत्त) की मौजूदगी में विजेताओं को सम्मानित किया।

एथलैटिक मीट में ओल्ड सनारियंस की भागीदारी भी रही। पूर्व छात्रों ने युवा पीढ़ी के साथ मैदान में उतरकर विभिन्न गतिविधियों में हिस्सा लिया। समारोह के दौरान अभिभावकों के लिए विभिन्न प्रदर्शनियों के साथ स्कूल फेटे का आयोजन भी किया गया।

इसमें छात्रों, अभिभावकों, पूर्व छात्रों और स्टाफ ने मिलकर सनावर की परंपराओं और सामुदायिक भावना को जीवंत किया। दिन का समापन टैटू कार्यक्रम के साथ हुआ। करीब 600 छात्रों ने लाइट एंड साऊंड शो में डांस और टैक्नो-डांस प्रस्तुतियों से दर्शकों को मंत्रमुग्ध कर दिया। छात्रों की कोरियोग्राफी, ऊर्जा और रचनात्मकता ने कार्यक्रम में चार चांद लगा दिए।



सोलन : द लॉरेंस स्कूल सनावर में चल रहे फाऊंडर्स डे समारोह के दूसरे दिन परेड के दौरान सनावर बैंड। (ब्यूरो)

Times of India

Students, alumni come together to mark Sanawar founder's day

TIMES NEWS NETWORK



179 YEARS STRONG: Alumni pose for a group photograph

Chandigarh: The Lawrence School, Sanawar, one of the world's oldest co-educational residential schools, commenced its three-day 179th founder's day celebrations on Saturday with a blend of sporting, alumni and cultural events that brought together students, parents, staff and Old Sanawarians (OS) to celebrate the institution's enduring legacy.

The festivities began with friendly sporting contests between Old Sanawarians and Present Sanawarians, including a girls' basketball match and a boys' futsal match, rekindling old bonds through competition and camaraderie.

One of the most emotional moments of the day was a special assembly for the Jubilee Batches of 1956, 1961, 1966, 1971, 1976, 1996 and 2001 at the historic School Chapel, followed by group photographs at the iconic Golden Staircase. Alumni who had last walked the campus decades ago reunited with classmates and friends, transforming the gathering into a celebration of memories and the enduring Sanawar spirit.

Representatives of the Jubilee Batches also laid a wreath at the War Memorial to honour Old Sanawarians who made the supreme sacrifice in service of the nation.

The celebrations will conclude on Monday in the presence of Chief of the Naval Staff Admiral Krishna Swaminathan.

Hindustan Times

Lawrence School, begins founder's day celebrations

CHANDIGARH : The Lawrence School, Sanawar on Saturday began its three-day 179th Founder's Day celebrations with a series of sporting events, alumni reunions and cultural programmes, bringing together students, parents, staff and alumni. The opening day featured girls' basketball and boys' futsal matches between alumni and current students, allowing them to reconnect through friendly competition.

Daily Pioneer

BRIEFS

THE LAWRENCE SCHOOL, SANAWAR BEGINS 179TH FOUNDER'S DAY CELEBRATIONS



Chandigarh: The Lawrence School, Sanawar, one of the world's oldest co-educational residential schools commenced its three-day 179th Founder's Day celebrations on Saturday with a vibrant mix of sporting, alumni and cultural activities, bringing together students, parents, staff and Old Sanawarians (OS). The opening day began with an Old Sanawarians (OS) vs Present Sanawarians (PS) girls' basketball match followed by a boys' futsal match between the two teams at Peacestead. The sporting events provided an opportunity for alumni and present students to reconnect through healthy competition and camaraderie. A special Assembly for the Old Sanawarian Jubilee Batches of 1956, 1961, 1966, 1971, 1976, 1996 and 2001 was held at the historic School Chapel, followed by group photographs at the Golden Staircase. Alumni returning to their alma mater after several years reunited with old classmates and friends, turning the gathering into an emotional celebration of memories, friendships and the enduring Sanawar bond. Day two will feature the Annual Athletic Meet, Annual Prize Distribution, school fete, concert and Tattoo Light and Sound Show. The celebrations will conclude on Monday with Chief of the Naval Staff Admiral Krishna Swaminathan as Chief Guest and the traditional Trooping of the School Flag. Ruchi Pradhan Datta, Headmaster, said Founder's Day celebrates Sanawar's spirit, traditions and values while bringing students, staff, parents and Old Sanawarians together to celebrate their shared heritage.

Jammu Bulletin

Lawrence School Sanawar begins 179th Founder's Day celebrations

JAMMU BULLETIN NEWS
SONAWAR, OCT 3:

The Lawrence School, Sanawar, one of the world's oldest co-educational residential schools, on Saturday commenced its 179th Founder's Day celebrations, bringing together students, parents, staff and Old Sanawarians (OS) for a three-day programme featuring sporting events, alumni gatherings, cultural performances and traditional ceremonies. The opening day began with an Old Sanawarians versus Present Sanawarians girls' basketball match, followed by a boys' futsal encounter at Peacestead. The sporting events provided an opportunity for former students and the present generation of Sanawarians to reconnect through healthy competition, camaraderie and shared school spirit.

A special Assembly was organised at the historic School Chapel for the Old Sanawarian Jubilee Batches of 1956, 1961, 1966, 1971, 1976, 1996 and 2001. The assembly was followed by group photographs at the Golden Staircase, as alumni returning to their alma mater reunited with old classmates and friends. The reunion turned into an emotional celebration of memories, friendships and the enduring Sanawar bond. Reflecting on the occasion, OS Vivek Mehra of the 1971 batch said Sanawar was more than a school they had attended and that returning for the jubilee brought back memories that had remained alive despite the passage of time.

Similarly, OS Maneet Singh of the 2001 batch said the return to Sanawar demonstrated that some bonds remain unchanged over the years, while the Chapel Assembly provided an opportunity to reconnect with friends and revisit school memories.A significant part of the opening day's programme was the tribute paid by the jubilee batches at the War Memorial, where wreaths were laid in remembrance of Old Sanawarians who made the supreme sacrifice in service of the nation.

Members of the 1966 batch also paid floral tribute to their former classmate Second Lieutenant Arun Khetarpal, Param Vir Chakra awardee, who belonged to the batch. The tribute added a solemn dimension to the Founder's Day celebrations and recalled the school's tradition of service and sacrifice. The day also featured a special school concert at Barné Hall, where students presented "12 Angry Men", exploring themes of justice, critical thinking, empathy and responsible decision-making.The second day of the celebrations will feature the Annual Athletic Meet, Annual Prize Distribution, school fete and the Tattoo Light and Sound Show. The three-day celebrations will conclude on Monday with Chief of the Naval Staff Admiral Krishna Swaminathan as the Chief Guest, followed by the traditional Trooping of the School Flag.Ruchi Pradhan Datta, Headmaster, The Lawrence School, Sanawar, said Founder's Day celebrates the institution's spirit, traditions and values while bringing together students, staff, parents and Old Sanawarians to celebrate their shared heritage. Brig. Adarsh Butail (Retd.), President, Old Sanawarian Society, said Founder's Day provides an opportunity to celebrate Sanawar's traditions and the enduring friendships formed at the school.

The 179th Founder's Day celebrations thus bring together generations of Sanawarians, linking the institution's rich heritage with its present-day community through sport, culture, remembrance and fellowship.

Northernlines

The Lawrence School, Sanawar begins 179th Founder's Day celebrations

Sports, alumni events and cultural programmes mark opening day



NL CORRESPONDENT

Jammu/Srinagar, October 3: The Lawrence School, Sanawar, one of the world's oldest co-educational residential schools commenced its three-day 179th Founder's Day celebrations on Saturday with a vibrant mix of sporting, alumni and cultural activities, bringing together students, parents, staff and Old Sanawarians (OS).

The opening day began with an Old Sanawarians (OS) vs Present Sanawarians (PS) girls' basketball match followed by a boys' futsal match between the two teams at Peacestead. The sporting events provided an opportunity for alumni and present students to reconnect through healthy competition and camaraderie.

A special Assembly for the Old Sanawarian Jubilee Batches of 1956, 1961, 1966, 1971, 1976, 1996 and 2001 was held at the historic School Chapel, followed by group photographs at the Golden Staircase. Alumni returning to their alma mater after several years reunited with old classmates and friends, turning the gathering into an emotional celebration of memories, friendships and the enduring Sanawar bond.

"Sanawar is not merely a school that we attended; it is a chapter of our lives that continues to live within us. Returning for our jubilee has brought back memories that time could never erase," said OS Vivek Mehra of the 1971 batch.

"Years may have passed, but coming back to Sanawar makes you realise that some bonds never change. The Chapel Assembly gave us a beautiful opportunity to reconnect with our friends and relive the memories of our school days," said OS Maneet Singh of the 2001 batch.

The Jubilee Batch representatives also paid tribute at the War Memorial, laying a wreath in remembrance of Old Sanawarians who made the supreme sacrifice in service of the nation. Members of the 1966 OS batch, to which Second Lieutenant Arun Khetarpal, Param Vir Chakra awardee, belonged, paid floral tribute to their former classmate.

The day also featured a special school concert at Barné Hall, where students presented "12 Angry Men", highlighting justice, critical thinking, empathy and responsible decision-making.

Day two will feature the Annual Athletic Meet, Annual Prize Distribution, school fete, concert and Tattoo Light and Sound Show. The celebrations will conclude on Monday with Chief of the Naval Staff Admiral Krishna Swaminathan as Chief Guest and the traditional Trooping of the School Flag.

Ruchi Pradhan Datta, Headmaster, said Founder's Day celebrates Sanawar's spirit, traditions and values while bringing students, staff, parents and Old Sanawarians together to celebrate their shared heritage.

Brig. Adarsh Butail (Retd.), President, Old Sanawarian Society, said, "Founder's Day gives us an opportunity to celebrate the traditions of Sanawar and the enduring friendships formed here."

State Vision

The Lawrence School, Sanawar begins 179th Founder's Day celebrations

SV NEWS SERVICE

Jammu/Srinagar, October 3: The Lawrence School, Sanawar, one of the world's oldest co-educational residential schools commenced its three-day 179th Founder's Day celebrations on Saturday with a vibrant mix of sporting, alumni and cultural activities, bringing together students, parents, staff and Old Sanawarians (OS).

The opening day began with an Old Sanawarians (OS) vs Present Sanawarians (PS) girls' basketball match followed by a boys' futsal match between the two teams at Peacestead. The sporting events provided an opportunity for alumni and present students to reconnect through healthy competition and camaraderie.



A special Assembly for the Old Sanawarian Jubilee Batches of 1956, 1961, 1966, 1971, 1976, 1996 and 2001 was held at the historic School Chapel, followed by group photographs at the Golden Staircase. Alumni returning to their alma mater after several years reunited with old classmates and friends, turning the gathering into an emotional celebration of memories, friendships and the enduring Sanawar bond.

"Sanawar is not merely a school that we attended; it is a chapter of our lives that continues to live within us. Returning for our jubilee has brought back memories that time could never erase," said OS Vivek Mehra of the 1971 batch.

"Years may have passed, but coming back to Sanawar makes you realise that some bonds never change. The Chapel Assembly gave us a beautiful opportunity to reconnect with our friends and relive the memories of our school days," said OS Maneet Singh of the 2001 batch.

The Jubilee Batch representatives also paid tribute at the War Memorial, laying a wreath in remembrance of Old Sanawarians who made the supreme sacrifice in service of the nation. Members of the 1966 OS batch, to which Second Lieutenant Arun Khetarpal, Param Vir Chakra awardee, belonged, paid floral tribute to their former classmate.

The day also featured a special school concert at Barné Hall, where students presented "12 Angry Men", highlighting justice, critical thinking, empathy and responsible decision-making.

Day two will feature the Annual Athletic Meet, Annual Prize Distribution, school fete, concert and Tattoo Light and Sound Show. The celebrations will conclude on Monday with Chief of the Naval Staff Admiral Krishna Swaminathan as Chief Guest and the traditional Trooping of the School Flag.

Ruchi Pradhan Datta, Headmaster, said Founder's Day celebrates Sanawar's spirit, traditions and values while bringing students, staff, parents and Old Sanawarians together to celebrate their shared heritage.

Brig. Adarsh Butail (Retd.), President, Old Sanawarian Society, said, "Founder's Day gives us an opportunity to celebrate the traditions of Sanawar and the enduring friendships formed here."

Golden Words

The Lawrence School, Sanawar begins 179th Founder's Day celebrations
Sports, alumni events and cultural programmes mark opening day

GW REPORTER

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Nawa-E-Waqt

The Lawrence School, Sanawar begins 179th Founder's Day celebrations

NIWA NEWS
JAMMU, OCT 1

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Refugee Message

The Lawrence School, Sanawar begins 179th Founder's Day celebrations

REFUGEE MESSAGE BUREAU
JAMMU, OCTOBER 3



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Srinagar Dossier

The Lawrence School, Sanawar begins 179th Founder's Day celebrations

SD CORRESPONDENT
JAMMU, OCTOBER 3



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Aapka Faisla

द लॉरेंस स्कूल सनावर में 179वें फाउंडर्स डे समारोह की शुरुआत

खेल, एलुमनी कार्यक्रमों और शानदार सांस्कृतिक प्रस्तुतियों से सजा पहला दिन



सोलन,(आपका फैसला)। दुनिया के सबसे पुराने को-एजुकेशनल रेजिडेंशियल स्कूलों में शामिल द लॉरेंस स्कूल सनावर में शनिवार से तीन दिवसीय 179वें फाउंडर्स डे समारोह की शुरुआत हुई। खेल, एलुमनी गतिविधियों और सांस्कृतिक कार्यक्रमों से सजे पहले दिन विद्यार्थियों, अभिभावकों, स्टाफ और ओल्ड सनावरियंस (ओएस) ने एक साथ स्कूल की समृद्ध परंपराओं और विरासत का जश्न मनाया। समारोह के पहले दिन की शुरुआत स्पोर्ट्स फील्ड से हुई। पीसस्टेड में ओल्ड सनावरियंस (ओएस) और प्रेजेंट सनावरियंस (पीएस) की लड़कियों के बीच बास्केटबॉल मैच खेला गया। इसके बाद लड़कों के लिए ओएस और ओएस के बीच फुटसल मैच हुआ। इन मुकाबलों ने पुराने और वर्तमान विद्यार्थियों को खेल भावना और आपसी सौहार्द के साथ जुड़ने का अवसर दिया। पहले दिन का सबसे भावुक पल 1956,1961,1966,1971,1976,1996 और 2001 के ओल्ड सनावरियन जुबली बैचों के लिए ऐतिहासिक स्कूल चैपल में आयोजित स्पेशल असेंबली रहा। इसके बाद गोल्डन स्टेयरकेस पर ग्रुप फोटोग्राफ हुए। दशकों बाद अपने पुराने स्कूल लौटे कई पूर्व विद्यार्थियों ने पुराने सहपाठियों और दोस्तों से मुलाकात की। इस दौरान स्कूल की यादें, पुरानी दोस्तियां और पीढ़ियों से कायम सनावर के रिश्ते एक बार फिर जीवंत हो उठे। कई ओल्ड सनावरियंस के लिए यह केवल एलुमनी मिलन नहीं,बल्कि अपने उस घर लौटने जैसा अनुभव था,जो आज भी उनके दिलों में खास जगह रखता है। 1971 बैच के ओएस विवेक मेहरा ने कहा कि सनावर केवल वह स्कूल नहीं है जहां हमने पढ़ाई की,बल्कि यह हमारी जिंदगी का ऐसा अध्याय है जो आज भी हमारे भीतर जीवित है। उन्होंने कहा कि जुबली के लिए सनावर लौटकर वे यादें फिर ताजा हो गईं,जिन्हें समय भी मिटा नहीं पाया। वहीं, 2001 बैच के ओएस मनीत सिंह ने कहा कि साल बीत जाते हैं,लेकिन सनावर लौटकर महसूस होता है कि कुछ रिश्ते कभी नहीं बदलते। चैपल असेंबली ने हमें अपने दोस्तों से फिर जुड़ने और स्कूल के दिनों की यादों को दोबारा जीने का खूबसूरत अवसर दिया। जुबली बैचों के प्रतिनिधियों ने वॉर मेमोरियल पर पुष्पचक्र अर्पित कर उन ओल्ड सनावरियंस को श्रद्धांजलि दी,जिन्होंने देश की सेवा में सर्वोच्च बलिदान दिया और राष्ट्र की गरिमा की रक्षा की। 1966 बैच के सदस्यों ने अपने पूर्व सहपाठी सेकंड लेफ्टिनेंट अरुण खेतरपाल, परमवीर चक्र विजेता, को भी पुष्पांजलि अर्पित की और देश के लिए उनके सर्वोच्च बलिदान को याद किया। दिन के कार्यक्रमों में बार्ने हॉल में आयोजित विशेष स्कूल कॉन्सर्ट भी शामिल रहा। इसमें विद्यार्थियों ने क्लासिक कोटरूम ड्रामा '12 एंग्री मेन' प्रस्तुत किया। नाटक में न्याय,आलोचनात्मक सोच,पूर्वाग्रह और धारणाओं पर सवाल उठाने के महत्व को सामने रखा गया। प्रस्तुति के माध्यम से स्वतंत्र सोच, संवेदनशीलता और जिम्मेदारी के साथ निर्णय लेने जैसे मूल्यों को रेखांकित किया गया। समारोह के दूसरे दिन रविवार को एनुअल एथलेटिक मीट,एनुअल प्राइज डिस्ट्रीब्यूशन, स्कूल फेट, कॉन्सर्ट तथा टैटू लाइट एंड साउंड शो आयोजित किए जाएंगे। समारोह का समापन सोमवार को चीफ ऑफ द नेवल स्टाफ एडमिरल कृष्णा स्वामीनाथन की मौजूदगी में पारंपरिक ट्रूपिंग ऑफ द स्कूल फ्लैग के साथ होगा। द लॉरेंस स्कूल सनावर की हेडमास्टर रुचि प्रधान दत्ता ने कहा कि फाउंडर्स डे सनावर की भावना,परंपराओं और उन मूल्यों का उत्सव है,जिन्होंने वर्षों से इस संस्थान को आकार दिया है। यह हमारे विद्यार्थियों, स्टाफ, अभिभावकों और ओल्ड सनावरियंस के लिए एक साथ आने,अपनी साझा विरासत का जश्न मनाने और सनावर के उस रिश्ते को संजोते हुए नई यादें बनाने का खूबसूरत अवसर है, जो हमेशा कायम रहेगा।

Amar Ujala

ओल्ड व प्रेजेंट सनावरियंस में होगा बास्केटबॉल और फुटबॉल प्रतियोगिता मैच

सोलन/कसौली। द लॉरेंस स्कूल सनावर में शनिवार को तीन दिवसीय 179वें फाउंडर्स डे समारोह की शुरुआत हुई। पहले दिन विद्यार्थियों, अभिभावकों, स्टाफ और ओल्ड सनावरियंस ने स्कूल की समृद्ध परंपराओं और विरासत का जश्न मनाया। इस दौरान खेल, पूर्व छात्र गतिविधियां और सांस्कृतिक कार्यक्रम आयोजित किए गए।

समारोह के पहले दिन की शुरुआत खेल के मैदान से हुई। पीसस्टेड में ओल्ड सनावरियंस और प्रेजेंट सनावरियंस की लड़कियों के बीच बास्केटबॉल मैच खेला गया। इसके बाद लड़कों के लिए ओल्ड सनावरियंस के बीच फुटबॉल मैच हुआ। 1971 बैच के ओएस विवेक मेहरा ने कहा कि सनावर में वे यादें फिर ताजा हो गईं, जिन्हें समय भी मिटा नहीं पाया। जुबली बैचों के प्रतिनिधियों ने वॉर मेमोरियल पर पुष्पचक्र अर्पित कर उन ओल्ड सनावरियंस को श्रद्धांजलि दी, जिन्होंने देश की सेवा में सर्वोच्च बलिदान दिया।

1966 बैच के सदस्यों ने अपने पूर्व सहपाठी सेकंड लेफ्टिनेंट अरुण खेतरपाल, परमवीर चक्र विजेता, को भी पुष्पांजलि अर्पित की। उन्होंने देश के लिए उनके सर्वोच्च बलिदान को याद किया। दिन के कार्यक्रमों में बार्ने हॉल में आयोजित विशेष स्कूल कॉन्सर्ट भी शामिल रहा। इसमें विद्यार्थियों ने क्लासिक कोर्टरूम ड्रामा '12 एंग्री मेन' प्रस्तुत किया। द लॉरेंस स्कूल, सनावर की हेडमास्टर रुचि प्रधान दत्ता ने कहा कि फाउंडर्स डे सनावर की भावना, परंपराओं और उन मूल्यों का उत्सव है, जिन्होंने वर्षों से इस संस्थान को आकार दिया है। संवाद

Dainik Bhaskar

अपने पुराने स्कूल पहुंचे गुरिंदर सिंह ढिल्लों, 179वें संस्थापक दिवस समारोह में हुए शामिल

5 को नौसेना प्रमुख एडमिरल कृष्णा स्वामीनाथन मुख्यातिथि के रूप में होंगे शामिल



कसौली | राधा स्वामी सत्संग ब्यास के आध्यात्मिक प्रमुख गुरिंदर सिंह ढिल्लों अपने पुराने स्कूल द लॉरेंस स्कूल सनावर पहुंचे। स्कूल के 1971 बैच के पूर्व छात्र ढिल्लों 179वें संस्थापक दिवस समारोह में शामिल होने के लिए सनावर आए। उन्होंने विद्यालय की ऐतिहासिक इमारतों और परिसर का जायजा लिया। इस दौरान वे स्कूल के पूर्व छात्र और परमवीर चक्र विजेता 2/लेफ्टिनेंट अरुण खेतरपाल की स्मृति में स्थापित प्रतिमा के पास भी पहुंचे।

उनकी स्कूल यात्रा के दौरान वर्तमान विद्यार्थियों और पूर्व छात्रों में भी उत्साह नजर आया। द लॉरेंस स्कूल सनावर का 179वां संस्थापक दिवस समारोह 3 से 5 अक्टूबर तक आयोजित किया जा रहा है। स मारोह के अंतिम दिन 5 अक्टूबर को संस्थापक दिवस की विशेष सभा और स्कूल ध्वज की ट्रूपिंग होगी। कार्यक्रम में नौसेना प्रमुख एडमिरल कृष्णा स्वामीनाथन मुख्य अतिथि के रूप में शामिल होंगे। द लॉरेंस स्कूल सनावर की स्थापना 15 अप्रैल 1847 को सर हेनरी लॉरेंस और उनकी पत्नी लेडी ऑनोरिया लॉरेंस ने की थी। यह संस्थान इस वर्ष अपना 179वां संस्थापक दिवस मना रहा है। 1956, 1961, 1966, 1971, 1976, 1996 और 2001 बैच के ओल्ड सनावरियंस के लिए ऐतिहासिक स्कूल चैपल में विशेष असेंबली हुई। इसके बाद गोल्डन स्टेयरकेस पर ग्रुप फोटो हुए। वर्षों बाद स्कूल लौटे पूर्व विद्यार्थियों ने अपने पुराने साथियों से मुलाकात की। 1971 बैच के विवेक मेहरा ने कहा कि सनावर केवल पढ़ाई की जगह नहीं, बल्कि जिंदगी का ऐसा अध्याय है जिसकी यादें आज भी साथ हैं। हेडमास्टर रुचि प्रधान दत्ता ने कहा कि फाउंडर्स डे सनावर की परंपराओं, मूल्यों और साझा विरासत का उत्सव है।

Dainik Jagran

द लारेंस स्कूल, सनावर में 179वें फाउंडर्स डे समारोह की शुरुआत

खेल, एलुमनी कार्यक्रमों और सांस्कृतिक प्रस्तुतियों से सजा पहला दिन,जुबली बैचों ने बलिदान पूर्व विद्यार्थियों को दी श्रद्धांजलि

जागरण संवाददाता, चंडीगढ़ : द लारेंस स्कूल, सनावर में शनिवार को तीन दिवसीय 179वें फाउंडर्स डे समारोह की शुरुआत हुई। पहले दिन खेल, एलुमनी गतिविधियों और सांस्कृतिक कार्यक्रमों में विद्यार्थियों, अभिभावकों, स्टाफ और ओल्ड सनाबरियंस (ओएस) ने भाग लिया।

पीसस्टेड में ओएस और प्रेजेंट सनाबरियंस (पीएस) की लड़कियों के बीच बास्केटबॉल मैच हुआ, जिसके बाद लड़कों का फुटसल मैच खेला गया। इन मुकाबलों ने पुराने और वर्तमान विद्यार्थियों को खेल भावना और आपसी सौहार्द के साथ जुड़ने का अवसर दिया। स्कूल चैपल में 1956, 1961, 1966, 1971, 1976, 1996 और 2001 के ओल्ड सनाबरियंस जुबली बैचों के लिए स्पेशल असेंबली आयोजित की गई। इसके बाद गोल्डन स्टेयरकेस पर ग्रुप फोटोग्राफ हुए। वर्षों बाद स्कूल लौटे पूर्व विद्यार्थियों ने पुराने सहपाठियों और दोस्तों से मुलाकात कर पुरानी यादें ताजा कीं। 1971 बैच के ओएस विवेक मेहरा ने कहा कि सनावर केवल वह स्कूल नहीं है जहां हमने पढ़ाई की, बल्कि यह हमारी जिंदगी का ऐसा अध्याय है जो आज भी हमारे भीतर जीवित है। जुबली बैचों ने वरर मेमोरियल पर शहीद ओल्ड सनाबरियंस को श्रद्धांजलि दी।

समारोह का समापन सोमवार को चीफ ऑफ द नेवल स्टाफ एडमिरल कृष्णा स्वामीनाथन की मौजूदगी में होगा।



द लारेंस स्कूल, सनावर में शनिवार को तीन दिवसीय 179वें फाउंडर्स डे समारोह की शुरुआत हुई● जागरण

Himprabha

द लॉरेंस स्कूल, सनावर में 179वें फाउंडर्स डे समारोह की शुरुआत

चंडीगढ़ (हिमप्रभा ब्यूरो)। दुनिया के सबसे पुराने को-एजुकेशनल रेजिडेंशियल स्कूलों में शामिल द लॉरेंस स्कूल, सनावर में शनिवार को तीन दिवसीय 179वें फाउंडर्स डे समारोह की शुरुआत हुई। पहले दिन खेल, एलुमनी गतिविधियों और सांस्कृतिक कार्यक्रमों में विद्यार्थियों, अभिभावकों, स्टाफ और ओल्ड सनावरियंस ने हिस्सा लिया। पीसस्टेड में ओएस और प्रेजेंट सनावरियंस (पीएस) की लड़कियों के बीच बास्केटबॉल मैच हुआ, जिसके बाद लड़कों का फुटसल मैच खेला गया।

इन मुकाबलों ने पुराने और वर्तमान विद्यार्थियों को खेल भावना और आपसी सौहार्द के साथ जुड़ने का अवसर दिया। स्कूल चैपल में 1956, 1961, 1966, 1971, 1976, 1996 और 2001 के ओल्ड सनावरियंस जुबली बैचों के लिए स्पेशल असेंबली आयोजित की गई। इसके बाद गोल्डन



स्टेयरकेस पर ग्रुप फोटोग्राफ हुए। वर्षों बाद स्कूल लौटे पूर्व विद्यार्थियों ने पुराने सहपाठियों और दोस्तों से मुलाकात कर पुरानी यादें ताजा कीं। 1971 बैच के ओएस विवेक मेहरा ने कहा की सनावर केवल वह स्कूल नहीं है जहां हमने पढ़ाई की, बल्कि यह हमारी जिंदगी का ऐसा अध्याय है जो आज भी हमारे भीतर जीवित है। जुबली बैचों ने वॉर मेमोरियल पर शहीद ओल्ड सनावरियंस को श्रद्धांजलि दी। 1966 बैच ने अपने पूर्व सहपाठी सेकंड लेफ्टिनेंट अरुण खेत्रपाल, परमवीर चक्र विजेता को भी पुष्पांजलि अर्पित की। बार्नें हॉल में विद्यार्थियों ने '12 एंग्री मेन' प्रस्तुत किया। दूसरे दिन एथलेटिक मीट, प्राइज डिस्ट्रीब्यूशन, फेट, कॉन्सर्ट और टैटू लाइट एंड साउंड शो होंगे।

समापन सोमवार को चीफ ऑफ द नेवल स्टाफ एडमिरल कृष्णा स्वामीनाथन की मौजूदगी में ट्रूपिंग ऑफ द स्कूल फ्लैग के साथ होगा।

Punjab Kesari

द लॉरेंस स्कूल में फाउंडर्स डे समारोह का आगाज, खेल और सांस्कृतिक प्रस्तुतियों ने बांधा समां

सोलन, 3 अक्तूबर (ब्यूरो): द लॉरेंस स्कूल सनावर में शनिवार को 3 दिवसीय 179वें फाउंडर्स डे समारोह का आगाज हुआ। समारोह का पहला दिन खेल गतिविधियों, पूर्व विद्यार्थियों के मिलन और सांस्कृतिक प्रस्तुतियों के नाम रहा। समारोह की शुरूआत खेलों से हुई। पीसस्टेड में ओल्ड सनावरियंस और वर्तमान सनावरियंस की छात्राओं के बीच बास्केटबॉल मैच खेला गया। उसके बाद लड़कों के लिए ओल्ड सनावरियंस के बीच फुटसल मुकाबला हुआ।

पहले दिन का भावुक क्षण 1956, 1961, 1966, 1971, 1976, 1996 और 2001 के जुबली बैचों के लिए ऐतिहासिक स्कूल चैपल में आयोजित विशेष असैंबली रहा। इस दौरान दशकों बाद स्कूल लौटे पूर्व विद्यार्थियों ने स्कूल से जुड़ीं यादों को फिर से जीवंत किया।

1971 बैच के विवेक मेहरा ने कहा कि सनावर उनके लिए केवल पढ़ाई का संस्थान नहीं, बल्कि जिंदगी का ऐसा अध्याय है, जो आज भी भीतर जीवित है। लौटने पर पुरानी यादें फिर ताजा हो गईं।

2001 बैच मनीत सिंह ने कहा कि साल बीत जाते हैं, लेकिन सनावर लौटने पर महसूस होता है कि कुछ रिश्ते कभी नहीं बदलते।

जुबली बैचों के प्रतिनिधियों ने वॉर मैमोरियल पर पुष्पचक्र अर्पित कर देश सेवा में सर्वोच्च बलिदान देने वाले ओल्ड सनावरियंस को श्रद्धांजलि दी। 1966 बैच के सदस्यों ने अपने पूर्व सहपाठी और परमवीर चक्र विजेता सैकेंड लैफ्टिनैंट अरुण खेतरपाल को भी श्रद्धांजलि अर्पित की।

बार्न हॉल में आयोजित विशेष स्कूल कॉन्सर्ट में विद्यार्थियों ने चर्चित कोर्टरूम ड्रामा '12 एंग्री मेन' प्रस्तुत किया। नाटक के माध्यम से न्याय, आलोचनात्मक सोच, पूर्वाग्रह और धारणाओं पर सवाल उठाने के महत्व को सामने रखा गया। प्रस्तुति में स्वतंत्र सोच, संवेदनशीलता और जिम्मेदारी के साथ निर्णय लेने जैसे मूल्यों को रेखांकित किया गया।

प्रधानाचार्या रुचि प्रधान दत्ता ने कहा कि फाउंडर्स डे सनावर की भावना, परंपराओं और वर्षों से संस्थान को आकार देने वाले मूल्यों का उत्सव है। ओल्ड सनावरियंस सोसायटी के अध्यक्ष ब्रिगेडियर आदर्श बुटेल (सेवानिवृत्त) ने कहा कि यह आयोजन सनावर की परंपराओं और यहां बनीं उन गहरी दोस्तियों को याद करने का अवसर देता है, जो वर्षों बाद भी कायम हैं।

राधा स्वामी सत्संग ब्यास प्रमुख गुरिंदर सिंह ढिल्लों ने स्कूल की पुरानी यादों को किया ताजा

कसौली (जितेंद्र): राधा स्वामी सत्संग ब्यास के आध्यात्मिक प्रमुख गुरिंदर सिंह ढिल्लों शनिवार को अपने पूर्व विद्यालय द लॉरेंस स्कूल सनावर पहुंचे। वह स्कूल के 1971 बैच के पूर्व छात्र रहे हैं। स्कूल में पहुंचने पर उनका आत्मीय स्वागत किया और पौधा भेंट किया गया। इस मौके पर उन्होंने पुरानी यादों को ताजा किया और परिसर का भ्रमण किया। इस दौरान वह स्कूल के पूर्व छात्र और परमवीर चक्र विजेता लैफ्टिनैंट अरुण खेतरपाल की प्रतिमा के पास भी पहुंचे।



कसौली : राधा स्वामी सत्संग ब्यास प्रमुख गुरिंदर सिंह ढिल्लों स्कूल परिसर का भ्रमण करते हुए। (जितेंद्र)

Punjab Times

The Lawrence School, Sanawar begins 179th Founder's Day Celebrations



Chandigarh, October 5

The Lawrence School, Sanawar, one of the world's oldest co-educational residential schools commenced its three-day 179th Founder's Day celebrations on Saturday with a vibrant mix of sporting, alumni and cultural activities, bringing together students, parents, staff and Old Sanawarians (OS).

The opening day began with an Old Sanawarians (OS) vs Present Sanawarians (PS) girls' basketball match followed by a boys' futsal match between the two teams at Peacestead. The sporting events provided an opportunity for alumni and present students to reconnect through healthy competition and camaraderie.

A special Assembly for the Old Sanawarian Jubilee Batches of 1956, 1961, 1966, 1971, 1976, 1996 and 2001 was held at the historic School Chapel, followed by group photographs at the Golden Staircase.

Daily Imarat

لارنس اسکول سناور کی 179 ویں بانی تقریبات کا آغاز، کھیلوں اور ثقافتی پروگراموں نے سماں باندھ دیا

اولڈ سناورینز اور موجودہ طلبہ کے درمیان باسکٹ بال وفٹسال مقابلے؛ جوبلی بیچز کا خصوصی اجتماع، جنگی یادگار پر خراج عقیدت

عمارت ڈیسک

جموں/سیری نگر: دنیا کے قدیم ترین شریک تعلیمی رہائشی اسکولوں میں شمار ہونے والے لارنس اسکول سناور میں 179 ویں فاؤنڈرز ڈے کی تین روزہ تقریبات کا ہفتہ کو شاندار آغاز ہوا۔ افتتاحی روز کھیلوں، سابق طلبہ کی تقریبات اور ثقافتی پروگراموں کا انعقاد کیا گیا، جس میں طلبہ، والدین، عملہ اور اولڈ سناورینز نے شرکت کی۔ افتتاحی دن کا آغاز پیس ٹیڈ میں اولڈ سناورینز اور موجودہ سناورینز کی طالبات کے درمیان باسکٹ بال مقابلے سے ہوا، جس کے بعد دونوں ٹیموں کے طلبہ کے درمیان فٹسال میچ کھیلا گیا۔ کھیلوں کی ان سرگرمیوں نے سابق طلبہ اور موجودہ طلبہ کو صحت مند مسابقت، باہمی میل جول اور دوستی کے



ذریعے ایک دوسرے سے دوبارہ جڑنے کا موقع فراہم کیا۔ اس موقع پر 1956، 1961، 1966، 1971، 1976، 1996 اور 2001 کے اولڈ سناورین جوبلی بیچز کے لیے تاریخی اسکول چیپل میں خصوصی اسمبلی کا اہتمام کیا گیا، جس کے بعد گولڈن اسٹیئر کیس پر گروپ تصاویر بنوائی گئیں۔ کئی برسوں بعد اپنے مادرِ علمی واپس آنے والے سابق طلبہ نے پرانے ہم جماعتوں اور دوستوں سے ملاقات کی اور اس اجتماع نے یادوں، دوستیوں اور سناور کی دیرینہ وابستگی کو ایک بار پھر تازہ کر دیا۔ 1971 بیچ کے اولڈ سناورین وویک مہرا نے کہا کہ سناور محض ایک اسکول نہیں جہاں انہوں نے تعلیم حاصل کی بلکہ ان کی زندگی کا ایسا باب ہے جو آج بھی ان کے اندر زندہ ہے۔ انہوں نے کہا کہ جوبلی کے موقع پر سناور واپسی نے ایسی یادیں تازہ کر دی ہیں جنہیں وقت بھی مٹا نہیں سکا۔ 2001 بیچ کے اولڈ سناورین منیت سنگھ نے کہا کہ برسوں گزر جانے کے باوجود سناور واپس آنے سے یہ احساس ہوتا ہے کہ کچھ رشتے کبھی تبدیل نہیں ہوتے۔ ان کے مطابق چیپل اسمبلی نے پرانے دوستوں سے دوبارہ ملنے اور اسکول کے دنوں کی یادیں تازہ کرنے کا خوبصورت موقع فراہم کیا۔ جوبلی بیچز کے نمائندوں نے جنگی یادگار پر بھی حاضری دی اور ملک کی خدمت میں اپنی جانوں کا نذرانہ پیش کرنے والے اولڈ سناورینز کی یاد میں پھولوں کی چادر چڑھائی۔ 1966 کے اولڈ سناورین بیچ سے تعلق رکھنے والے ارکان نے اپنے سابق ہم جماعت سیکنڈ لیفٹیننٹ ارون کھیتر پال، جنہیں پرم ویر چکر سے نوازا گیا تھا، کی یاد میں بھی پھول پیش کیے۔ دن کے پروگراموں میں بارنے ہال میں خصوصی اسکول کنسرٹ بھی شامل تھا۔

Akali Patrika

ਦ ਲਾਰੈਂਸ ਸਕੂਲ, ਸਨਾਵਰ ਵਿੱਚ 179ਵੇਂ ਫਾਊਂਡਰਜ਼ ਡੇ ਸਮਾਰੋਹ ਦੀ ਸ਼ੁਰੂਆਤ

ਅੰਮ੍ਰਿਤਸਰ, 4 ਅਕਤੂਬਰ (ਪ ਪ) ਦੁਨੀਆ ਦੇ ਸਭ ਤੋਂ ਪੁਰਾਣੇ ਕੋ-ਐਜੂਕੇਸ਼ਨਲ ਰਿਹਾਇਸ਼ੀ ਸਕੂਲਾਂ ਵਿੱਚ ਸ਼ਾਮਲ ਦ ਲਾਰੈਂਸ ਸਕੂਲ, ਸਨਾਵਰ ਵਿੱਚ ਸ਼ਨੀਵਾਰ ਨੂੰ ਤਿੰਨ ਦਿਨਾਂ ਦੇ 179ਵੇਂ ਫਾਊਂਡਰਜ਼ ਡੇ ਸਮਾਰੋਹ ਦੀ ਸ਼ੁਰੂਆਤ ਹੋਈ। ਪਹਿਲੇ ਦਿਨ ਖੇਡਾਂ, ਐਲੁਮਨੀ ਗਤੀਵਿਧੀਆਂ ਅਤੇ ਸੱਭਿਆਚਾਰਕ ਪ੍ਰੋਗਰਾਮਾਂ ਵਿੱਚ ਵਿਦਿਆਰਥੀਆਂ, ਮਾਪਿਆਂ, ਸਟਾਫ ਅਤੇ ਓਲਡ ਸਨਾਵਰੀਅਨਜ਼ (ਓਐੱਸ) ਨੇ ਹਿੱਸਾ ਲਿਆ।

ਪੀਸਸਟੇਡ ਵਿੱਚ ਓਲਡ ਸਨਾਵਰੀਅਨਜ਼ (ਓਐੱਸ) ਅਤੇ ਪ੍ਰੈਜ਼ੈਂਟ ਸਨਾਵਰੀਅਨਜ਼ (ਪੀਐਸ) ਦੀਆਂ ਲੜਕੀਆਂ ਵਿਚਕਾਰ ਬਾਸਕਟਬਾਲ ਮੈਚ ਖੇਡਿਆ ਗਿਆ, ਜਿਸ ਤੋਂ ਬਾਅਦ ਦੋਵਾਂ ਟੀਮਾਂ ਦੇ ਲੜਕਿਆਂ ਵਿਚਕਾਰ ਫੁਟਸਲ ਮੈਚ ਹੋਇਆ। ਇਨ੍ਹਾਂ ਮੁਕਾਬਲਿਆਂ ਨੇ ਪੁਰਾਣੇ ਅਤੇ ਮੌਜੂਦਾ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਖੇਡ ਭਾਵਨਾ ਅਤੇ ਆਪਸੀ ਸਾਂਝ ਨਾਲ ਜੁੜਨ ਦਾ ਮੌਕਾ ਦਿੱਤਾ।



ਕਰਵਾਈ ਗਈ। ਇਸ ਤੋਂ ਬਾਅਦ ਗੋਲਡਨ ਸਟੇਅਰਕੇਸ 'ਤੇ ਗਰੁੱਪ ਫੋਟੋਗ੍ਰਾਫ ਲਏ ਗਏ। ਕਈ ਸਾਲਾਂ ਬਾਅਦ ਸਕੂਲ ਪਰਤੇ ਸਾਬਕਾ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਆਪਣੇ ਪੁਰਾਣੇ ਸਹਿਪਾਠੀਆਂ ਅਤੇ ਦੋਸਤਾਂ ਨਾਲ ਮੁਲਾਕਾਤ ਕਰਕੇ ਪੁਰਾਣੀਆਂ ਯਾਦਾਂ ਤਾਜ਼ਾ ਕੀਤੀਆਂ।

1971 ਬੈਚ ਦੇ ਓਐੱਸ ਵਿਵੇਕ ਮਹਿਰਾ ਨੇ ਕਿਹਾ, "ਸਨਾਵਰ ਸਿਰਫ਼ ਉਹ ਸਕੂਲ ਨਹੀਂ ਜਿੱਥੇ ਅਸੀਂ ਪੜ੍ਹਾਈ ਕੀਤੀ, ਸਗੋਂ ਇਹ ਸਾਡੀ ਜ਼ਿੰਦਗੀ ਦਾ ਉਹ ਅਧਿਆਇ ਹੈ ਜੋ ਅੱਜ ਵੀ ਸਾਡੇ ਅੰਦਰ ਜ਼ਿੰਦਾ ਹੈ।" ਜੁਬਲੀ ਬੈਚਾਂ ਨੇ ਵਾਰ ਮੈਮੋਰੀਅਲ 'ਤੇ ਸ਼ਹੀਦ ਓਲਡ ਸਨਾਵਰੀਅਨਜ਼ ਨੂੰ ਸ਼ਰਧਾਂਜਲੀ ਭੇਟ ਕੀਤੀ। 1966 ਬੈਚ ਦੇ ਮੈਂਬਰਾਂ ਨੇ ਆਪਣੇ ਸਾਬਕਾ ਸਹਿਪਾਠੀ ਸੈਕੰਡ ਲੈਫਟੀਨੈਂਟ ਅਰੁਣ ਖੇਤਰਪਾਲ, ਪਰਮਵੀਰ ਚੱਕਰ ਵਿਜੇਤਾ, ਨੂੰ ਵੀ ਫੁੱਲ ਭੇਟ ਕਰਕੇ ਯਾਦ ਕੀਤਾ।

Fateh Times

ਦ ਲਾਰੈਂਸ ਸਕੂਲ, ਸਨਾਵਰ ਵਿੱਚ 179ਵੇਂ ਫਾਊਂਡਰਜ਼ ਡੇ ਸਮਾਰੋਹ ਦੀ ਸ਼ੁਰੂਆਤ

ਫਤਿਹ ਟਾਈਮਜ਼

ਖੇਡਾਂ, ਐਲੂਮਨੀ ਪ੍ਰੋਗਰਾਮਾਂ ਅਤੇ ਸੱਭਿਆਚਾਰਕ ਪੇਸ਼ਕਾਰੀਆਂ ਨਾਲ ਸਜਿਆ ਪਹਿਲਾ ਦਿਨ



ਅੰਮ੍ਰਿਤਸਰ, 4 ਅਕਤੂਬਰ (ਪ ਪ) ਦੁਨੀਆ ਦੇ ਸਭ ਤੋਂ ਪੁਰਾਣੇ ਕੋ-ਐਜੂਕੇਸ਼ਨਲ ਰਿਹਾਇਸ਼ੀ ਸਕੂਲਾਂ ਵਿੱਚ ਸ਼ਾਮਲ ਦ ਲਾਰੈਂਸ ਸਕੂਲ, ਸਨਾਵਰ ਵਿੱਚ ਸ਼ਨੀਵਾਰ ਨੂੰ ਤਿੰਨ ਦਿਨਾਂ ਦੇ 179ਵੇਂ ਫਾਊਂਡਰਜ਼ ਡੇ ਸਮਾਰੋਹ ਦੀ ਸ਼ੁਰੂਆਤ ਹੋਈ। ਪਹਿਲੇ ਦਿਨ ਖੇਡਾਂ, ਐਲੂਮਨੀ ਗਤੀਵਿਧੀਆਂ ਅਤੇ ਸੱਭਿਆਚਾਰਕ ਪ੍ਰੋਗਰਾਮਾਂ ਵਿੱਚ ਵਿਦਿਆਰਥੀਆਂ, ਮਾਪਿਆਂ, ਸਟਾਫ ਅਤੇ ਓਲਡ ਸਨਾਵਰੀਅਨਜ਼ (ਓਐੱਸ) ਨੇ ਹਿੱਸਾ ਲਿਆ।

ਪੀ ਸ ਟੀ ਡ ਵਿੱਚ ਓ ਲ ਡ ਸਨਾਵਰੀਅਨਜ਼ (ਓਐੱਸ) ਅਤੇ ਪ੍ਰੈਜ਼ੈਂਟ ਸਨਾਵਰੀਅਨਜ਼ (ਪੀਐੱਸ) ਦੀਆਂ ਲੜਕੀਆਂ ਵਿਚਕਾਰ ਬਾਸਕਟਬਾਲ ਮੈਚ ਖੇਡਿਆ ਗਿਆ, ਜਿਸ ਤੋਂ ਬਾਅਦ ਦੋਵਾਂ ਟੀਮਾਂ ਦੇ ਲੜਕਿਆਂ ਵਿਚਕਾਰ ਫੁਟਸਲ ਮੈਚ ਹੋਇਆ। ਇਨ੍ਹਾਂ ਮੁਕਾਬਲਿਆਂ ਨੇ ਪੁਰਾਣੇ ਅਤੇ ਮੌਜੂਦਾ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਖੇਡ ਭਾਵਨਾ ਅਤੇ ਆਪਸੀ ਸਾਂਝ ਨਾਲ ਜੁੜਨ ਦਾ ਮੌਕਾ ਦਿੱਤਾ।

ਸਕੂਲ ਚੈਪਲ ਵਿੱਚ 1956, 1961, 1966, 1971, 1976, 1996 ਅਤੇ 2001 ਦੇ ਓਲਡ ਸਨਾਵਰੀਅਨਜ਼ ਜੁਬਲੀ ਬੈਚਾਂ ਲਈ ਵਿਸ਼ੇਸ਼ ਅਸੈਂਬਲੀ ਕਰਵਾਈ ਗਈ। ਇਸ ਤੋਂ ਬਾਅਦ ਗੋਲਡਨ ਸਟੇਅਰਕੇਸ 'ਤੇ ਗਰੁੱਪ ਫੋਟੋਗ੍ਰਾਫ ਲਏ ਗਏ। ਕਈ ਸਾਲਾਂ ਬਾਅਦ ਸਕੂਲ ਪਰਤੇ ਸਾਬਕਾ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਆਪਣੇ ਪੁਰਾਣੇ ਸਹਿਪਾਠੀਆਂ ਅਤੇ ਦੋਸਤਾਂ ਨਾਲ ਮੁਲਾਕਾਤ ਕਰਕੇ ਪੁਰਾਣੀਆਂ ਯਾਦਾਂ ਤਾਜ਼ਾ ਕੀਤੀਆਂ।

1971 ਬੈਚ ਦੇ ਓਐੱਸ ਵਿਵੇਕ ਮਹਿਰਾ ਨੇ ਕਿਹਾ, "ਸਨਾਵਰ ਸਿਰਫ਼ ਉਹ ਸਕੂਲ ਨਹੀਂ ਜਿੱਥੇ ਅਸੀਂ ਪੜ੍ਹਾਈ ਕੀਤੀ, ਸਗੋਂ ਇਹ ਸਾਡੀ ਜ਼ਿੰਦਗੀ ਦਾ ਉਹ ਅਧਿਆਇ ਹੈ ਜੋ ਅੱਜ ਵੀ ਸਾਡੇ ਅੰਦਰ ਜ਼ਿੰਦਾ ਹੈ।" ਜੁਬਲੀ ਬੈਚਾਂ ਨੇ ਵਾਰ ਮੈਮੋਰੀਅਲ 'ਤੇ ਸ਼ਹੀਦ ਓਲਡ ਸਨਾਵਰੀਅਨਜ਼ ਨੂੰ ਸ਼ਰਧਾਂਜਲੀ ਭੇਟ ਕੀਤੀ। 1966 ਬੈਚ ਦੇ ਮੈਂਬਰਾਂ ਨੇ ਆਪਣੇ ਸਾਬਕਾ ਸਹਿਪਾਠੀ ਸੈਕੰਡ ਲੈਫਟੀਨੈਂਟ ਅਰੁਣ ਖੇਤਰਪਾਲ, ਪਰਮਵੀਰ ਚੱਕਰ ਵਿਜੇਤਾ, ਨੂੰ ਵੀ ਫੁੱਲ ਭੇਟ ਕਰਕੇ ਯਾਦ ਕੀਤਾ। ਬਾਰਨੇ ਹਾਲ ਵਿੱਚ ਵਿਦਿਆਰਥੀਆਂ ਨੇ '12 ਐਂਗਰੀ ਮੈਨ' ਨਾਟਕ ਪੇਸ਼ ਕੀਤਾ। ਦੂਜੇ ਦਿਨ ਐਥਲੈਟਿਕ ਮੀਟ, ਪ੍ਰਾਈਜ਼ ਡਿਸਟ੍ਰੀਬਿਊਸ਼ਨ, ਸਕੂਲ ਫੋਟ, ਕੰਸਰਟ ਅਤੇ ਟੈਟੂ ਲਾਈਟ ਐਂਡ ਸਾਊਂਡ ਸ਼ੋਅ ਕਰਵਾਏ ਜਾਣਗੇ। ਸਮਾਰੋਹ ਦਾ ਸਮਾਪਨ ਸੋਮਵਾਰ ਨੂੰ ਚੀਫ਼ ਆਫ਼ ਦ ਨੇਵਲ ਸਟਾਫ ਐਡਮਿਰਲ ਕ੍ਰਿਸ਼ਨਾ ਸਵਾਮੀਨਾਥਨ ਦੀ ਮੌਜੂਦਗੀ ਵਿੱਚ ਰਵਾਇਤੀ ਟ੍ਰੂਪਿੰਗ ਆਫ਼ ਦ ਸਕੂਲ ਫਲੈਗ ਨਾਲ ਹੋਵੇਗਾ।

Nawa Zamana

ਜੁਬਲੀ ਬੈਚਾਂ ਦੇ ਸਾਬਕਾ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਤਾਜ਼ਾ ਕੀਤੀਆਂ ਬਚਪਨ ਦੀਆਂ ਖੱਟੀਆਂ-ਮਿੱਠੀਆਂ ਯਾਦਾਂ



ਸਨਾਵਰ/ਕਸੌਲੀ (ਹਿਮਾਚਲ ਪ੍ਰਦੇਸ਼), 4 ਅਕਤੂਬਰ (ਰਣਜੀਤ ਸਿੰਘ ਮਸੌਣ/ਬਲਦੇਵ ਰਾਜ)- ਦੁਨੀਆ ਦੇ ਸਭ ਤੋਂ ਪੁਰਾਣੇ ਅਤੇ ਪ੍ਰਤੀਸ਼ਠਿਤ ਕੋ-ਐਜੂਕੇਸ਼ਨਲ ਰਿਹਾਇਸ਼ੀ ਸਕੂਲਾਂ ਵਿੱਚੋਂ ਇੱਕ, 'ਦ ਲਾਰੈਂਸ ਸਕੂਲ, ਸਨਾਵਰ' ਵਿਖੇ ਤਿੰਨ-ਦਿਨਾ ਸਲਾਨਾ 'ਫਾਊਂਡਰਜ਼ ਡੇ' (Founders' Day) ਸਮਾਰੋਹ ਦੀ ਸ਼ੁਰੂਆਤ ਬਹੁਤ ਹੀ ਉਤਸ਼ਾਹ ਅਤੇ ਧੂਮਧਾਮ ਨਾਲ ਹੋਈ। ਸ਼ਨੀਵਾਰ ਨੂੰ ਸ਼ੁਰੂ ਹੋਏ ਇਸ ਜਸ਼ਨ ਦੇ ਪਹਿਲੇ ਹੀ ਦਿਨ ਖੇਡਾਂ, ਸੱਭਿਆਚਾਰਕ ਵੰਨਗੀਆਂ ਅਤੇ ਸਾਬਕਾ ਵਿਦਿਆਰਥੀਆਂ (Alumni) ਦੀਆਂ ਭਾਵਪੂਰਤ ਗਤੀਵਿਧੀਆਂ ਨੇ ਪੂਰੇ ਕੈਂਪਸ ਵਿੱਚ ਇੱਕ ਨਵੀਂ ਰੂਹ ਫੂਕ ਦਿੱਤੀ। ਇਸ ਮੌਕੇ ਮੌਜੂਦਾ ਵਿਦਿਆਰਥੀਆਂ, ਮਾਪਿਆਂ, ਸਕੂਲ ਸਟਾਫ਼ ਅਤੇ ਦੇਸ਼-ਵਿਦੇਸ਼ ਤੋਂ ਪੁੱਜੇ 'ਓਲਡ ਸਨਾਵਰੀਅਨਜ਼' (O S) ਨੇ ਉਤਸ਼ਾਹ ਨਾਲ ਭਾਗ ਲਿਆ।

ਖੇਡ ਮੈਦਾਨਾਂ 'ਚ ਦਿਸਿਆ ਅਨੋਖਾ ਜੋਸ਼ ਦਿਨ ਦੀ ਸ਼ੁਰੂਆਤ ਸਕੂਲ ਦੇ ਇਤਿਹਾਸਕ 'ਪੀਸਸਟੇਡ' (Peacestead) ਮੈਦਾਨ 'ਚ ਰੋਮਾਂਚਕ ਖੇਡ ਮੁਕਾਬਲਿਆਂ ਨਾਲ ਹੋਈ। ਸਭ ਤੋਂ ਪਹਿਲਾਂ ਓਲਡ ਸਨਾਵਰੀਅਨਜ਼ (O S) ਅਤੇ ਮੌਜੂਦਾ ਵਿਦਿਆਰਥਣਾਂ (Present Sanawarians - PS) ਦੀਆਂ ਟੀਮਾਂ ਵਿਚਕਾਰ ਬਾਸਕਟਬਾਲ ਦਾ ਇੱਕ ਦਿਲਚਸਪ ਮੈਚ ਖੇਡਿਆ ਗਿਆ। ਇਸ ਤੋਂ ਤੁਰੰਤ ਬਾਅਦ ਲੜਕਿਆਂ ਦੀਆਂ ਟੀਮਾਂ ਵਿਚਕਾਰ ਇੱਕ ਹਾਈ-ਓਲਟੇਜ ਫੁਟਸਲ (F u t s a l) ਮੈਚ ਹੋਇਆ। ਇਨ੍ਹਾਂ ਮੁਕਾਬਲਿਆਂ ਨੇ ਪੁਰਾਣੇ ਅਤੇ ਮੌਜੂਦਾ ਖਿਡਾਰੀਆਂ ਵਿਚਕਾਰ ਖੇਡ ਭਾਵਨਾ, ਆਪਸੀ ਸਾਂਝ ਅਤੇ ਅਨੁਸ਼ਾਸ਼ਨ ਦੀ ਇੱਕ ਬੇਮਿਸਾਲ ਮਿਸਾਲ ਕਾਇਮ ਕੀਤੀ।

ਜੁਬਲੀ ਬੈਚਾਂ ਦੀ ਵਿਸ਼ੇਸ਼ ਅਸੈਂਬਲੀ ਅਤੇ ਯਾਦਾਂ ਦਾ ਸੰਗਮ ਸਕੂਲ ਚੈਪਲ (Chapel) ਵਿਖੇ 1956, 1961, 1966, 1971, 1976, 1996 ਅਤੇ 2001 ਦੇ ਜੁਬਲੀ ਬੈਚਾਂ ਦੇ ਸਾਬਕਾ ਵਿਦਿਆਰਥੀਆਂ ਲਈ ਇੱਕ ਵਿਸ਼ੇਸ਼ ਅਸੈਂਬਲੀ ਦਾ ਆਯੋਜਨ ਕੀਤਾ ਗਿਆ। ਇਸ ਉਪਰੰਤ ਸਕੂਲ ਦੀ ਇਤਿਹਾਸਕ 'ਗੋਲਡਨ ਸਟੇਅਰਕੇਸ' (G o l d e n Staircase) 'ਤੇ ਸਮੂਹ ਫੋਟੋਗ੍ਰਾਫ਼ੀ ਕੀਤੀ ਗਈ। ਦਹਾਕਿਆਂ ਬਾਅਦ ਆਪਣੀ ਅਲਮਾ ਮਾਟਰ (Alma Mater) ਵਾਪਸ ਪਰਤੇ ਸਾਬਕਾ ਵਿਦਿਆਰਥੀ ਆਪਣੇ ਪੁਰਾਣੇ ਦੋਸਤਾਂ ਅਤੇ ਅਧਿਆਪਕਾਂ ਨੂੰ ਮਿਲ ਕੇ ਭਾਵੁਕ ਹੋ ਗਏ। ਇਸ ਮੌਕੇ 1971 ਬੈਚ ਦੇ ਸਾਬਕਾ ਵਿਦਿਆਰਥੀ ਵਿਵੇਕ ਮਹਿਰਾ ਨੇ ਆਪਣੇ ਜਜ਼ਬਾਤ ਸਾਂਝੇ ਕਰਦਿਆਂ ਕਿਹਾ:"ਸਨਾਵਰ ਸਾਡੇ ਲਈ ਸਿਰਫ਼ ਇੱਕ ਸਕੂਲ ਨਹੀਂ ਸੀ ਜਿੱਥੇ ਅਸੀਂ ਪੜ੍ਹਾਈ ਕੀਤੀ, ਸਗੋਂ ਇਹ ਸਾਡੀ ਜ਼ਿੰਦਗੀ ਦਾ ਉਹ ਸੁਨਹਿਰੀ ਅਧਿਆਇ ਹੈ ਜੋ ਅੱਜ ਵੀ ਸਾਡੇ ਸਾਹਾਂ ਅਤੇ ਚਿੰਤਨ ਵਿੱਚ ਜਿਉਂਦਾ ਹੈ।"ਸ਼ਹੀਦਾਂ ਨੂੰ ਸ਼ਰਧਾਂਜਲੀ ਅਤੇ ਵੀਰਤਾ ਨੂੰ ਸਲਾਮਜੁਬਲੀ ਬੈਚਾਂ ਦੇ ਮੈਂਬਰਾਂ ਨੇ ਸਕੂਲ ਦੇ 'ਵਾਰ ਮੈਮੋਰੀਅਲ' (W a r Memorial) 'ਤੇ ਪਹੁੰਚ ਕੇ ਦੇਸ਼ ਲਈ ਆਪਣੀਆਂ ਜਾਨਾਂ ਕੁਰਬਾਨ ਕਰਨ ਵਾਲੇ ਓਲਡ ਸਨਾਵਰੀਅਨਜ਼ ਸ਼ਹੀਦਾਂ ਨੂੰ ਸ਼ਰਧਾਂਜਲੀ ਭੇਟ ਕੀਤੀ। 1966 ਬੈਚ ਦੇ ਮੈਂਬਰਾਂ ਨੇ ਆਪਣੇ ਸਾਬਕਾ ਸਹਿਪਾਠੀ ਅਤੇ 1971 ਦੇ ਭਾਰਤ-ਪਾਕਿ ਯੁੱਧ ਦੇ ਨਾਇਕ ਸੈਕੰਡ ਲੈਫਟੀਨੈਂਟ ਅਰੁਣ ਖੇਤਰਪਾਲ ਕਰਕੇ ਉਨ੍ਹਾਂ ਦੀ ਅਦੁੱਤੀ ਵੀਰਤਾ ਨੂੰ ਨਮਨ ਕੀਤਾ।ਨਾਟਕ '12 ਐਂਗਰੀ ਮੈਨ' ਦੀ ਬੇਮਿਸਾਲ ਪੇਸ਼ਕਾਰੀ

ਸੱਭਿਆਚਾਰਕ ਲੜੀ ਦੇ ਤਹਿਤ ਸਕੂਲ ਦੇ 'ਬਾਰਨੇ ਹਾਲ' (Barne Hall) ਵਿੱਚ ਵਿਦਿਆਰਥੀਆਂ ਵੱਲੋਂ ਵਿਸ਼ਵ ਪ੍ਰਸਿੱਧ ਨਾਟਕ '12 ਐਂਗਰੀ ਮੈਨ' (12 Angry Men) ਦਾ ਸਫ਼ਲ ਮੰਚਨ ਕੀਤਾ ਗਿਆ। ਵਿਦਿਆਰਥੀਆਂ ਦੀਆਂ ਅਦਾਕਾਰੀ ਦੀਆਂ ਬਾਰੀਕੀਆਂ ਅਤੇ ਸੰਵਾਦ ਅਦਾਇਗੀ ਨੇ ਹਾਲ ਵਿੱਚ ਮੌਜੂਦ ਸਾਰੇ ਦਰਸ਼ਕਾਂ ਨੂੰ ਮੰਤਰਮੁਗਧ ਕਰ ਦਿੱਤਾ।ਅਗਲੇ ਦਿਨਾਂ ਦੇ ਪ੍ਰੋਗਰਾਮ ਅਤੇ ਸਮਾਪਨੀ

ਫਾਊਂਡਰਜ਼ ਡੇ ਦੇ ਦੂਜੇ ਦਿਨ ਸਲਾਨਾ ਐਥਲੈਟਿਕ ਮੀਟ, ਇਨਾਮ ਵੰਡ ਸਮਾਰੋਹ, ਸਕੂਲ ਫੇਟ (School Fete), ਮਿਊਜ਼ਿਕ ਕੰਸਰਟ ਅਤੇ ਰਾਤ ਦਾ ਆਕਰਸ਼ਕ 'ਟੈਟੂ ਲਾਈਟ ਐਂਡ ਸਾਊਂਡ ਸ਼ੋਅ' ਆਯੋਜਿਤ ਕੀਤਾ ਜਾਵੇਗਾ।

ਤਿੰਨ-ਦਿਨਾ ਸਮਾਰੋਹ ਦਾ ਰਸਮੀ ਸਮਾਪਨ ਸੋਮਵਾਰ ਨੂੰ ਚੀਫ਼ ਆਫ਼ ਦ ਨੇਵਲ ਸਟਾਫ਼ (Chief of the Naval Staff) ਐਡਮਿਰਲ ਕ੍ਰਿਸ਼ਨਾ ਸਵਾਮੀਨਾਥਨ ਦੀ ਪ੍ਰਮੁੱਖ ਮੌਜੂਦਗੀ ਵਿੱਚ ਰਵਾਇਤੀ 'ਟ੍ਰੂਪਿੰਗ ਆਫ਼ ਦ ਸਕੂਲ ਫਲੈਗ' (Trooping of the School Flag) ਪਰੇਡ ਨਾਲ ਹੋਵੇਗਾ।

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ਦ ਲਾਰੈਂਸ ਸਕੂਲ, ਸਨਾਵਰ ਵਿੱਚ 179ਵੇਂ ਫਾਊਂਡਰਜ਼ ਡੇ ਸਮਾਰੋਹ ਦੀ ਸ਼ੁਰੂਆਤ

ਖੇਡਾਂ, ਐਲੁਮਨੀ ਪ੍ਰੋਗਰਾਮਾਂ ਅਤੇ ਸੱਭਿਆਚਾਰਕ ਪੇਸ਼ਕਾਰੀਆਂ ਨਾਲ ਸਜਿਆ ਪਹਿਲਾ ਦਿਨ



ਅੰਮ੍ਰਿਤਸਰ,4 ਅਕਤੂਬਰ (ਹਰਪਾਲ ਸਿੰਘ) – ਦੁਨੀਆ ਦੇ ਸਭ ਤੋਂ ਪੁਰਾਣੇ ਕੋ-ਐਜੂਕੇਸ਼ਨਲ ਰਿਹਾਇਸ਼ੀ ਸਕੂਲਾਂ ਵਿੱਚ ਸ਼ਾਮਲ ਦ ਲਾਰੈਂਸ ਸਕੂਲ, ਸਨਾਵਰ ਵਿੱਚ ਸ਼ਨੀਵਾਰ ਨੂੰ ਤਿੰਨ ਦਿਨਾਂ ਦੇ 179ਵੇਂ ਫਾਊਂਡਰਜ਼ ਡੇ ਸਮਾਰੋਹ ਦੀ ਸ਼ੁਰੂਆਤ ਹੋਈ। ਪਹਿਲੇ ਦਿਨ ਖੇਡਾਂ, ਐਲੁਮਨੀ ਗਤੀਵਿਧੀਆਂ ਅਤੇ ਸੱਭਿਆਚਾਰਕ ਪ੍ਰੋਗਰਾਮਾਂ ਵਿੱਚ ਵਿਦਿਆਰਥੀਆਂ, ਮਾਪਿਆਂ, ਸਟਾਫ ਅਤੇ ਓਲਡ ਸਨਾਵਰੀਅਨਜ਼ (ਓਐੱਸ) ਨੇ ਹਿੱਸਾ ਲਿਆ। ਪੀਸਸਟੇਡ ਵਿੱਚ ਓਲਡ ਸਨਾਵਰੀਅਨਜ਼ (ਓਐੱਸ) ਅਤੇ ਪ੍ਰੈਜ਼ੈਂਟ ਸਨਾਵਰੀਅਨਜ਼ (ਪੀਐਸ) ਦੀਆਂ ਲੜਕੀਆਂ ਵਿਚਕਾਰ ਬਾਸਕਟਬਾਲ ਮੈਚ ਖੇਡਿਆ ਗਿਆ, ਜਿਸ ਤੋਂ ਬਾਅਦ ਦੋਵਾਂ ਟੀਮਾਂ ਦੇ ਲੜਕਿਆਂ ਵਿਚਕਾਰ ਫੁਟਸਲ ਮੈਚ ਹੋਇਆ। ਇਨ੍ਹਾਂ ਮੁਕਾਬਲਿਆਂ ਨੇ ਪੁਰਾਣੇ ਅਤੇ ਮੌਜੂਦਾ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਖੇਡ ਭਾਵਨਾ ਅਤੇ ਆਪਸੀ ਸਾਂਝ ਨਾਲ ਜੁੜਨ ਦਾ ਮੌਕਾ ਦਿੱਤਾ। ਸਕੂਲ ਚੈਪਲ ਵਿੱਚ 1956, 1961, 1966, 1971, 1976, 1996 ਅਤੇ 2001 ਦੇ ਓਲਡ ਸਨਾਵਰੀਅਨਜ਼ ਜੁਬਲੀ ਬੈਚਾਂ ਲਈ ਵਿਸ਼ੇਸ਼ ਅਸੈਂਬਲੀ ਕਰਵਾਈ ਗਈ। ਇਸ ਤੋਂ ਬਾਅਦ ਗੋਲਡਨ ਸਟੇਅਰਕੇਸ 'ਤੇ ਗਰੁੱਪ ਫੋਟੋਗ੍ਰਾਫ ਲਏ ਗਏ। ਕਈ ਸਾਲਾਂ ਬਾਅਦ ਸਕੂਲ ਪਰਤੇ ਸਾਬਕਾ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਆਪਣੇ ਪੁਰਾਣੇ ਸਹਿਪਾਠੀਆਂ ਅਤੇ ਦੋਸਤਾਂ ਨਾਲ ਮੁਲਾਕਾਤ ਕਰਕੇ ਪੁਰਾਣੀਆਂ ਯਾਦਾਂ ਤਾਜ਼ਾ ਕੀਤੀਆਂ। 1971 ਬੈਚ ਦੇ ਓਐੱਸ ਵਿਵੇਕ ਮਹਿਰਾ ਨੇ ਕਿਹਾ, "ਸਨਾਵਰ ਸਿਰਫ ਉਹ ਸਕੂਲ ਨਹੀਂ ਜਿੱਥੇ ਅਸੀਂ ਪੜ੍ਹਾਈ ਕੀਤੀ, ਸਗੋਂ ਇਹ ਸਾਡੀ ਜ਼ਿੰਦਗੀ ਦਾ ਉਹ ਅਧਿਆਇ ਹੈ ਜੋ ਅੱਜ ਵੀ ਸਾਡੇ ਅੰਦਰ ਜ਼ਿੰਦਾ ਹੈ।"ਜੁਬਲੀ ਬੈਚਾਂ ਨੇ ਵਾਰ ਮੈਮੋਰੀਅਲ 'ਤੇ ਸ਼ਹੀਦ ਓਲਡ ਸਨਾਵਰੀਅਨਜ਼ ਨੂੰ ਸ਼ਰਧਾਂਜਲੀ ਭੇਟ ਕੀਤੀ। 1966 ਬੈਚ ਦੇ ਮੈਂਬਰਾਂ ਨੇ ਆਪਣੇ ਸਾਬਕਾ ਸਹਿਪਾਠੀ ਸੈਕੰਡ ਲੈਫਟੀਨੈਂਟ ਅਰੁਣ ਖੇਤਰਪਾਲ, ਪਰਮਵੀਰ ਚੱਕਰ ਵਿਜੇਤਾ, ਨੂੰ ਵੀ ਫੁੱਲ ਭੇਟ ਕਰਕੇ ਯਾਦ ਕੀਤਾ। ਬਾਰਨੇ ਹਾਲ ਵਿੱਚ ਵਿਦਿਆਰਥੀਆਂ ਨੇ '12 ਐਂਗਰੀ ਮੈਨ' ਨਾਟਕ ਪੇਸ਼ ਕੀਤਾ। ਦੂਜੇ ਦਿਨ ਐਥਲੈਟਿਕ ਮੀਟ, ਪ੍ਰਾਈਜ਼ ਡਿਸਟਰੀਬਿਊਸ਼ਨ, ਸਕੂਲ ਫੇਟ, ਕੈਸਰਟ ਅਤੇ ਟੈਟੂ ਲਾਈਟ ਐਂਡ ਸਾਊਂਡ ਸ਼ੋਅ ਕਰਵਾਏ ਜਾਣਗੇ। ਸਮਾਰੋਹ ਦਾ ਸਮਾਪਨ ਸੋਮਵਾਰ ਨੂੰ ਚੀਫ਼ ਆਫ਼ ਦ ਨੇਵਲ ਸਟਾਫ ਐਡਮਿਰਲ ਕ੍ਰਿਸ਼ਨਾ ਸਵਾਮੀਨਾਥਨ ਦੀ ਮੌਜੂਦਗੀ ਵਿੱਚ ਰਵਾਇਤੀ ਟਰੂਪਿੰਗ ਆਫ਼ ਦ ਸਕੂਲ ਫਲੈਗ ਨਾਲ ਹੋਵੇਗਾ।

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ਦ ਲਾਰੈਂਸ ਸਕੂਲ, ਸਨਾਵਰ ਵਿੱਚ 179ਵੇਂ ਫਾਊਂਡਰਜ਼ ਡੇ ਸਮਾਰੋਹ ਦੀ ਸ਼ੁਰੂਆਤ



ਅੰਮ੍ਰਿਤਸਰ - ਦੁਨੀਆ ਦੇ ਸਭ ਤੋਂ ਪੁਰਾਣੇ ਕੋ-ਐਜੂਕੇਸ਼ਨਲ ਰਿਹਾਇਸ਼ੀ ਸਕੂਲਾਂ ਵਿੱਚ ਸ਼ਾਮਲ ਦ ਲਾਰੈਂਸ ਸਕੂਲ, ਸਨਾਵਰ ਵਿੱਚ ਸ਼ਨੀਵਾਰ ਨੂੰ ਤਿੰਨ ਦਿਨਾਂ ਦੇ 179ਵੇਂ ਫਾਊਂਡਰਜ਼ ਡੇ ਸਮਾਰੋਹ ਦੀ ਸ਼ੁਰੂਆਤ ਹੋਈ। ਪਹਿਲੇ ਦਿਨ ਖੇਡਾਂ, ਐਲੁਮਨੀ ਗਤੀਵਿਧੀਆਂ ਅਤੇ ਸੱਭਿਆਚਾਰਕ ਪ੍ਰੋਗਰਾਮਾਂ ਵਿੱਚ ਵਿਦਿਆਰਥੀਆਂ, ਮਾਪਿਆਂ, ਸਟਾਫ ਅਤੇ ਓਲਡ ਸਨਾਵਰੀਅਨਜ਼ (ਓਐੱਸ) ਨੇ ਹਿੱਸਾ ਲਿਆ। ਪੀਸਸਟੇਡ ਵਿੱਚ ਓਲਡ ਸਨਾਵਰੀਅਨਜ਼ (ਓਐੱਸ) ਅਤੇ ਪ੍ਰੈਜ਼ੈਂਟ ਸਨਾਵਰੀਅਨਜ਼ (ਪੀਐੱਸ) ਦੀਆਂ ਲੜਕੀਆਂ ਵਿਚਕਾਰ ਬਾਸਕਟਬਾਲ ਮੈਚ ਖੇਡਿਆ ਗਿਆ, ਜਿਸ ਤੋਂ ਬਾਅਦ ਦੋਵਾਂ ਟੀਮਾਂ ਦੇ ਲੜਕਿਆਂ ਵਿਚਕਾਰ ਫੁਟਸਲ ਮੈਚ ਹੋਇਆ। ਇਨ੍ਹਾਂ ਮੁਕਾਬਲਿਆਂ ਨੇ ਪੁਰਾਣੇ ਅਤੇ ਮੌਜੂਦਾ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਖੇਡ ਭਾਵਨਾ ਅਤੇ ਆਪਸੀ ਸਾਂਝ ਨਾਲ ਜੁੜਨ ਦਾ ਮੌਕਾ ਦਿੱਤਾ। ਸਕੂਲ ਚੈਪਲ ਵਿੱਚ 1956, 1961, 1966, 1971, 1976, 1996 ਅਤੇ 2001 ਦੇ ਓਲਡ ਸਨਾਵਰੀਅਨਜ਼ ਜੁਬਲੀ ਬੈਚਾਂ ਲਈ ਵਿਸ਼ੇਸ਼ ਅਸੈਂਬਲੀ ਕਰਵਾਈ ਗਈ। ਇਸ ਤੋਂ ਬਾਅਦ ਗੋਲਡਨ ਸਟੇਅਰਕੇਸ 'ਤੇ ਗਰੁੱਪ ਫੋਟੋਗ੍ਰਾਫ ਲਏ ਗਏ। ਕਈ ਸਾਲਾਂ ਬਾਅਦ ਸਕੂਲ ਪਰਤੇ ਸਾਬਕਾ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਆਪਣੇ ਪੁਰਾਣੇ ਸਹਿਪਾਠੀਆਂ ਅਤੇ ਦੋਸਤਾਂ ਨਾਲ ਮੁਲਾਕਾਤ ਕਰਕੇ ਪੁਰਾਣੀਆਂ ਯਾਦਾਂ ਤਾਜ਼ਾ ਕੀਤੀਆਂ। 1971 ਬੈਚ ਦੇ ਓਐੱਸ ਵਿਵੇਕ ਮਹਿਰਾ ਨੇ ਕਿਹਾ, "ਸਨਾਵਰ ਸਿਰਫ ਉਹ ਸਕੂਲ ਨਹੀਂ ਜਿੱਥੇ ਅਸੀਂ ਪੜ੍ਹਾਈ ਕੀਤੀ, ਸਗੋਂ ਇਹ ਸਾਡੀ ਜ਼ਿੰਦਗੀ ਦਾ ਉਹ ਅਧਿਆਇ ਹੈ ਜੋ ਅੱਜ ਵੀ ਸਾਡੇ ਅੰਦਰ ਜ਼ਿੰਦਾ ਹੈ। ਜੁਬਲੀ ਬੈਚਾਂ ਨੇ ਵਾਰ ਮੈਮੋਰੀਅਲ 'ਤੇ ਸ਼ਹੀਦ ਓਲਡ ਸਨਾਵਰੀਅਨਜ਼ ਨੂੰ ਸ਼ਰਧਾਂਜਲੀ ਭੇਟ ਕੀਤੀ। 1966 ਬੈਚ ਦੇ ਮੈਂਬਰਾਂ ਨੇ ਆਪਣੇ ਸਾਬਕਾ ਸਹਿਪਾਠੀ ਸੈਕੰਡ ਲੈਫਟੀਨੈਂਟ ਅਰੁਣ ਖੇਤਰਪਾਲ, ਪਰਮਵੀਰ ਚੱਕਰ ਵਿਜੇਤਾ, ਨੂੰ ਵੀ ਫੁੱਲ ਭੇਟ ਕਰਕੇ ਯਾਦ ਕੀਤਾ। ਬਾਰਨੇ ਹਾਲ ਵਿੱਚ ਵਿਦਿਆਰਥੀਆਂ ਨੇ '12 ਅੰਗਰੀ ਮੈਨ' ਨਾਟਕ ਪੇਸ਼ ਕੀਤਾ। ਦੂਜੇ ਦਿਨ ਐਥਲੈਟਿਕ ਮੀਟ, ਪ੍ਰਾਈਜ਼ ਡਿਸਟ੍ਰੀਬਿਊਸ਼ਨ, ਸਕੂਲ ਫੇਟ, ਕੰਸਰਟ ਅਤੇ ਟੈਟੂ ਲਾਈਟ ਐਂਡ ਸਾਊਂਡ ਸ਼ੋਅ ਕਰਵਾਏ ਜਾਣਗੇ। ਸਮਾਰੋਹ ਦਾ ਸਮਾਪਨ ਸੋਮਵਾਰ ਨੂੰ ਚੀਫ਼ ਆਫ਼ ਦ ਨੇਵਲ ਸਟਾਫ ਐਡਮਿਰਲ ਕ੍ਰਿਸ਼ਨਾ ਸਵਾਮੀਨਾਥਨ ਦੀ ਮੌਜੂਦਗੀ ਵਿੱਚ ਰਵਾਇਤੀ ਟਰੂਪਿੰਗ ਆਫ਼ ਦ ਸਕੂਲ ਫਲੈਗ ਨਾਲ ਹੋਵੇਗਾ।

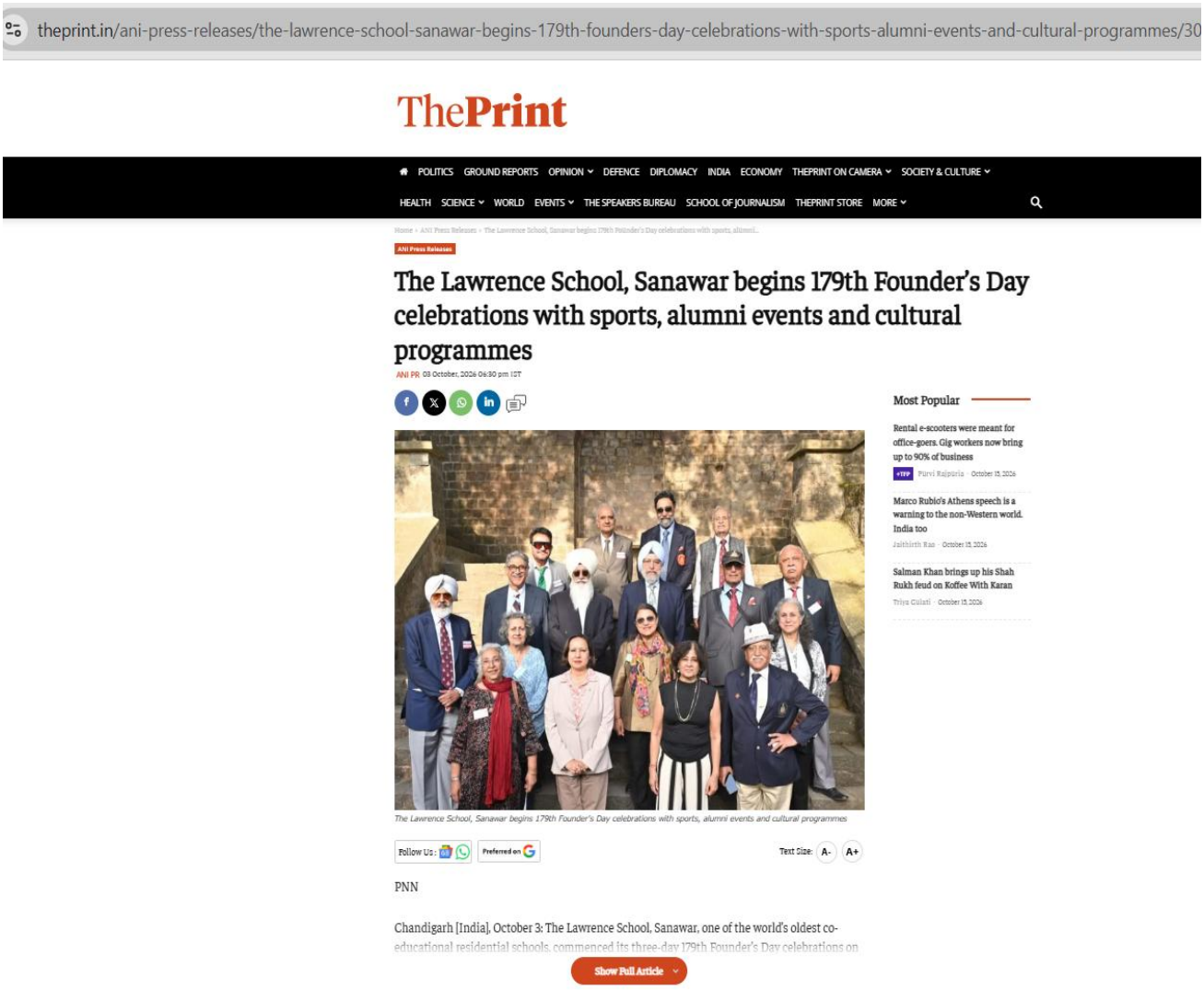
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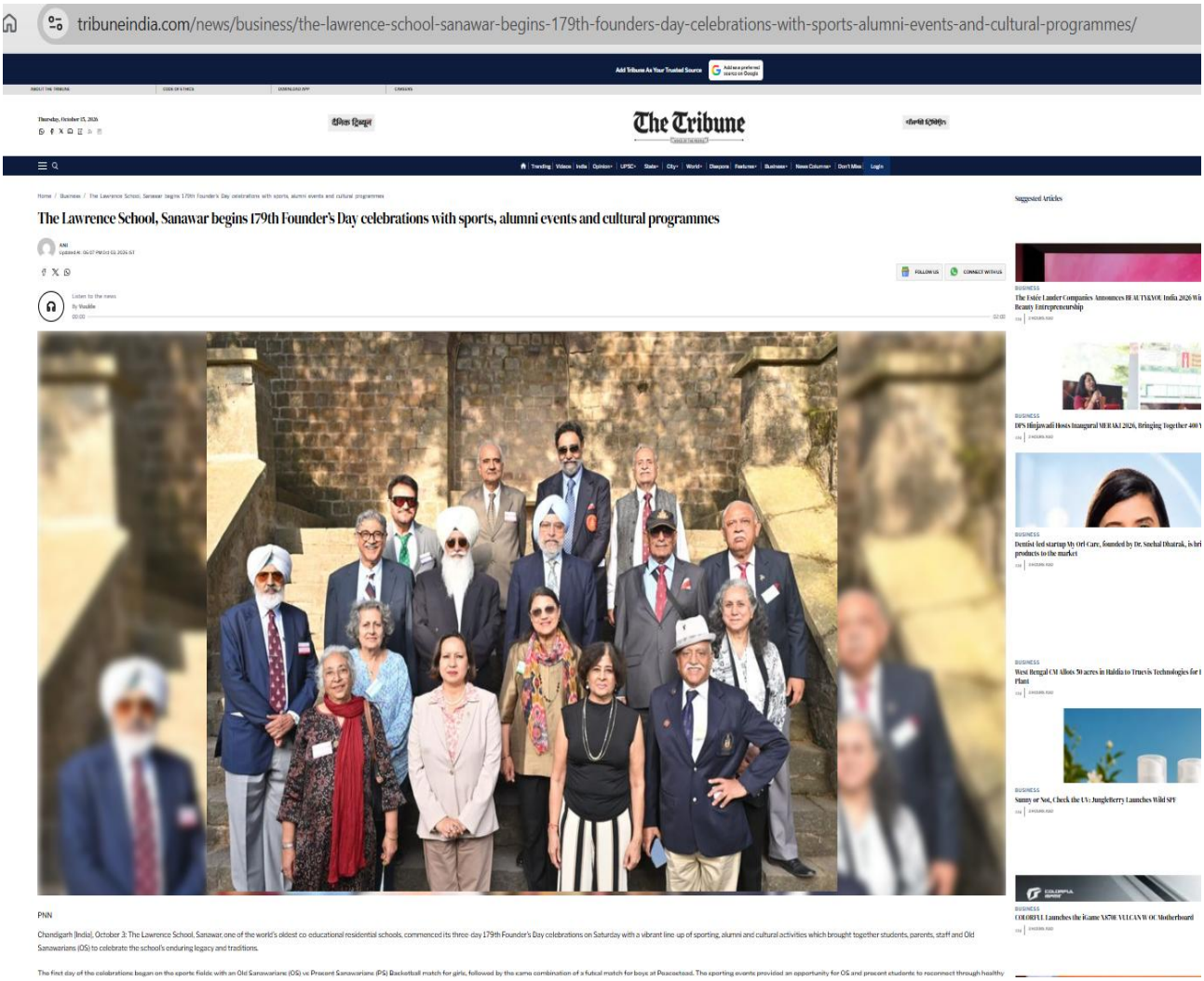
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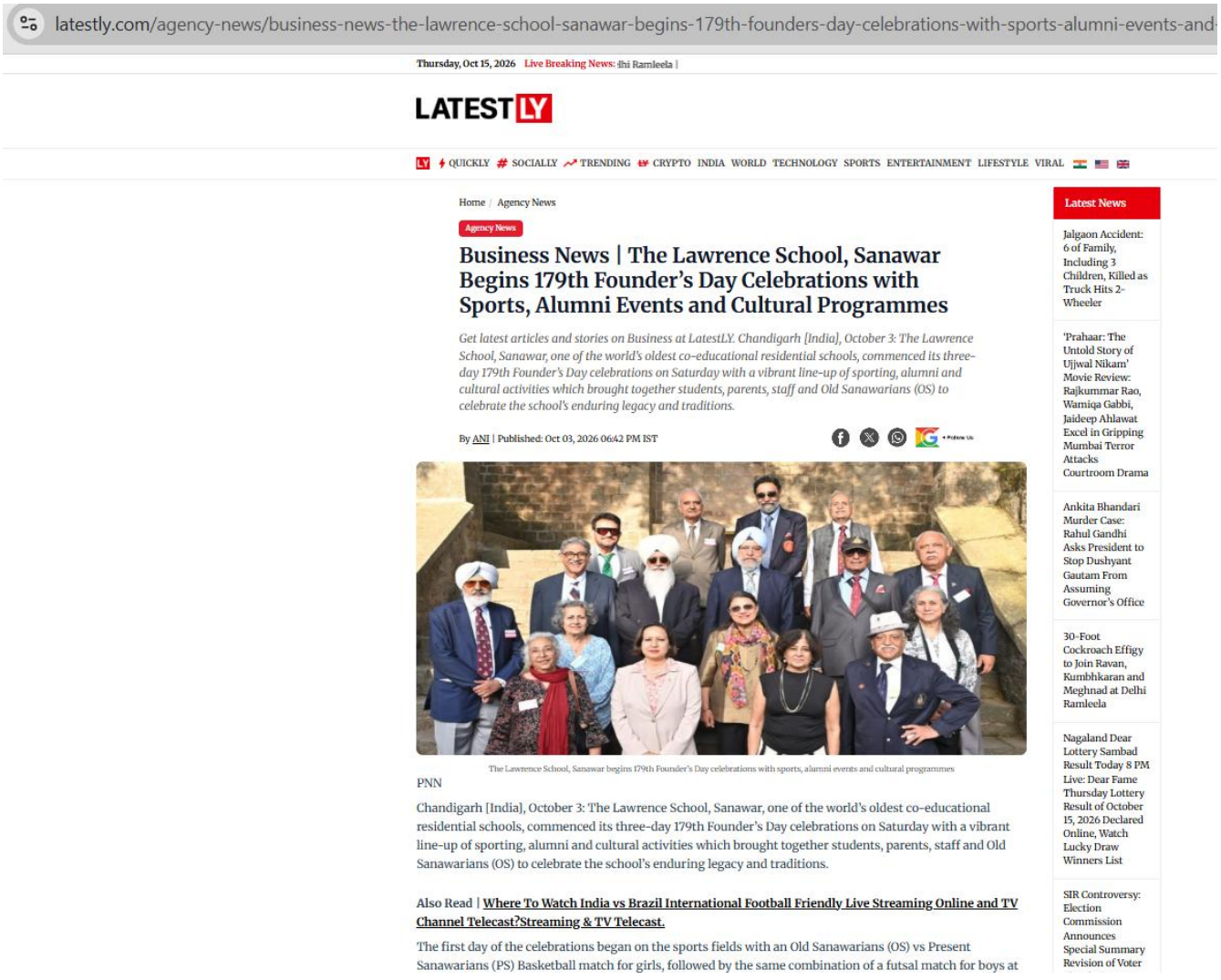
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Business News | The Lawrence School, Sanawar Begins 179th Founder's Day Celebrations with Sports, Alumni Events and Cultural Programmes

Get latest articles and stories on Business at LatestLY. Chandigarh [India], October 3: The Lawrence School, Sanawar, one of the world's oldest co-educational residential schools, commenced its three-day 179th Founder's Day celebrations on Saturday with a vibrant line-up of sporting, alumni and cultural activities which brought together students, parents, staff and Old Sanawarians (OS) to celebrate the school's enduring legacy and traditions.

By ANI | Published: Oct 03, 2026 06:42 PM IST

The Lawrence School, Sanawar begins 179th Founder's Day celebrations with sports, alumni events and cultural programmes

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Chandigarh [India], October 3: The Lawrence School, Sanawar, one of the world's oldest co-educational residential schools, commenced its three-day 179th Founder's Day celebrations on Saturday with a vibrant line-up of sporting, alumni and cultural activities which brought together students, parents, staff and Old Sanawarians (OS) to celebrate the school's enduring legacy and traditions.

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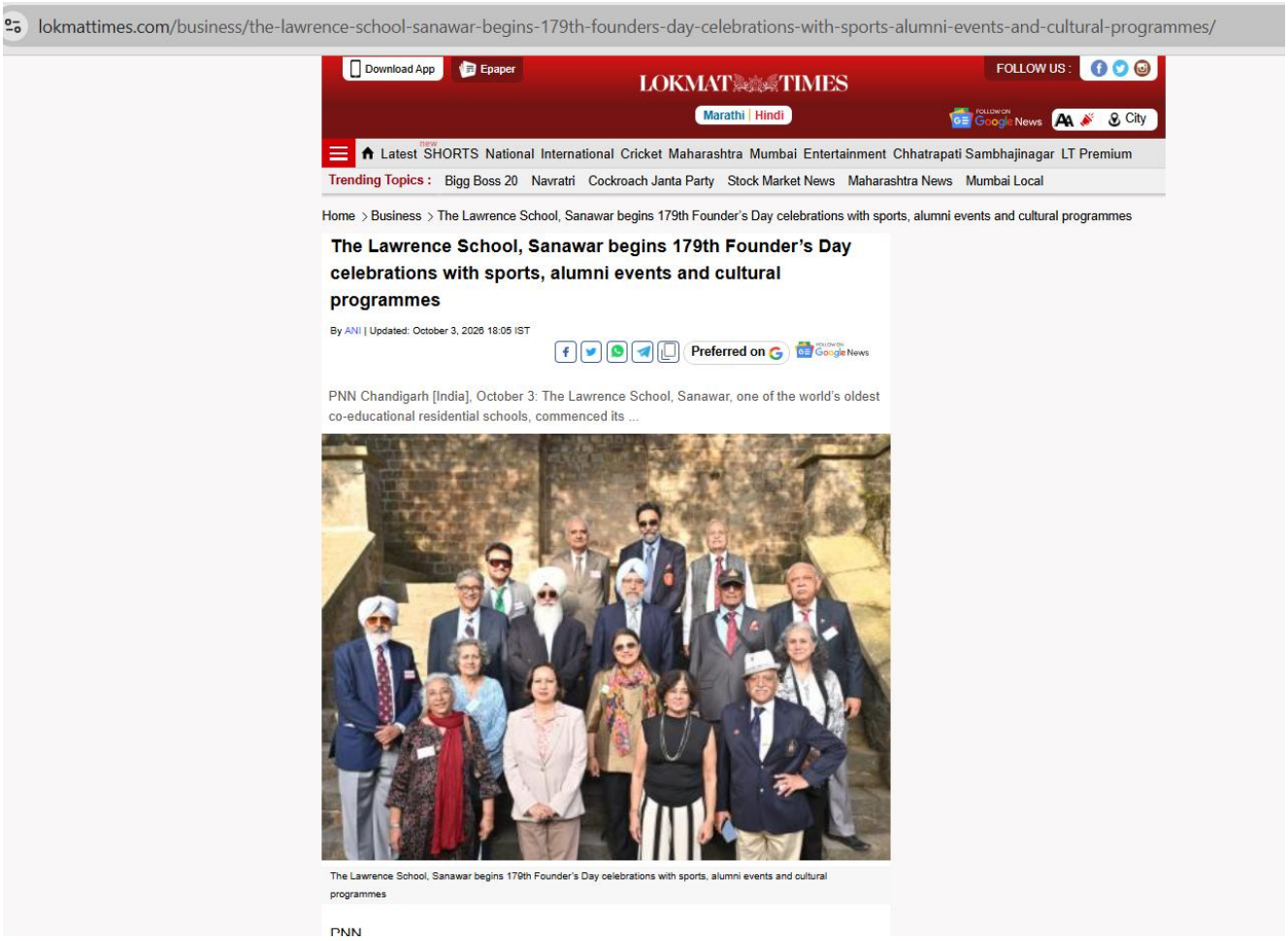
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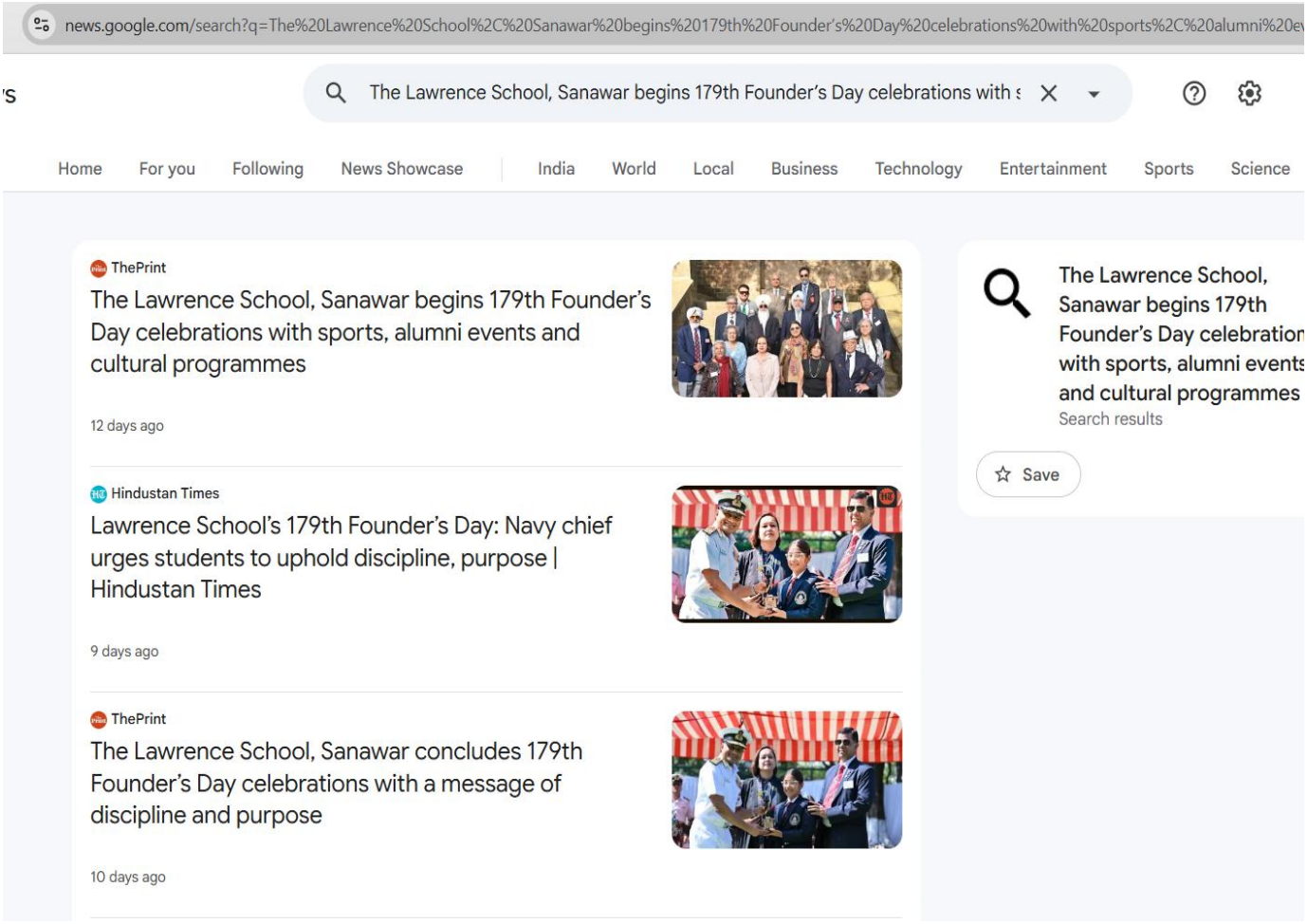
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The Lawrence School, Sanawar begins 179th Founder's Day celebrations with sports, alumni events and cultural programmes

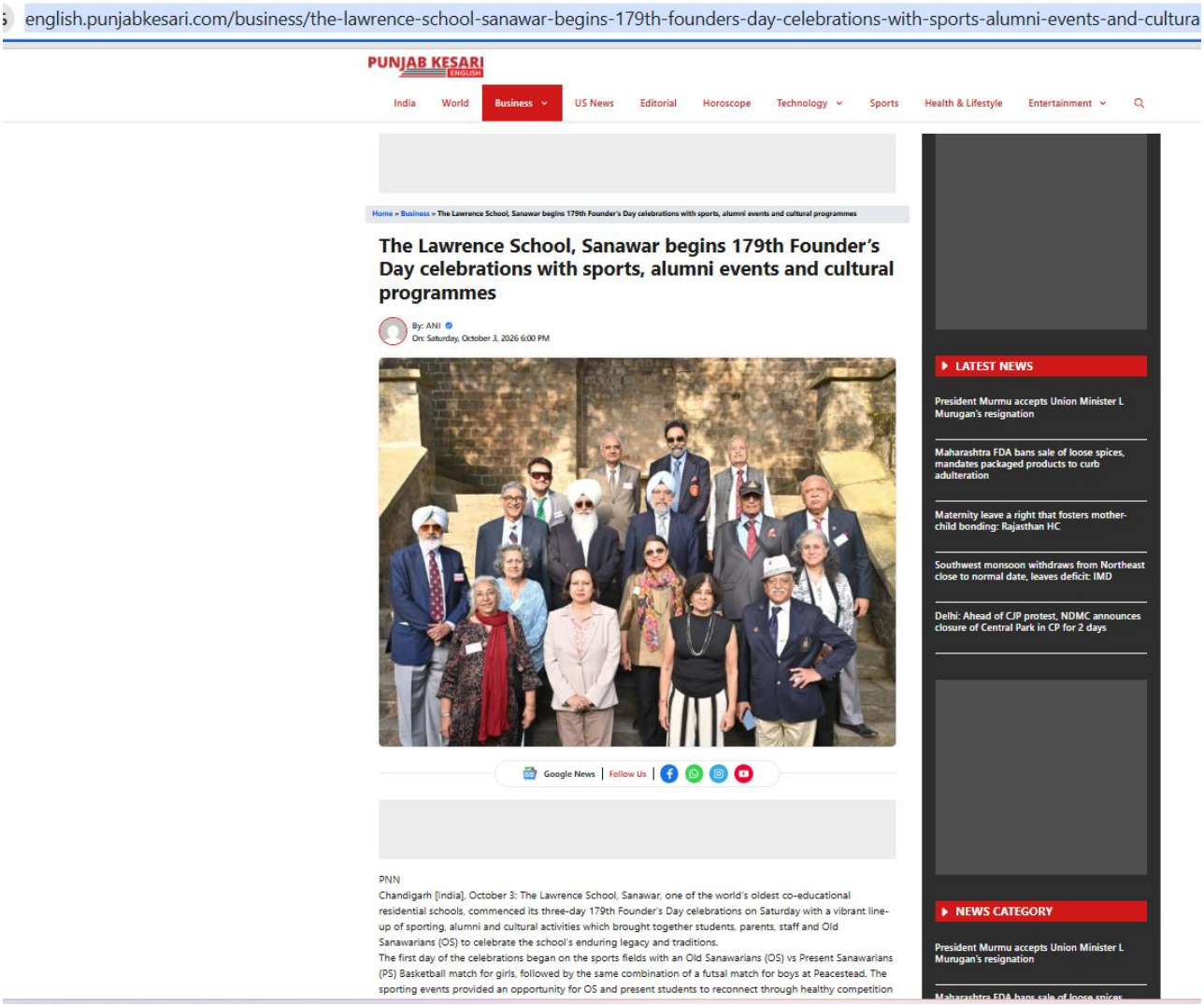


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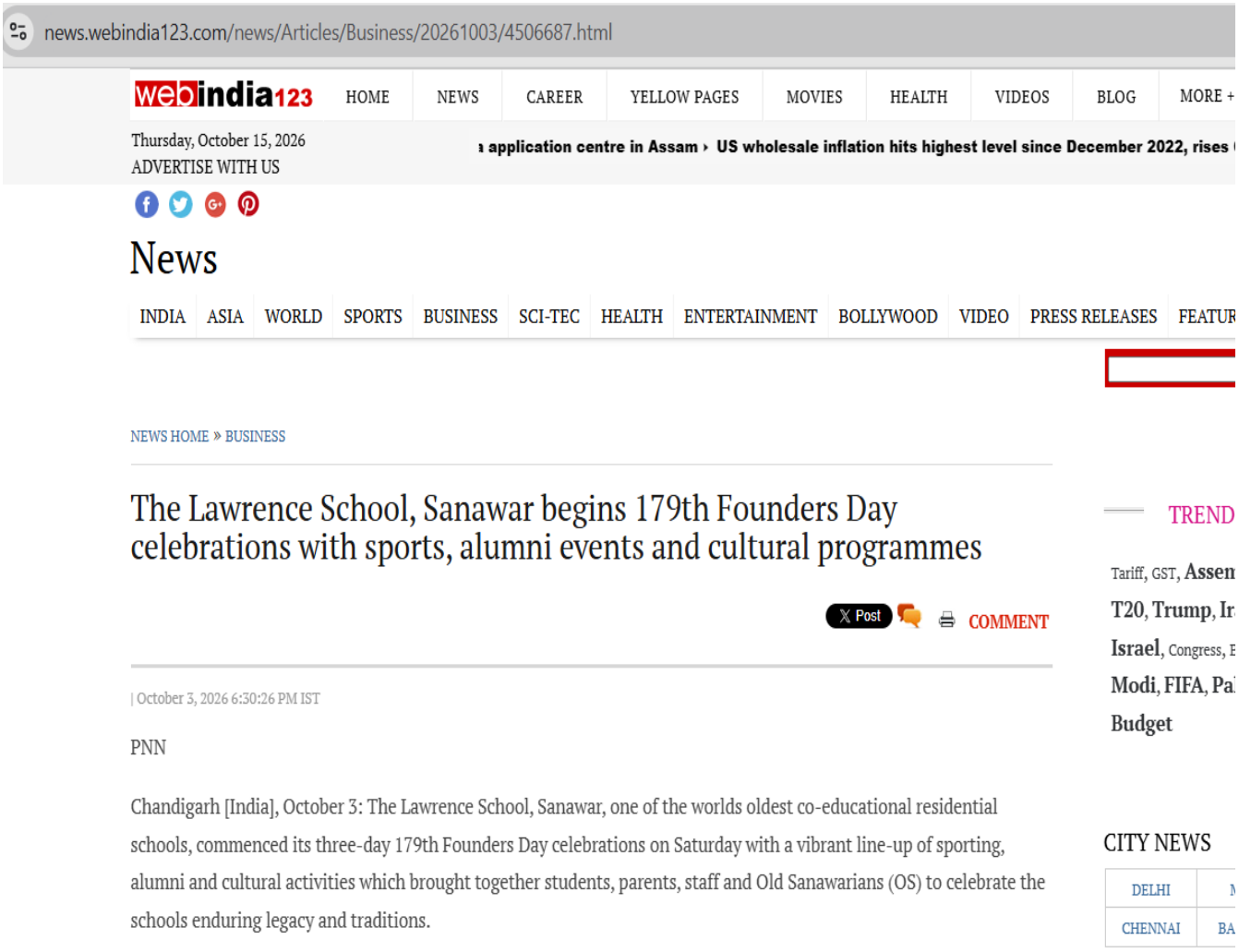
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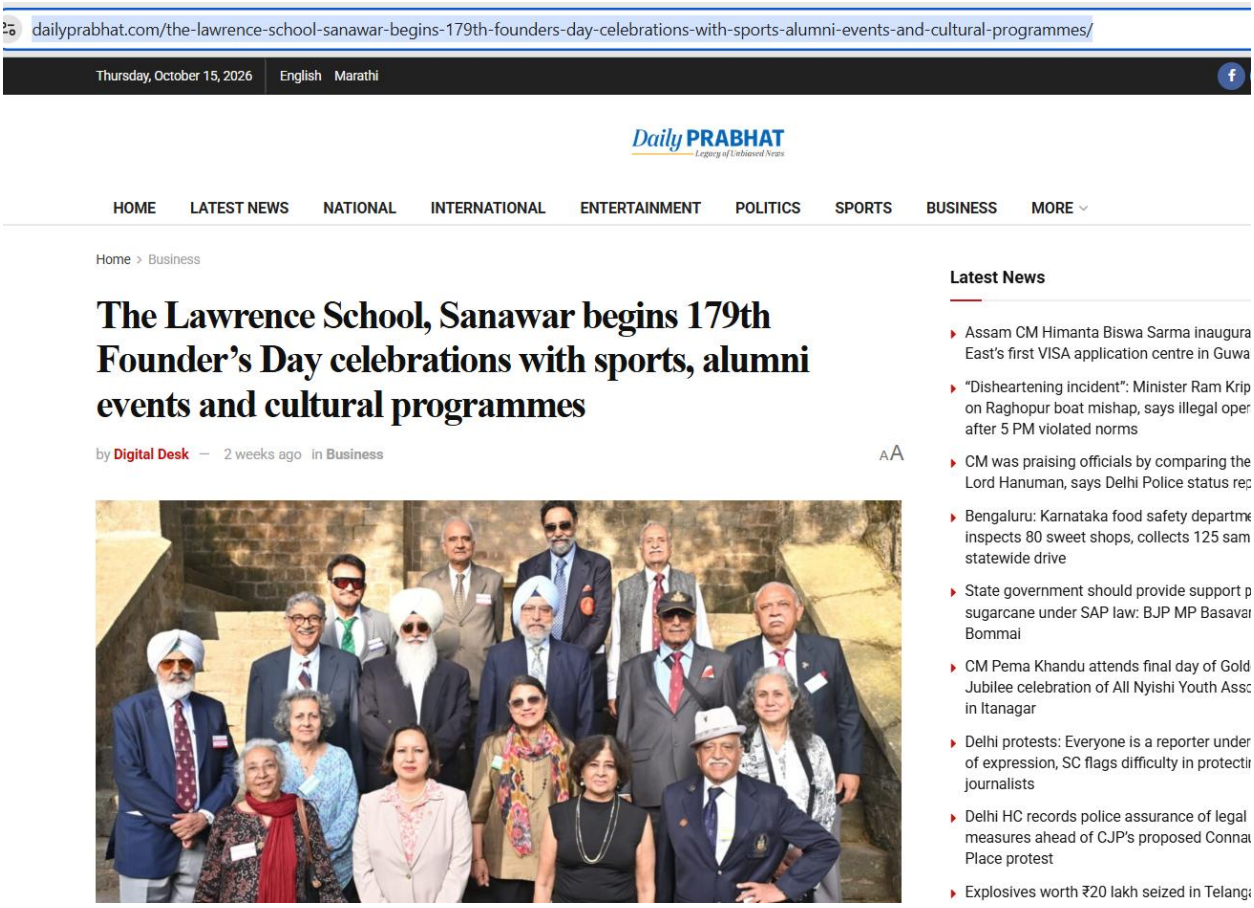
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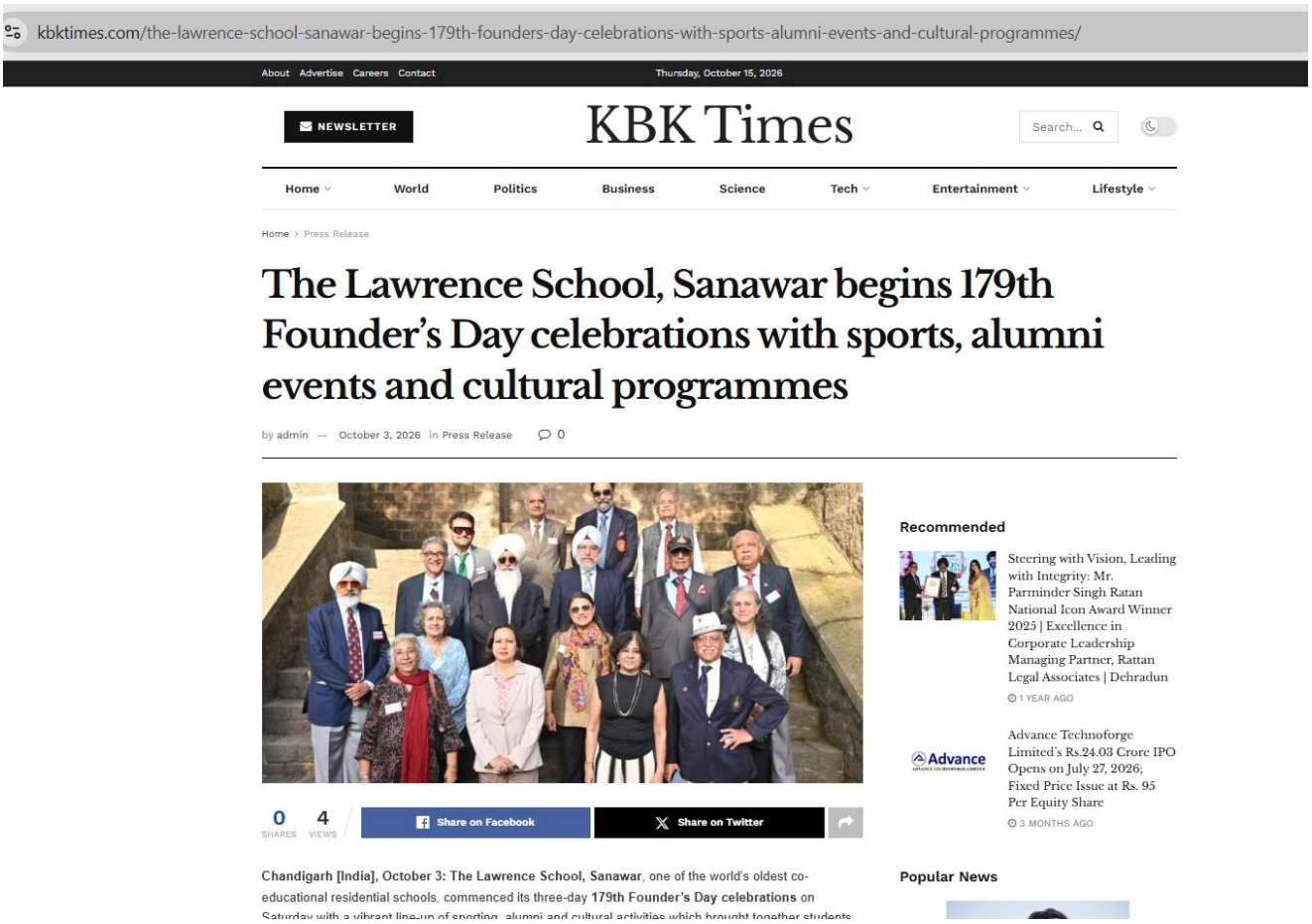
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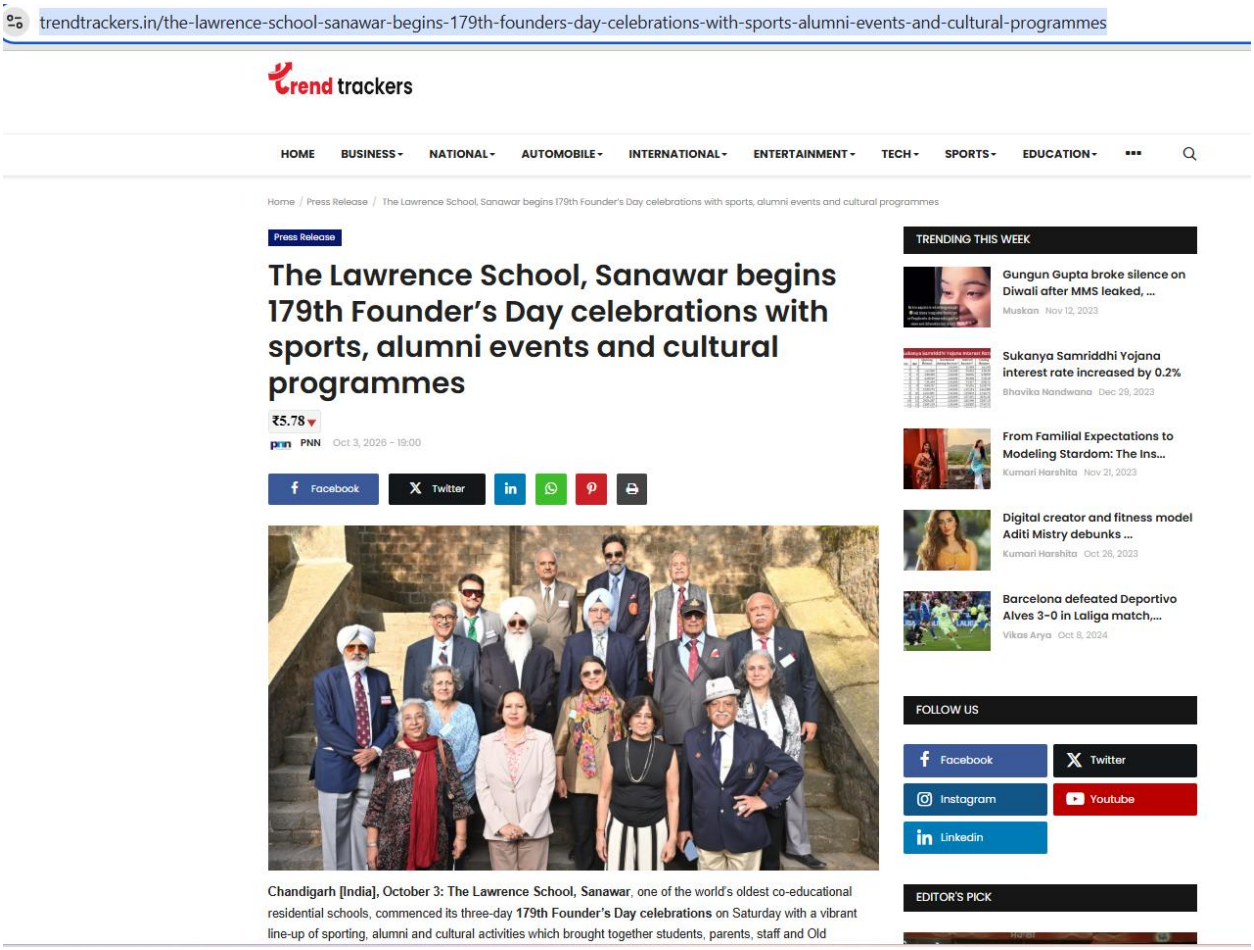
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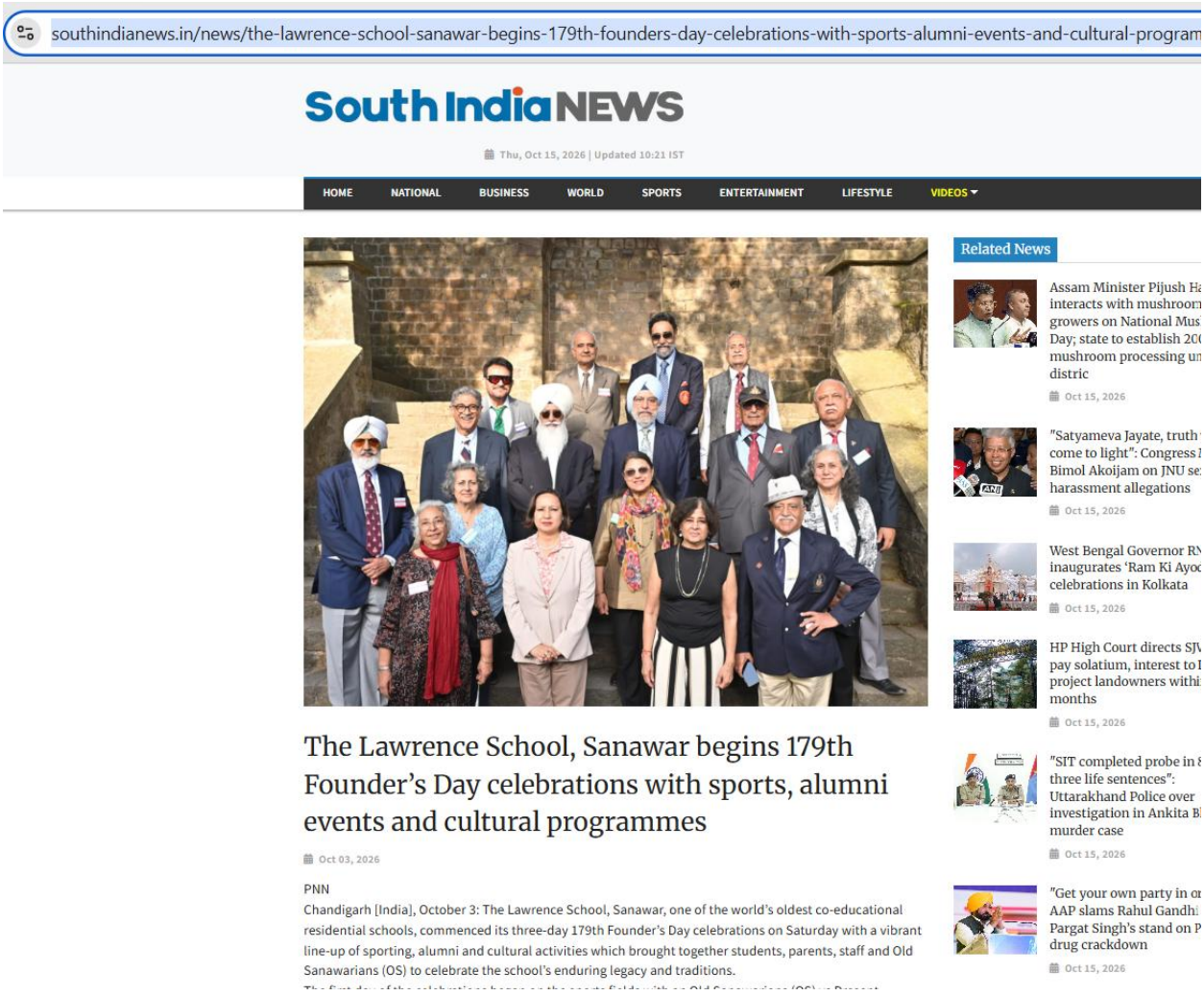
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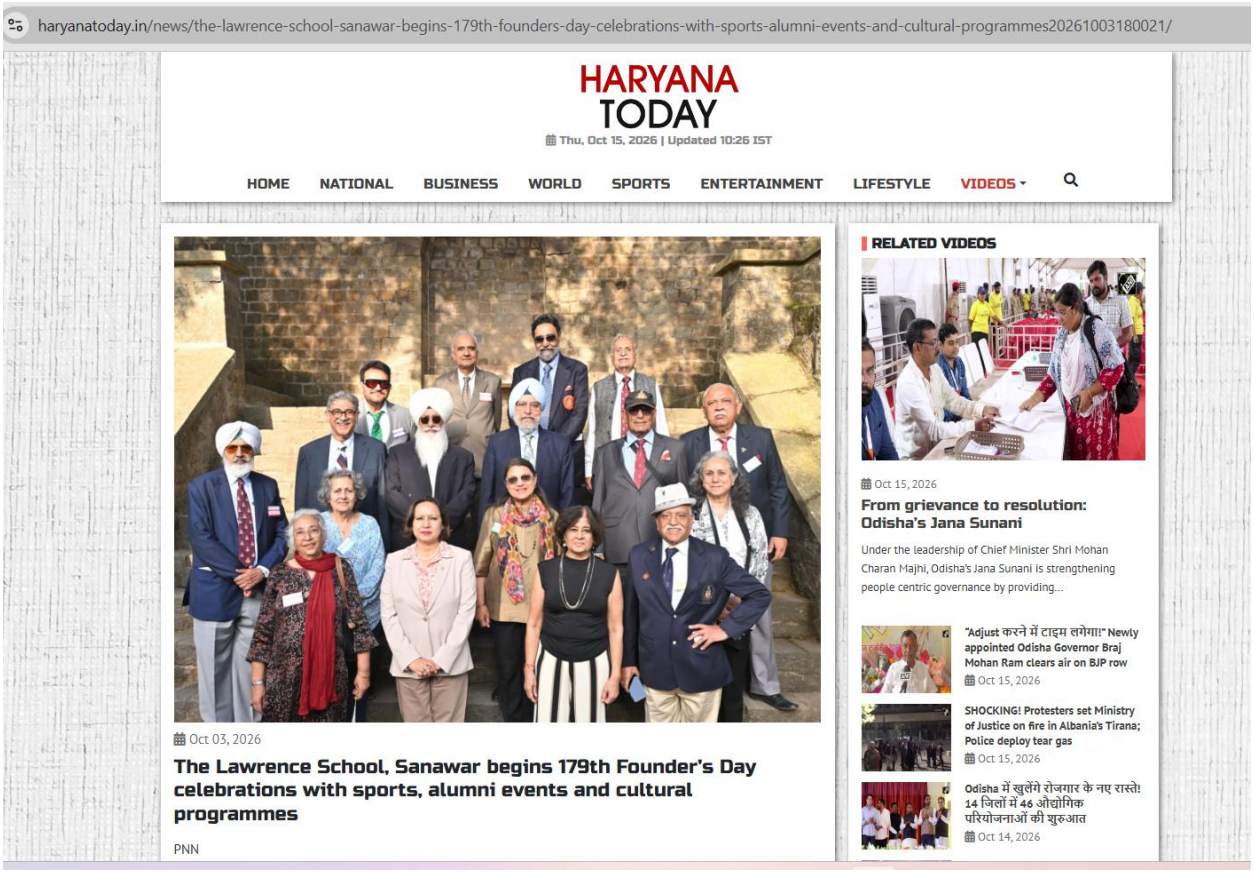
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The Lawrence School, Sanawar begins 179th Founder's Day celebrations with sports, alumni events and cultural programmes

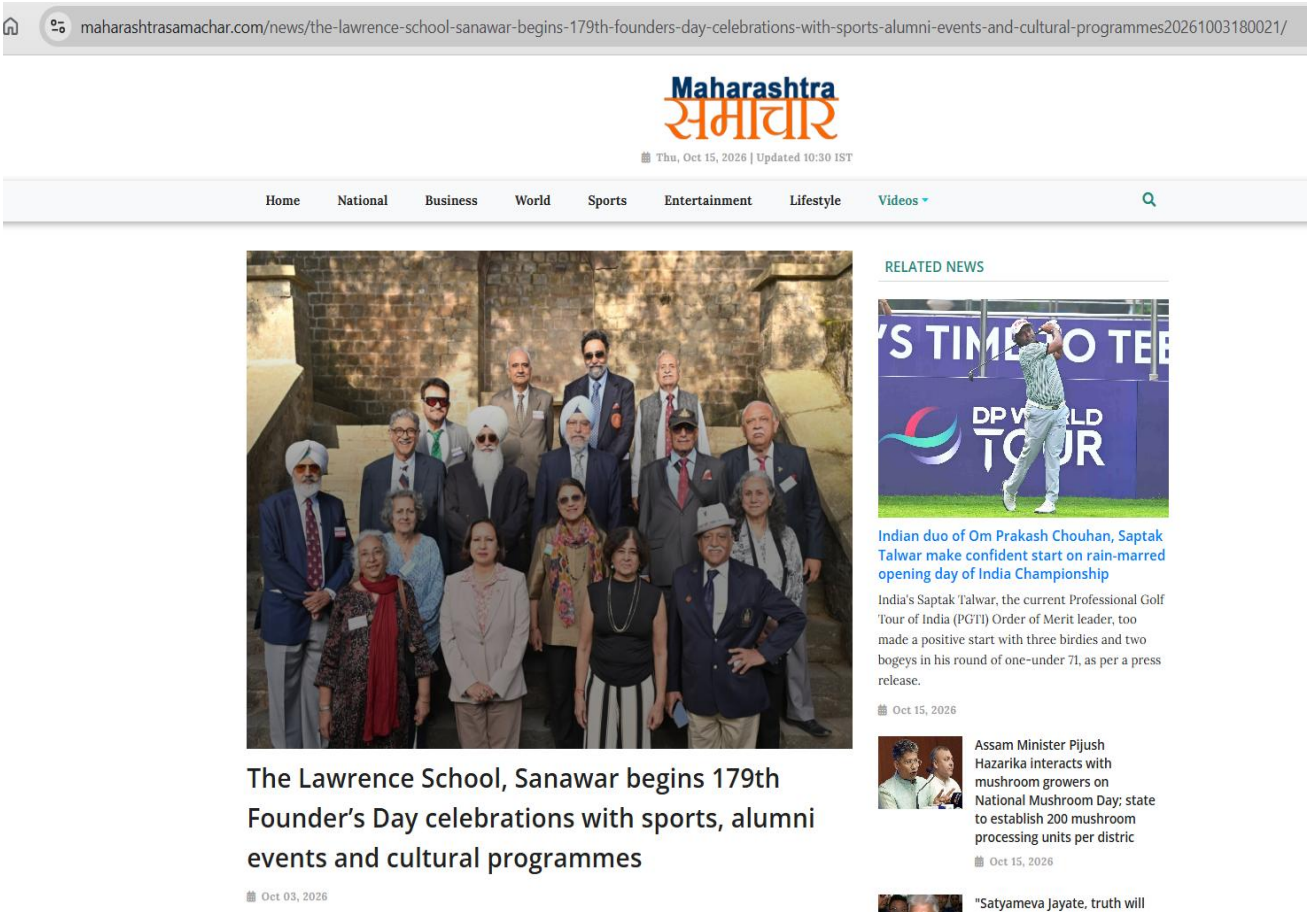
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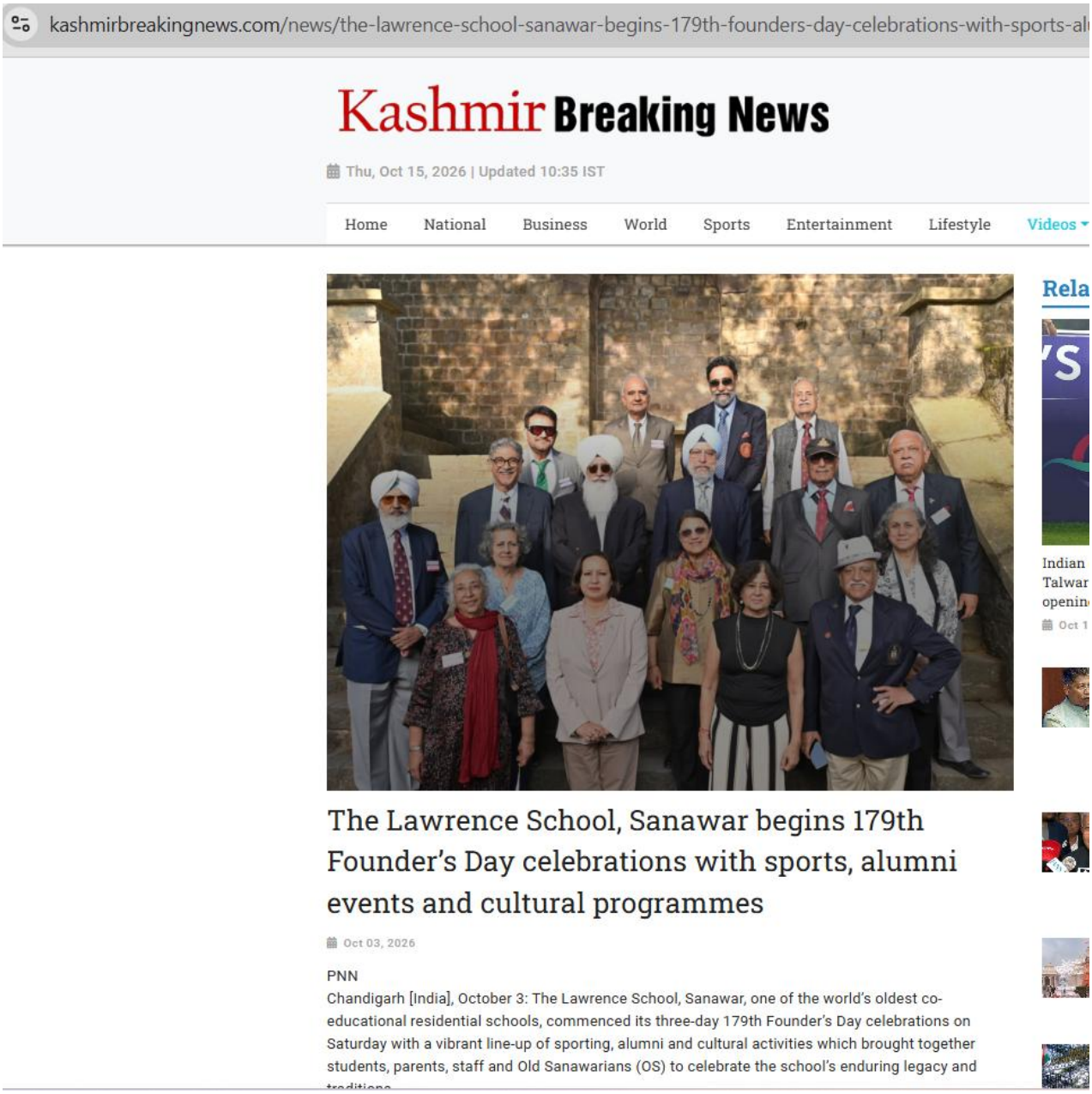
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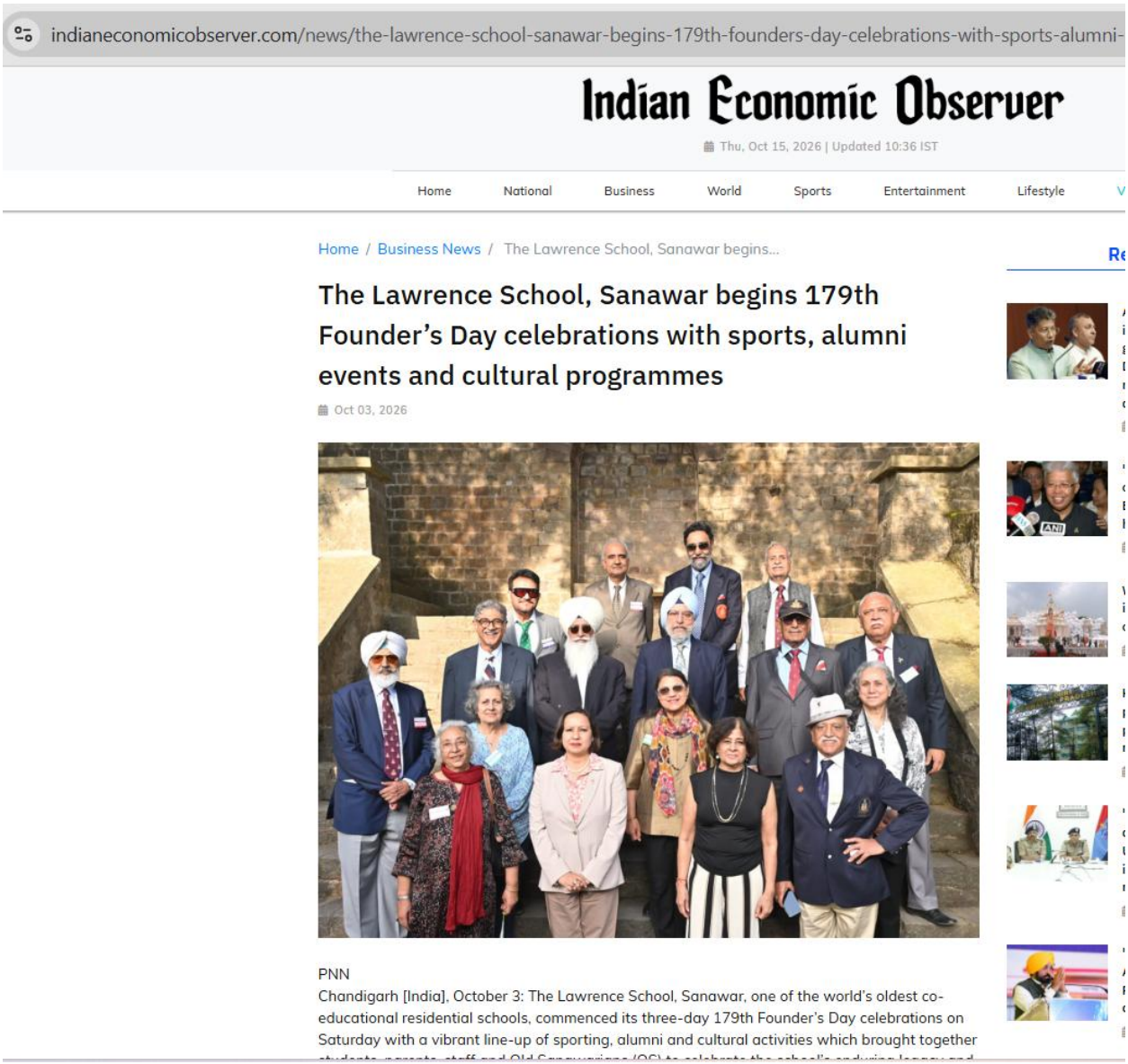
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The Lawrence School, Sanawar begins 179th Founder's Day celebrations with sports, alumni events and cultural programmes

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The first day of the celebrations began on the sports fields with an Old Sanawarians (OS) vs Present Sanawarians (PS) Basketball match for girls, followed by the same combination of a futsal match for boys at Peacestead. The sporting events provided an opportunity for OS and present students to reconnect through healthy competition and camaraderie.

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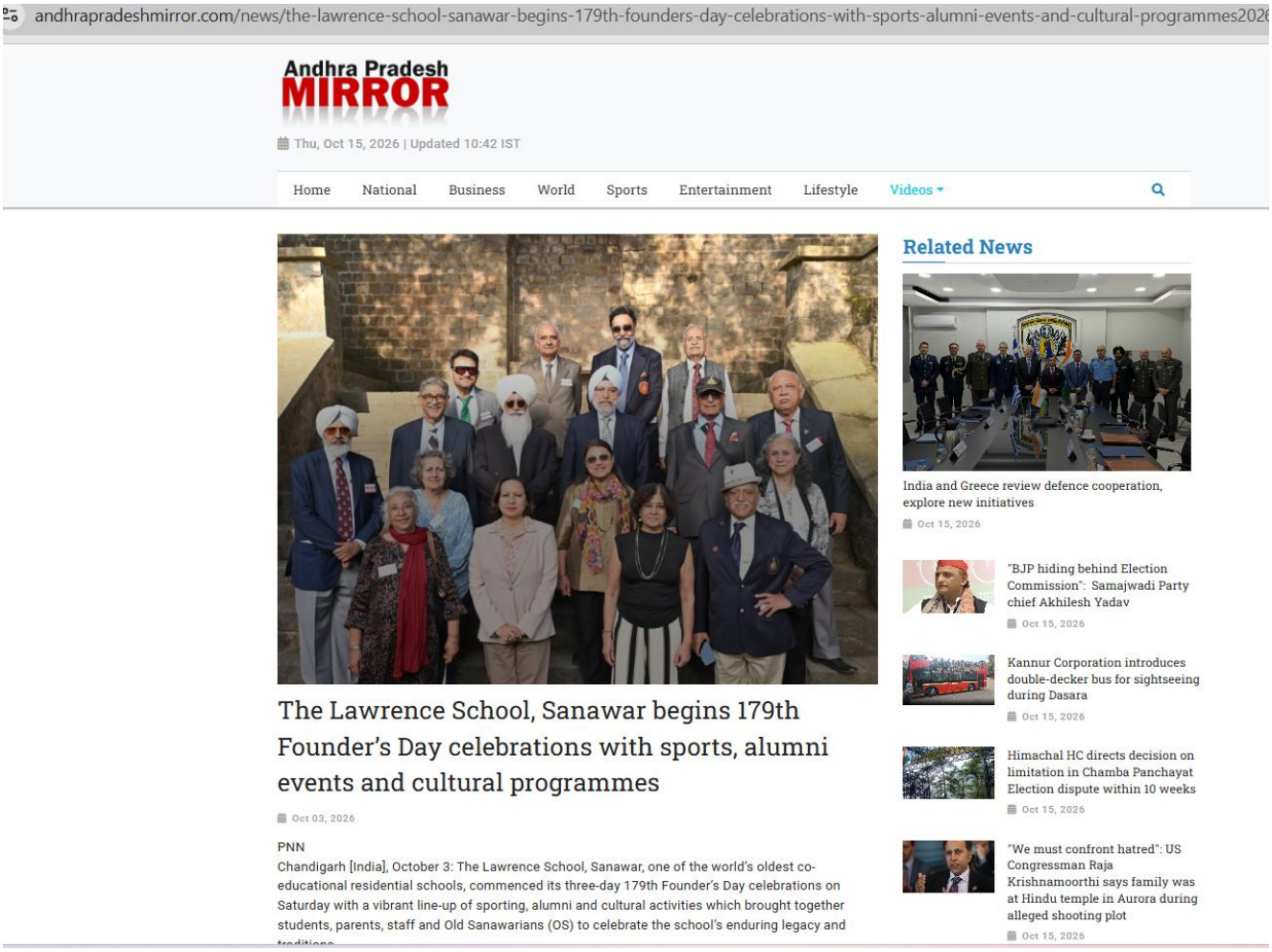
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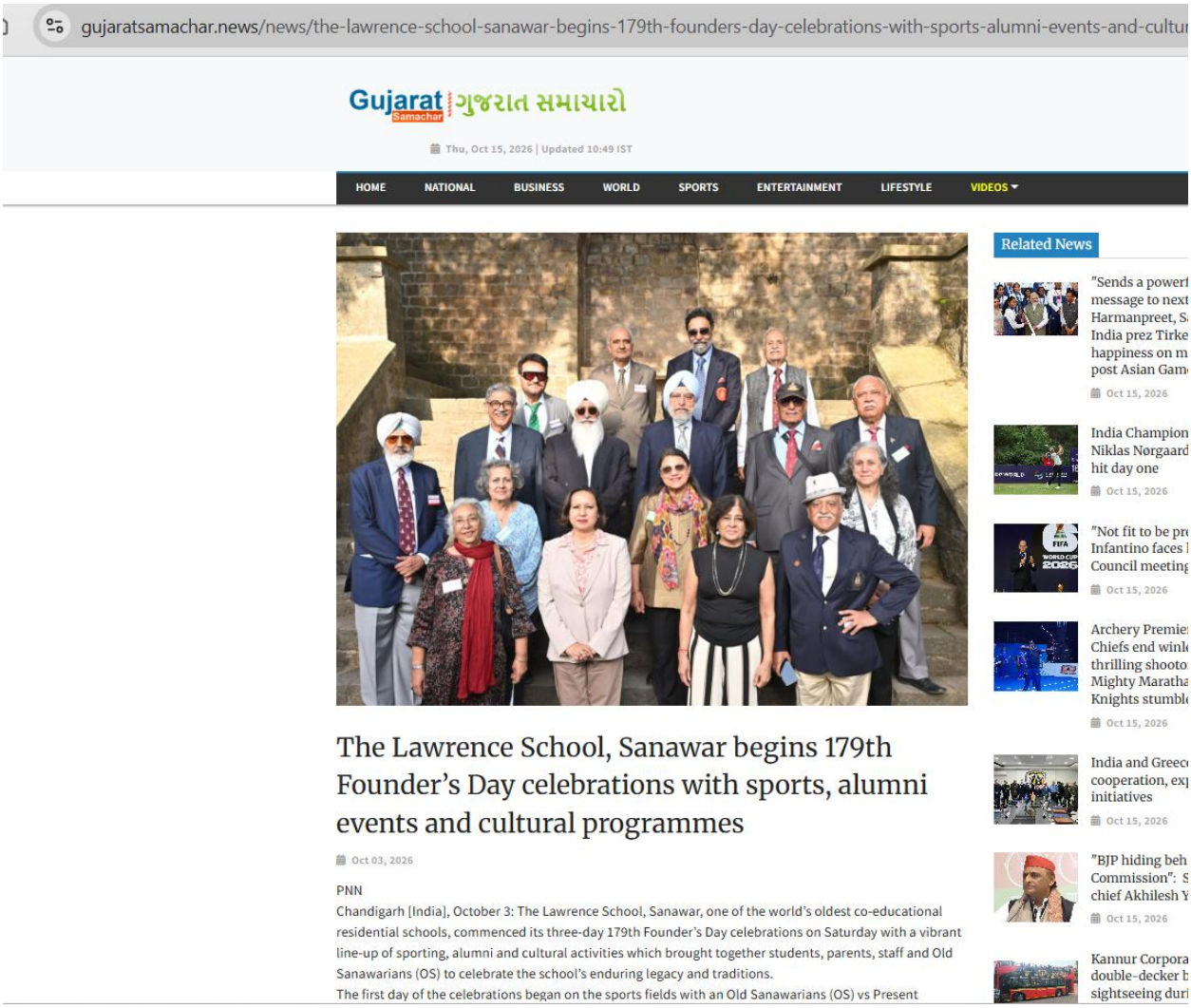


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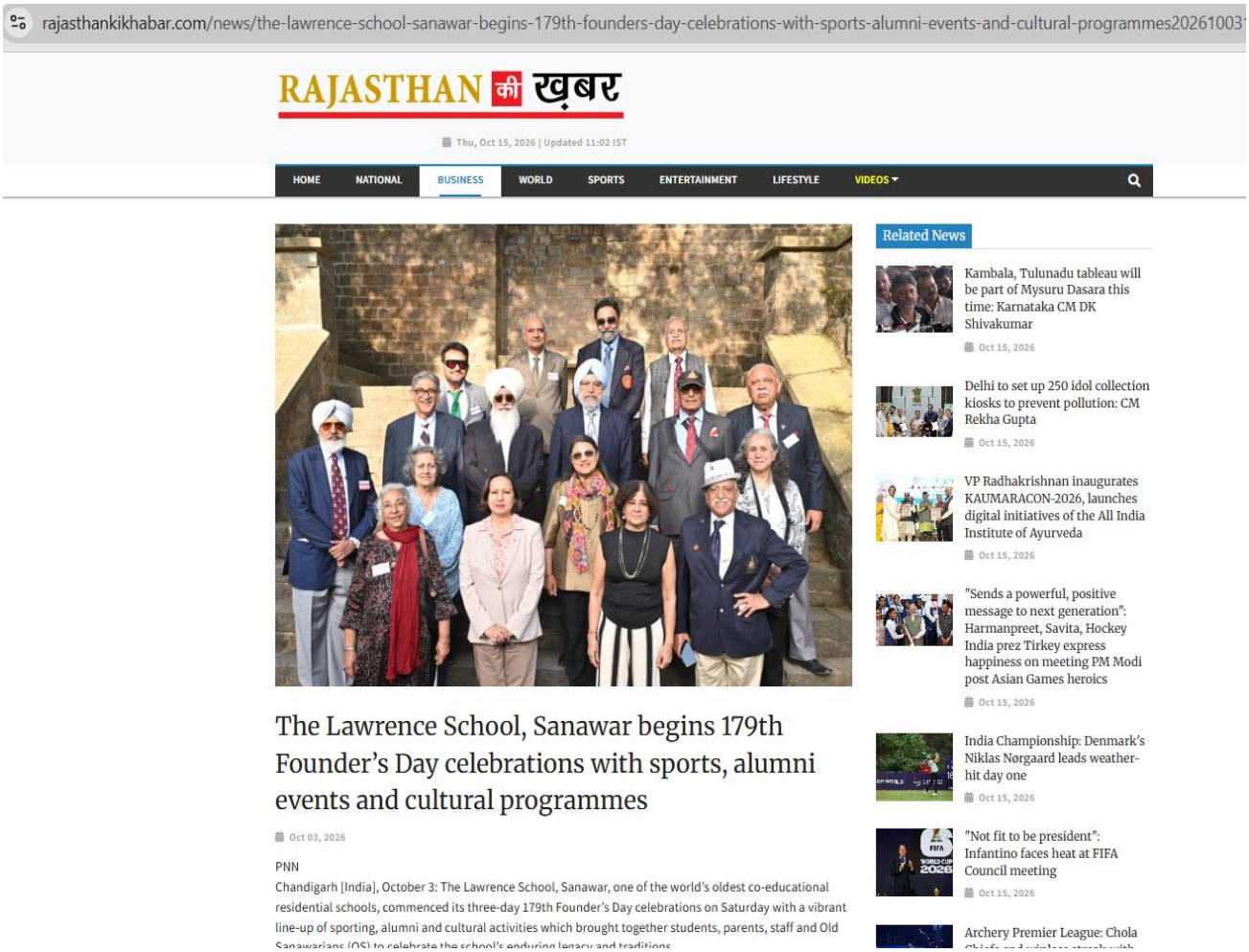
"Sanawar is not merely a school that we attended; it is a chapter of our lives that continues to live within us. Returning for our jubilee has brought back memories that time could never erase," said OS Vivek Mehra of the 1971 batch.

"Years may have passed, but coming back to Sanawar makes you realise that some bonds never change. The Chapel Assembly gave us a beautiful opportunity to reconnect with our friends and relive the memories of our school days," said OS Maneet Singh of the 2001 batch.



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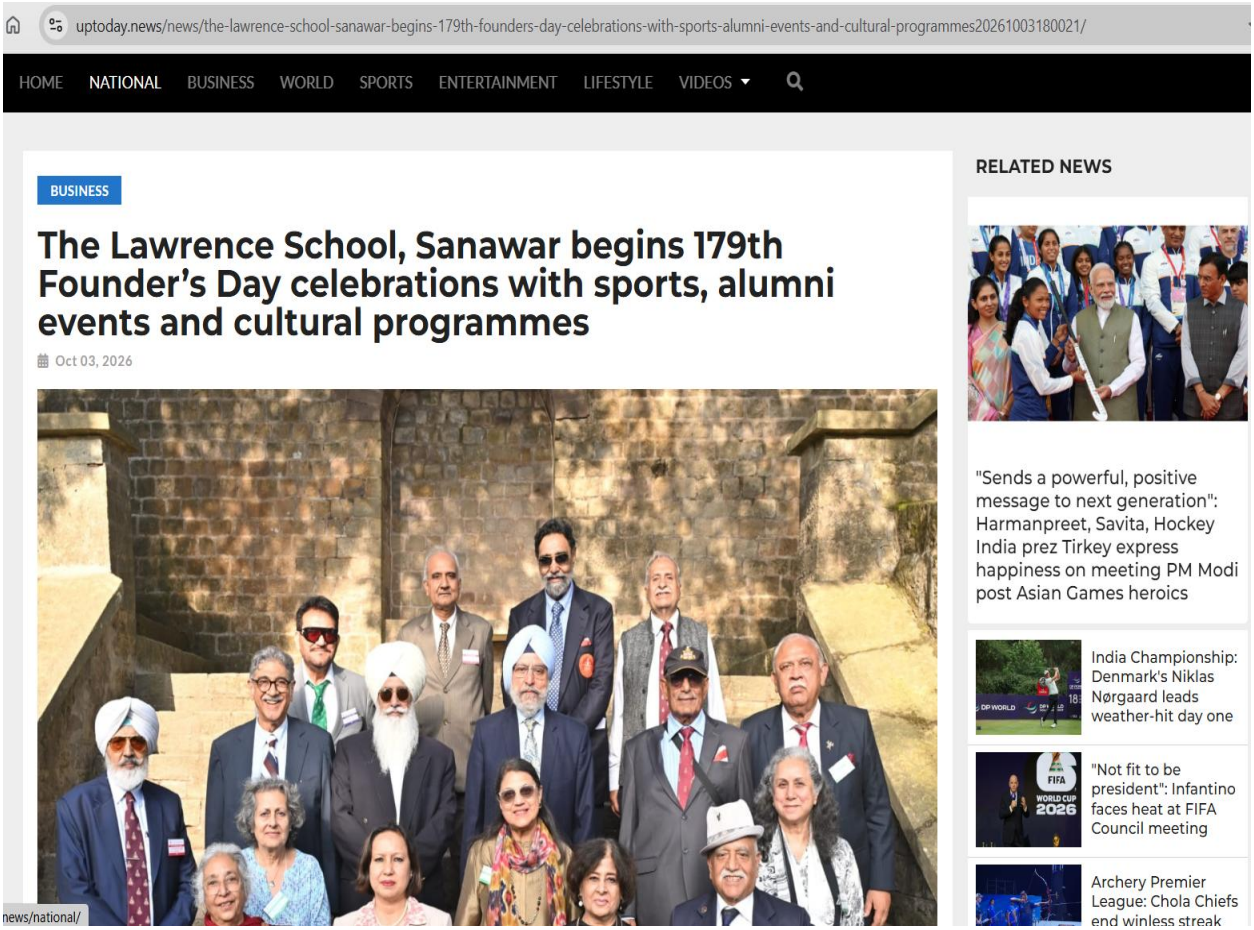
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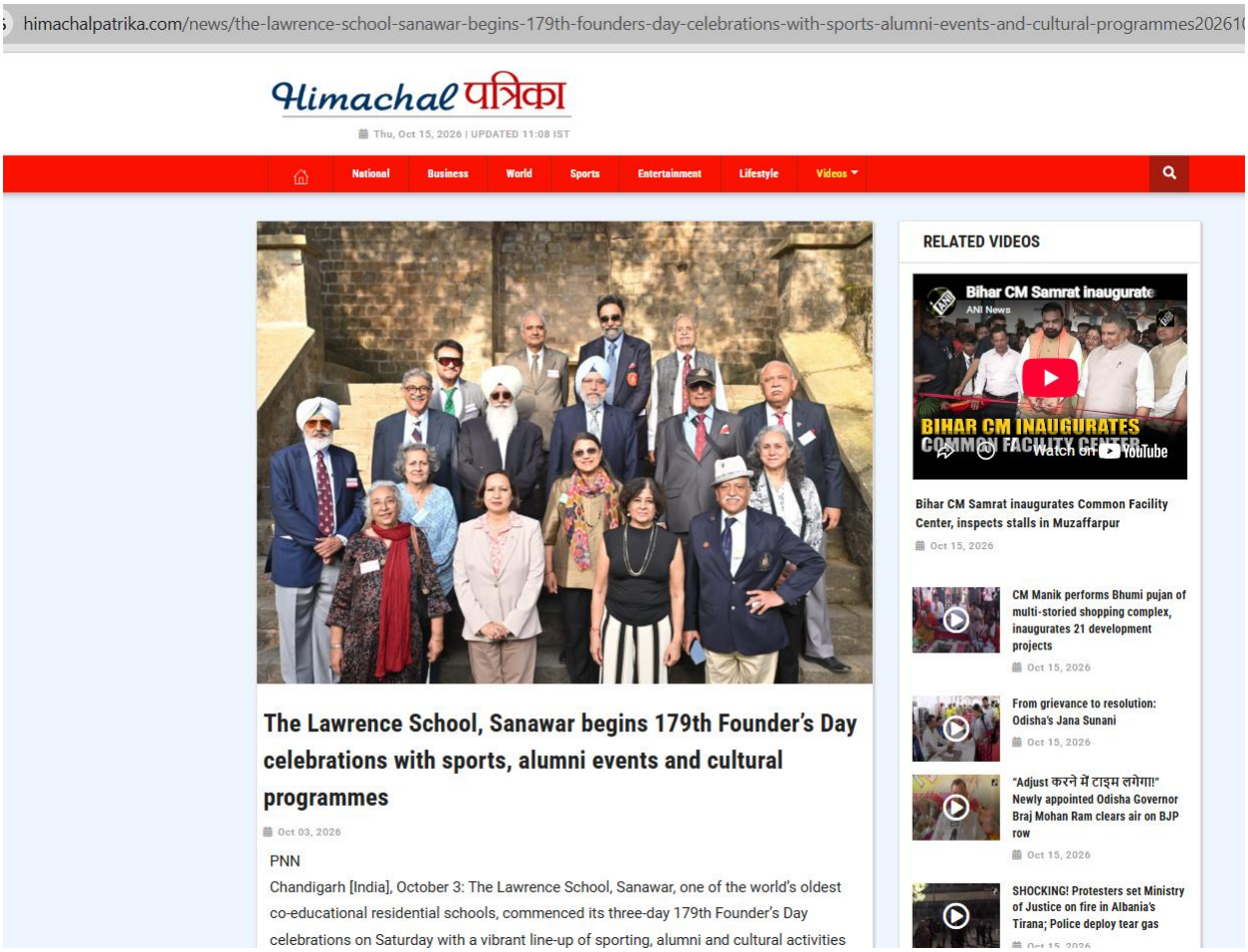
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The representatives of the Jubilee Batches also paid tribute at the War Memorial by laying a wreath in remembrance of the OS who made the supreme sacrifice in the service of the nation and safeguarded its honour. Members of the 1966 OS batch to which Second Lieutenant Arun Khetarpal (Param Vir Chakra awardee) belonged paid floral tribute to their former classmate and remembered his supreme sacrifice in the service of the nation.

The day's celebrations further included a special school concert at Barné Hall wherein students featured a presentation of "12 Angry Men," the classic courtroom drama that explores justice, critical thinking, prejudice and the importance of questioning assumptions. The performance highlighted the values of independent thinking, empathy and responsible decision-making.

Day two of the celebrations on Sunday will feature the annual athletic meet, annual prize distribution, school fete, concert, and the Tattoo [folk and sword dive]

Bihar 24X7

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North East Times

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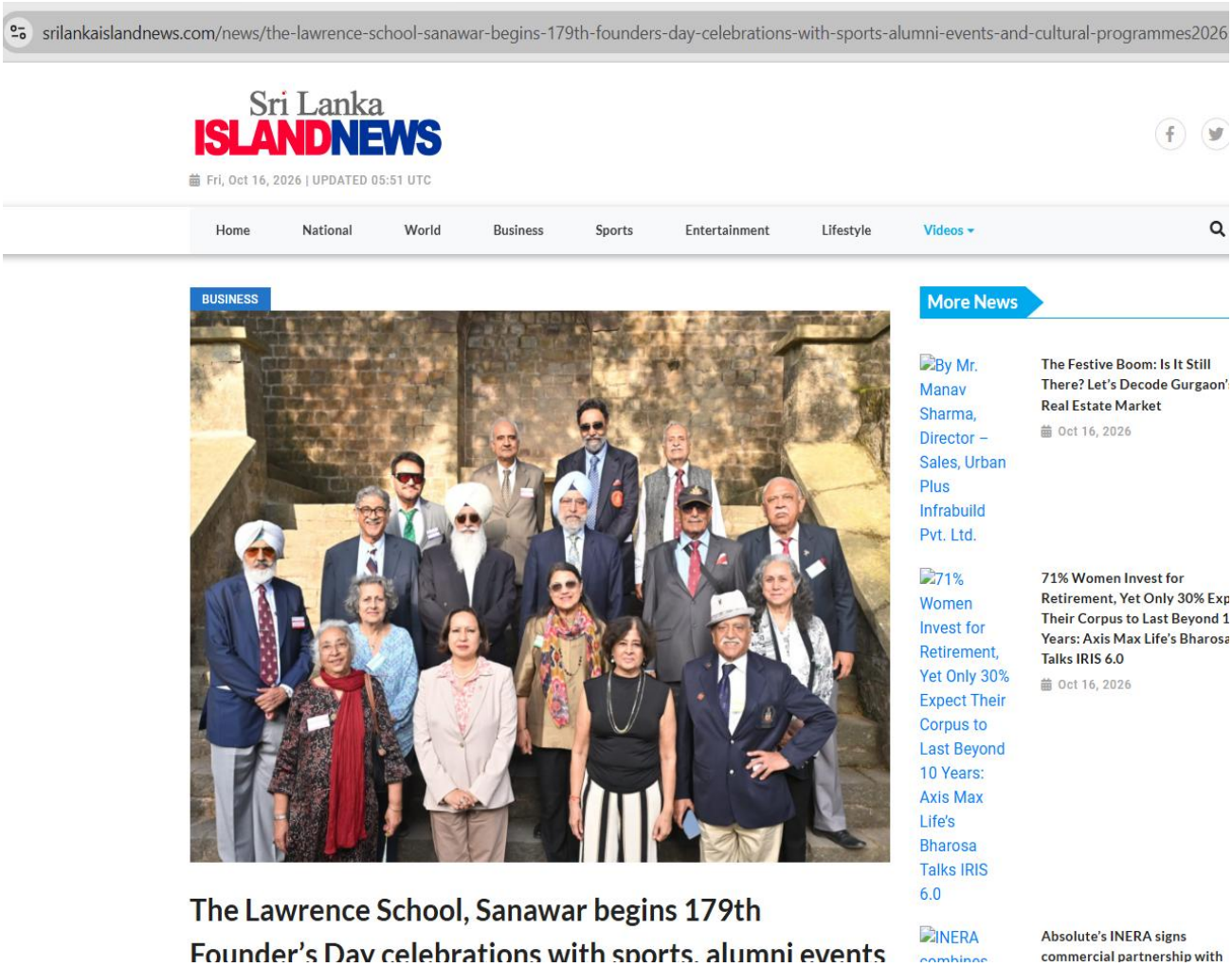
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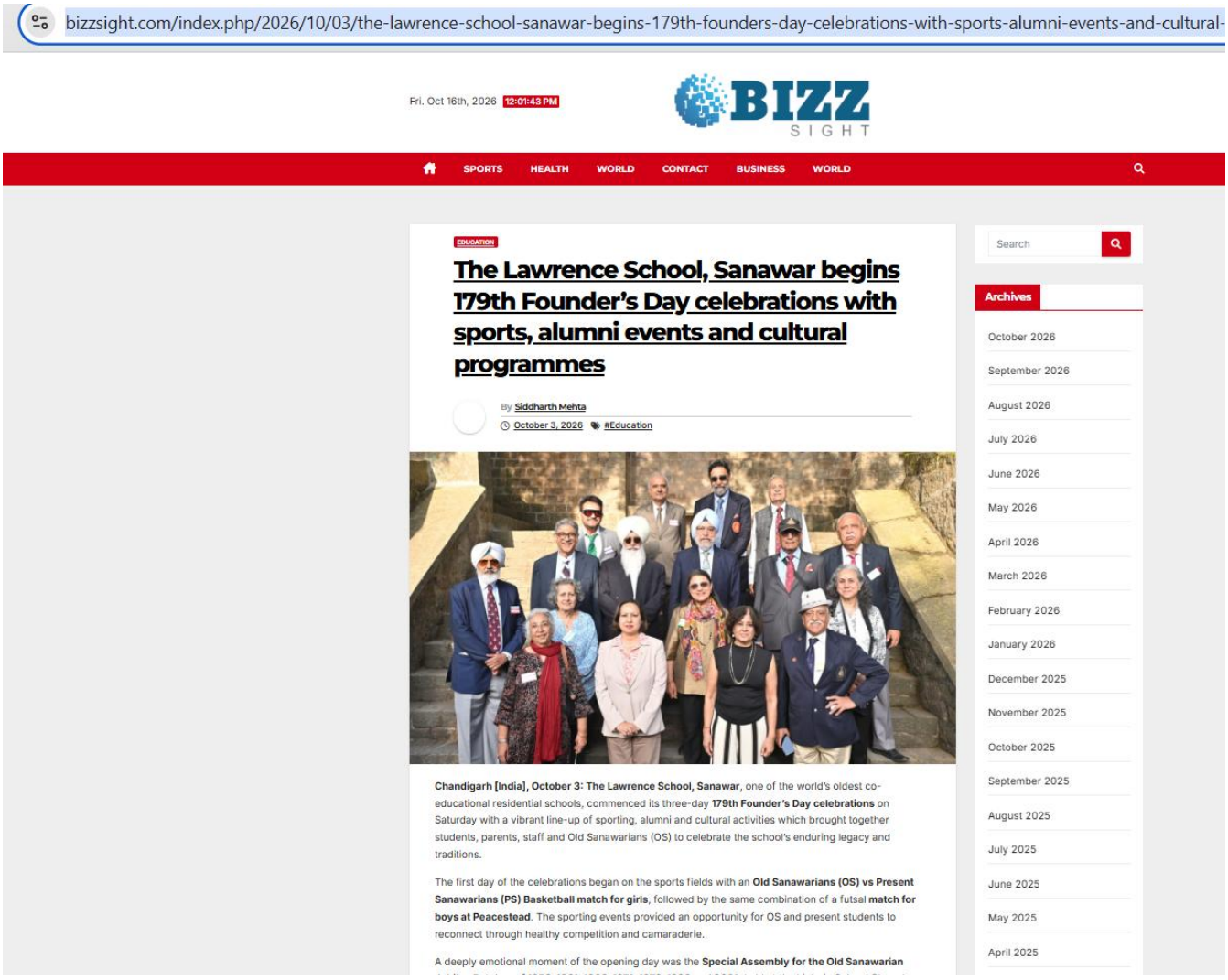
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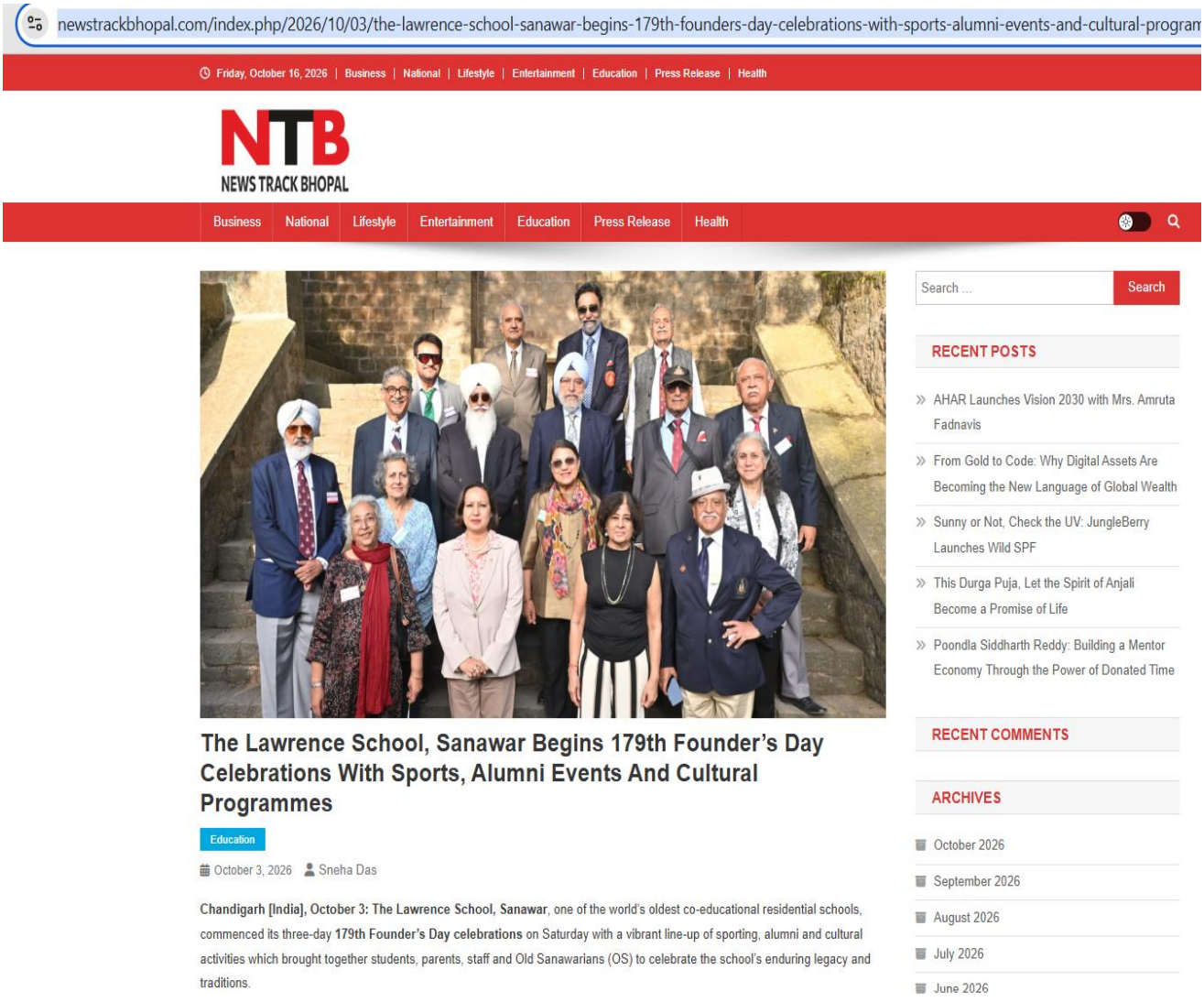
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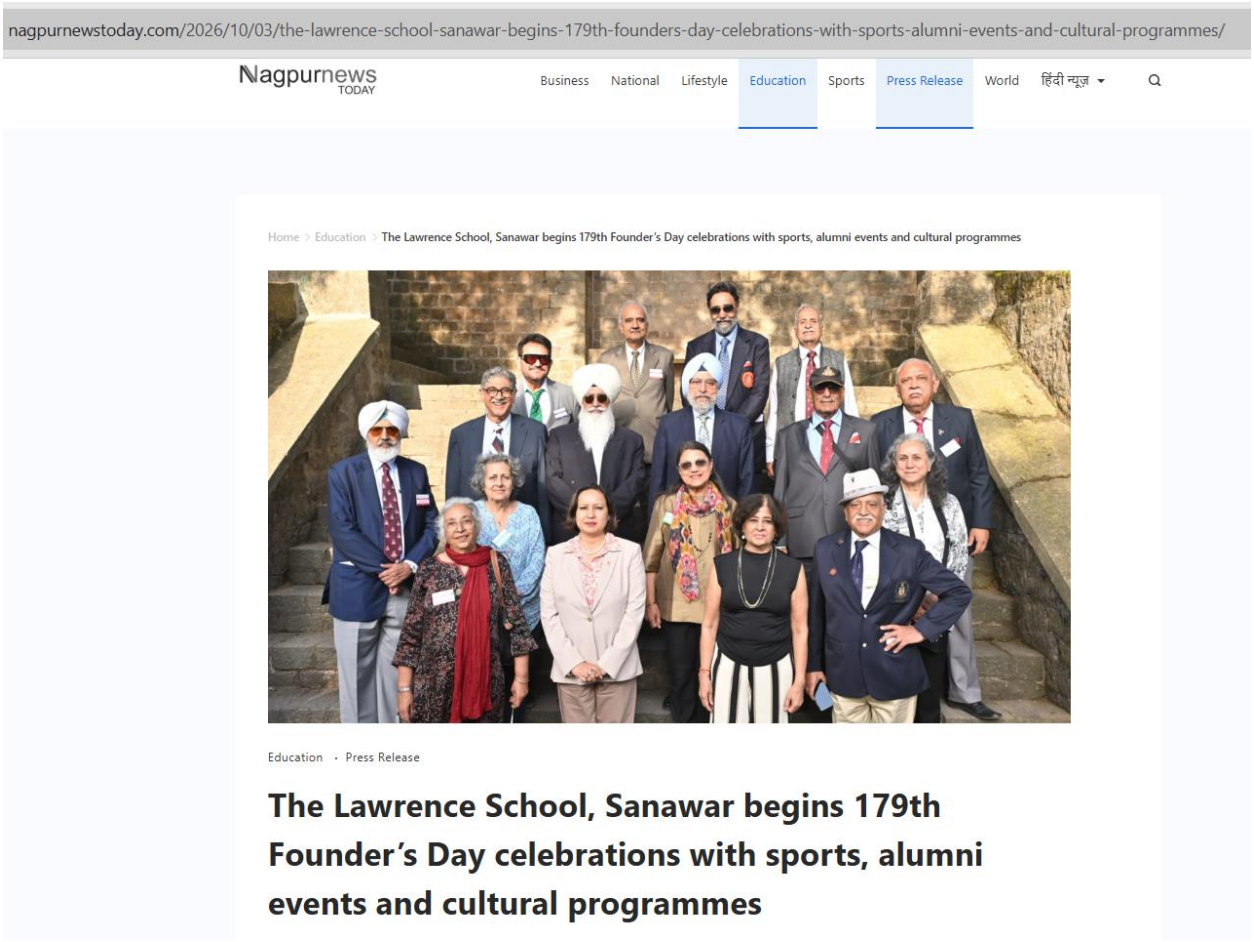
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The Lawrence School, Sanawar begins 179th Founder's Day celebrations with sports, alumni events and cultural programmes

Akash Tiwari October 3, 2026

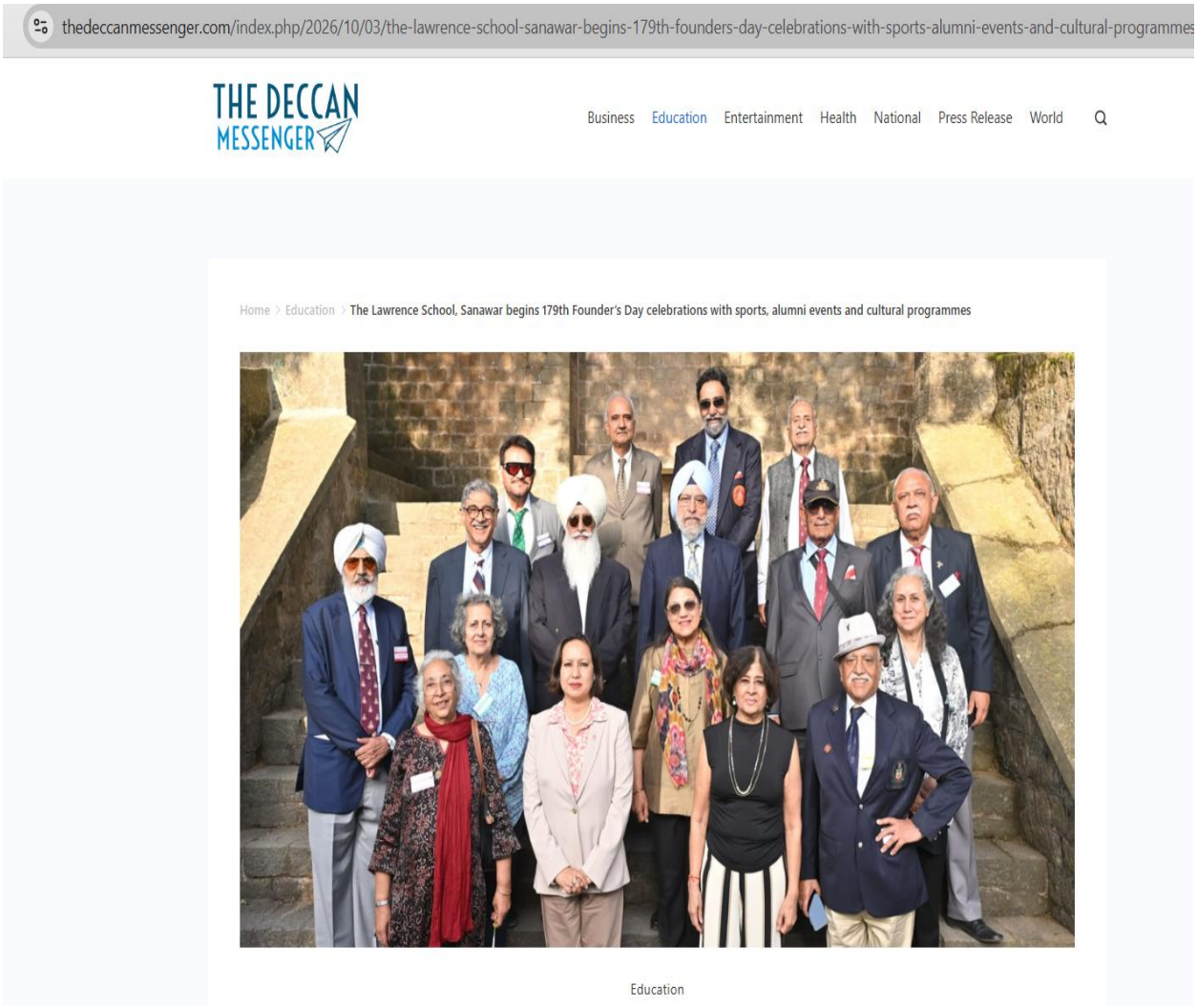


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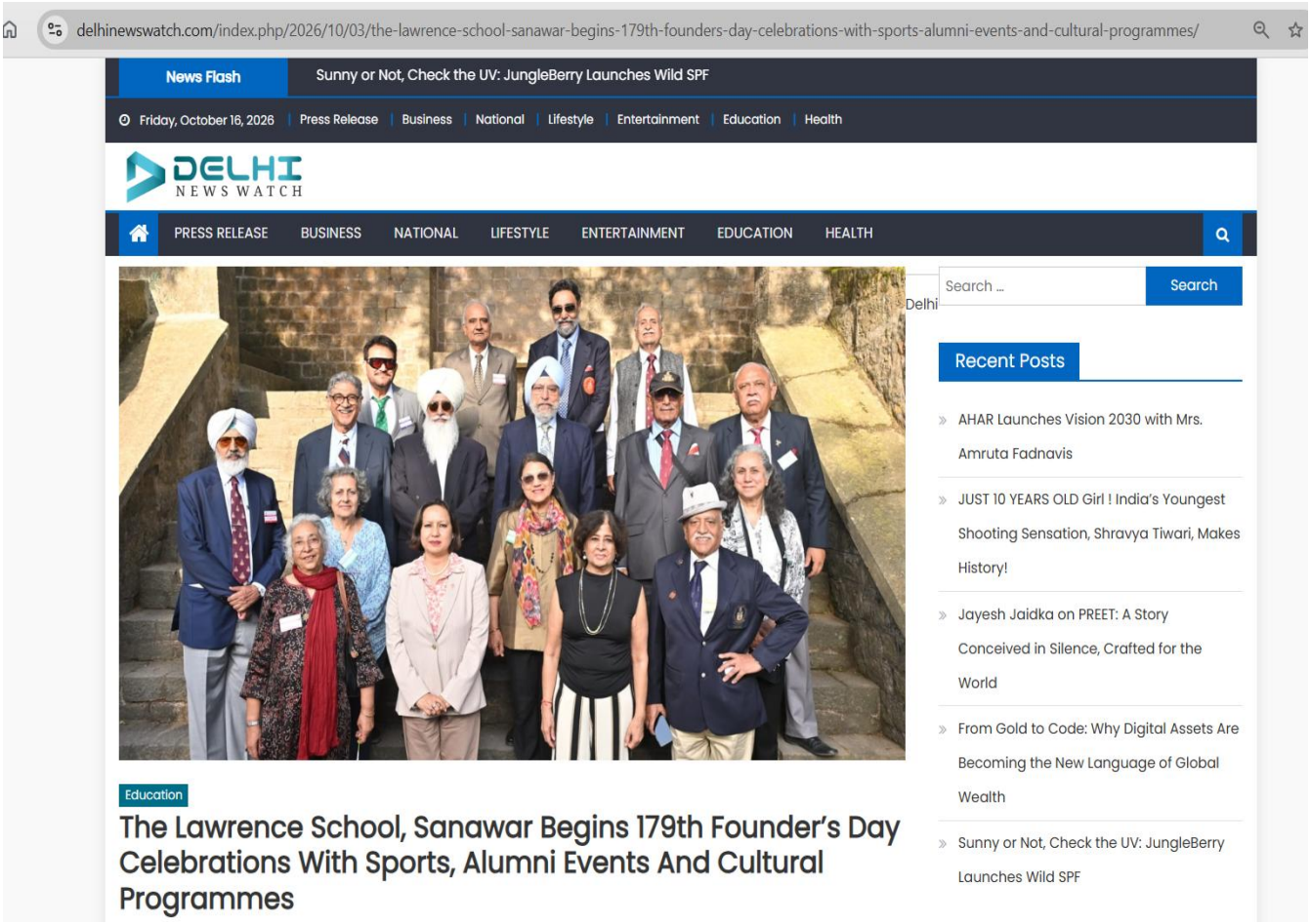
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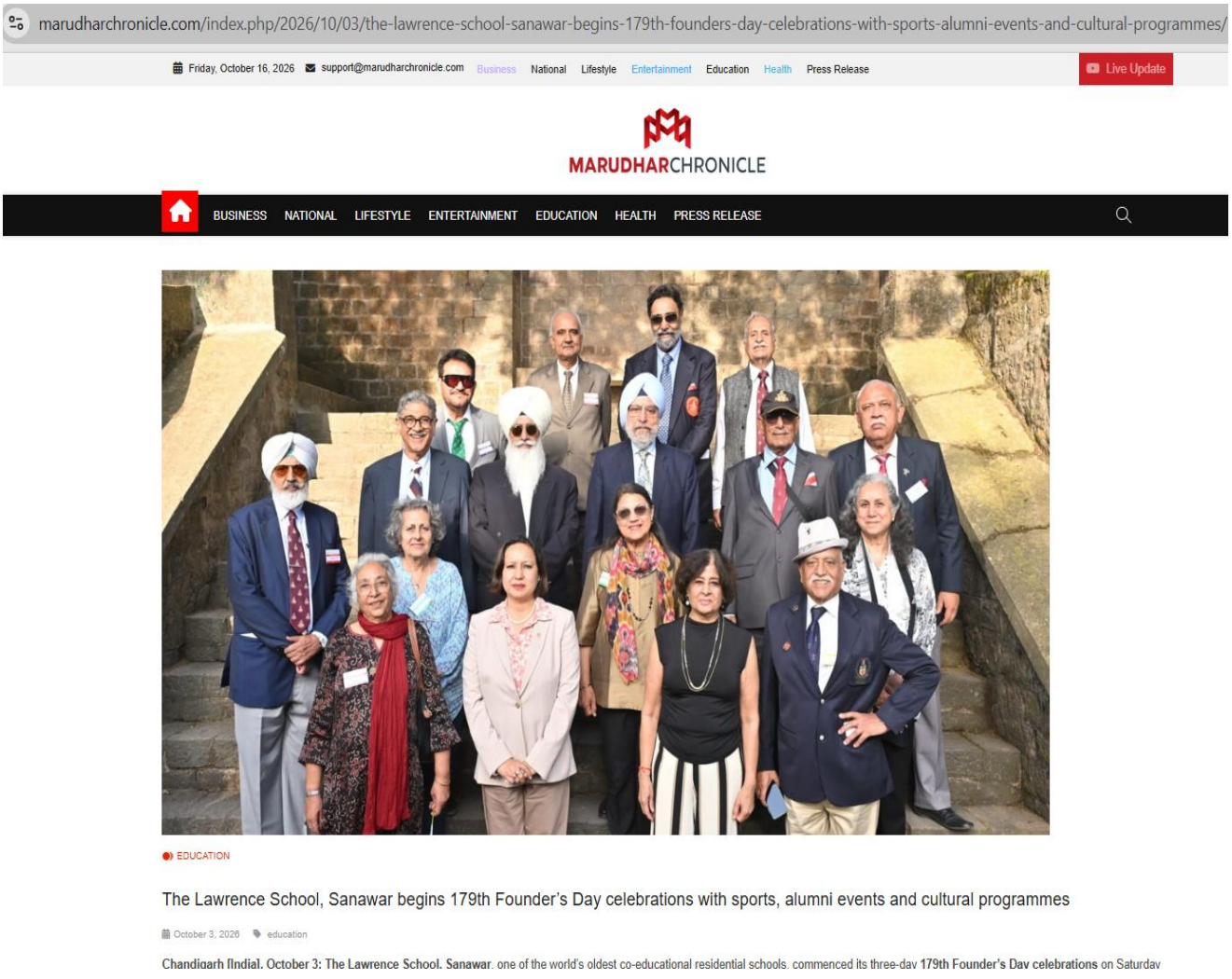
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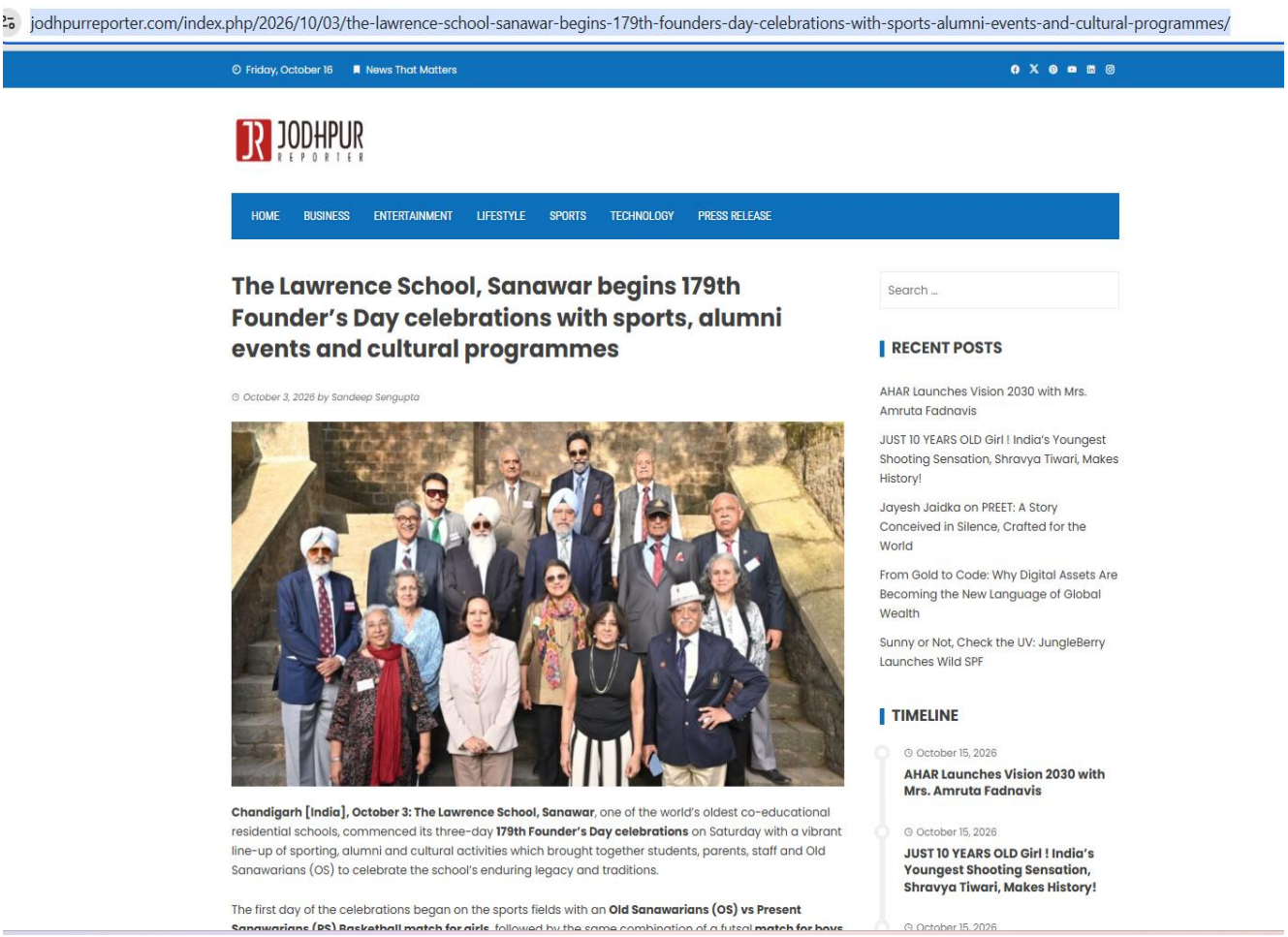
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October 3, 2026 by Sandeep Sengupta

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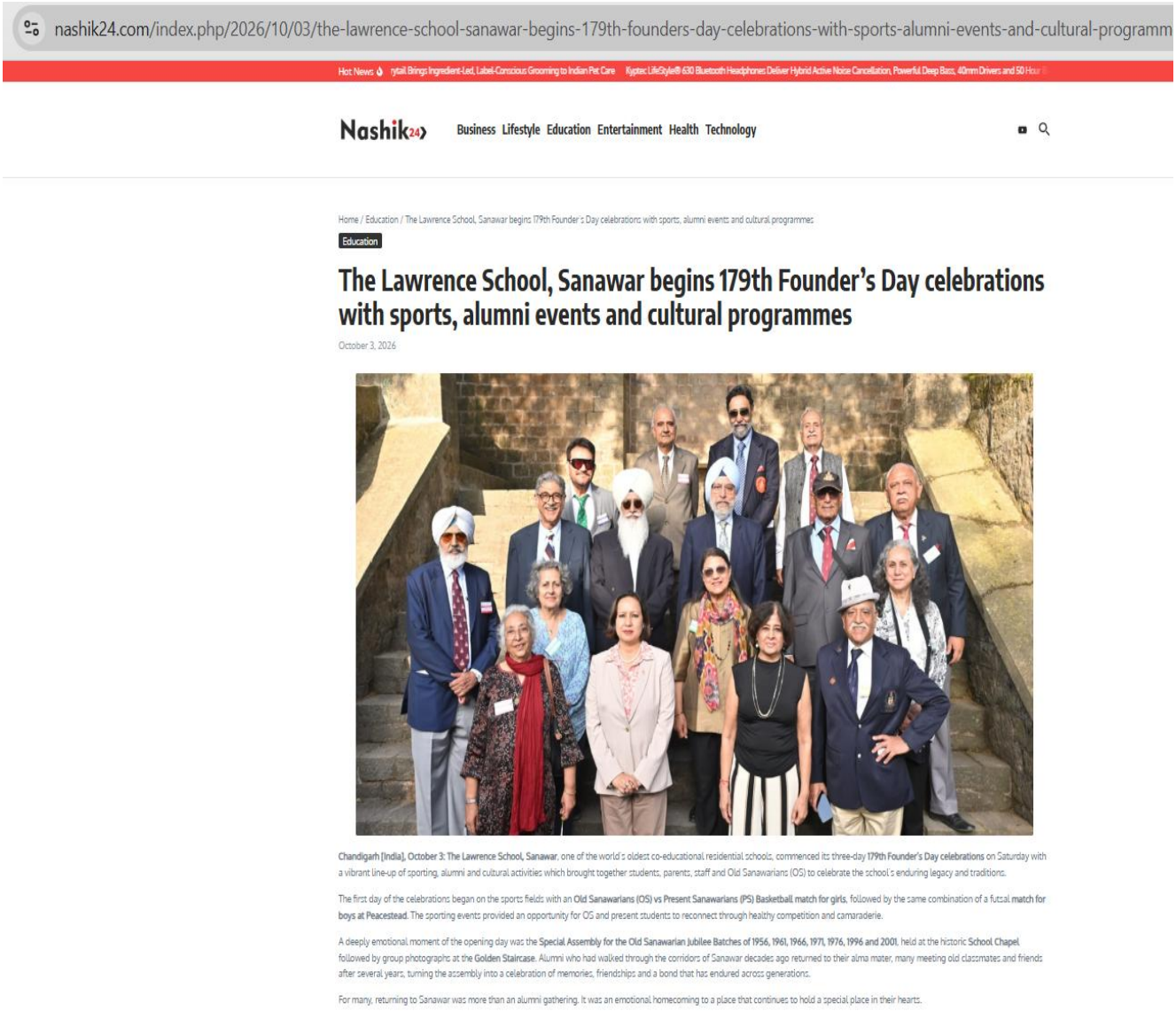
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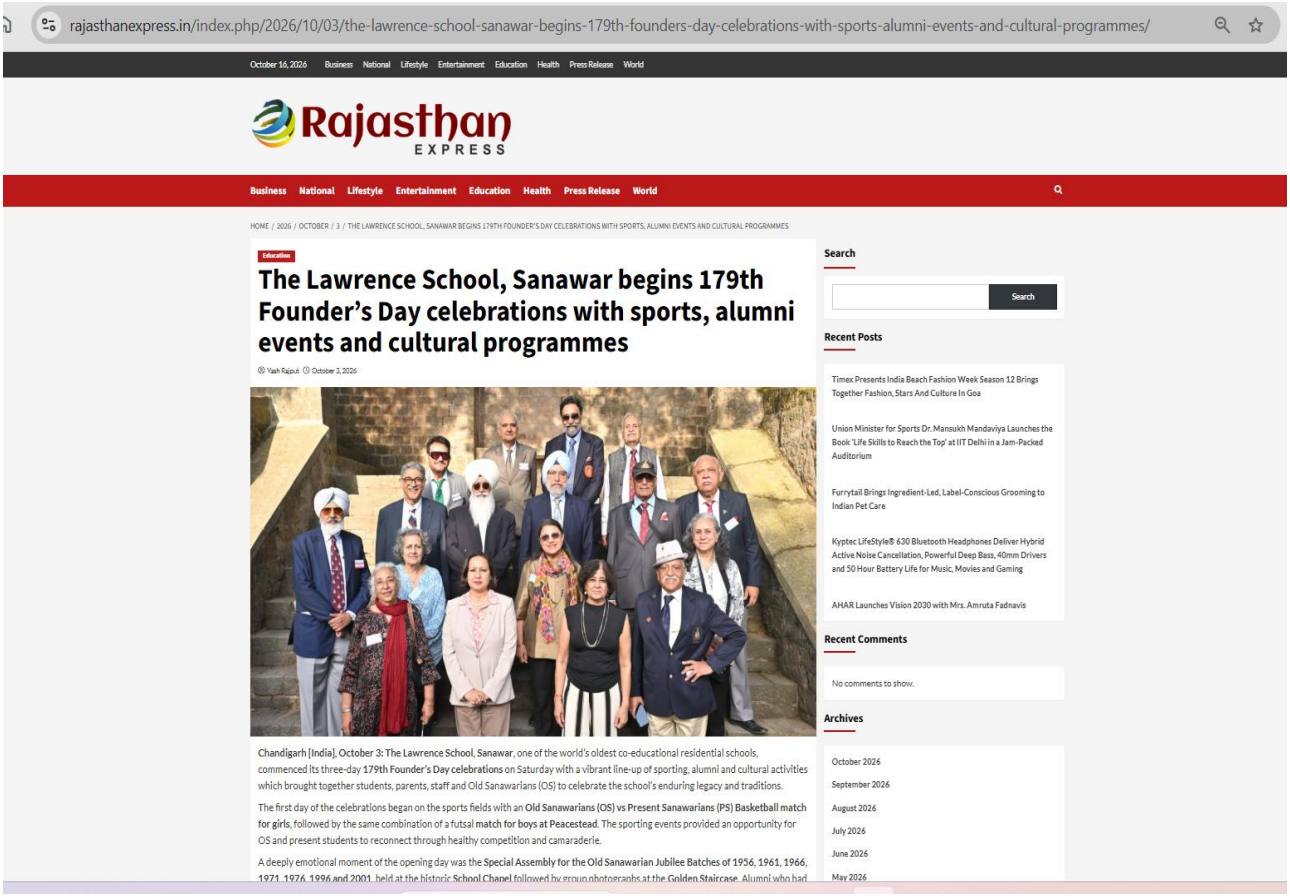
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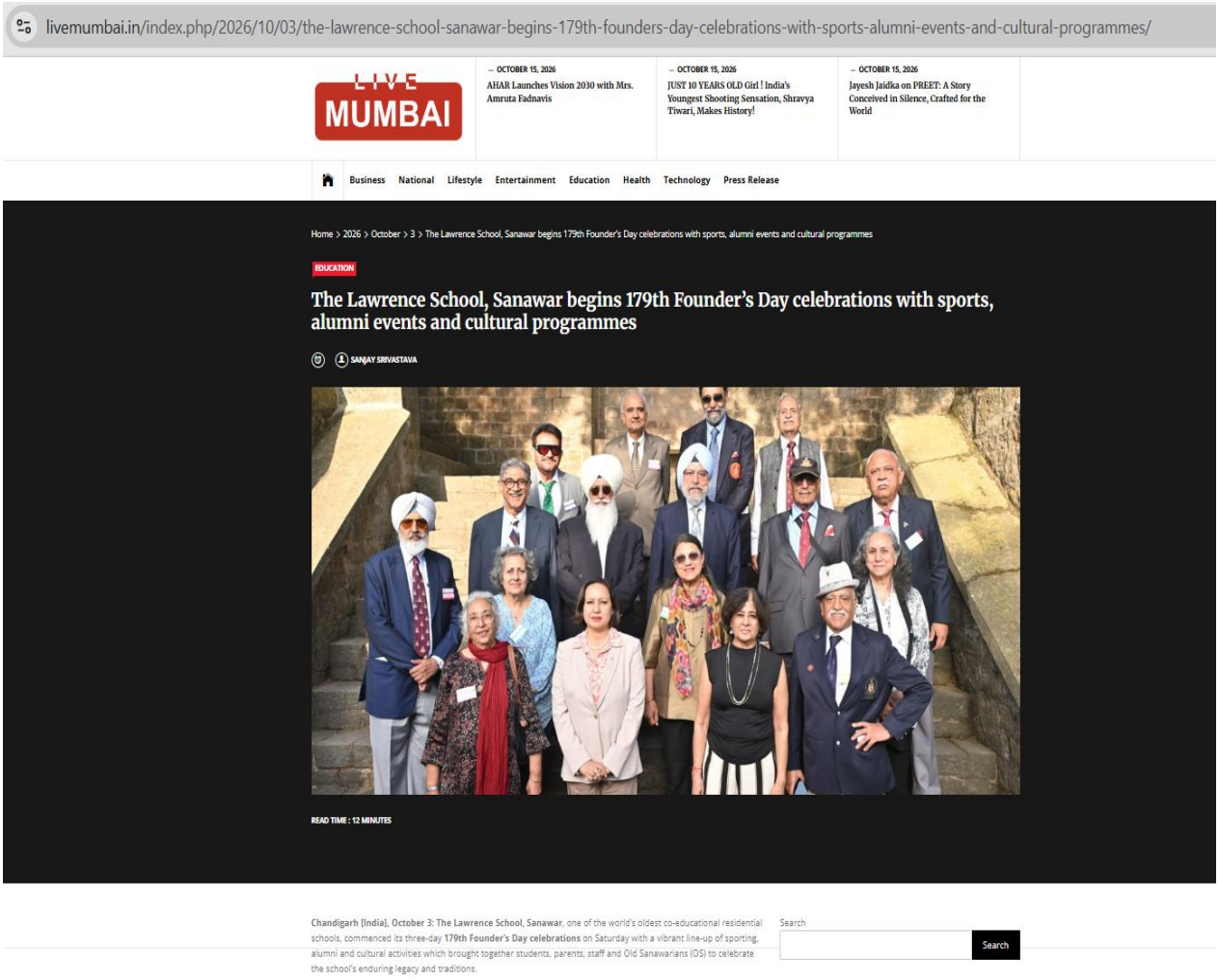
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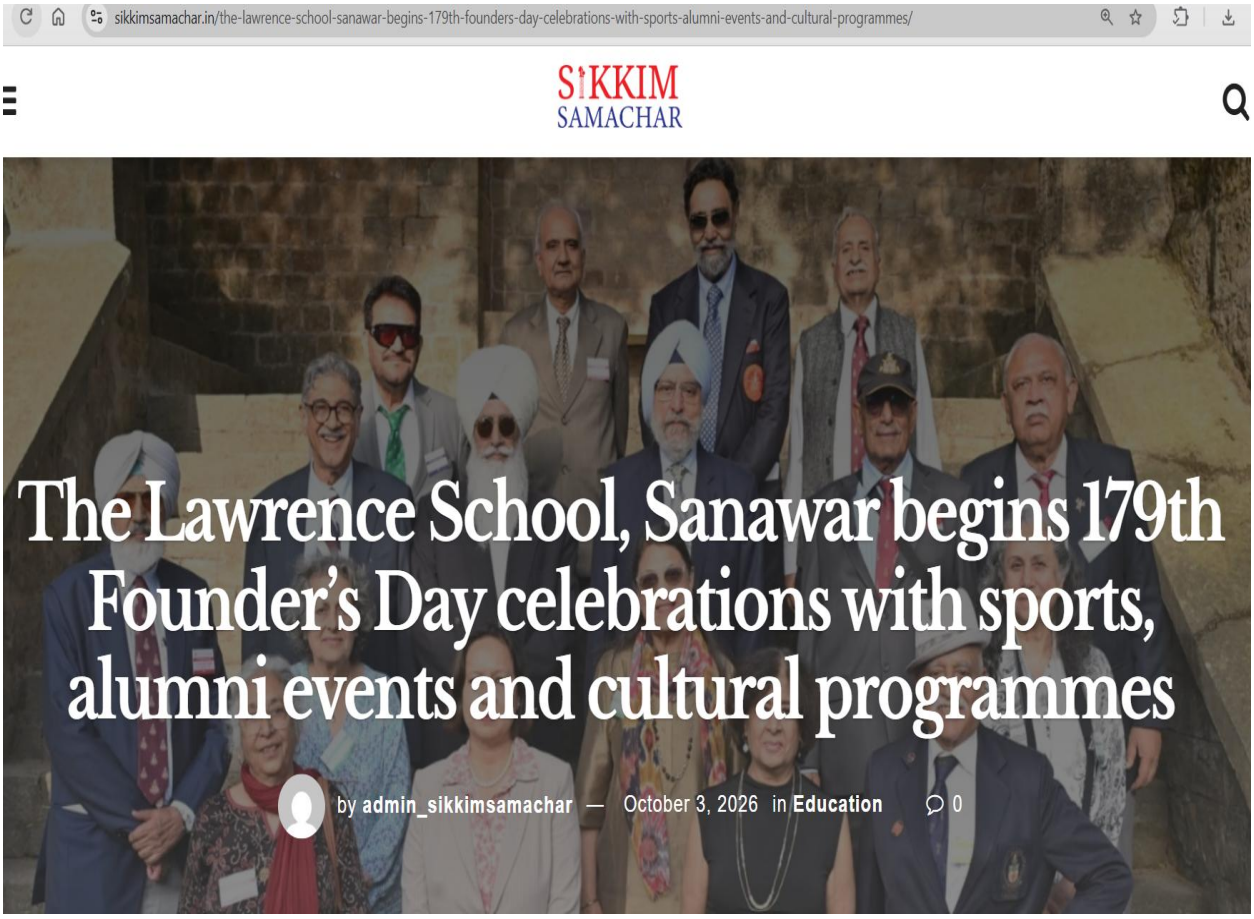
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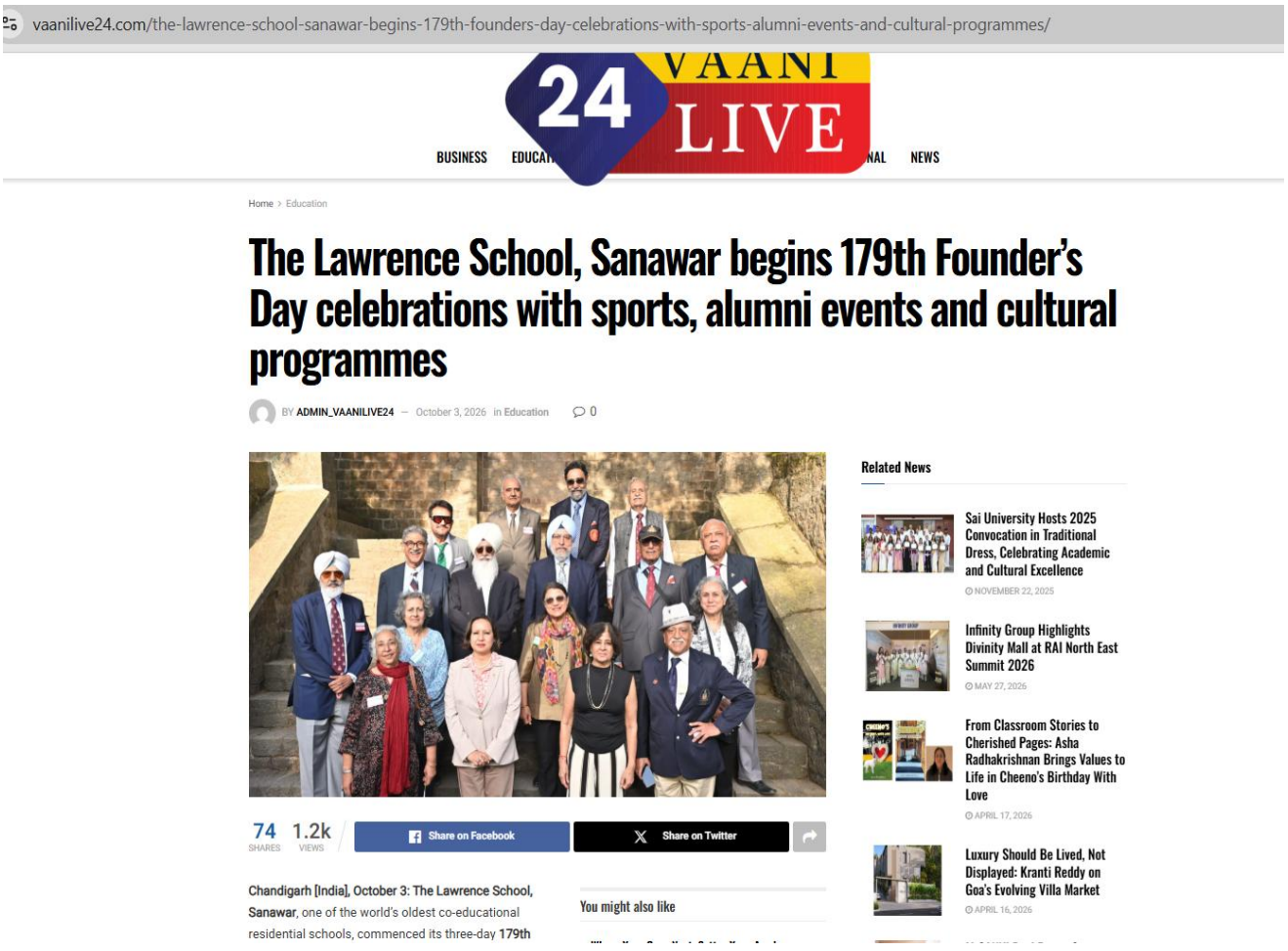
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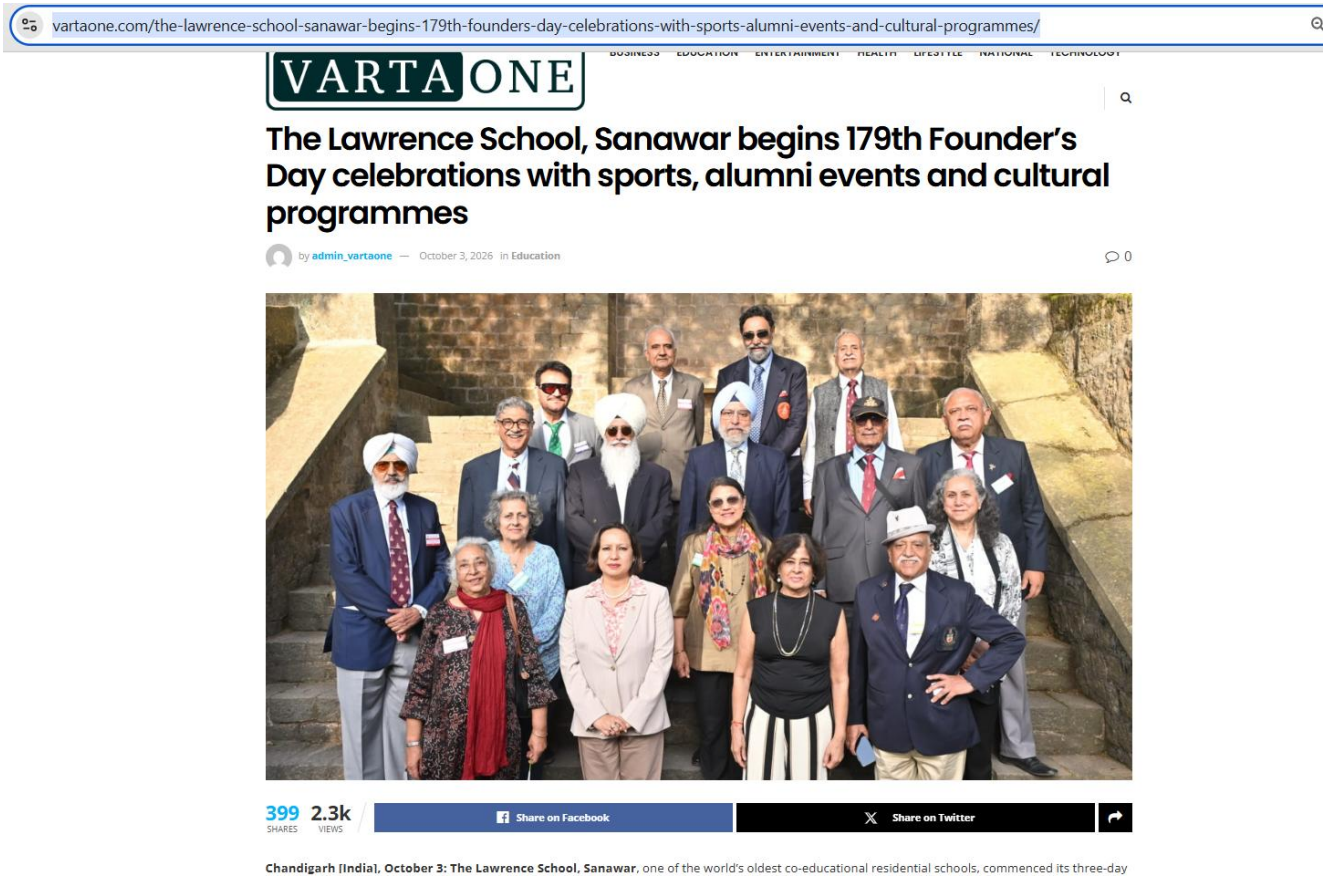
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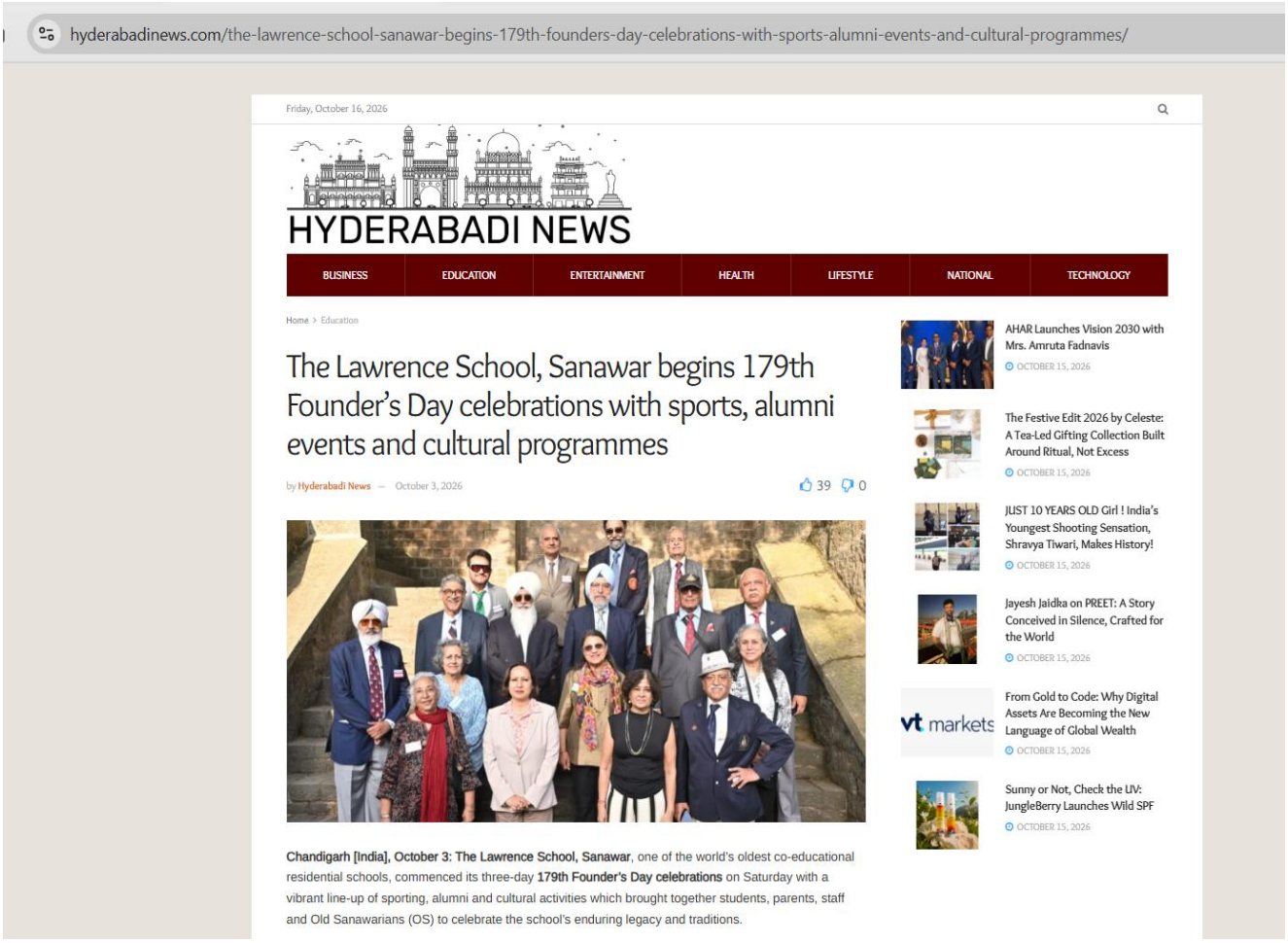
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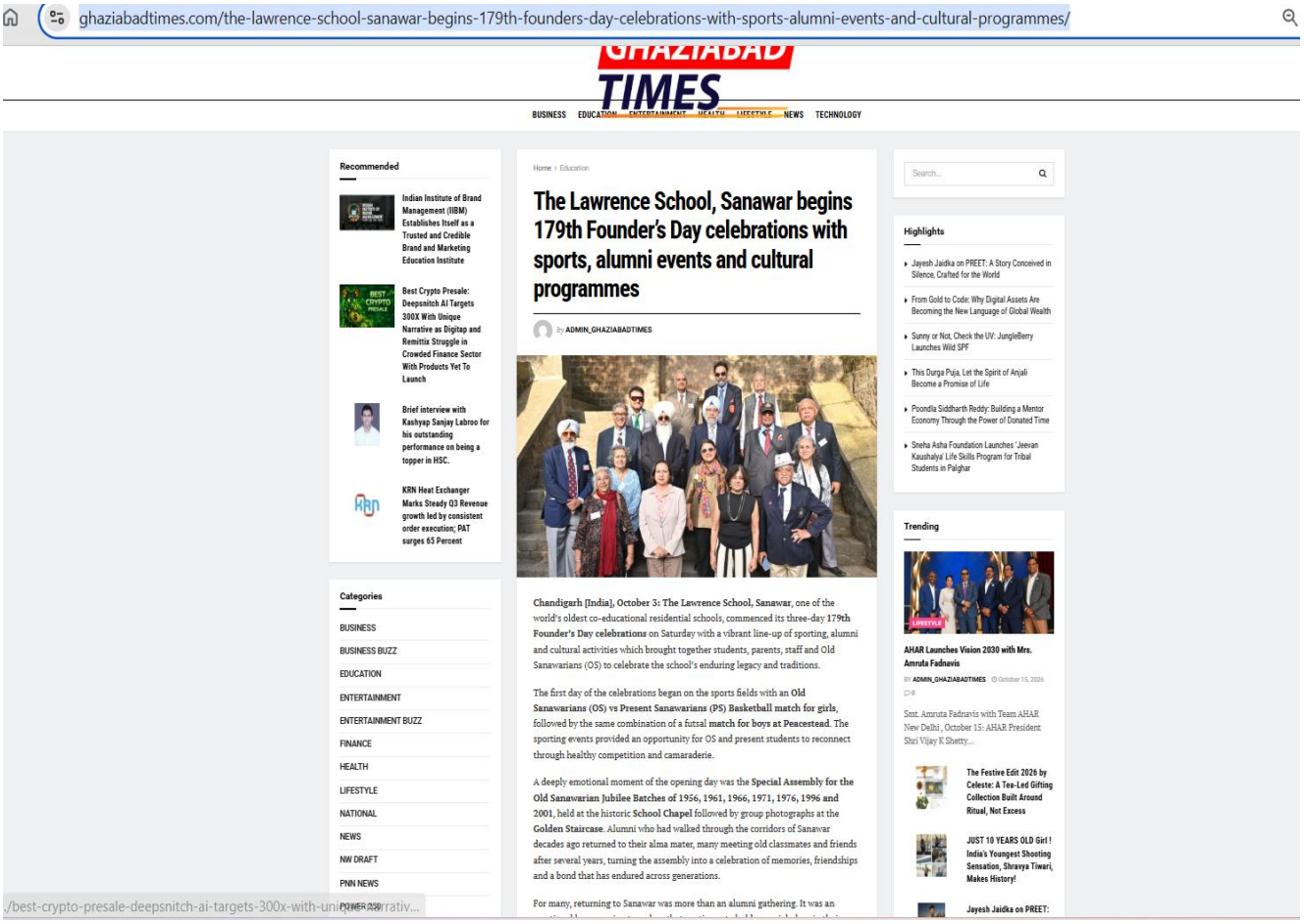
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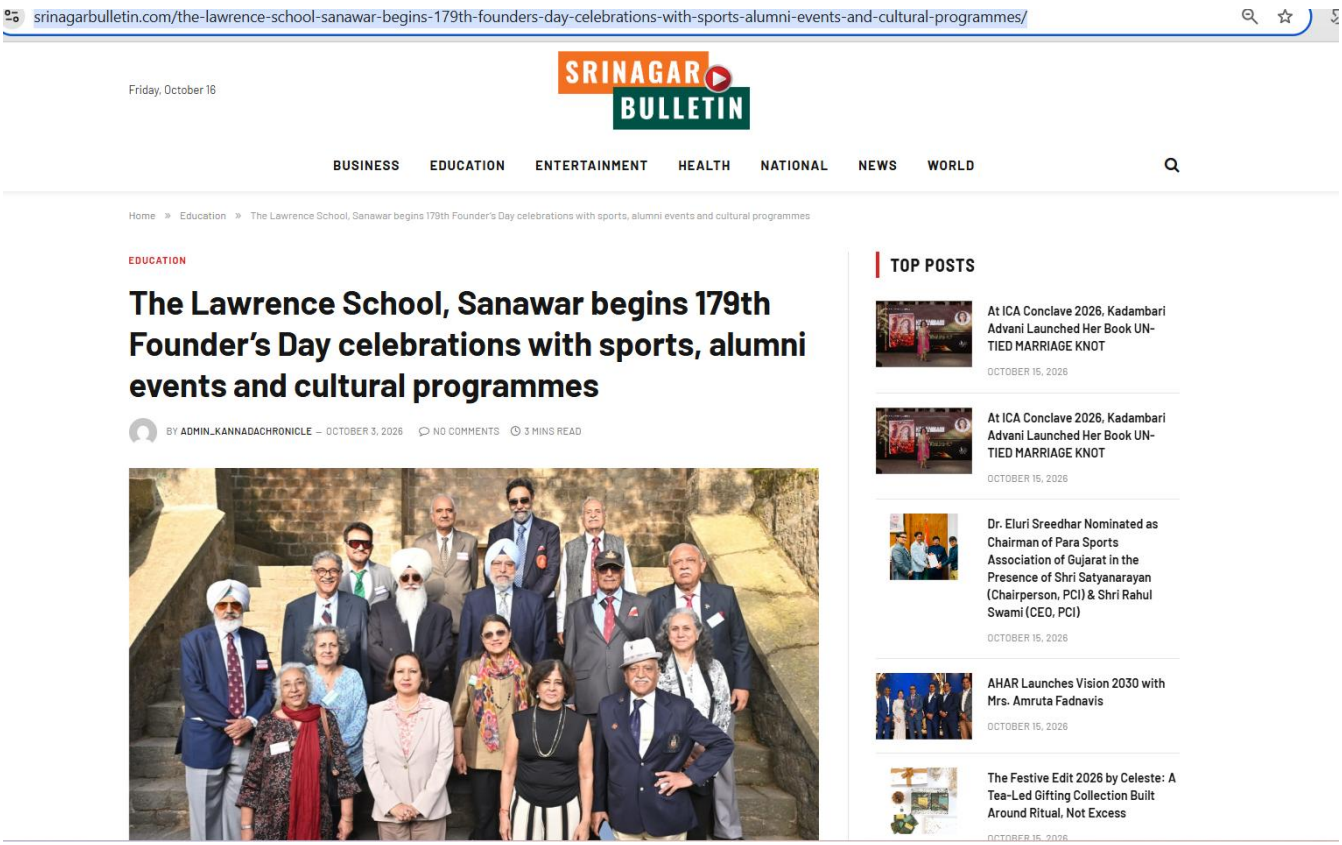
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By: Admin_kannadachronicle | Date: October 3, 2026



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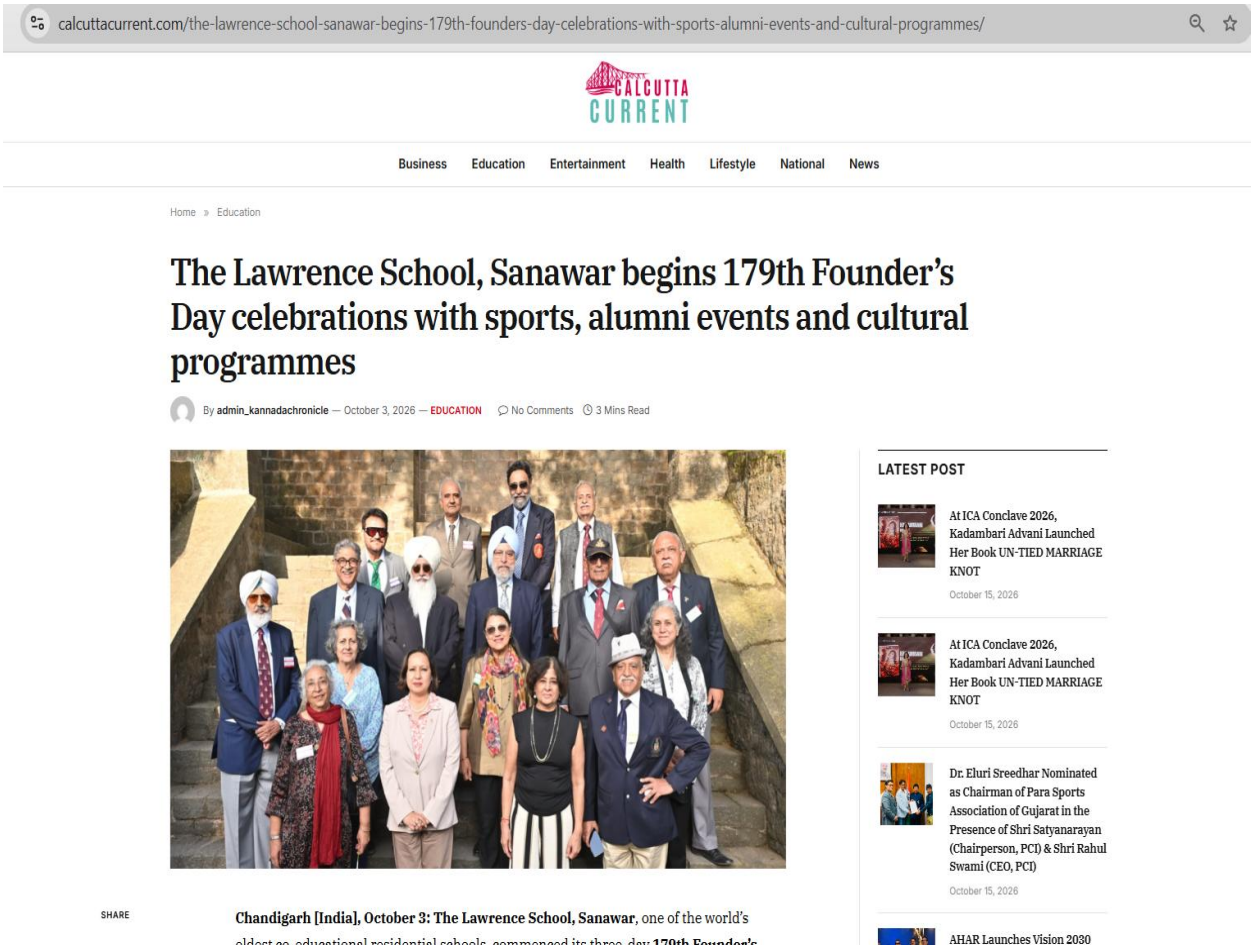


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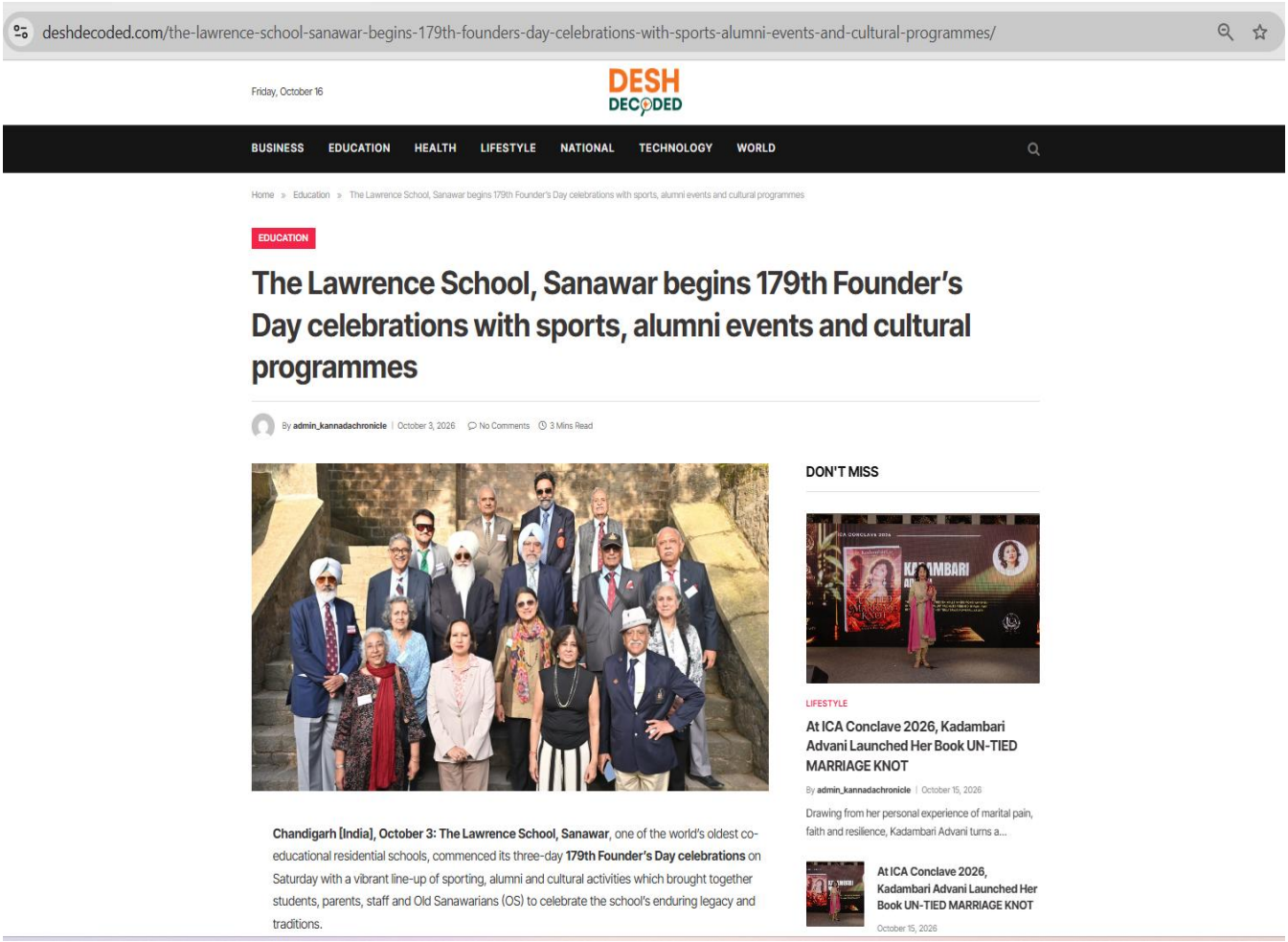
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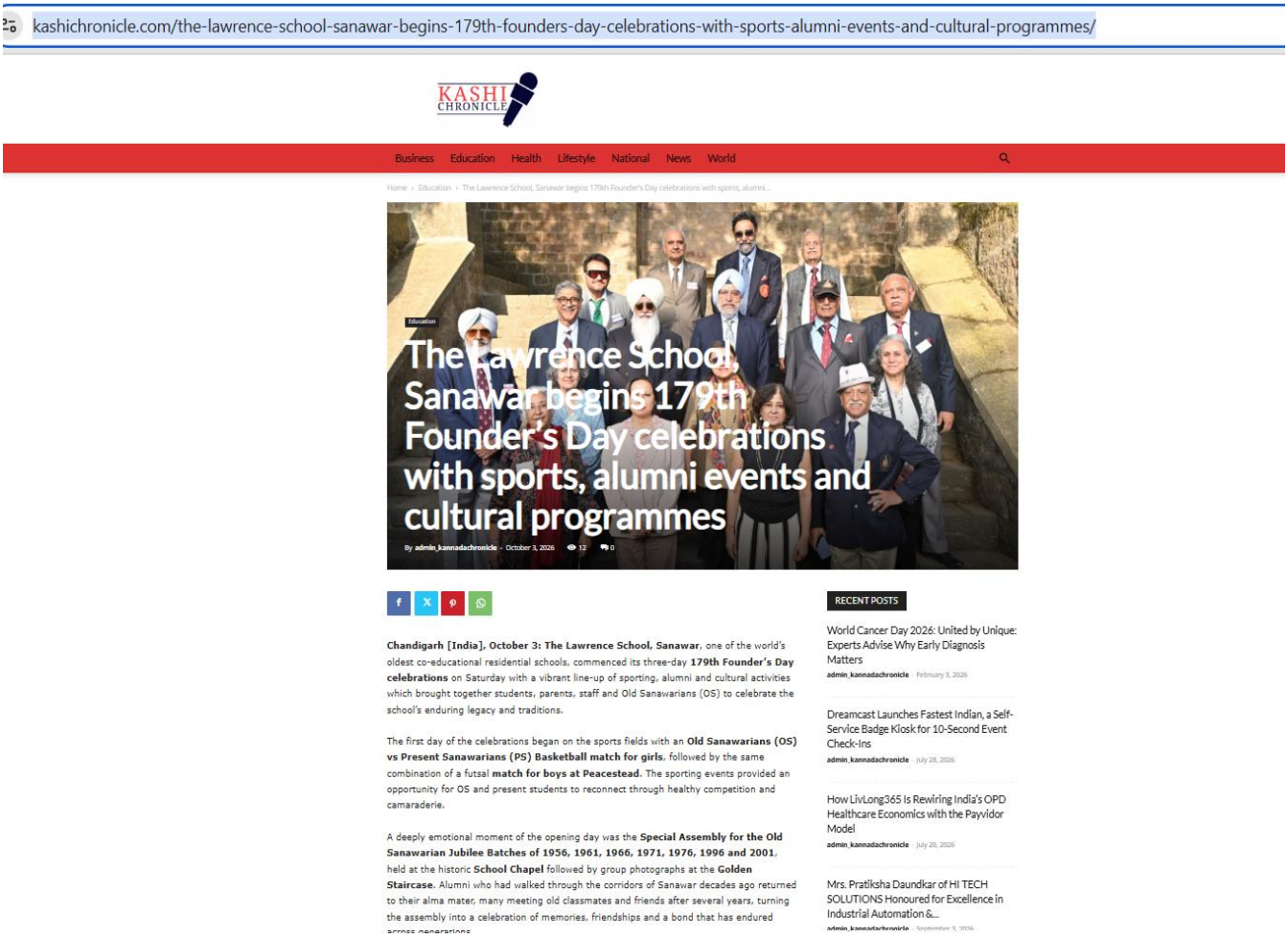
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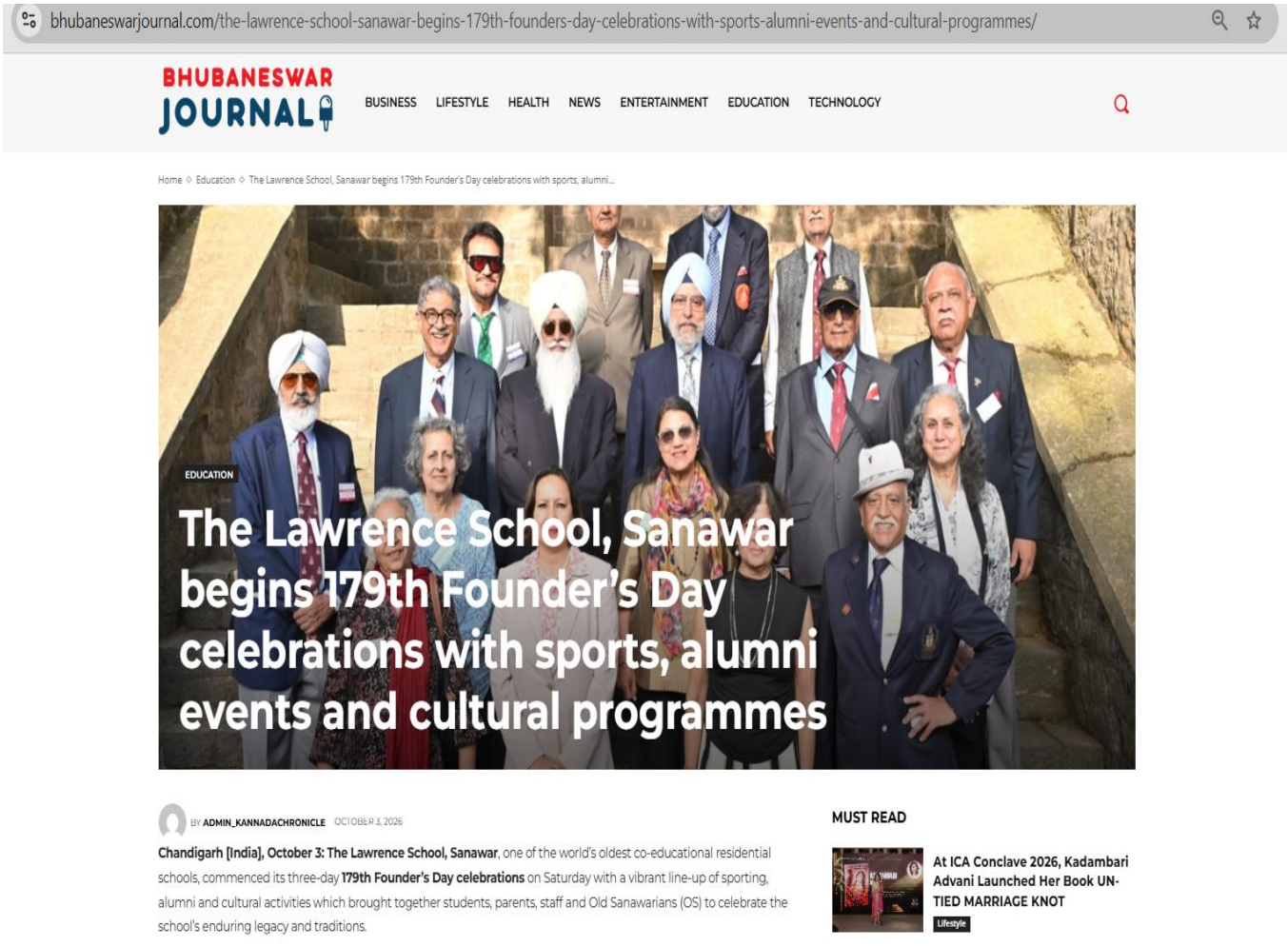
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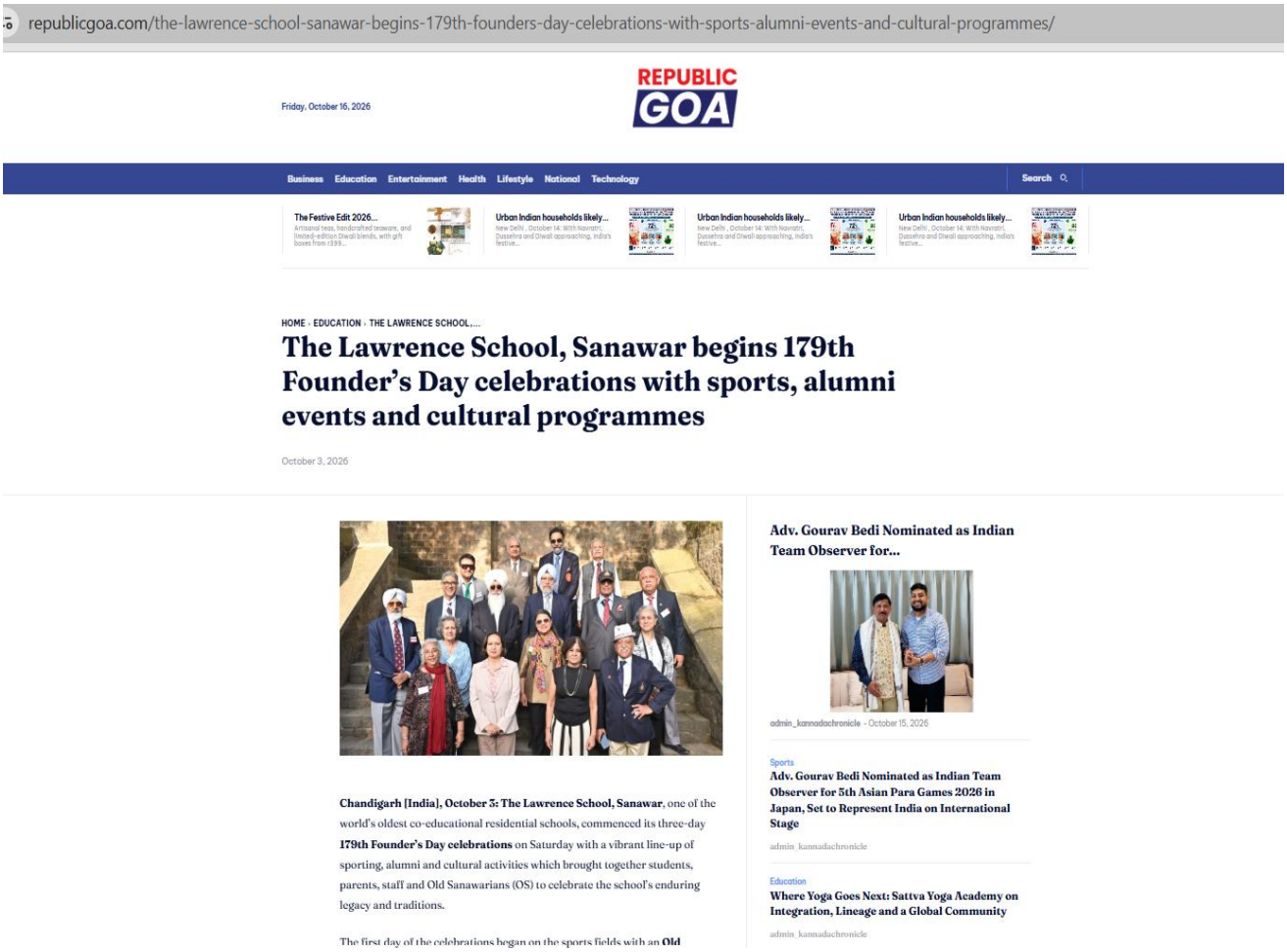
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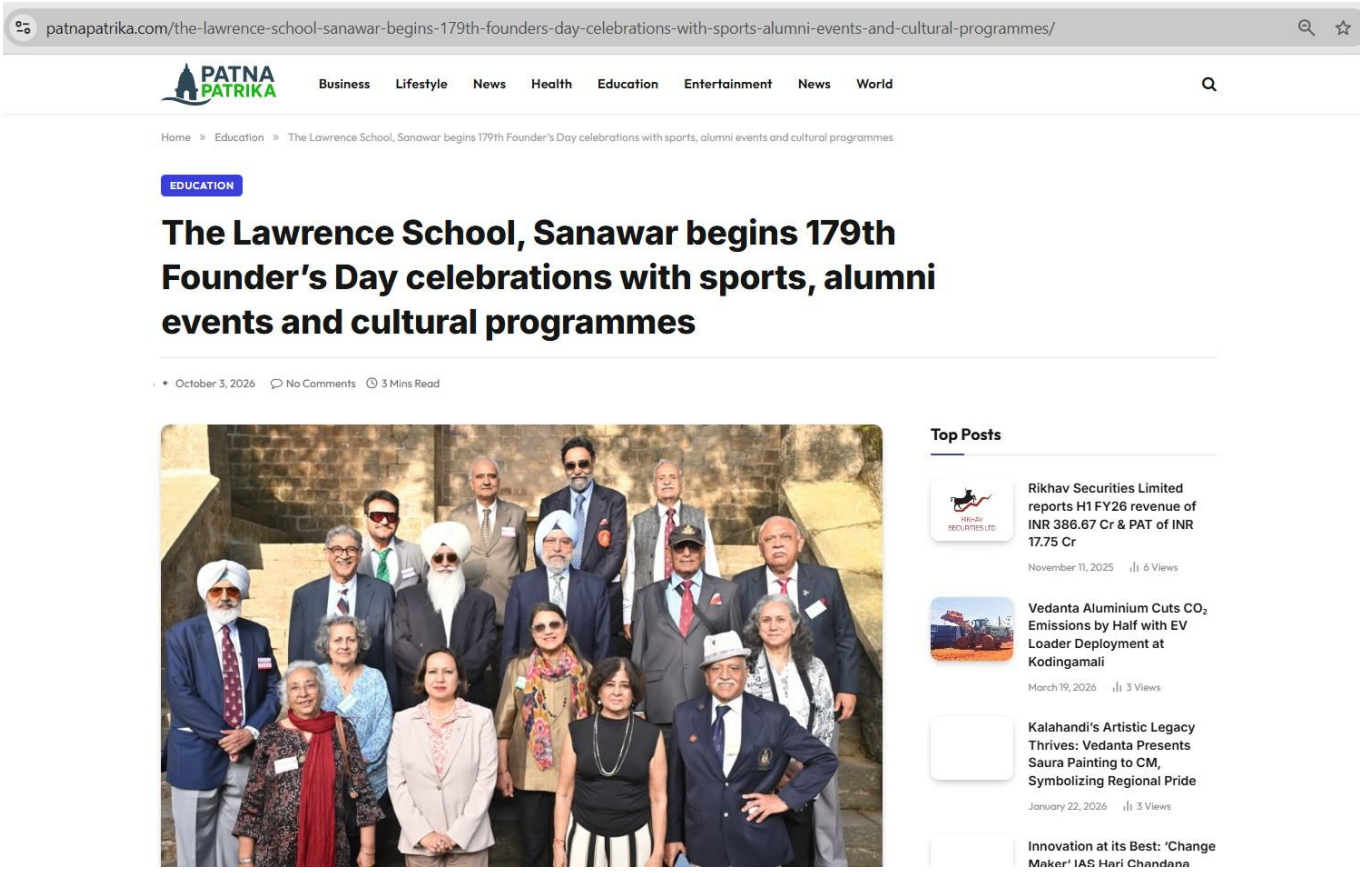
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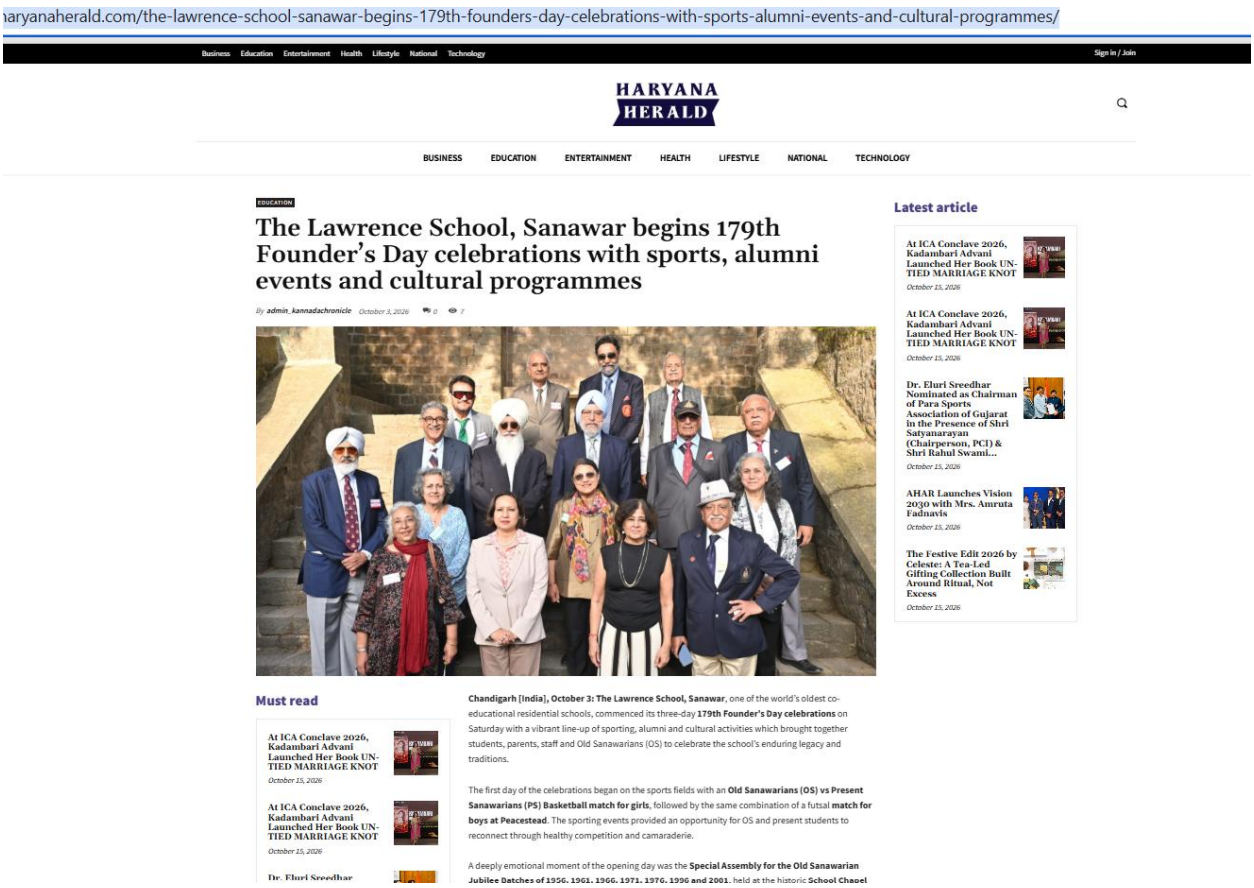
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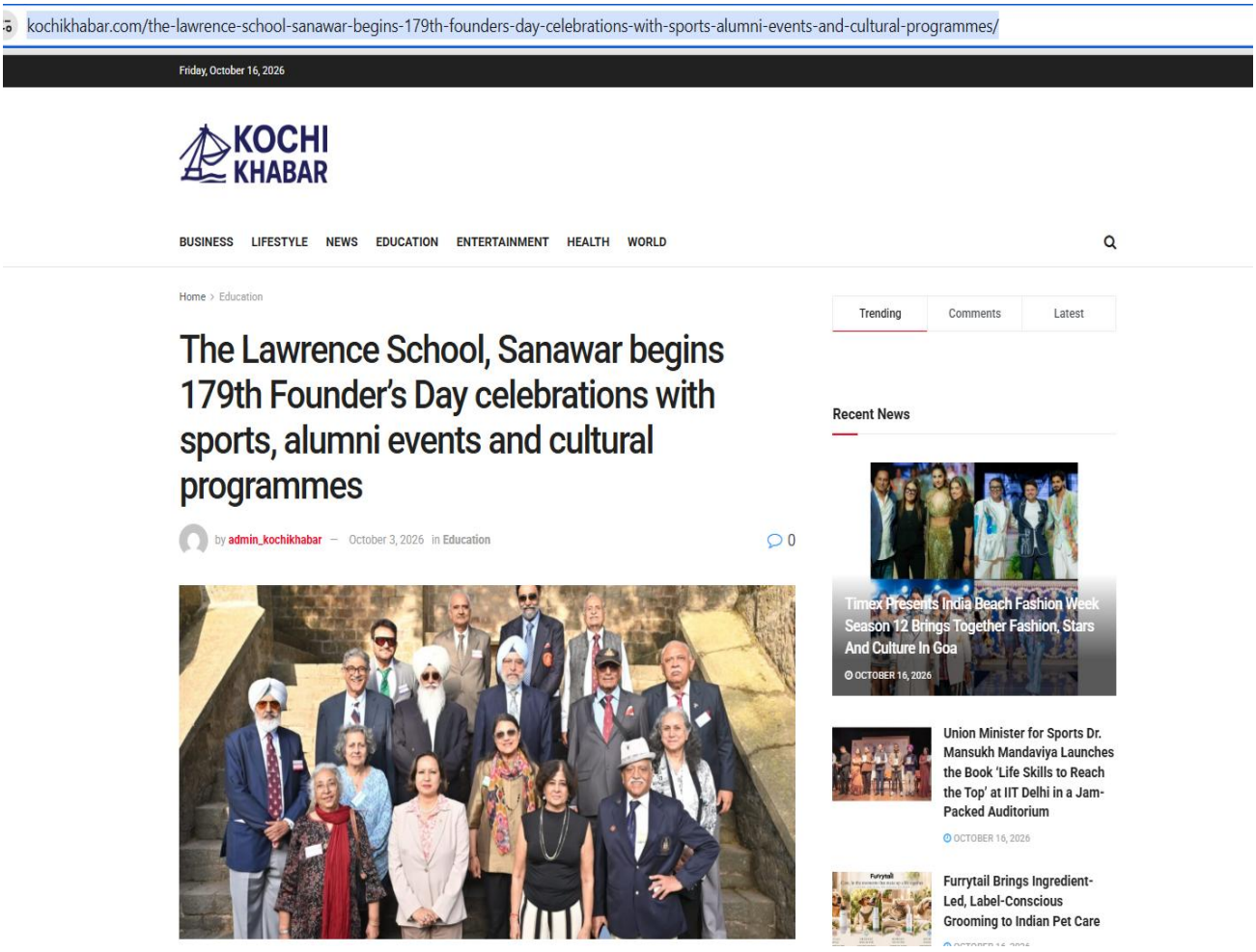
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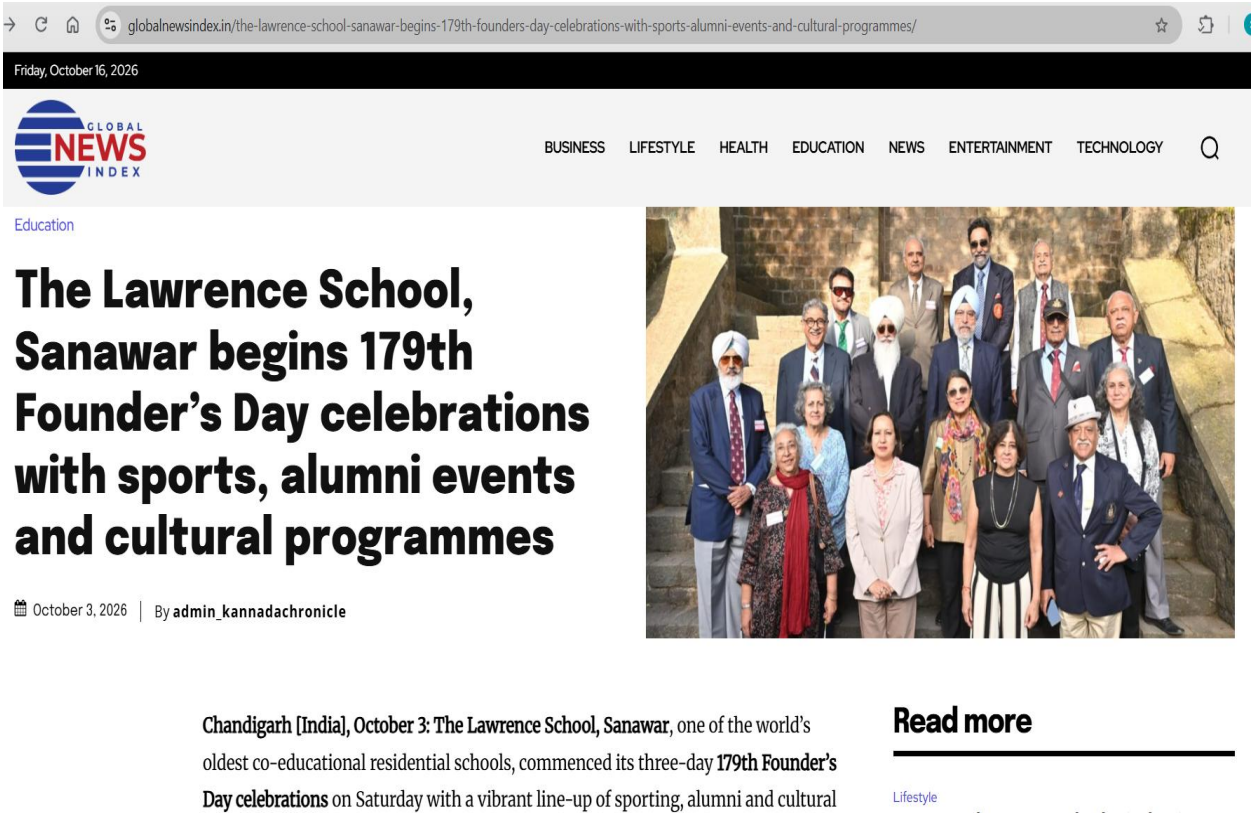
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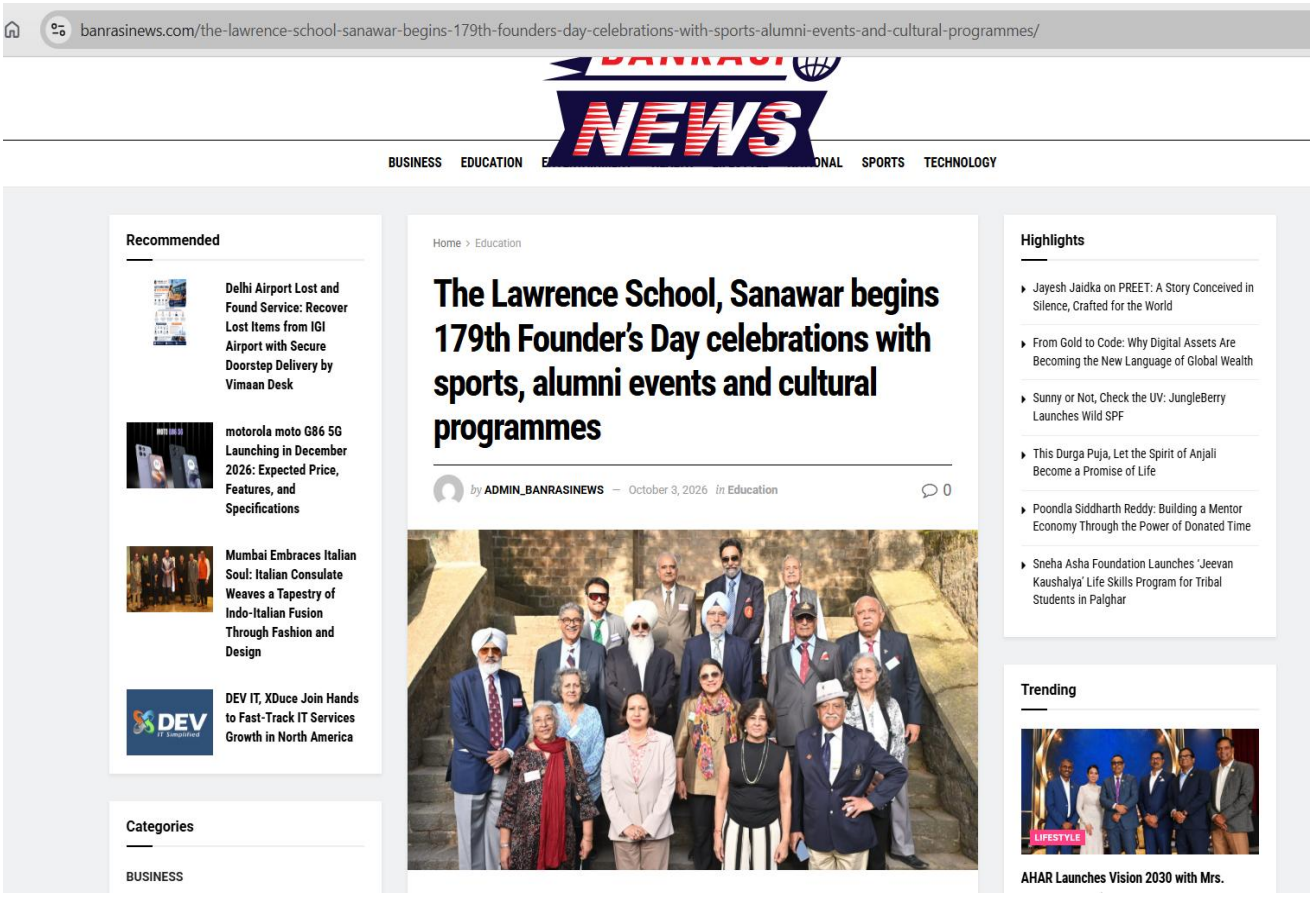
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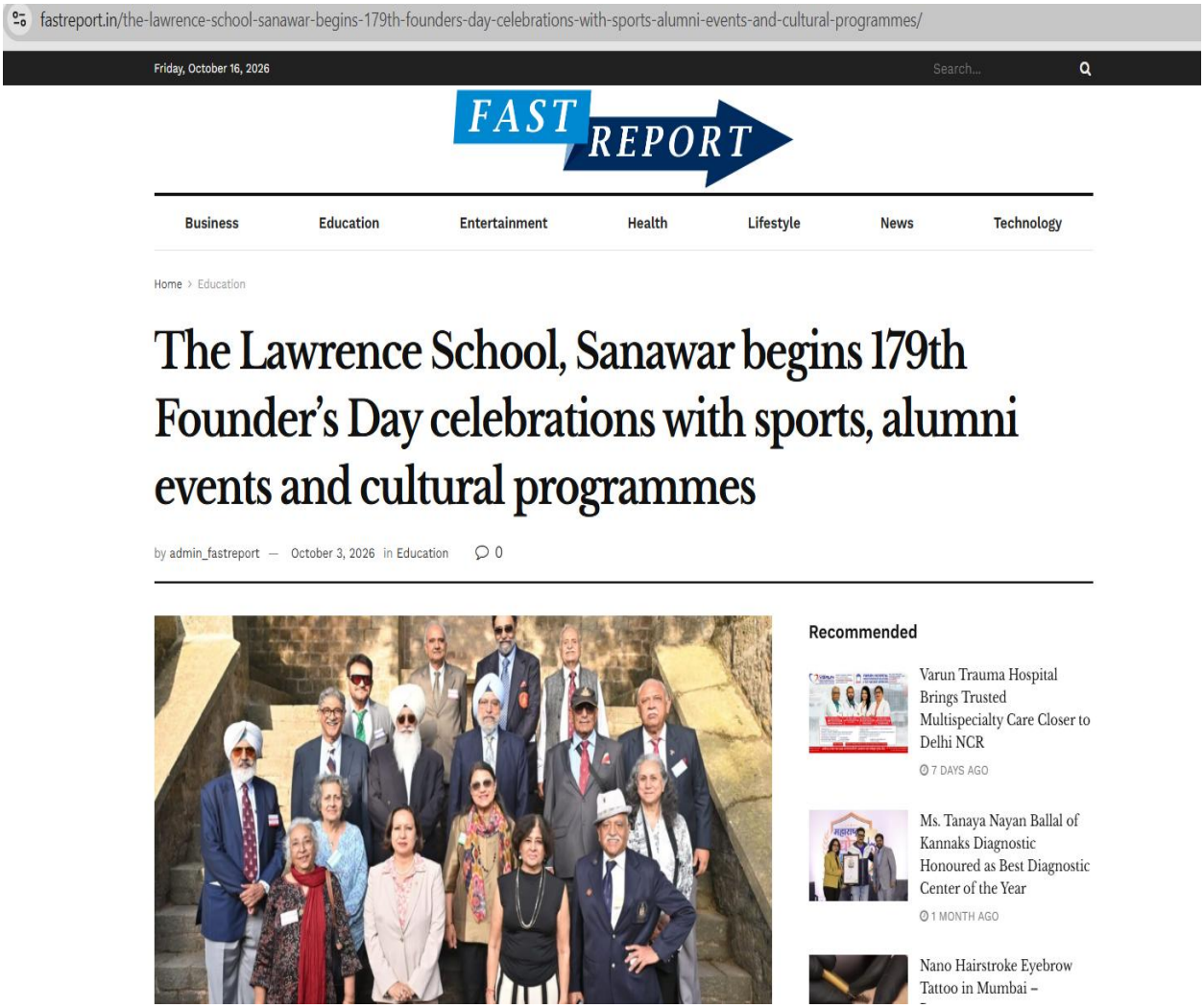
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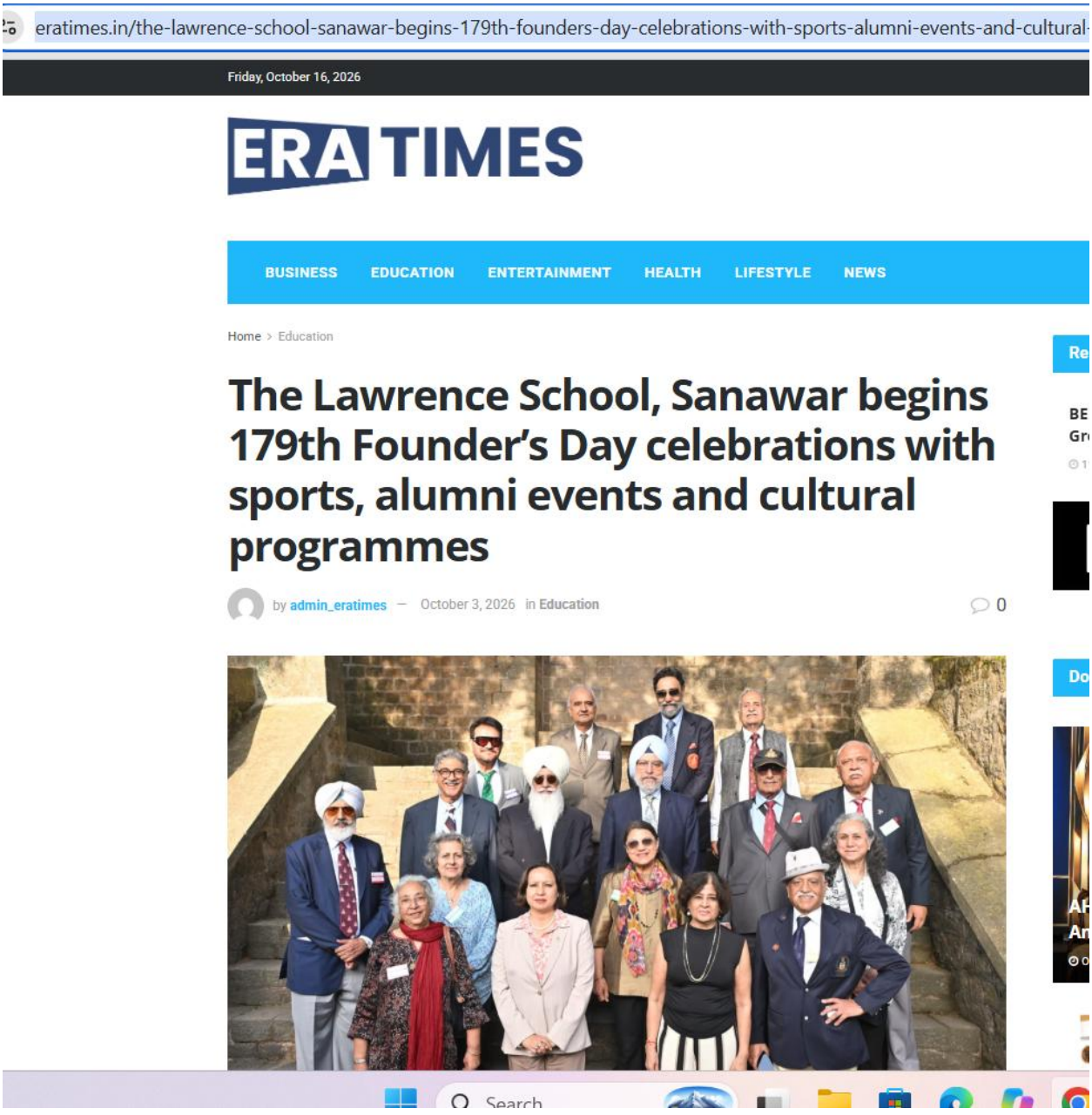
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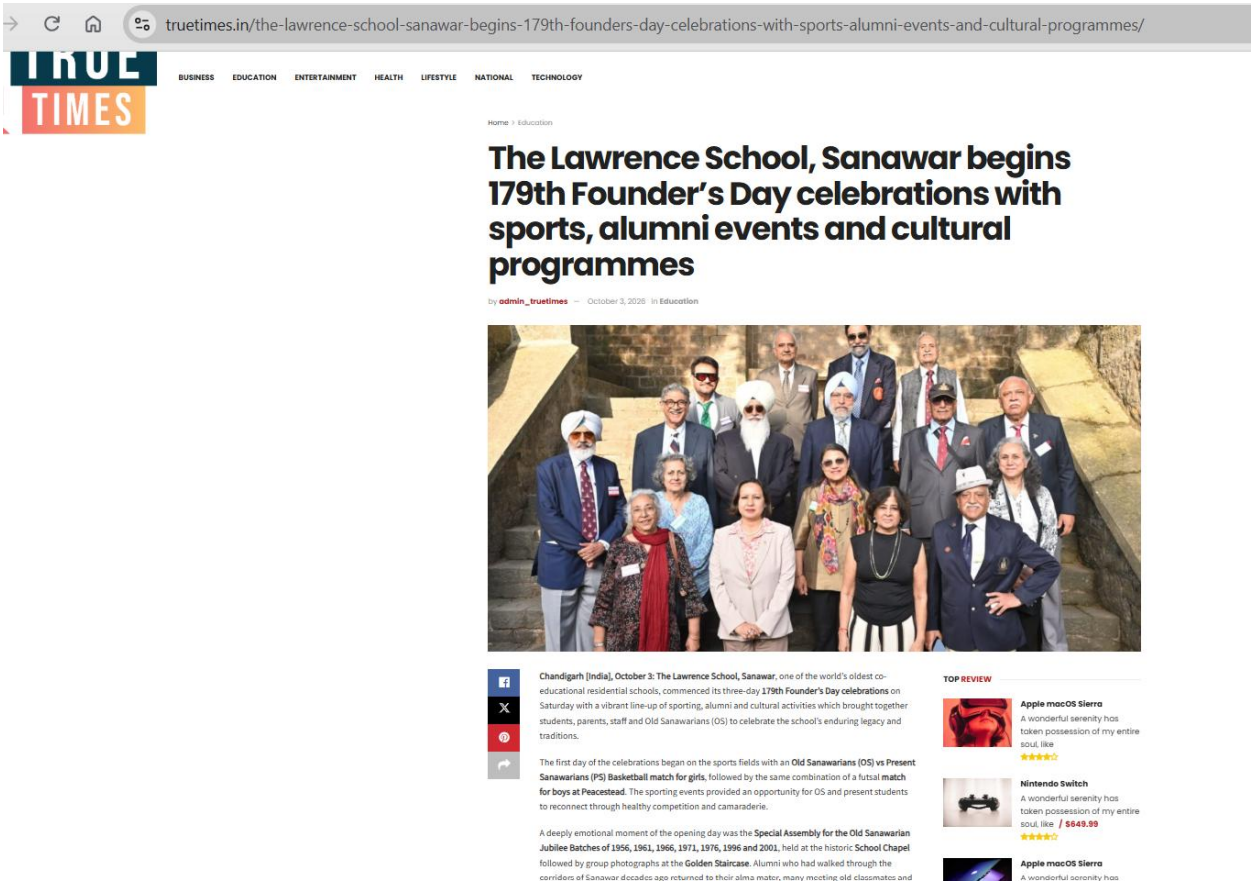
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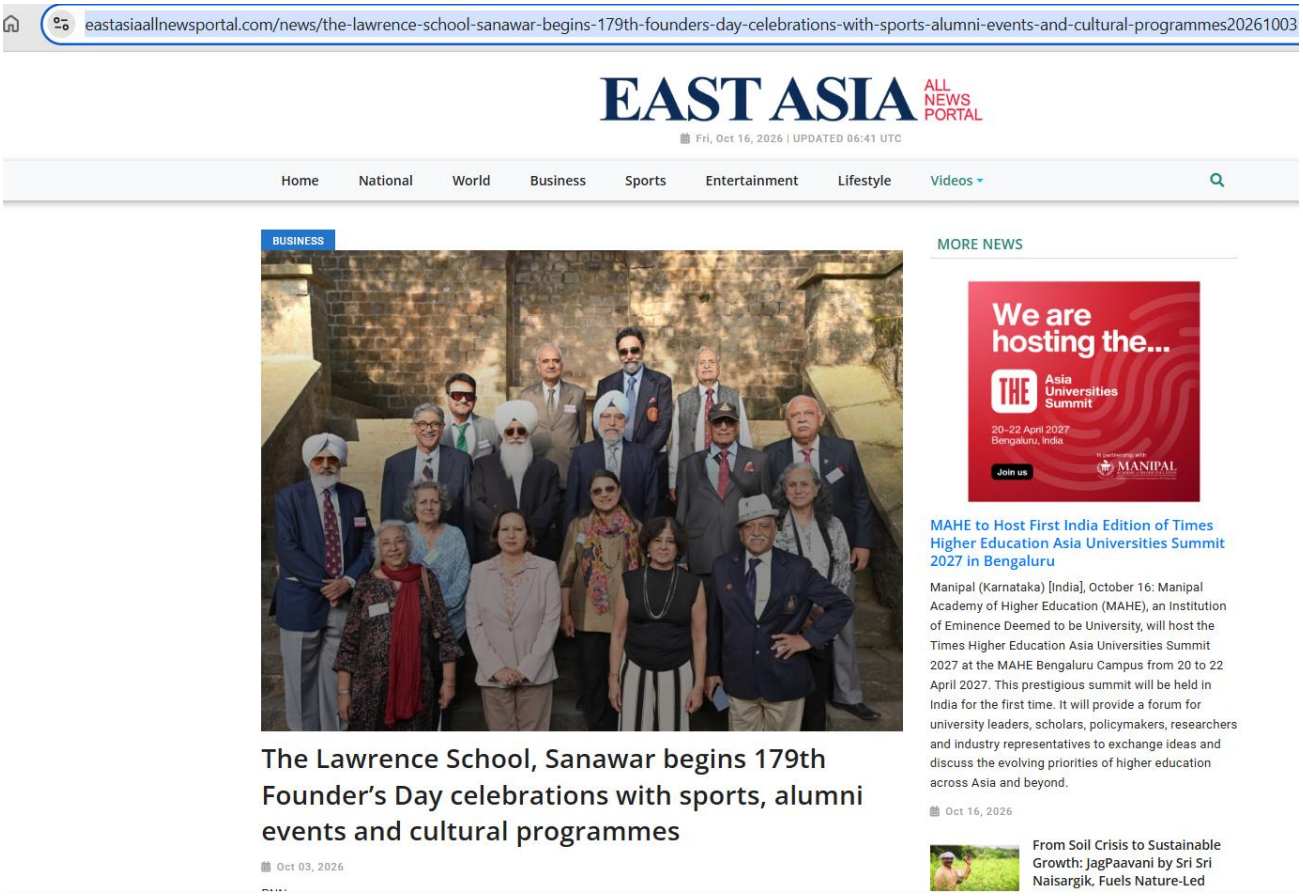
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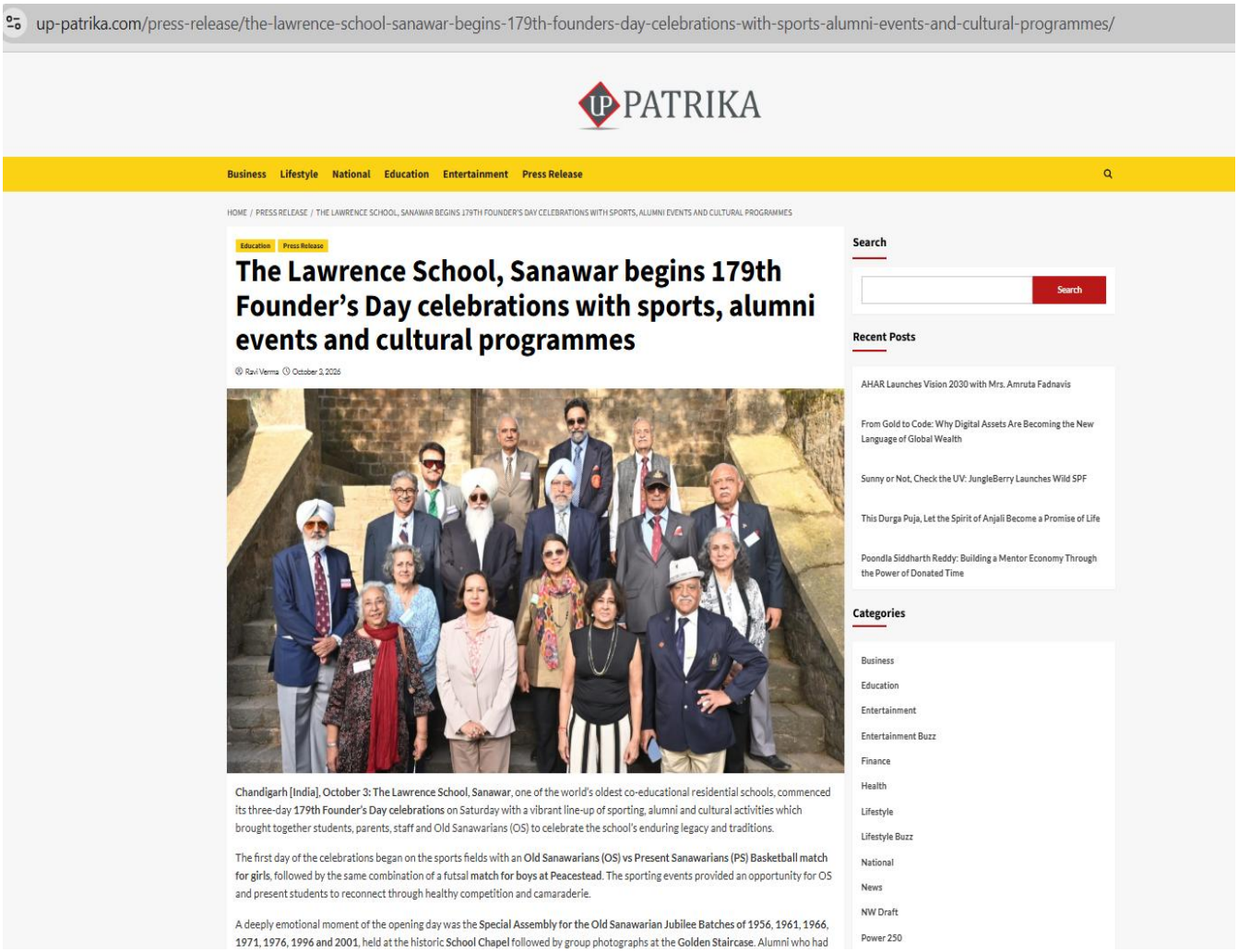
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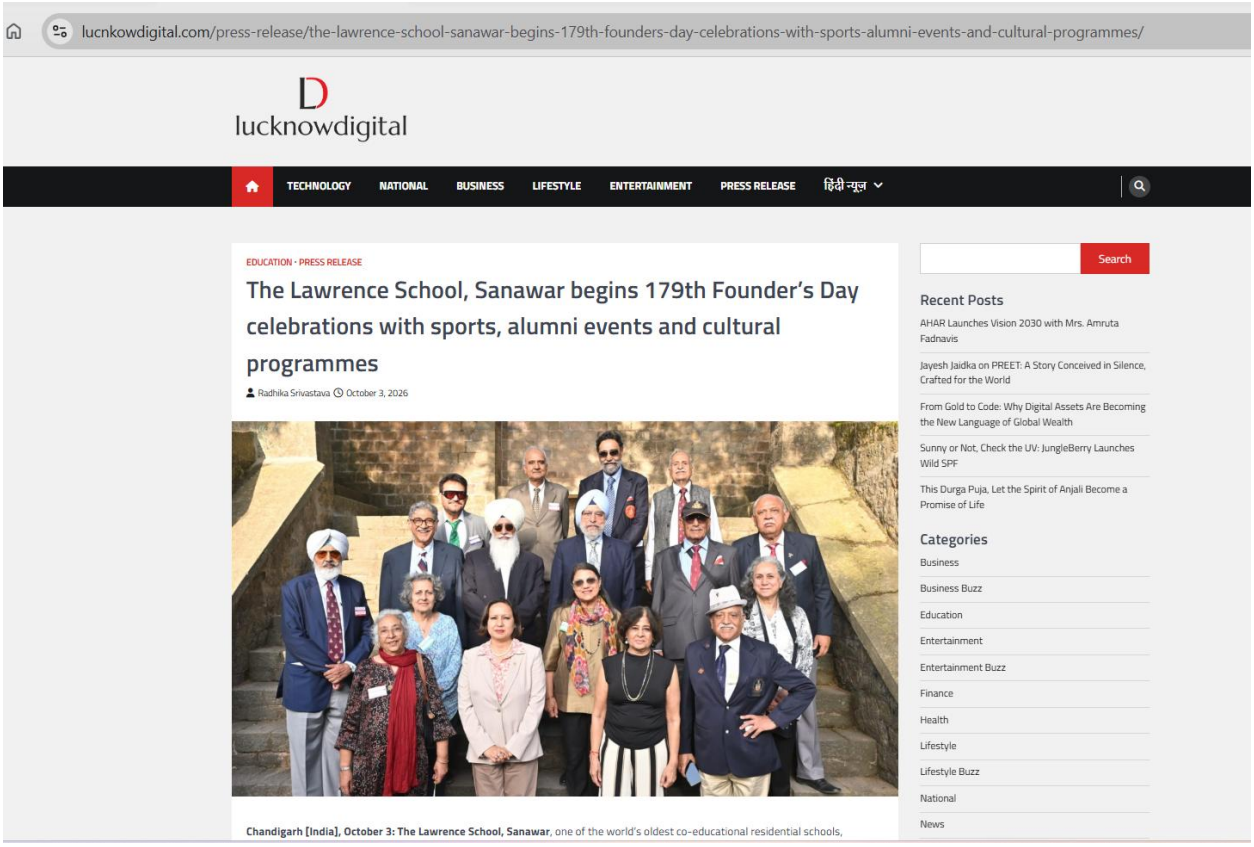
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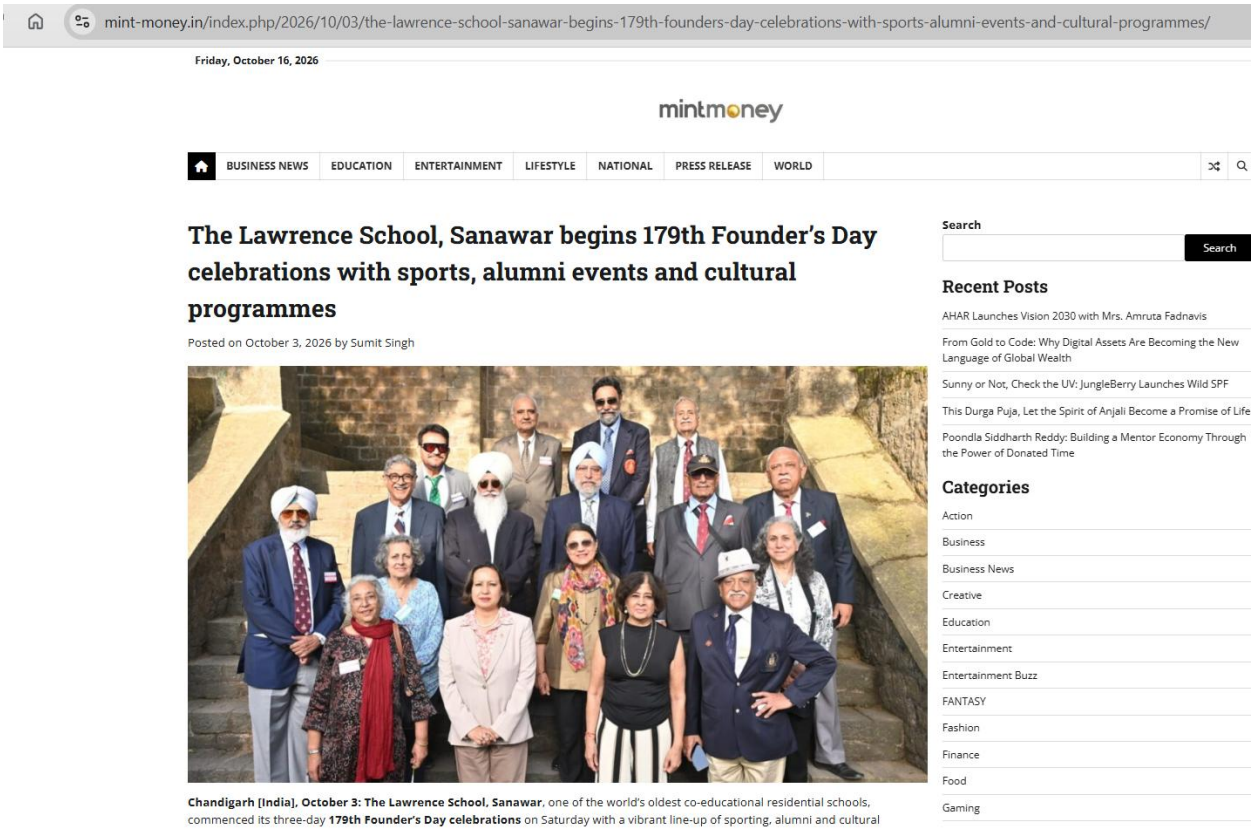
Lucknow Digital

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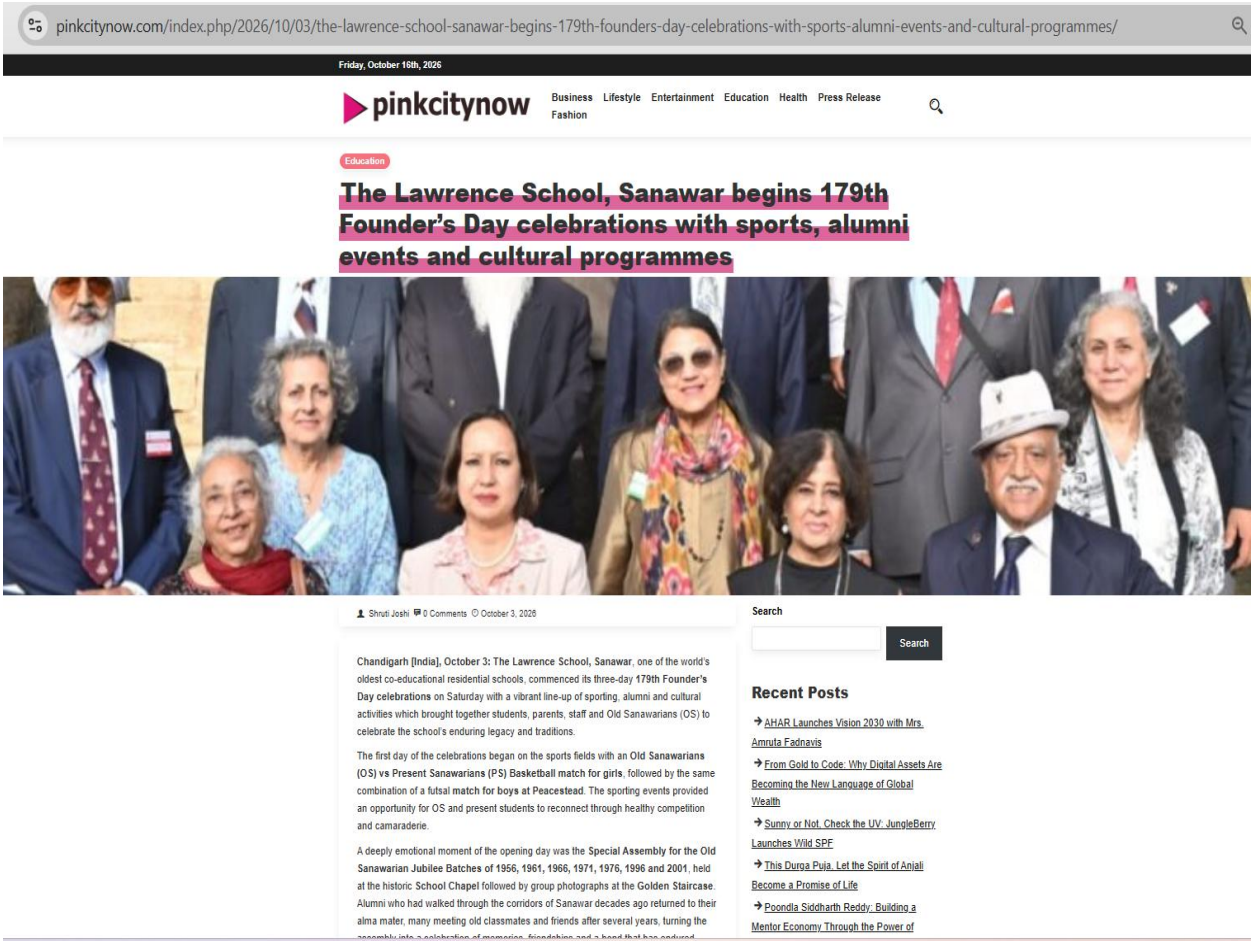
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https://mint-money.in/index.php/2026/10/03/the-lawrence-school-sanawar-begins-179th-founders-day-celebrations-with-sports-alumni-events-and-cultural-programmes/



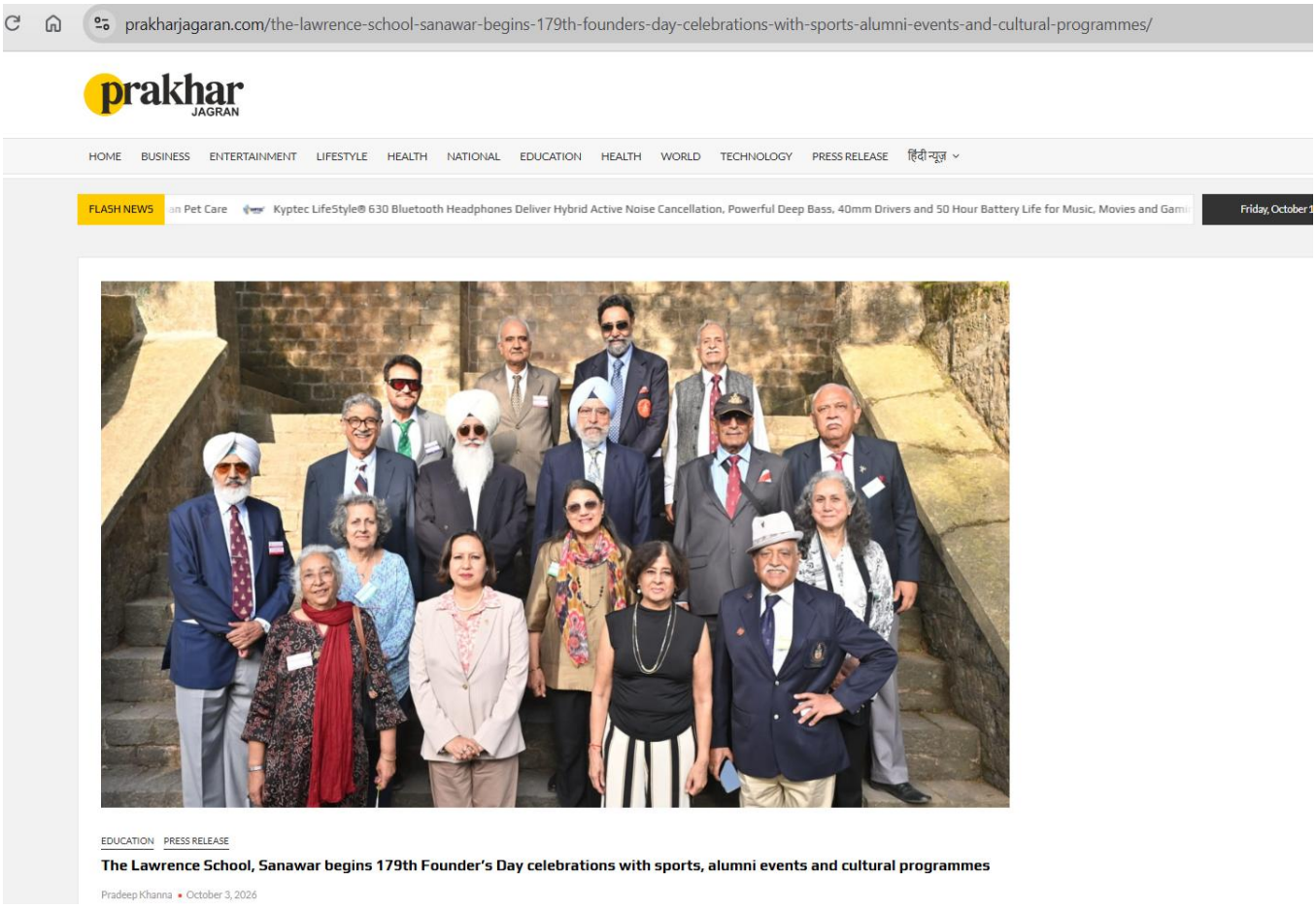
Pink City Now

https://pinkcitynow.com/index.php/2026/10/03/the-lawrence-school-sanawar-begins-179th-founders-day-celebrations-with-sports-alumni-events-and-cultural-programmes/



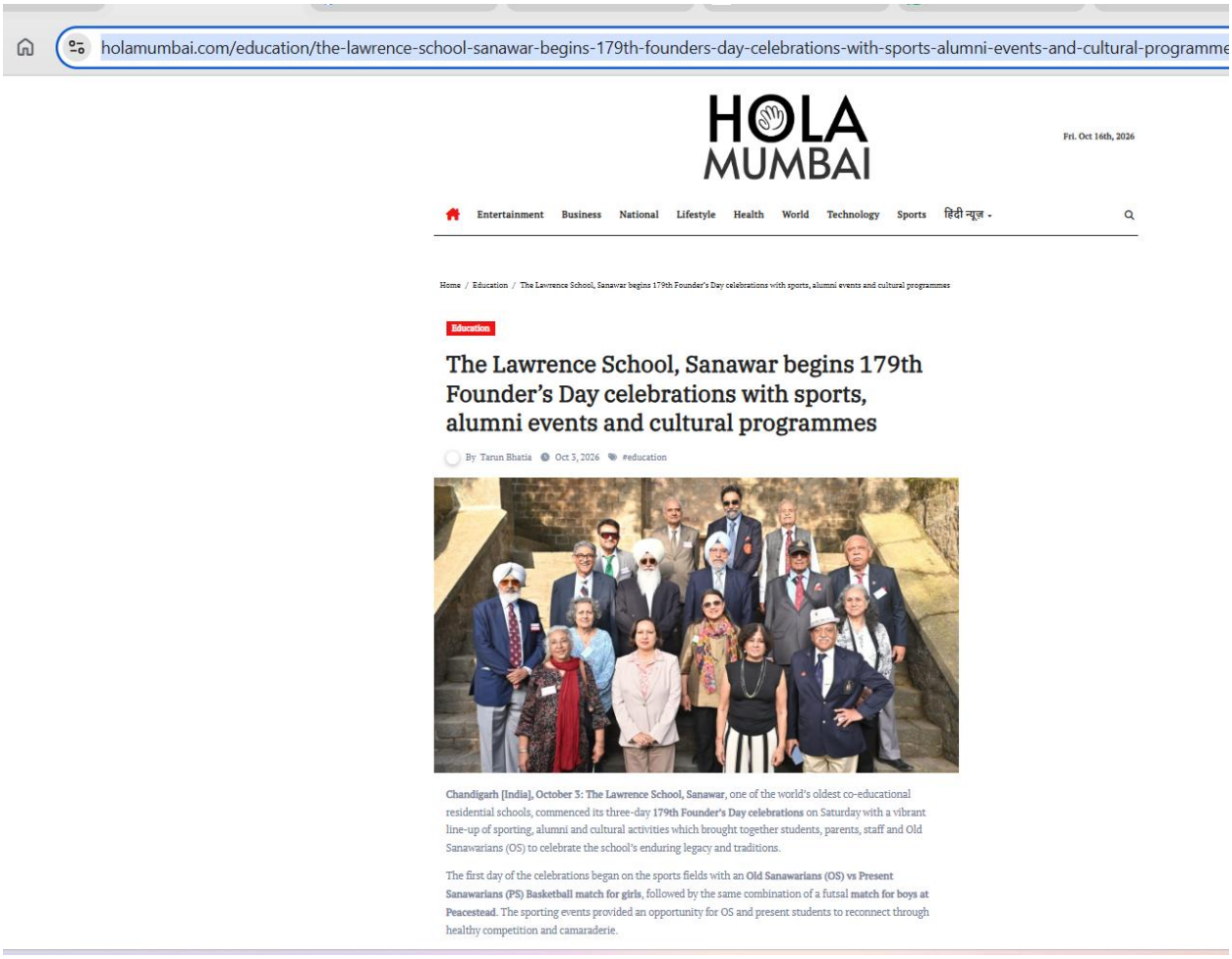
Prakhar Jagran

https://prakharjagaran.com/the-lawrence-school-sanawar-begins-179th-founders-day-celebrations-with-sports-alumni-events-and-cultural-programmes/



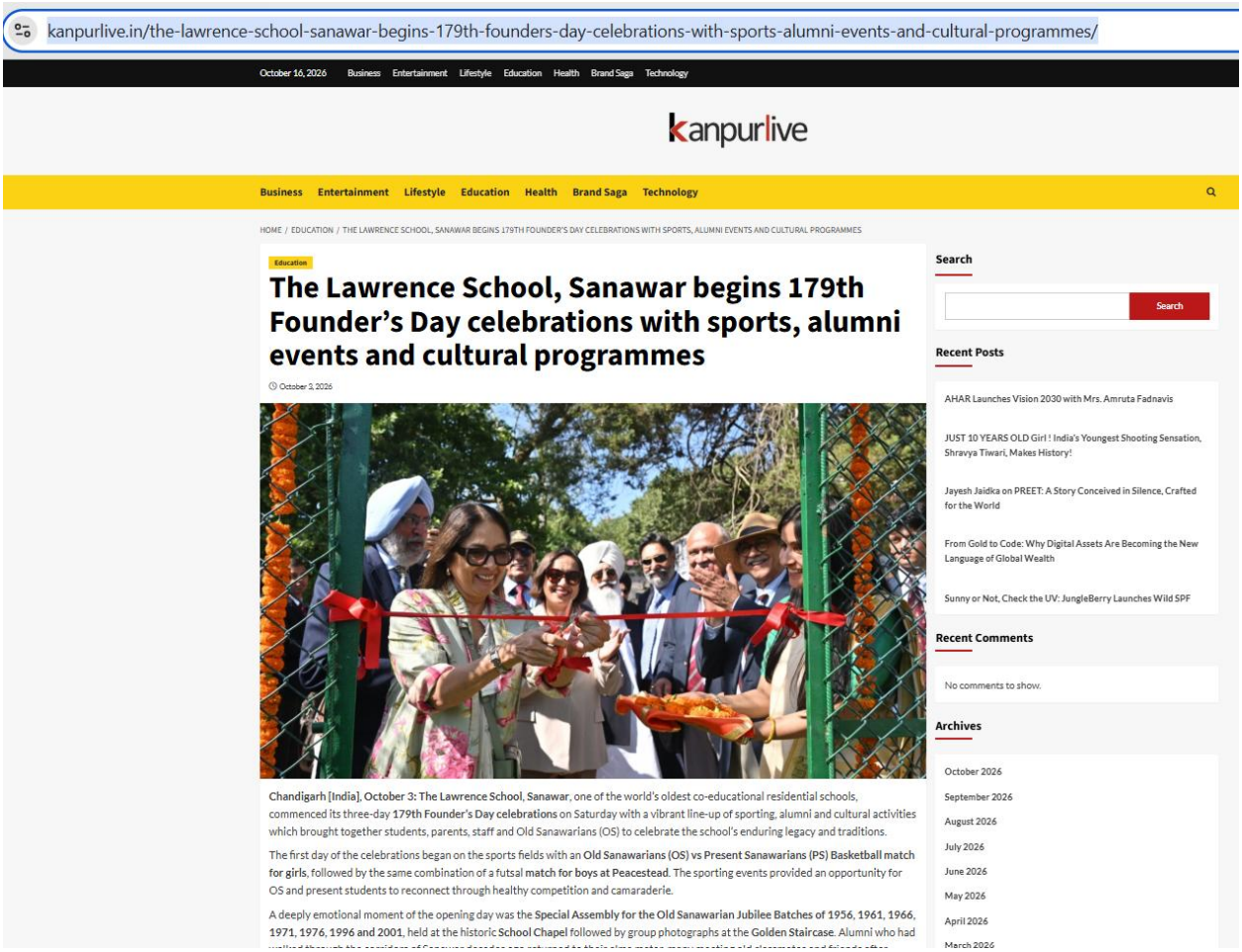
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https://holamumbai.com/education/the-lawrence-school-sanawar-begins-179th-founders-day-celebrations-with-sports-alumni-events-and-cultural-programmes/



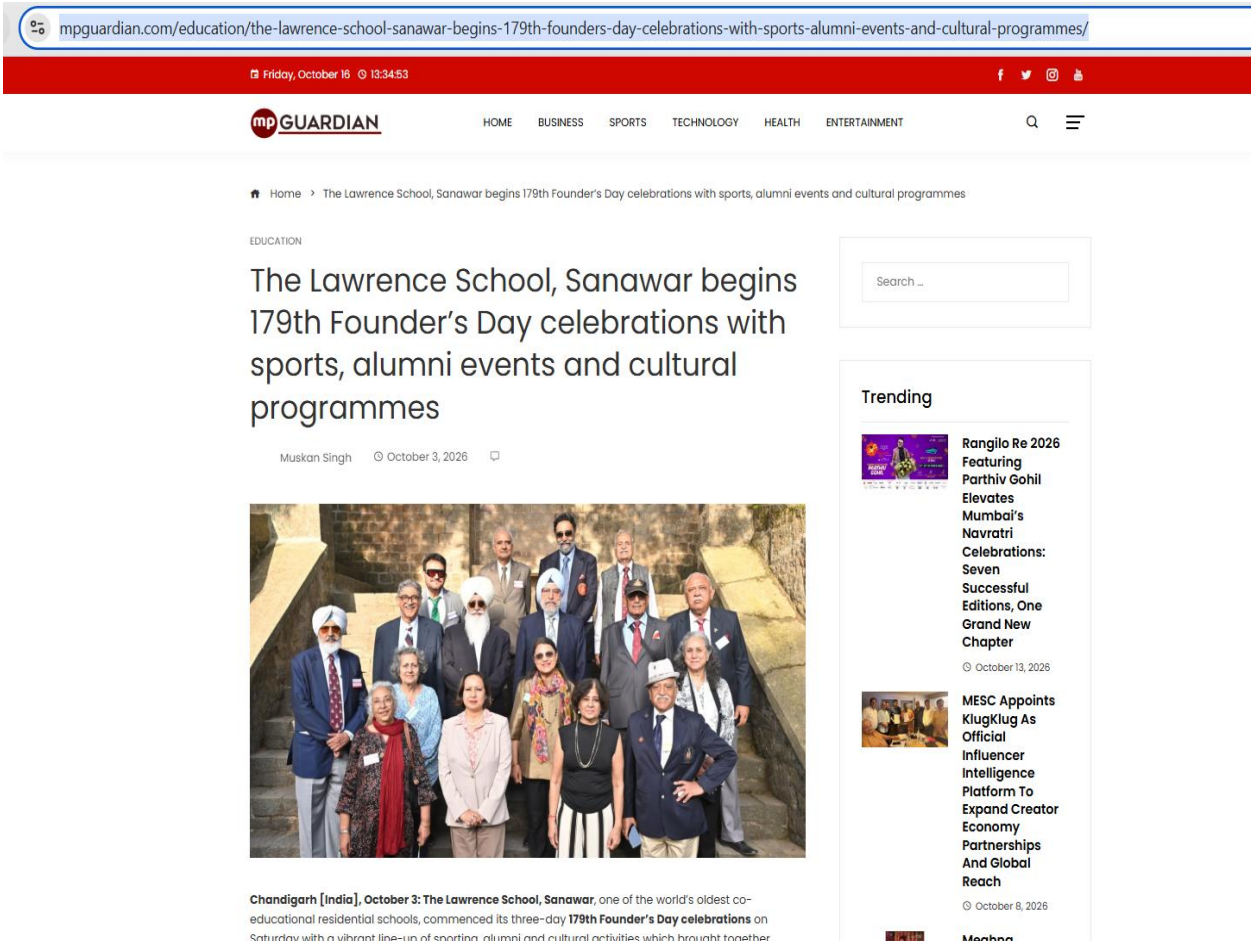
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https://kanpurlive.in/the-lawrence-school-sanawar-begins-179th-founders-day-celebrations-with-sports-alumni-events-and-cultural-programmes/



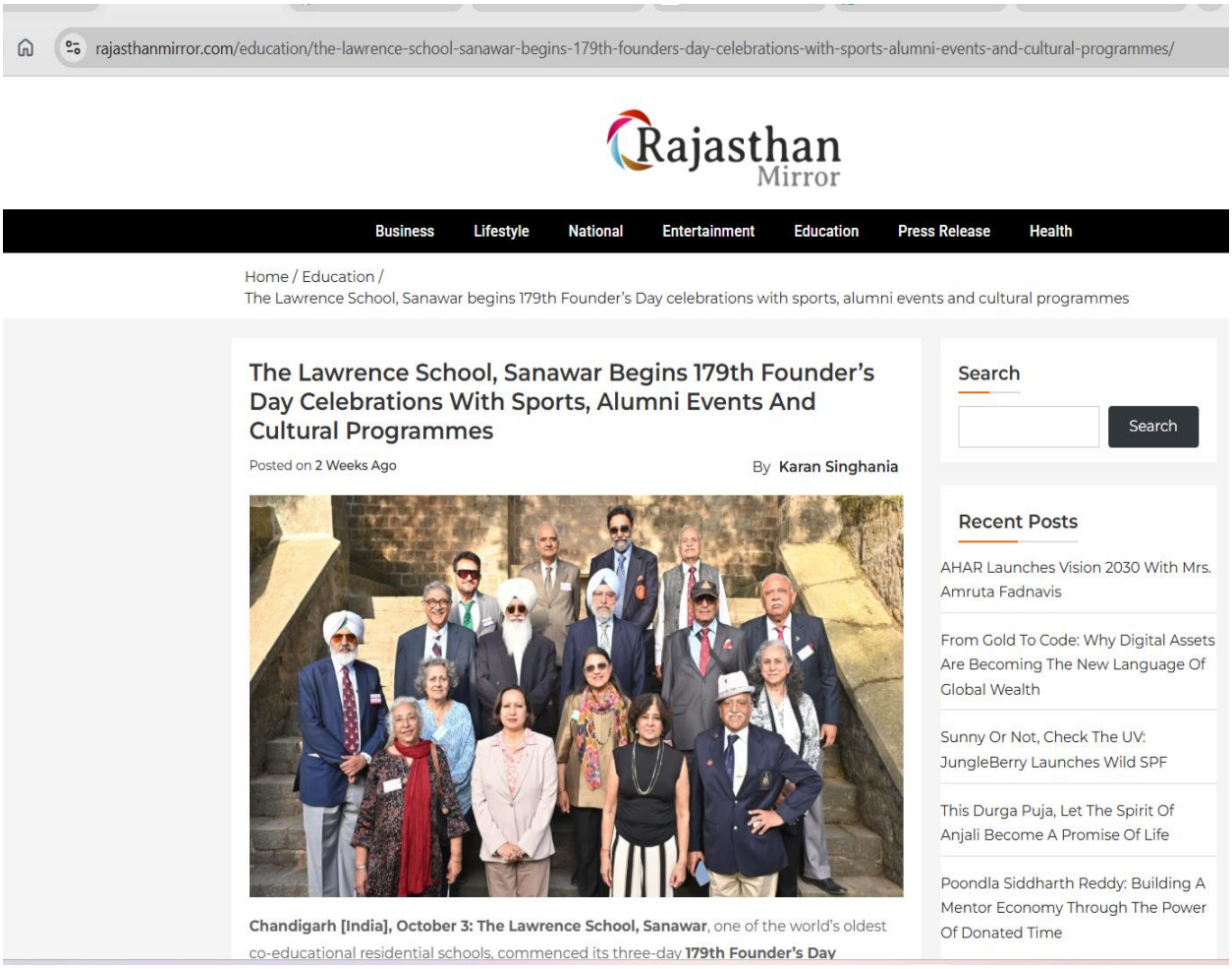
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https://mpguardian.com/education/the-lawrence-school-sanawar-begins-179th-founders-day-celebrations-with-sports-alumni-events-and-cultural-programmes/



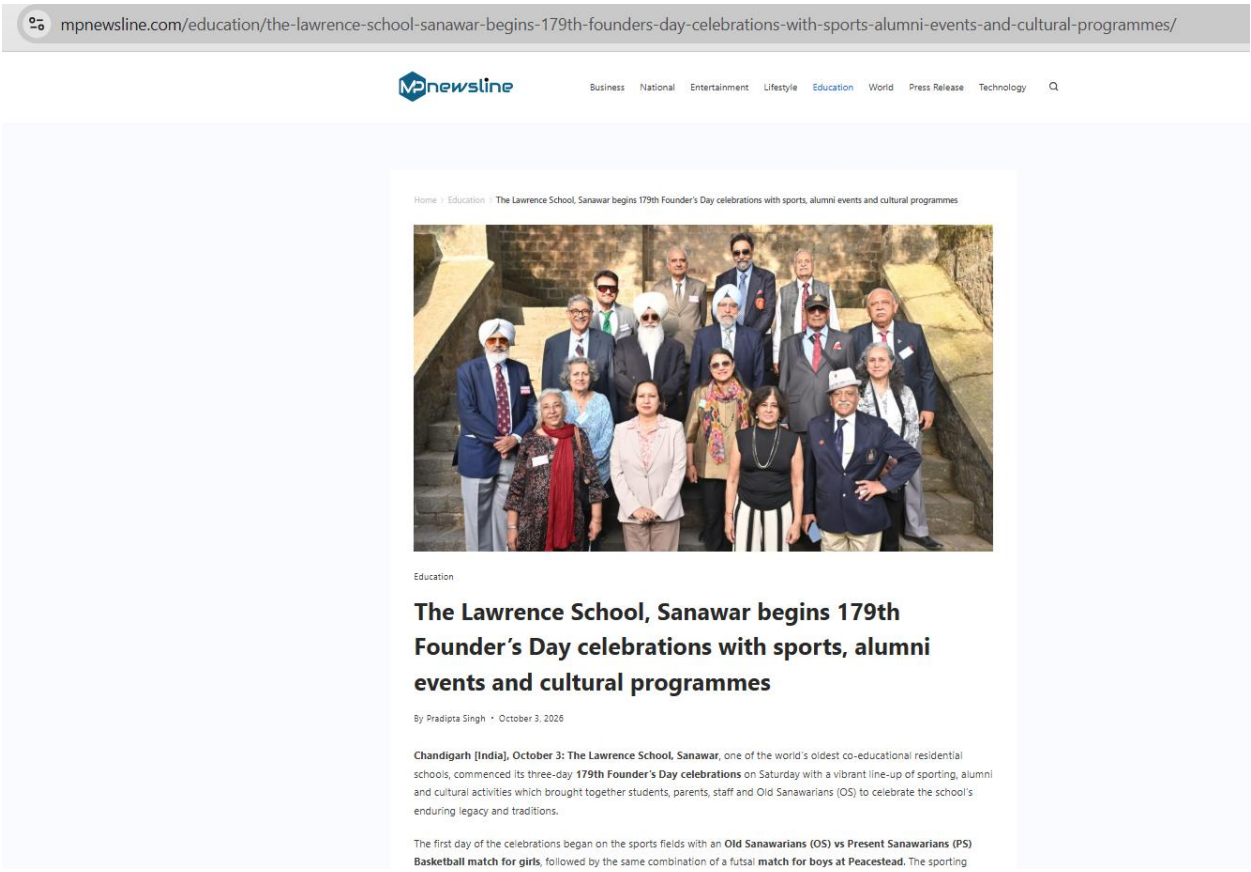
Rajasthan Mirror

https://rajasthanmirror.com/education/the-lawrence-school-sanawar-begins-179th-founders-day-celebrations-with-sports-alumni-events-and-cultural-programmes/



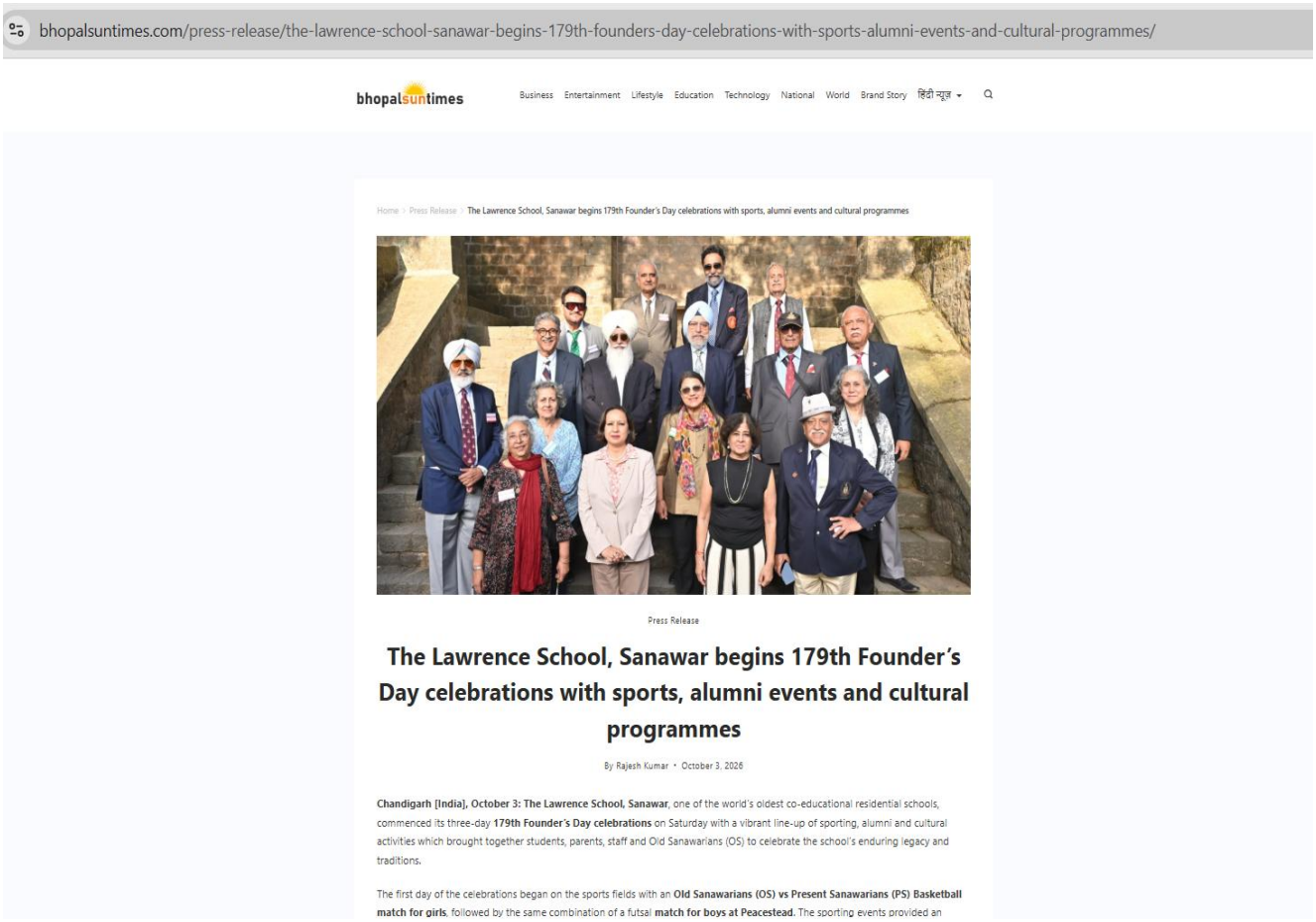
MP Newsline

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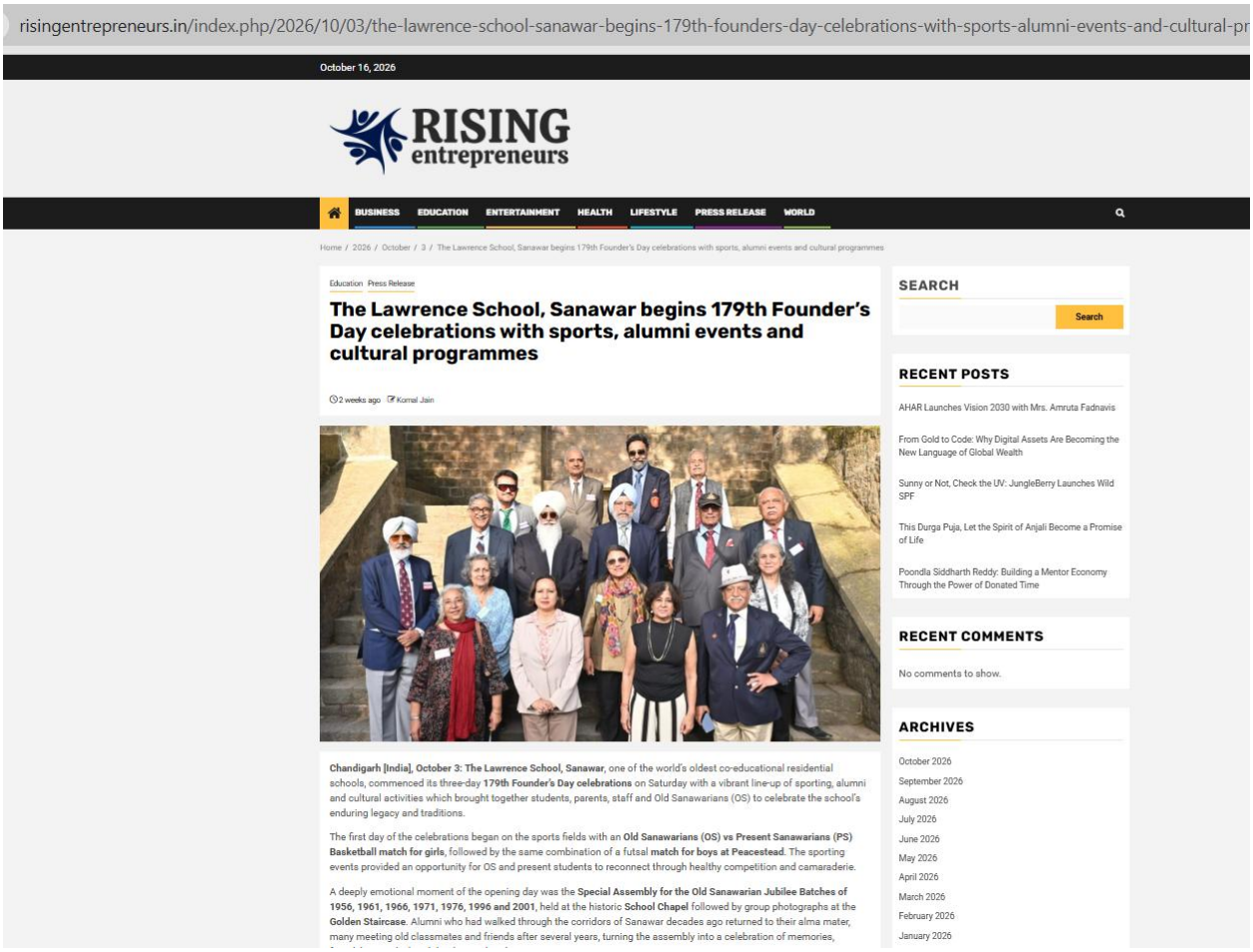
Bhopal Sun Times

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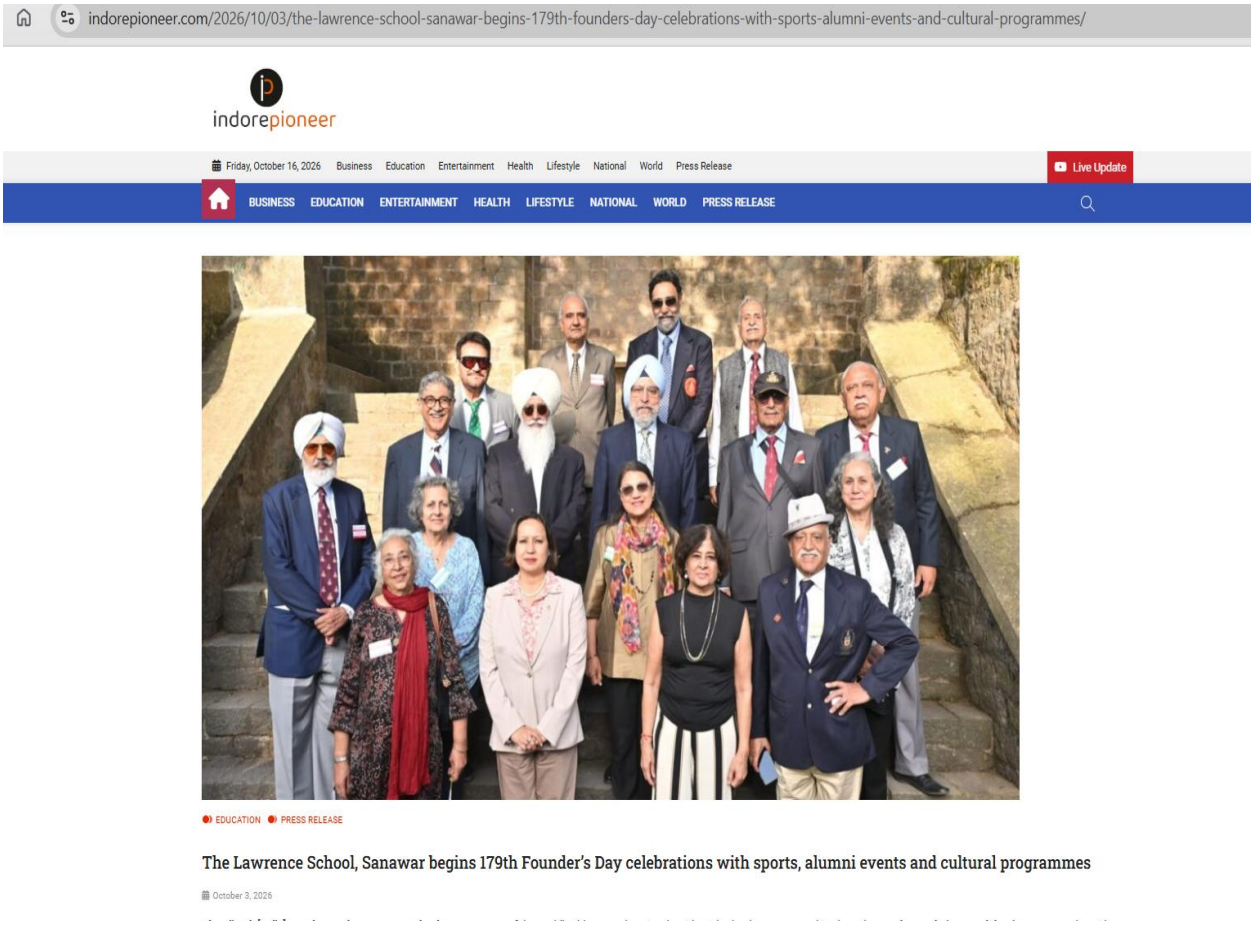
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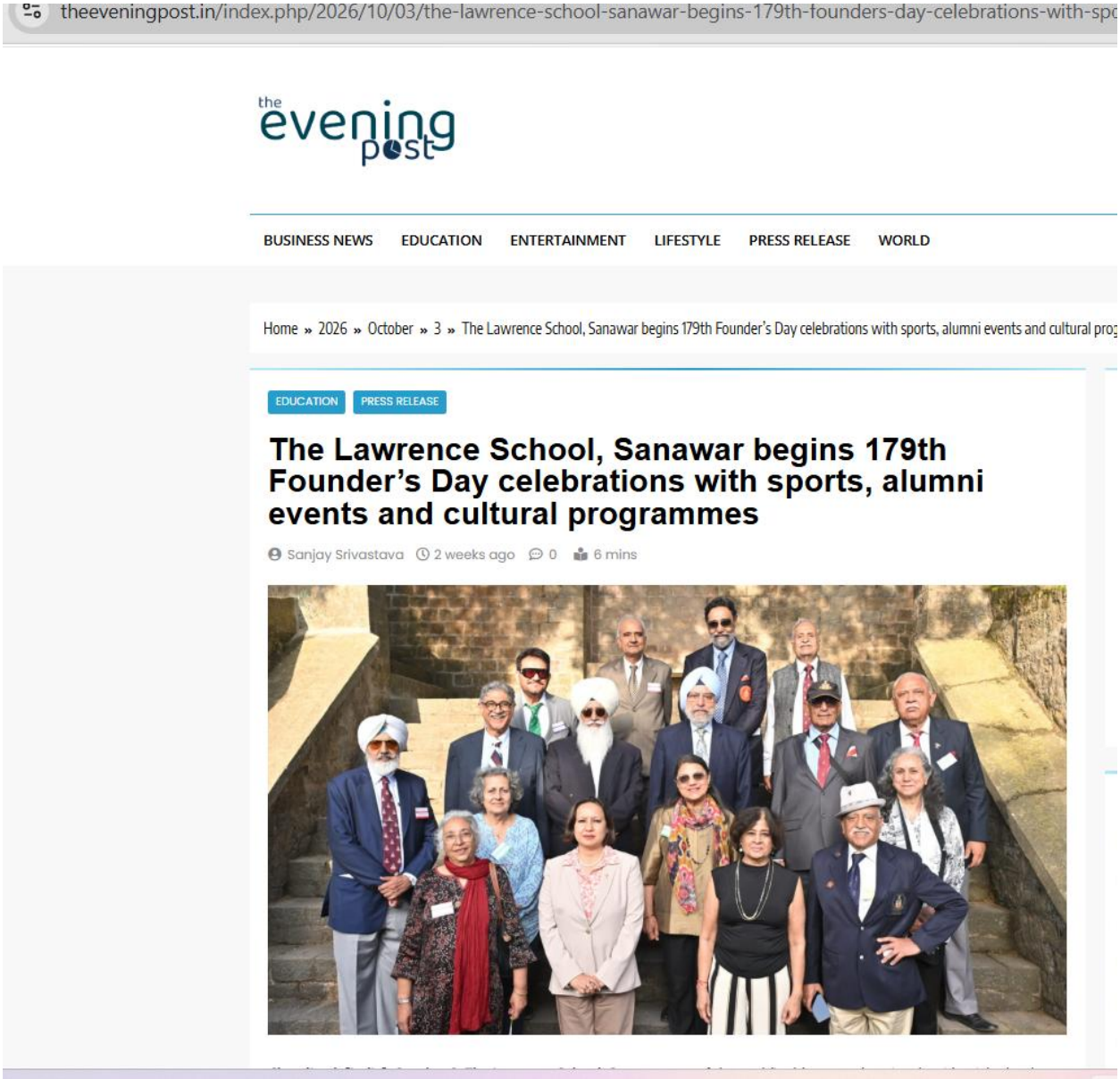
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https://indorepioneer.com/2026/10/03/the-lawrence-school-sanawar-begins-179th-founders-day-celebrations-with-sports-alumni-events-and-cultural-programmes/



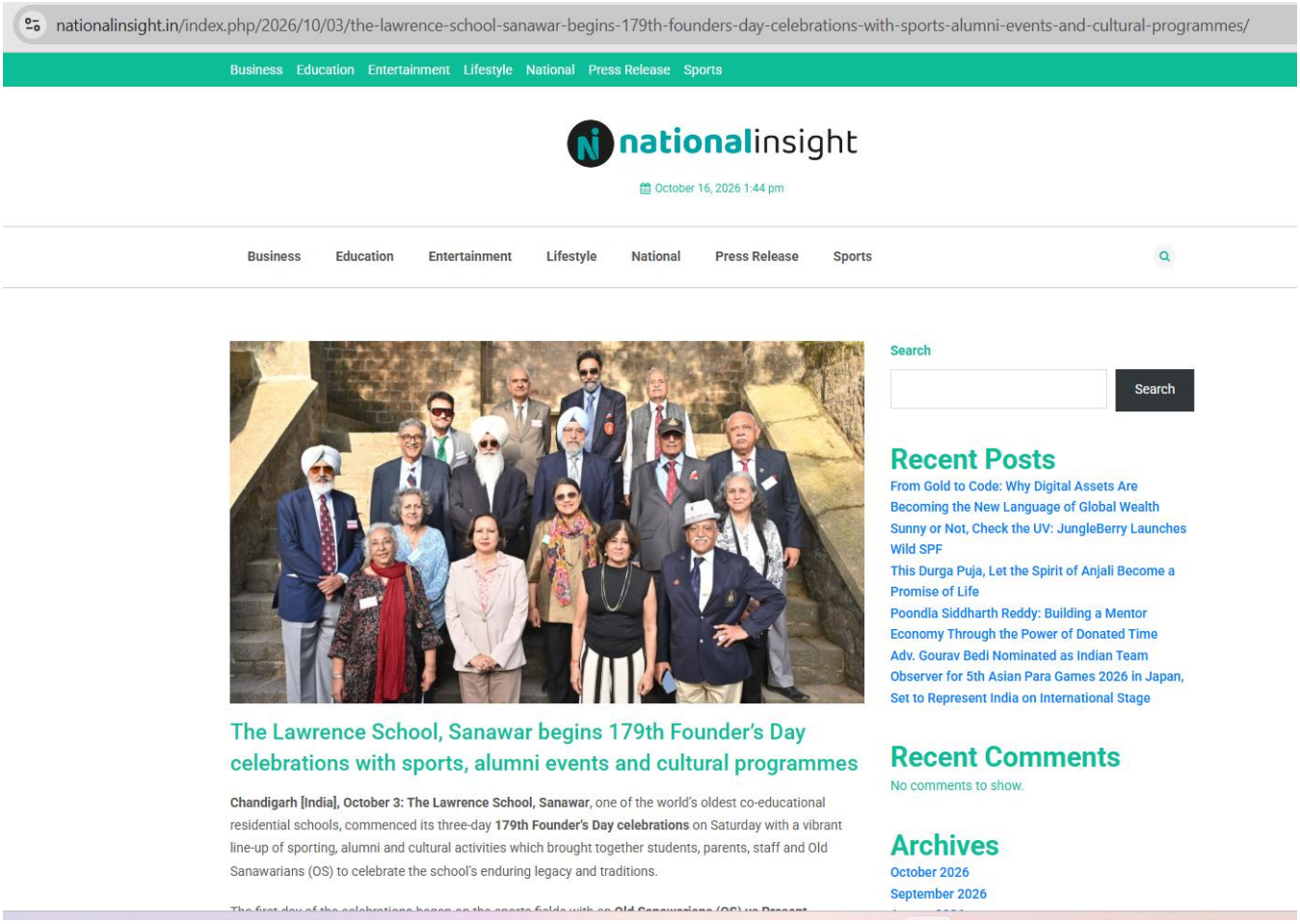
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https://theeveningpost.in/index.php/2026/10/03/the-lawrence-school-sanawar-begins-179th-founders-day-celebrations-with-sports-alumni-events-and-cultural-programmes/



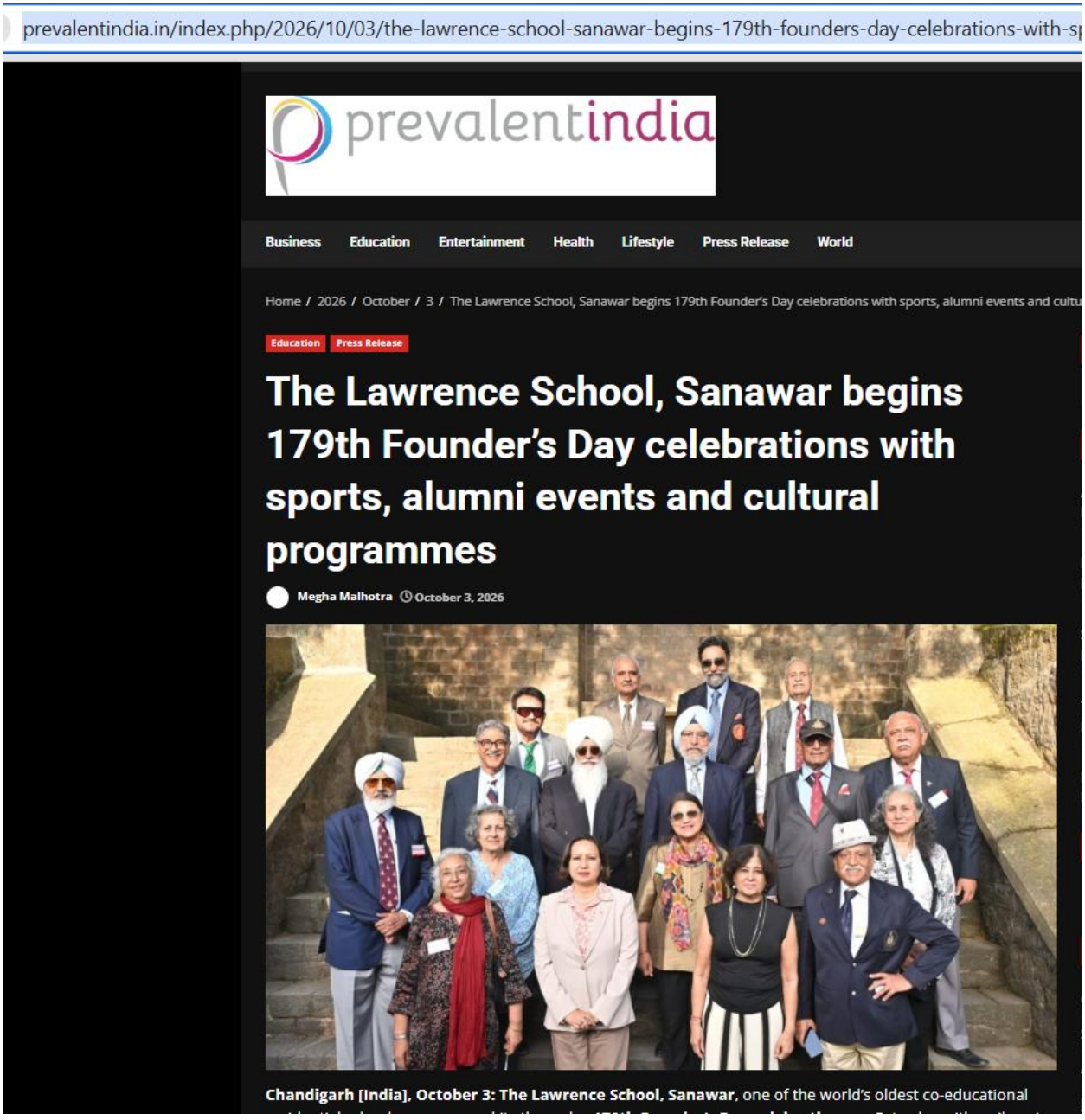
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https://nationalinsight.in/index.php/2026/10/03/the-lawrence-school-sanawar-begins-179th-founders-day-celebrations-with-sports-alumni-events-and-cultural-programmes/



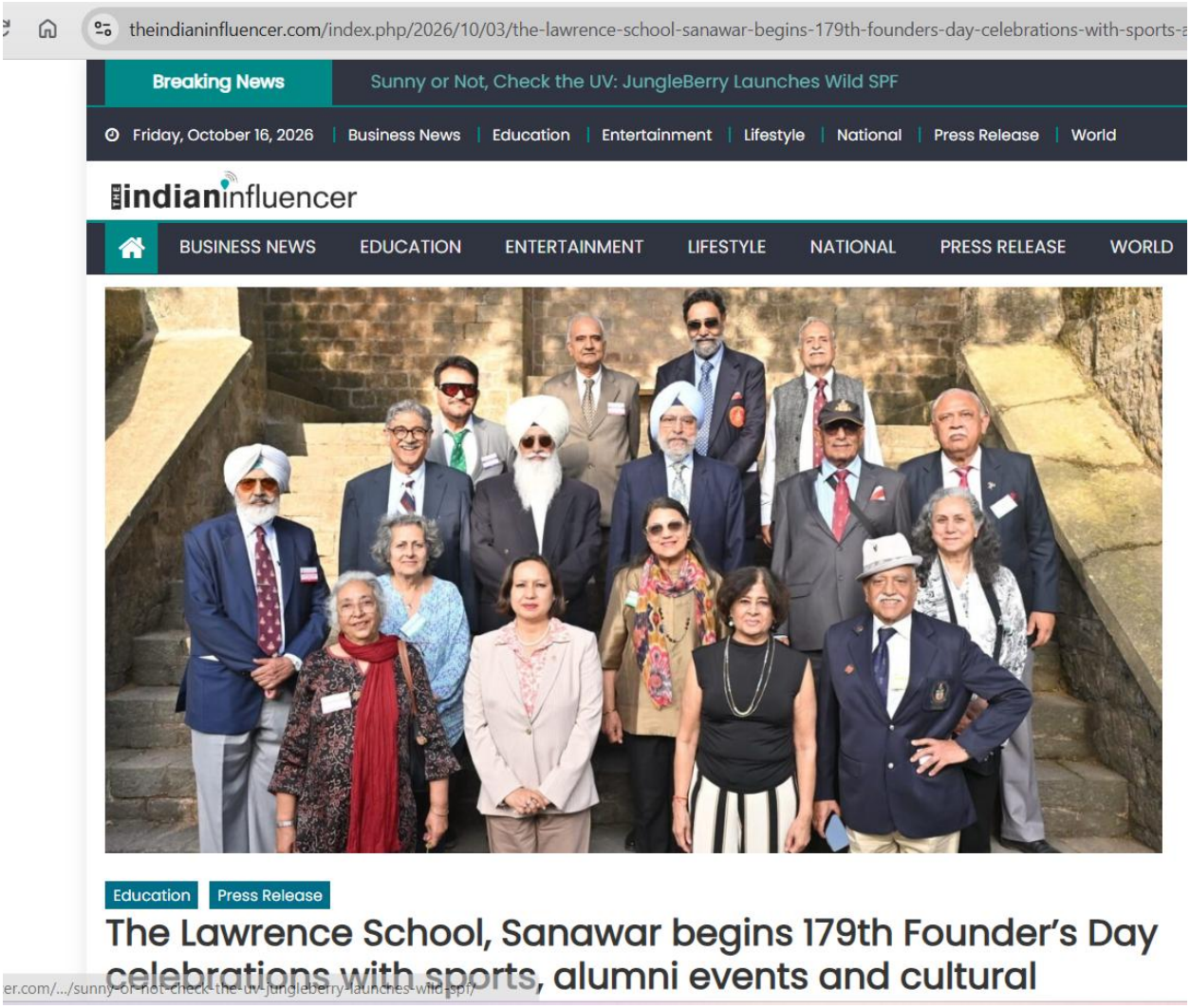
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https://prevalentindia.in/index.php/2026/10/03/the-lawrence-school-sanawar-begins-179th-founders-day-celebrations-with-sports-alumni-events-and-cultural-programmes/



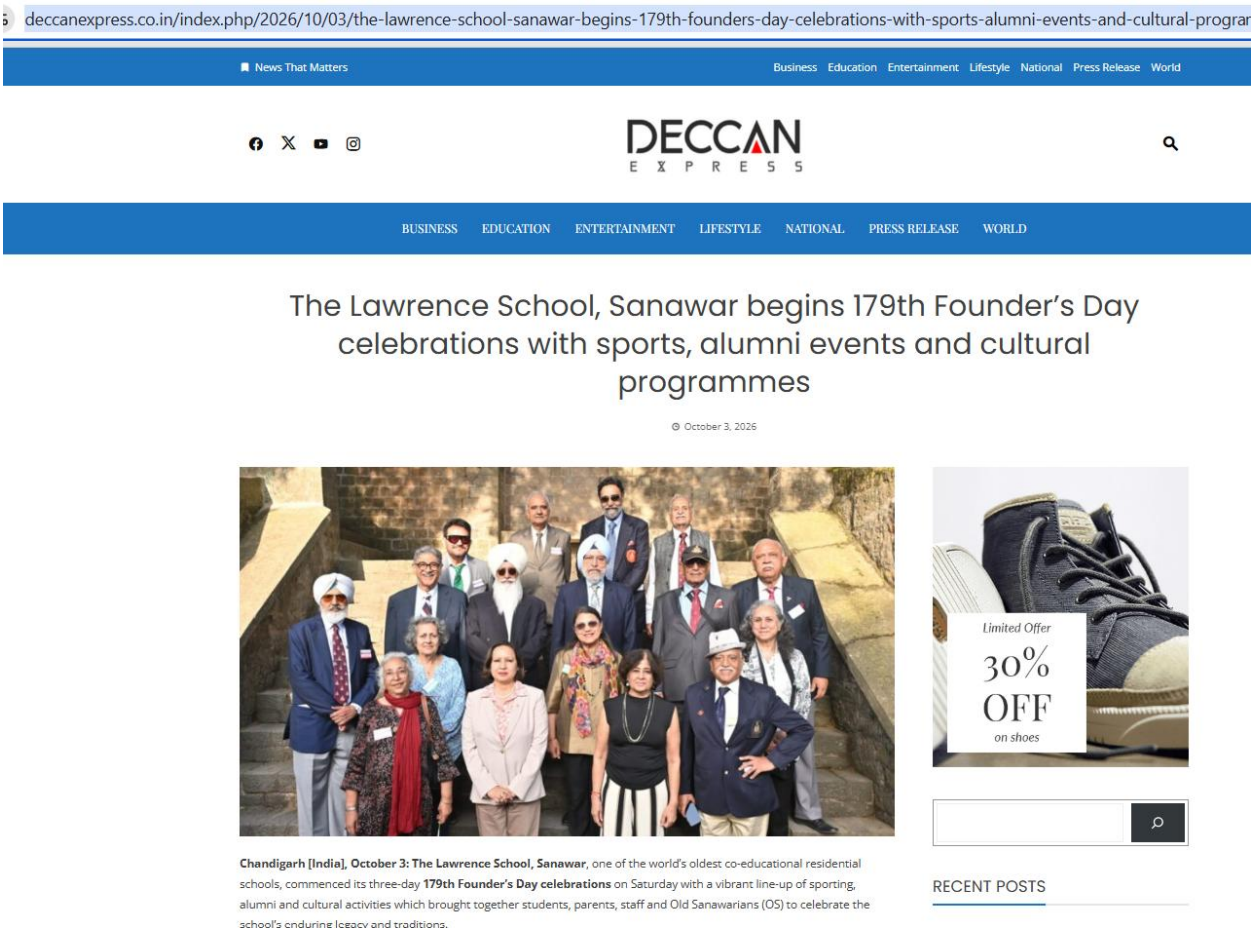
The Indian Influencer

https://theindianinfluencer.com/index.php/2026/10/03/the-lawrence-school-sanawar-begins-179th-founders-day-celebrations-with-sports-alumni-events-and-cultural-programmes/



Deccan Express

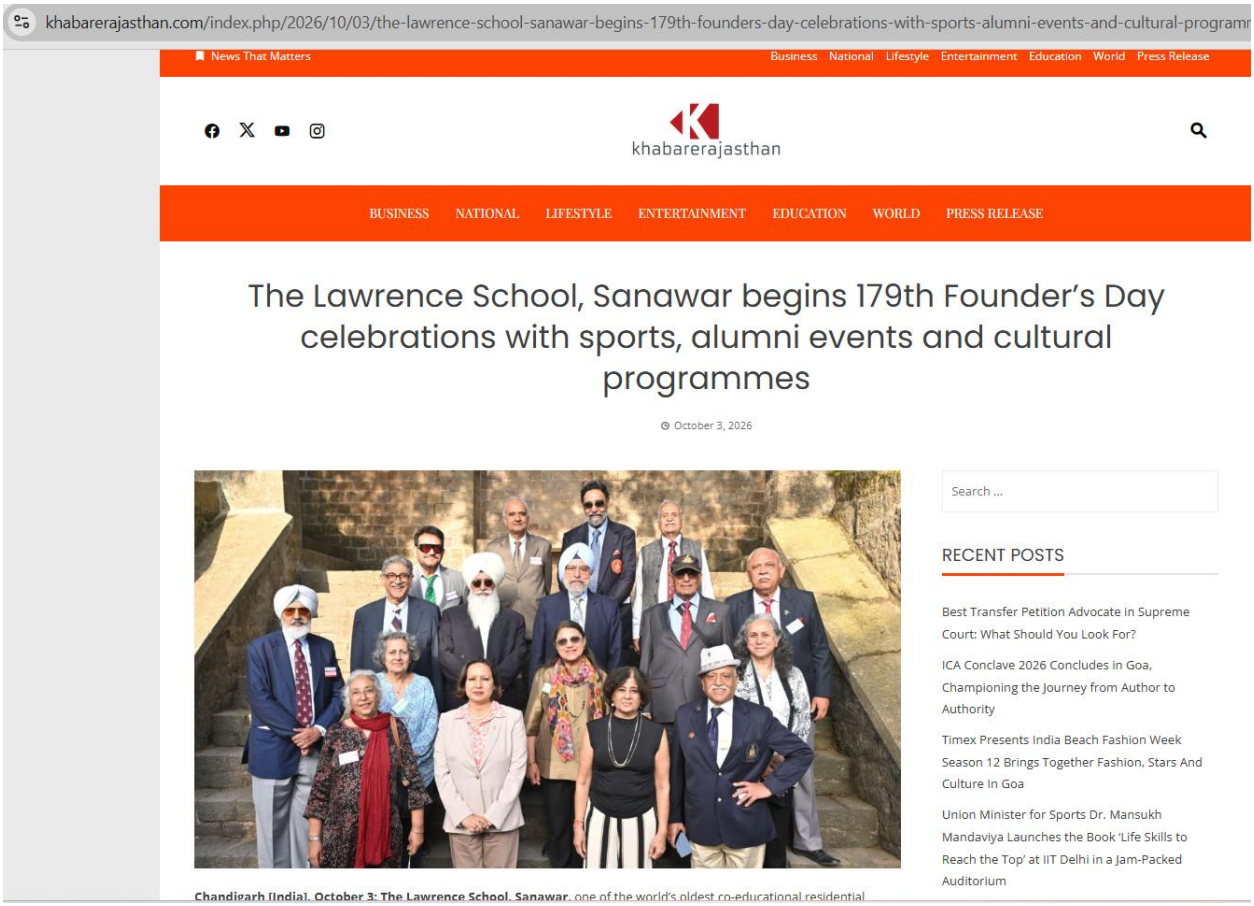
https://deccanexpress.co.in/index.php/2026/10/03/the-lawrence-school-sanawar-begins-179th-founders-day-celebrations-with-sports-alumni-events-and-cultural-programmes/



Chandigarh [India], October 3: The Lawrence School, Sanawar, one of the world's oldest co-educational residential schools, commenced its three-day **179th Founder's Day celebrations** on Saturday with a vibrant line-up of sporting, alumni and cultural activities which brought together students, parents, staff and Old Sanawarians (OS) to celebrate the school's enduring legacy and traditions.

Khabre Rajasthan

https://khabarerajasthan.com/index.php/2026/10/03/the-lawrence-school-sanawar-begins-179th-founders-day-celebrations-with-sports-alumni-events-and-cultural-programmes/



The Times of India (NIE)

School begins 179th Founders Day celebrations



The Lawrence School, Sanawar, commenced its three-day 179th Founders Day celebrations with sporting, alumni, and cultural activities bringing together students, parents, staff, and Old Sanawarians. The first day featured an Old Sanawarians versus Present Sanawarians basketball match for girls and a futsal match for boys, followed by a Special Assembly for jubilee batches of 1956, 1961, 1966, 1971, 1976, 1996, and 2001 at the School Chapel, with group photographs at the Golden Staircase. Representatives of the jubilee batches paid tribute at the War Memorial by laying a wreath in remembrance of Old Sanawarians who made the supreme sacrifice for the nation. Members of the 1966 batch paid floral tribute to their former classmate Second Lieutenant Arun Khetarpal, Param Vir Chakra awardee. The day concluded with a school concert at Barné Hall featuring a presentation of "12 Angry Men." The celebrations will conclude on Monday with Admiral Krishna Swaminathan, Chief of the Naval Staff, in attendance for the traditional Trooping of the School Flag. Headmaster Ruchi Pradhan Datta said Founders Day was a celebration of the spirit, traditions, and values that had shaped Sanawar over the years, and a wonderful occasion for students, staff, parents, and Old Sanawarians to come together and celebrate their shared heritage.

The Times of India



Sanawar founder's day

Shimla: The Lawrence School, Sanawar will celebrate its 179th Founder's Day with a three-day programme from Oct 3 to 5, with Chief of the Naval Staff Admiral Krishna Swaminathan as the chief guest for the concluding ceremony.

Punjab Kesari

लॉरैंस स्कूल सनावर के 179वें स्थापना दिवस समारोह में नौसेना प्रमुख होंगे मुख्य अतिथि

3 से 5 अक्तूबर तक चलेगा समारोह, 5 अक्तूबर को होगी स्कूल ध्वज की ट्रूपिंग

सोलन, 1 अक्तूबर (ब्यूरो): दुनिया के ऐतिहासिक आवासीय विद्यालयों में शुमार द लॉरैंस स्कूल सनावर अपना 179वां स्थापना दिवस समारोह 3 से 5 अक्तूबर तक मनाएगा। 3 दिवसीय समारोह में स्कूल के विद्यार्थियों, शिक्षकों, अभिभावकों और देश-विदेश में रह रहे पुराने सनावरियनों की भागीदारी रहेगी। समारोह के समापन अवसर पर 5 अक्तूबर को होने वाले 179वें स्थापना दिवस एवं स्कूल ध्वज ट्रूपिंग समारोह में भारतीय नौसेना के प्रमुख एडमिरल कृष्ण स्वामीनाथन मुख्य अतिथि होंगे।

एडमिरल स्वामीनाथन ने 31 मई 2026 को भारतीय नौसेना के 27वें प्रमुख के रूप में पदभार संभाला था। लॉरैंस स्कूल सनावर की स्थापना सर हैनरी और लेडी होनोरिया लॉरैंस ने 15 अप्रैल 1847 को की थी।

करीब 18 दशकों की यात्रा में यह विद्यालय एक प्रतिष्ठित सह-शिक्षा आवासीय संस्थान के रूप में अपनी पहचान बना चुका है।

3 दिवसीय समारोह के दौरान विद्यालय की समृद्ध परंपरा और विरासत की झलक विभिन्न कार्यक्रमों में देखने को मिलेगी। इनमें खेल प्रतियोगिताएं, सांस्कृतिक कार्यक्रम, प्रदर्शनियां, विशेष प्रार्थना सभा और पारंपरिक समारोह प्रमुख होंगे।

5 अक्तूबर को समापन दिवस की शुरूआत स्थापना दिवस की विशेष सभा से होगी। इसके बाद स्कूल ध्वज ट्रूपिंग समारोह आयोजित किया जाएगा।

इस अवसर पर प्रधानाचार्य विद्यालय की वार्षिक रिपोर्ट प्रस्तुत करेंगे और स्थापना दिवस पुरस्कार प्रदान किए जाएंगे।

समारोह के दौरान मुख्य अतिथि एडमिरल कृष्ण स्वामीनाथन विद्यार्थियों और स्कूल समुदाय को संबोधित भी करेंगे।

Dainik Jagran

लारेंस स्कूल सनावर में तीन से पांच अक्टूबर तक 179वां फाउंडर्स डे

चंडीगढ़ : चंडीगढ़ स्थित द लारेंस स्कूल, सनावर 3 से 5 अक्टूबर 2026 तक अपने 179वें फाउंडर्स डे मनाएगा।

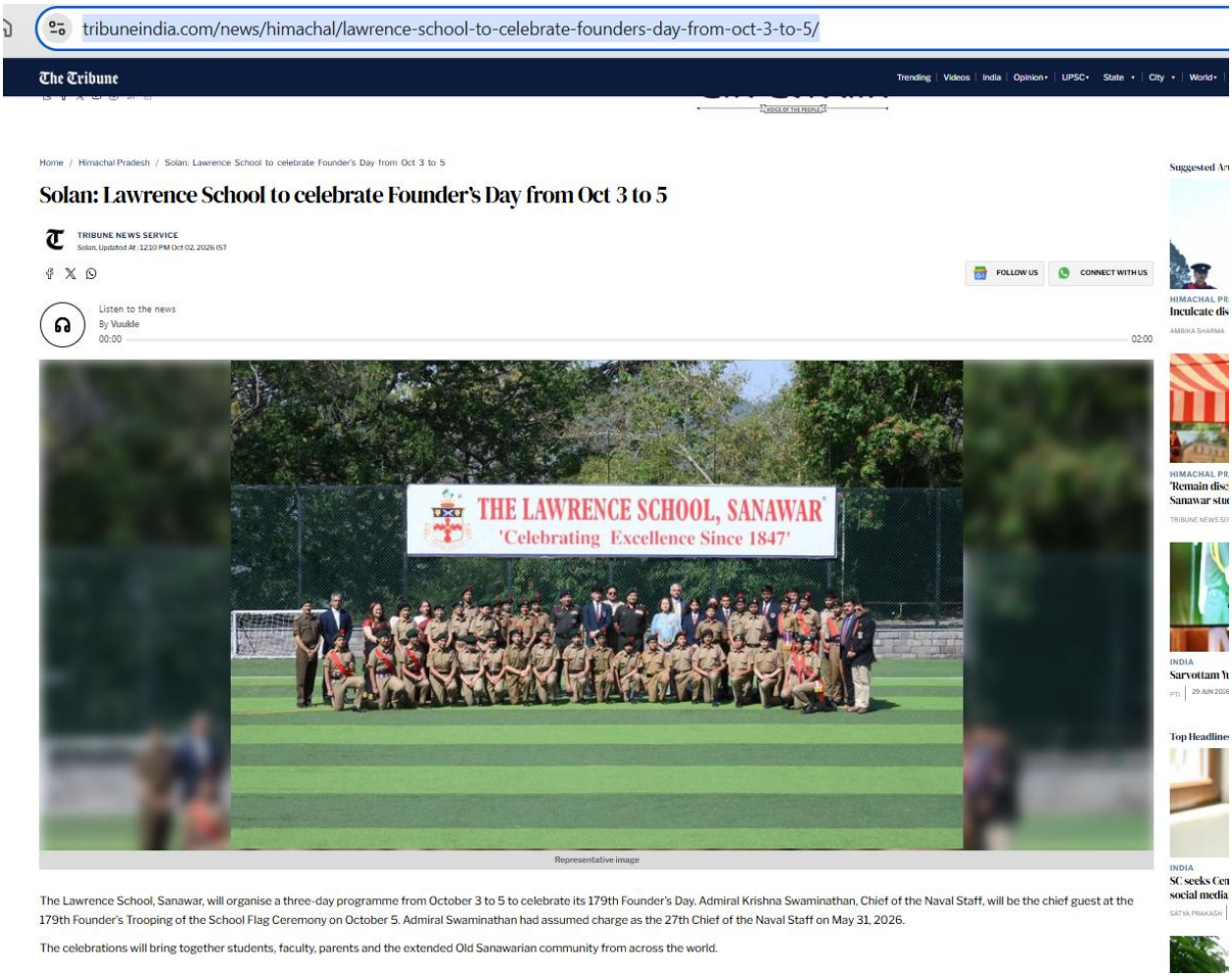


एडमिरल कृष्ण स्वामीनाथन।

समारोह स्कूल की गौरवशाली यात्रा का एक महत्वपूर्ण पल्लव होगा। भारतीय नौसेना के प्रमुख एडमिरल कृष्ण स्वामीनाथन (पीवीएसएम, एवीएसएम, वीएसएम) 5 अक्टूबर को 179वीं फाउंडर्स ट्रूपिंग आफ द स्कूल फ्लैग सेरेमनी में मुख्य अतिथि के रूप में शामिल होंगे। एडमिरल स्वामीनाथन ने 31 मई 2026 को भारतीय नौसेना के 27वें प्रमुख के रूप में पदभार ग्रहण किया था। इस तीन दिवसीय समारोह में स्कूल के छात्र, शिक्षक, अभिभावक और ओल्ड सनावरियन सम्मुदाय के सदस्य भाग लेंगे। स्कूल की स्थापना सर हेनरी और लेडी होनोरिया लारेंस ने 15 अप्रैल 1847 को की थी। लगभग 18 दशकों में, यह स्कूल एक प्रतिष्ठित को-एजुकेशनल रेजिडेंशियल इंस्टीट्यूशन के रूप में विकसित हुआ है। फाउंडर्स डे कार्यक्रम में स्पोर्ट्स मीट, सांस्कृतिक कार्यक्रम, प्रदर्शनियां, स्पेशल असेंबली और पारंपरिक समारोहों के माध्यम से स्कूल की समृद्ध विरासत को दर्शाया जाएगा। समापन दिवस की शुरुआत फाउंडर्स डे स्पेशल असेंबली से होगी, जिसके बाद 179वीं फाउंडर्स ट्रूपिंग आफ द स्कूल फ्लैग होगा।(जास)

The Tribune

https://www.tribuneindia.com/news/himachal/lawrence-school-to-celebrate-founders-day-from-oct-3-to-5/



Daily Pioneer

https://flashpioneer.in/chandigarh-detail-news.php?news=3137

flashpioneer.in/chandigarh-detail-news.php?news=3137

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CNS Admiral Krishna Swaminathan to be Chief Guest at The Lawrence School, Sanawar's 179th Founder's Day Celebrations

Flash Pioneer News| 02-Oct-2026

Chandigarh: The Lawrence School, Sanawar will celebrate its 179th Founder's Day with a three-day programme from October 3 to 5. Admiral Krishna Swaminathan, Chief of the Naval Staff, will be the Chief Guest at the 179th Founder's Trooping of the School Flag Ceremony on October 5. Admiral Swaminathan assumed charge as the 27th Chief of the Naval Staff on May 31. The celebrations will bring together students, faculty, parents and the extended Old Sanawarian community from across the world. Founded on April 15, 1847, by Sir Henry and Lady Honoria Lawrence, Sanawar began with 14 boys and girls living under canvas on the hilltop before the first buildings were completed. Over nearly 18 decades, the School has evolved into a distinguished co-educational residential institution.

The Times of India

https://timesofindia.indiatimes.com/city/chandigarh/navy-chief-to-attend-sanawars-179th-founders-day/articleshow/134625442.cms

https://timesofindia.indiatimes.com/city/chandigarh/navy-chief-to-attend-sanawars-179th-founders-day/articleshow/134625442.cms

Navy chief to attend Sanawar's 179th founder's day

Times News Network / Oct 01, 2026, 23:47 IST

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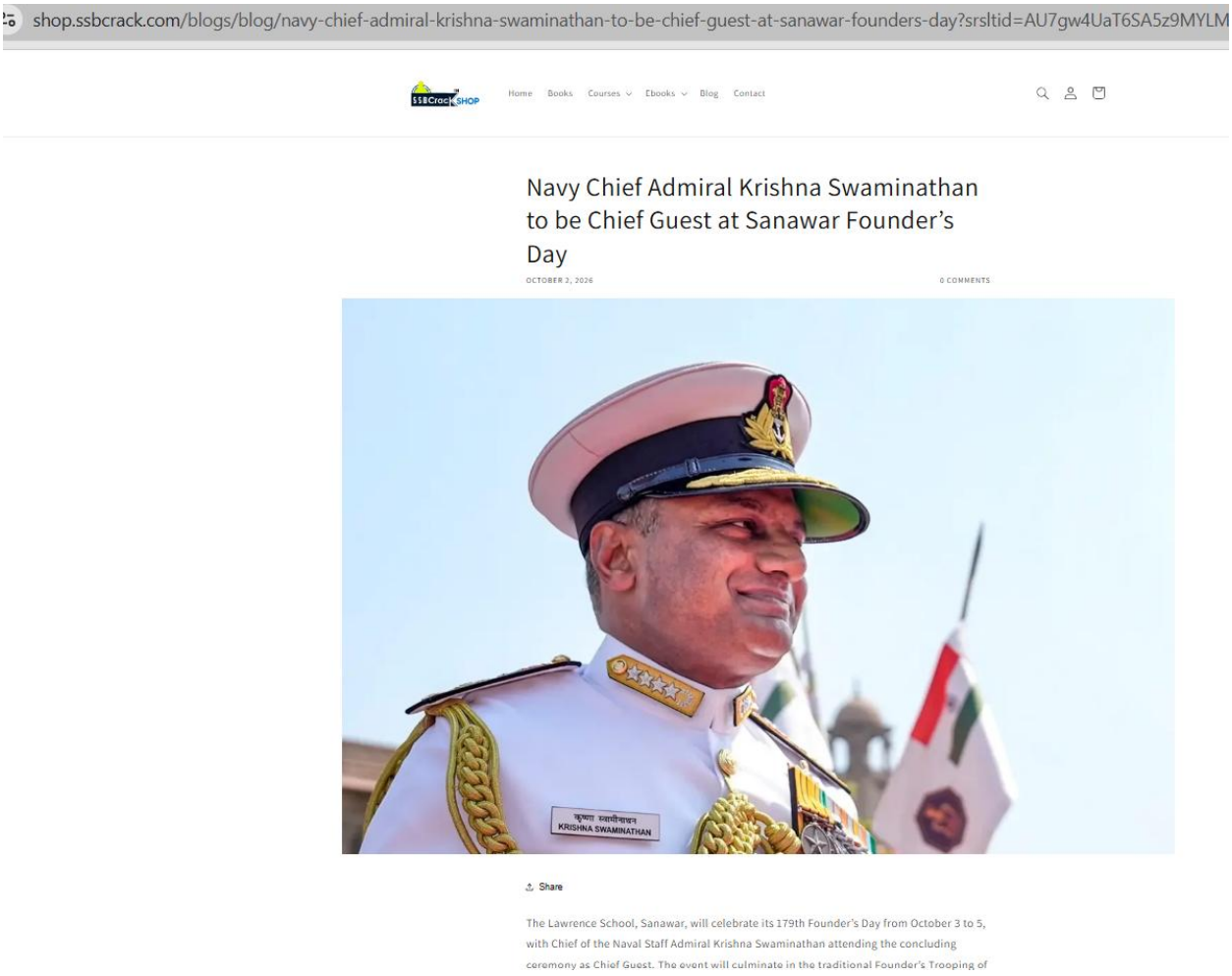
Admiral Swaminathan, who assumed charge as the 27th Chief of the Naval Staff on May 31, will attend the 179th Founder's Trooping of the..

Shimla: The Lawrence School, Sanawar, will celebrate its 179th founder's day with a three-day programme from Oct 3 to 5, with Chief of the Naval Staff Admiral Krishna Swaminathan as the chief guest for the concluding ceremony. Admiral Swaminathan, who assumed charge as the 27th Chief of the Naval Staff on May 31, will attend the 179th Founder's Trooping of the School Flag on Oct 5. The school has produced a significant number of defence officers, including the hero of the Battle of Basantar in 1971 Indo-Pak War and Param Vir Chakra awardee Second Lieutenant Arun Khetarpal. The celebrations will bring together students, faculty, parents and Old Sanawarians from across the world. Founded on April 15, 1847, by Sir Henry and Lady Honoria Lawrence, Sanawar began with 14 boys and girls living under canvas before its first buildings were constructed. The three-day programme will feature sporting events, cultural activities, exhibitions, assemblies and traditional ceremonies.

Trendin

SSB Crack

https://shop.ssbcrack.com/blogs/blog/navy-chief-admiral-krishna-swaminathan-to-be-chief-guest-at-sanawar-founders-day?srsltid=AU7gw4UaT6SA5z9MYLMWm5fFEe6gEJQVWfYDXab7RRW2zJtyTUogotuG



Social News XYZ

https://www.socialnews.xyz/2026/10/01/navy-chief-to-attend-lawrence-school-sanawars-179th-founders-day-celebrations/

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Home » Defence » **Navy chief to attend Lawrence School Sanawar's 179th Founder's Day celebrations**

Navy chief to attend Lawrence School Sanawar's 179th Founder's Day celebrations

POSTED BY: GOPI OCTOBER 1, 2026

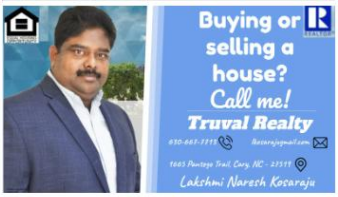


Shimla, Oct 1 (SocialNews.XYZ) The Lawrence School, Sanawar, in Himachal Pradesh, will celebrate its 179th Founder's Day with a three-day programme beginning on October 3, bringing together students, faculty, parents and the extended Old Sanawarian community from across India and overseas.

Admiral Krishna Swaminathan, Chief of the Naval Staff, will be the chief guest at the 179th Founder's Trooping of the School Flag Ceremony on October 5.

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Milwaukee: Piyush Goyal Meets UK Business Secretary Jonathan Reynolds #Gallery

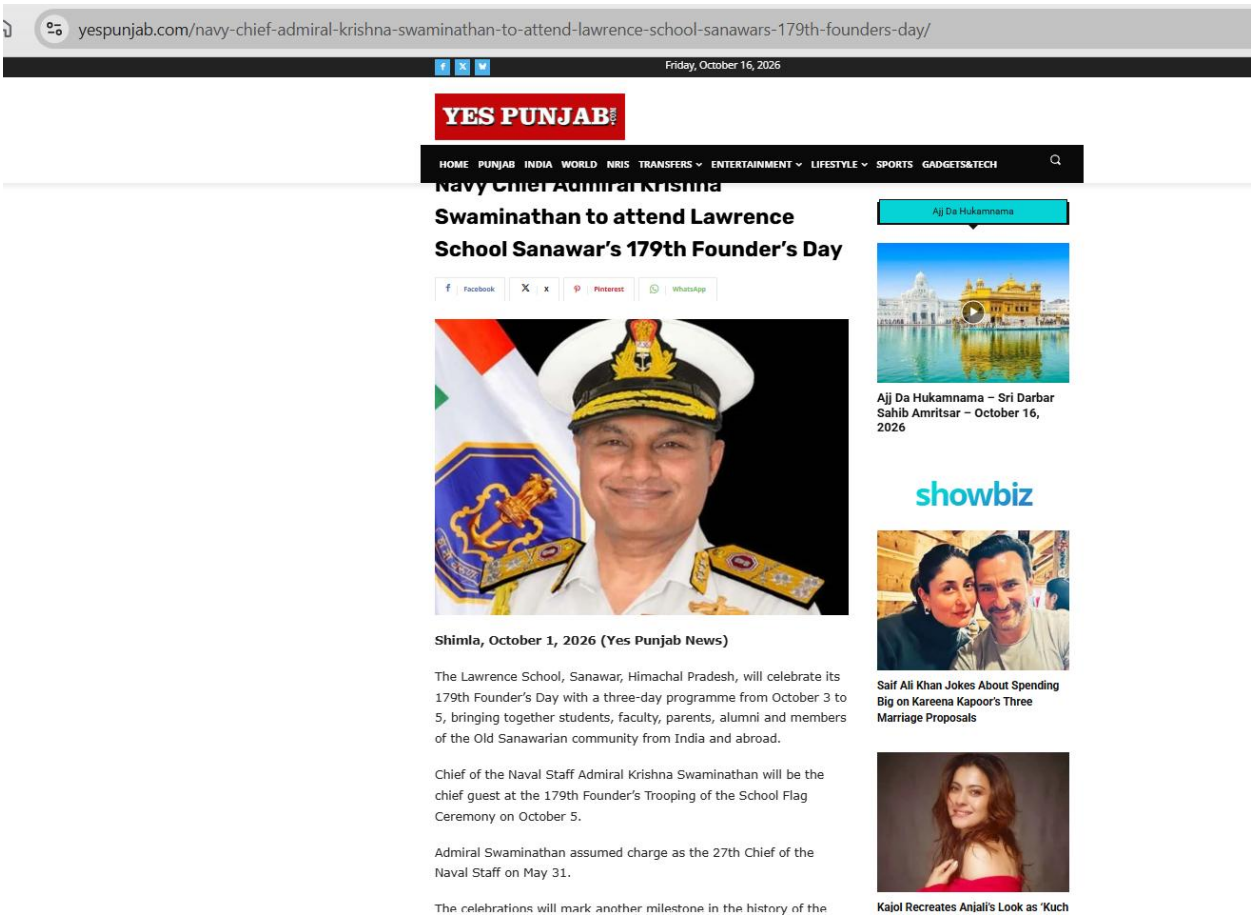
New Delhi: India Bulgaria Foreign Office Consultations #Gallery

Haldwani: Half Moon Shines in Night Sky #Gallery

Milwaukee: Piyush Goyal at G20 Trade Ministers' Meeting #Gallery

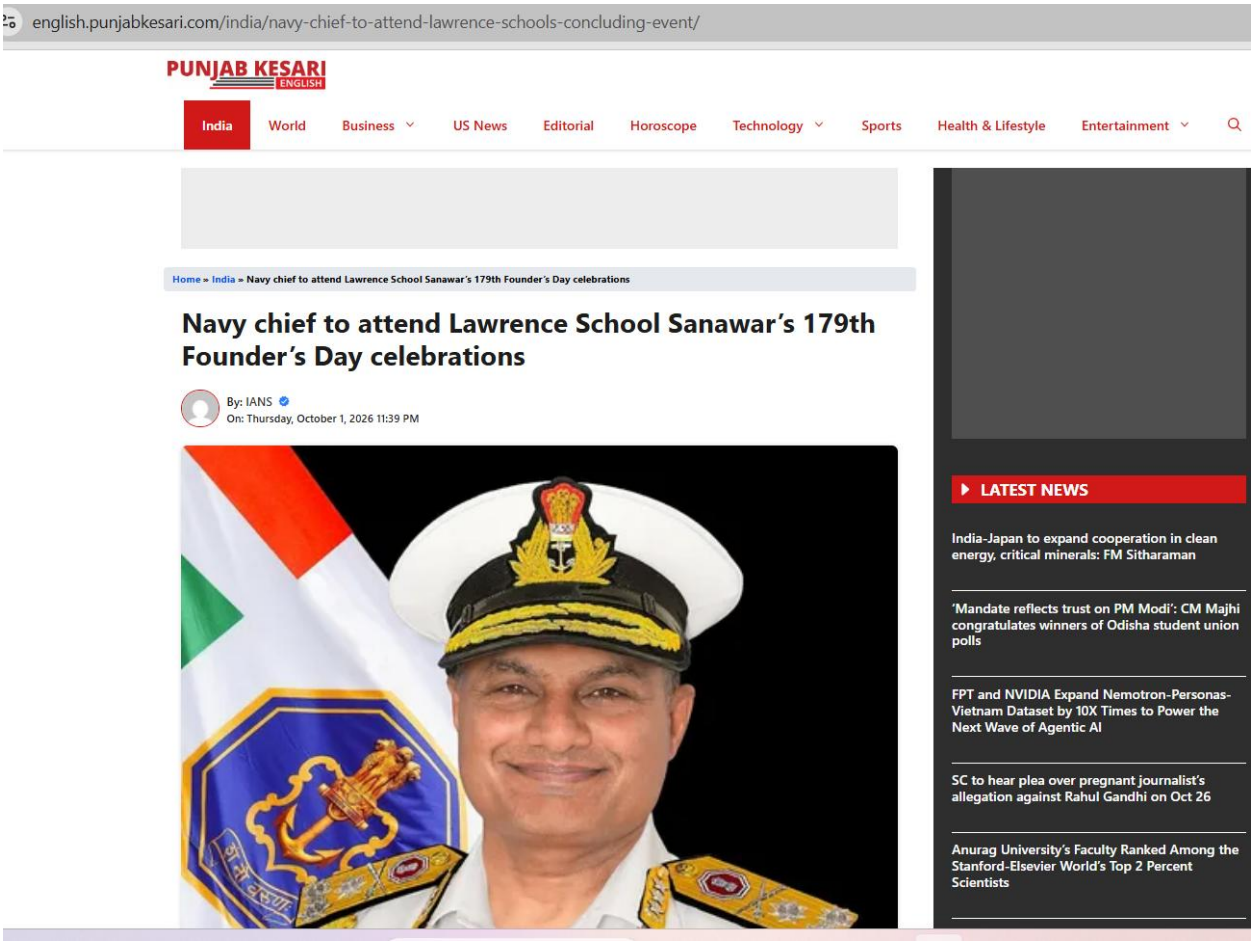
Yes Punjab

https://yespunjab.com/navy-chief-admiral-krishna-swaminathan-to-attend-lawrence-school-sanawars-179th-founders-day/



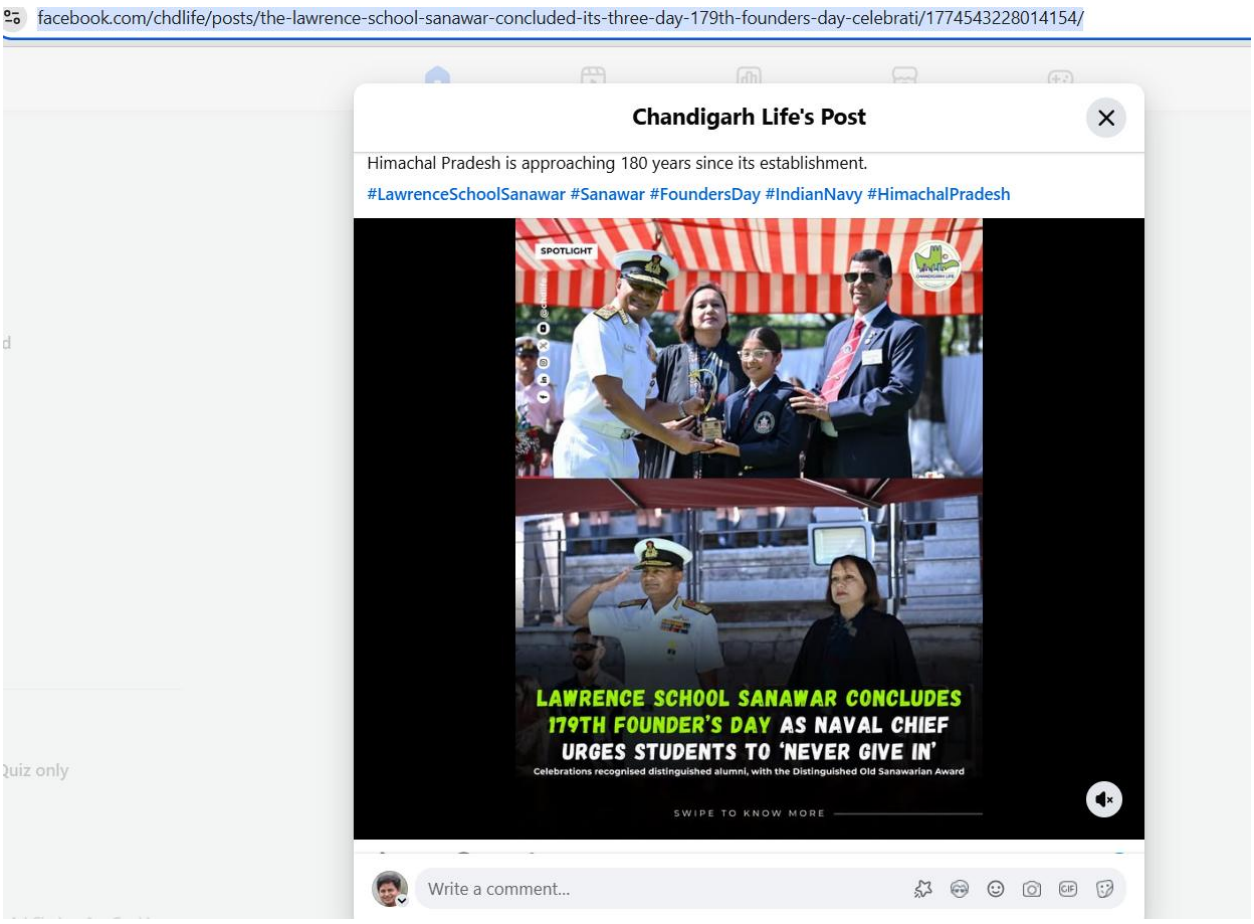
Punjab Kesari (English)

https://english.punjabkesari.com/india/navy-chief-to-attend-lawrence-schools-concluding-event/



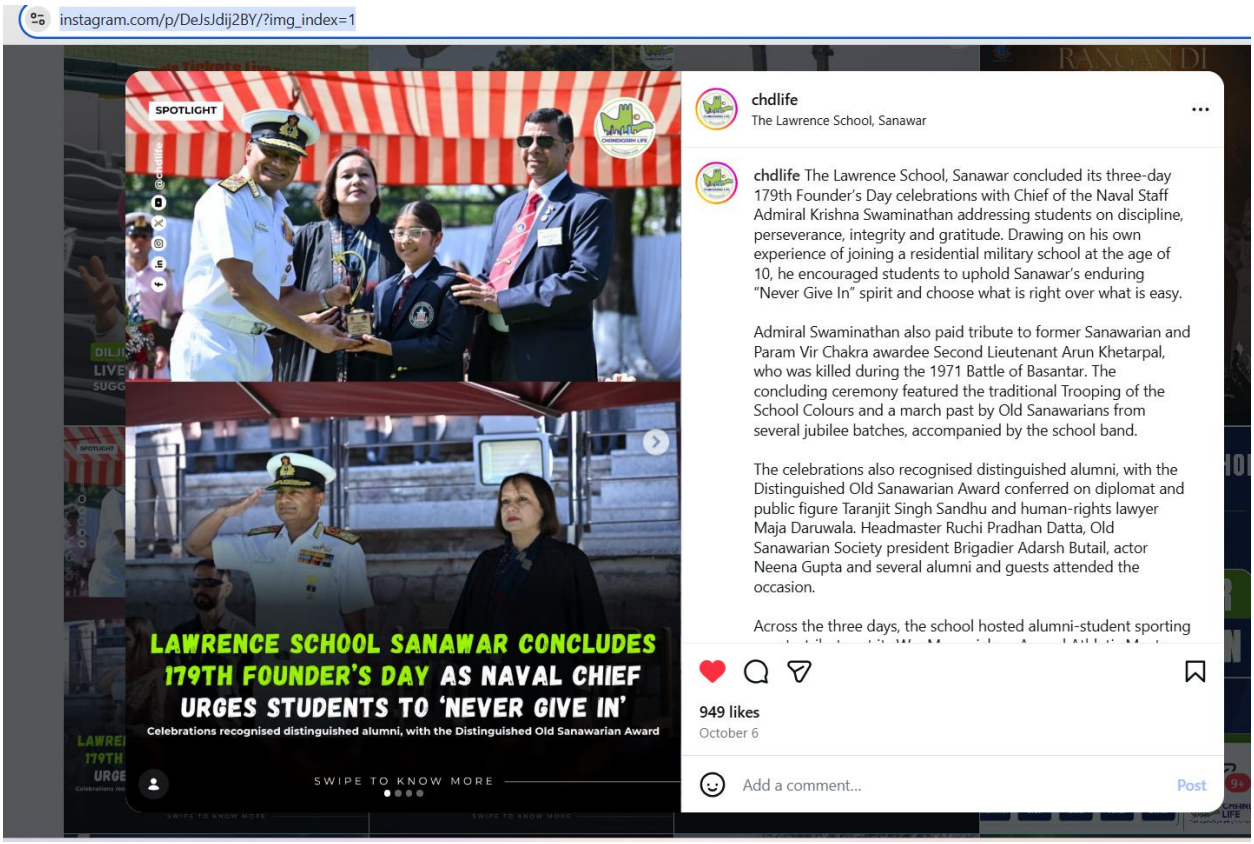
Chandigarh Life (Facebook)

https://www.facebook.com/chdlife/posts/the-lawrence-school-sanawar-concluded-its-three-day-179th-founders-day-celebrati/1774543228014154/



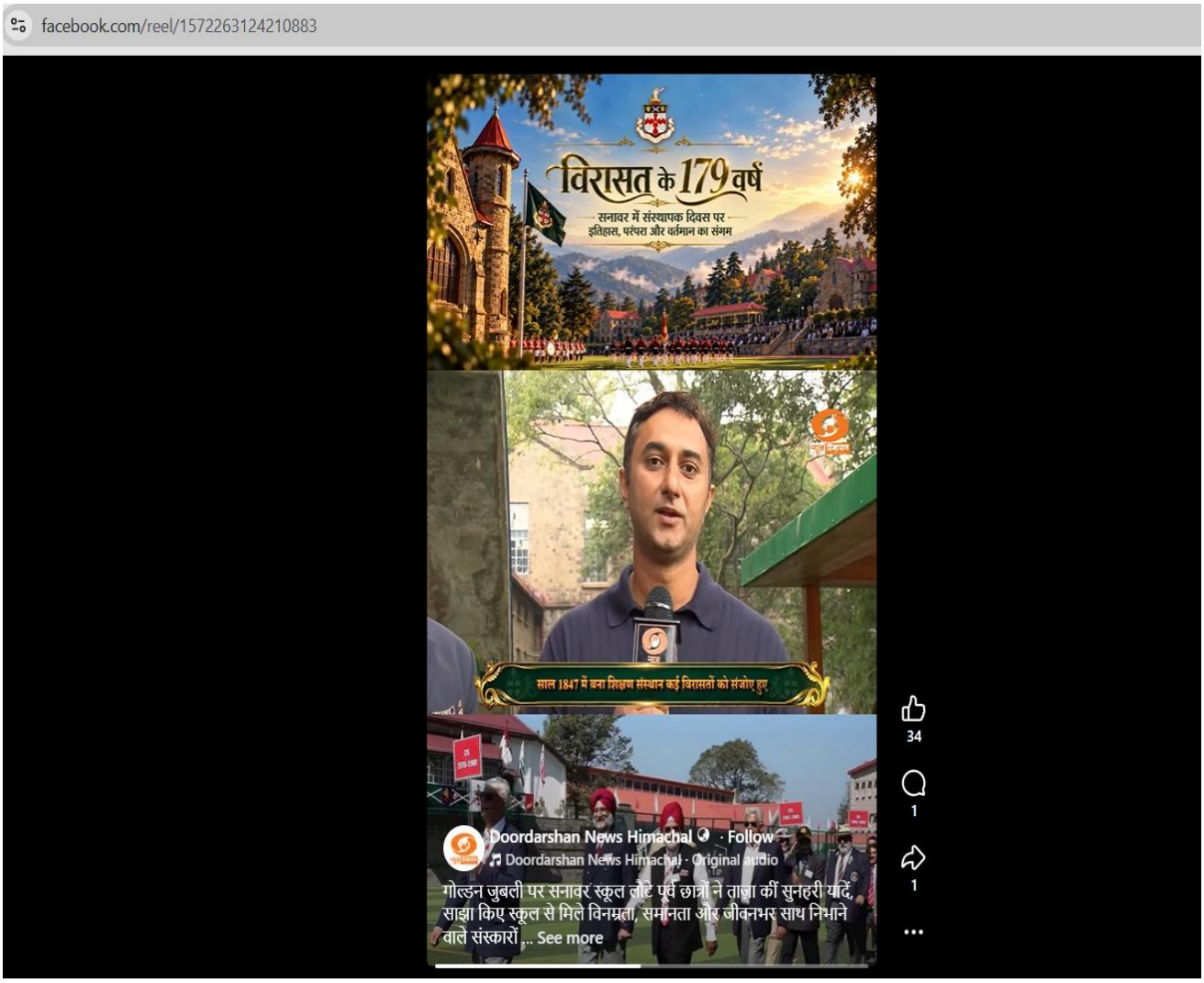
Chandigarh Life (Instagram)

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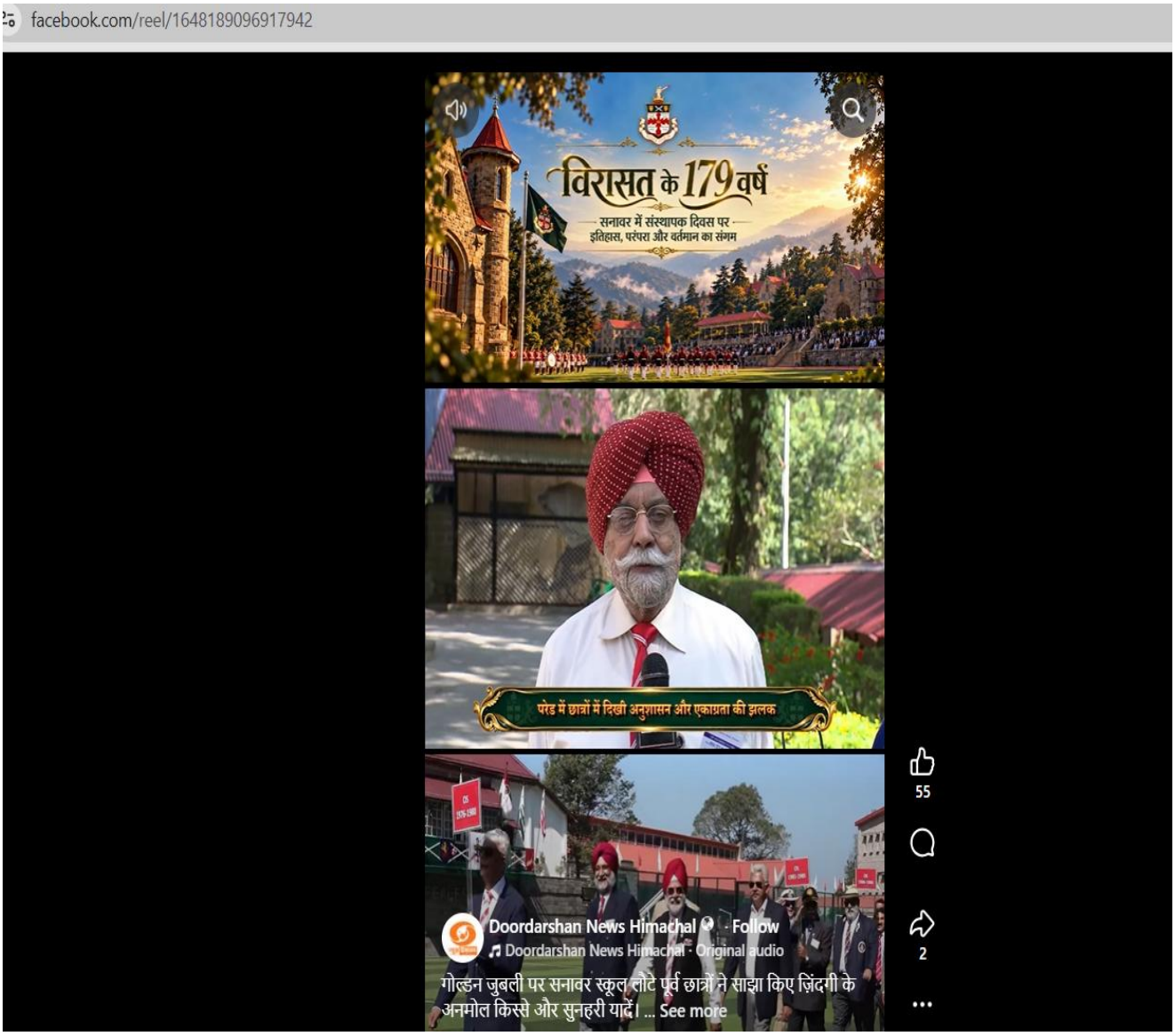
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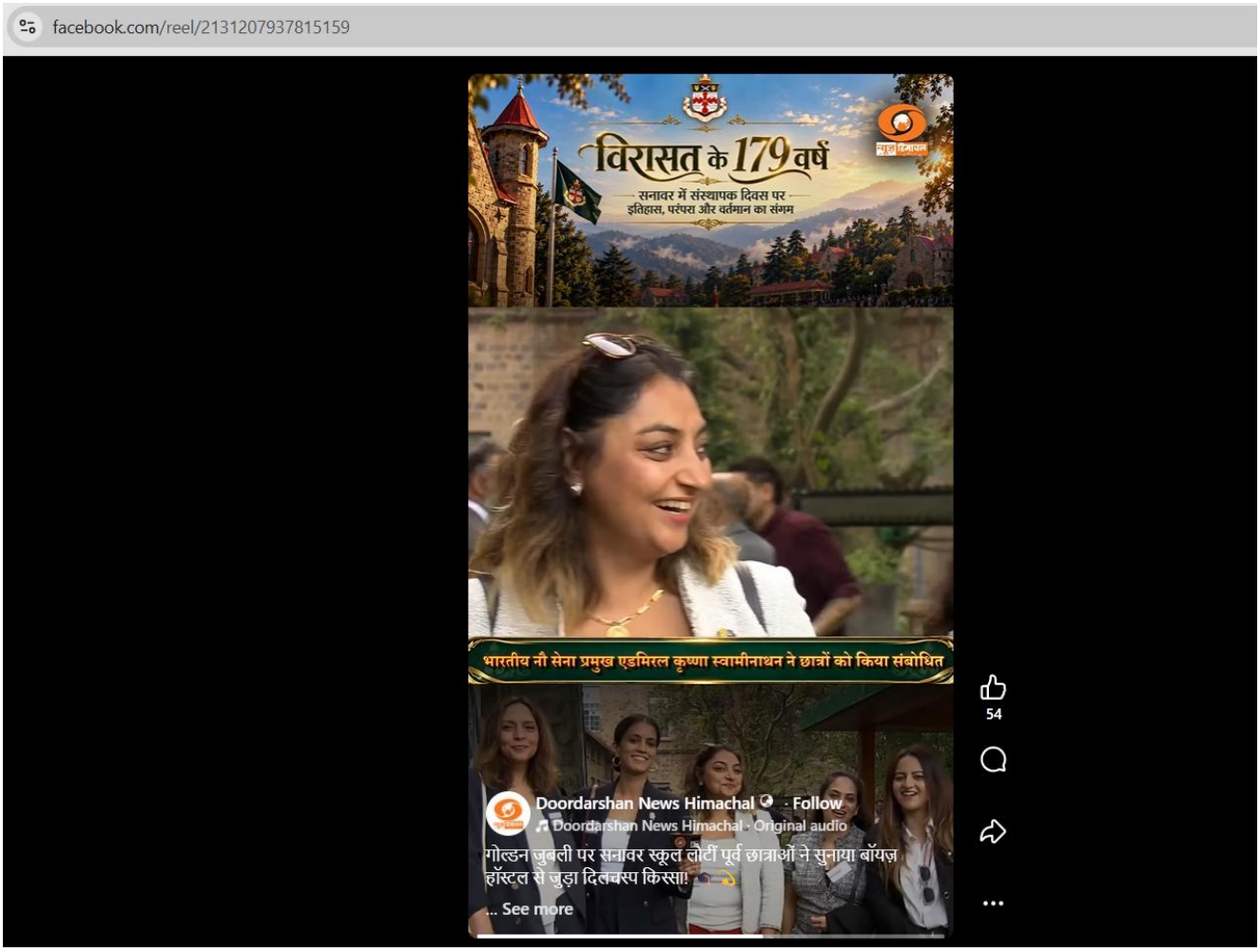
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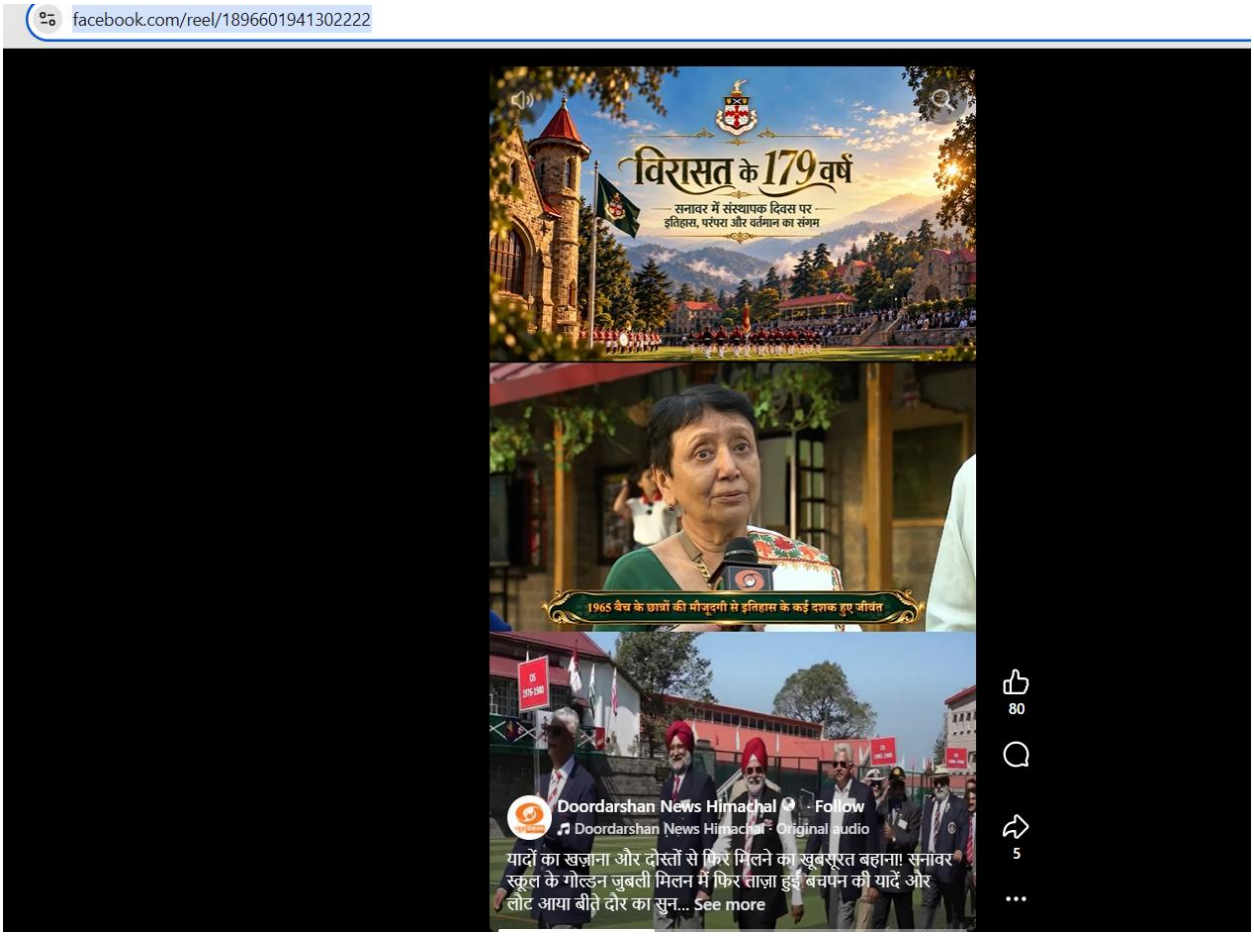
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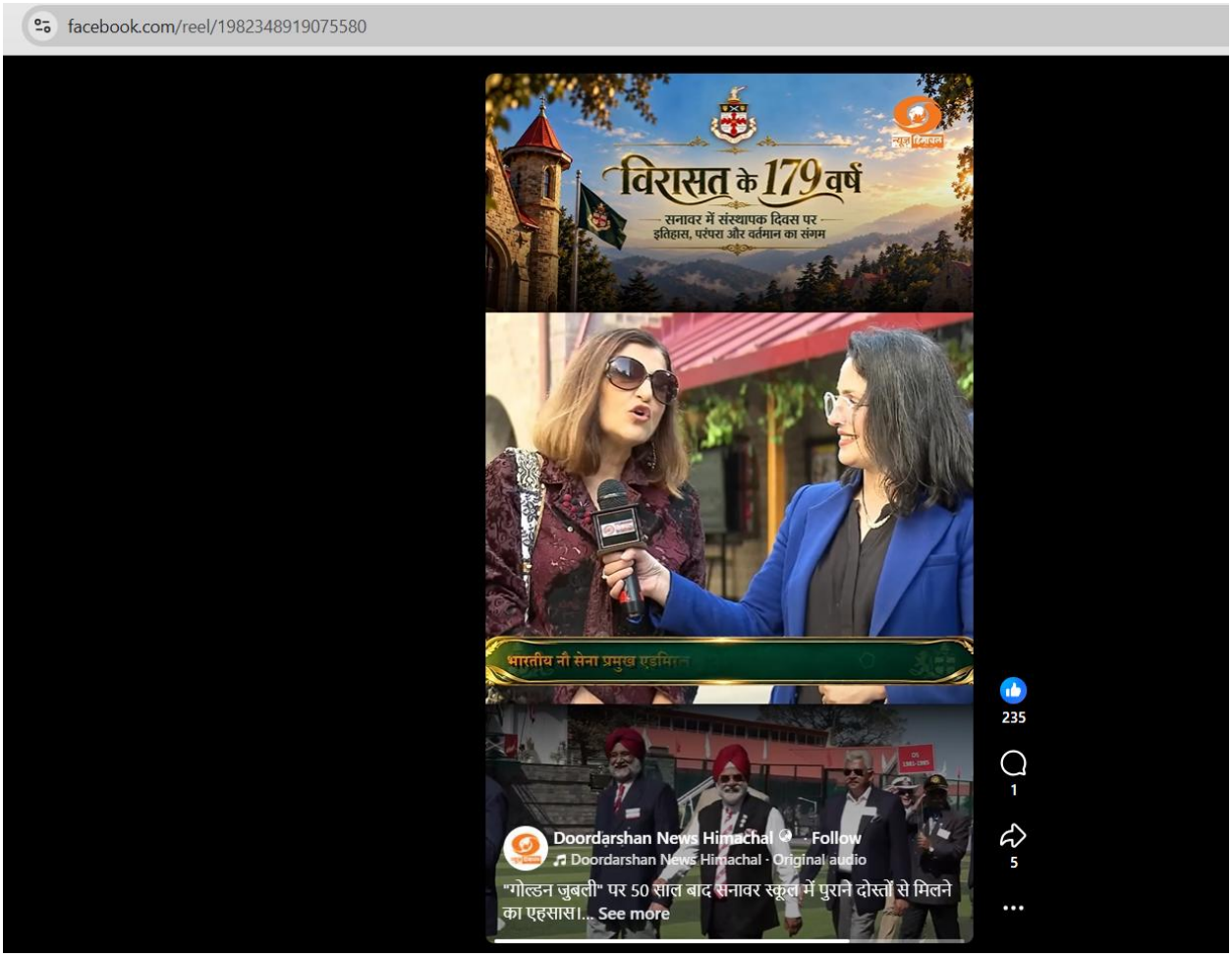
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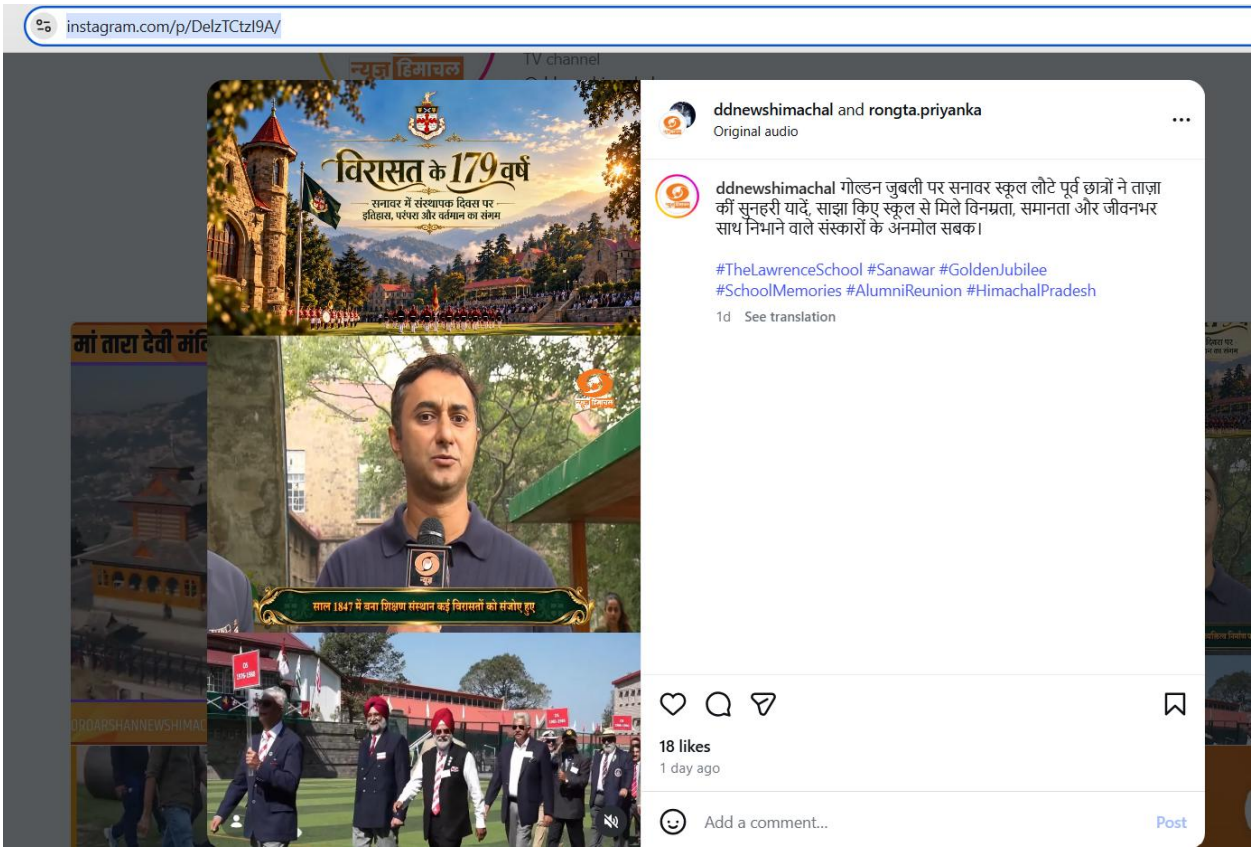
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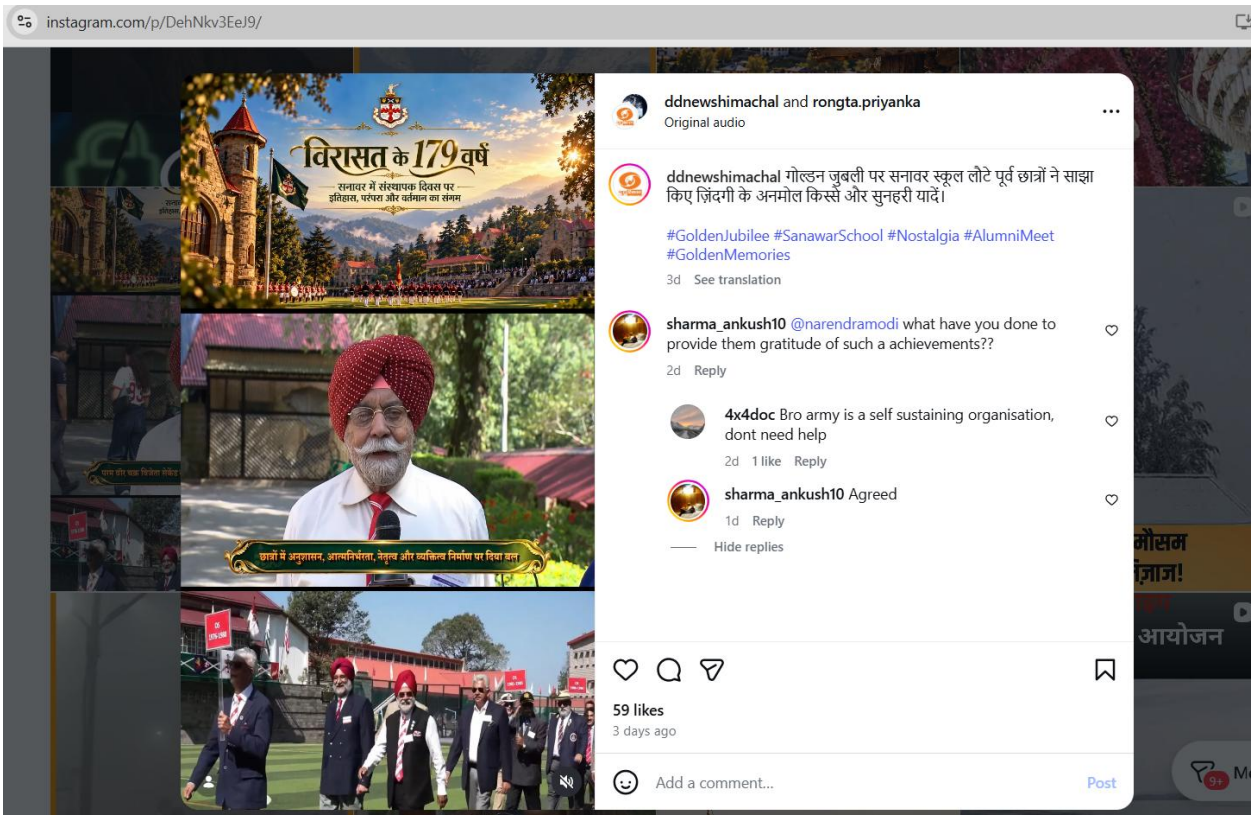
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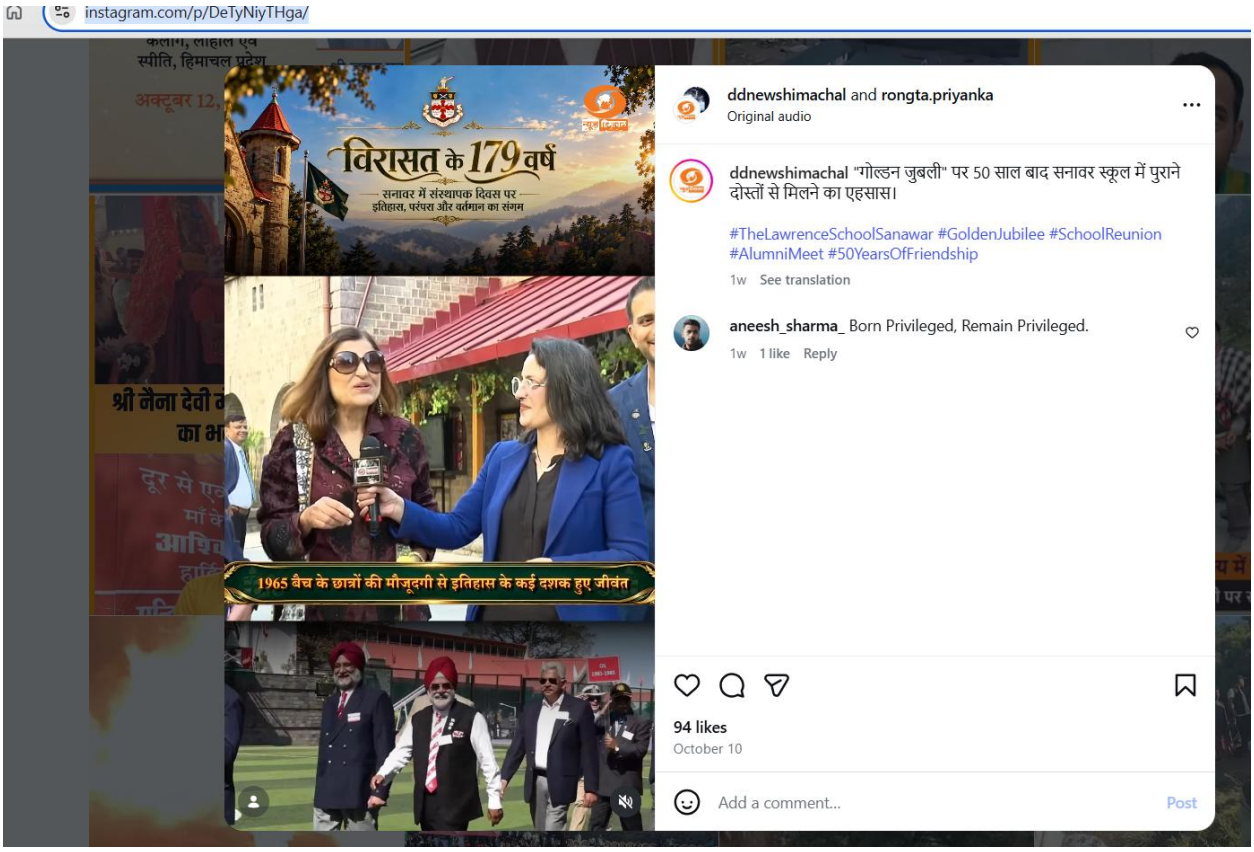
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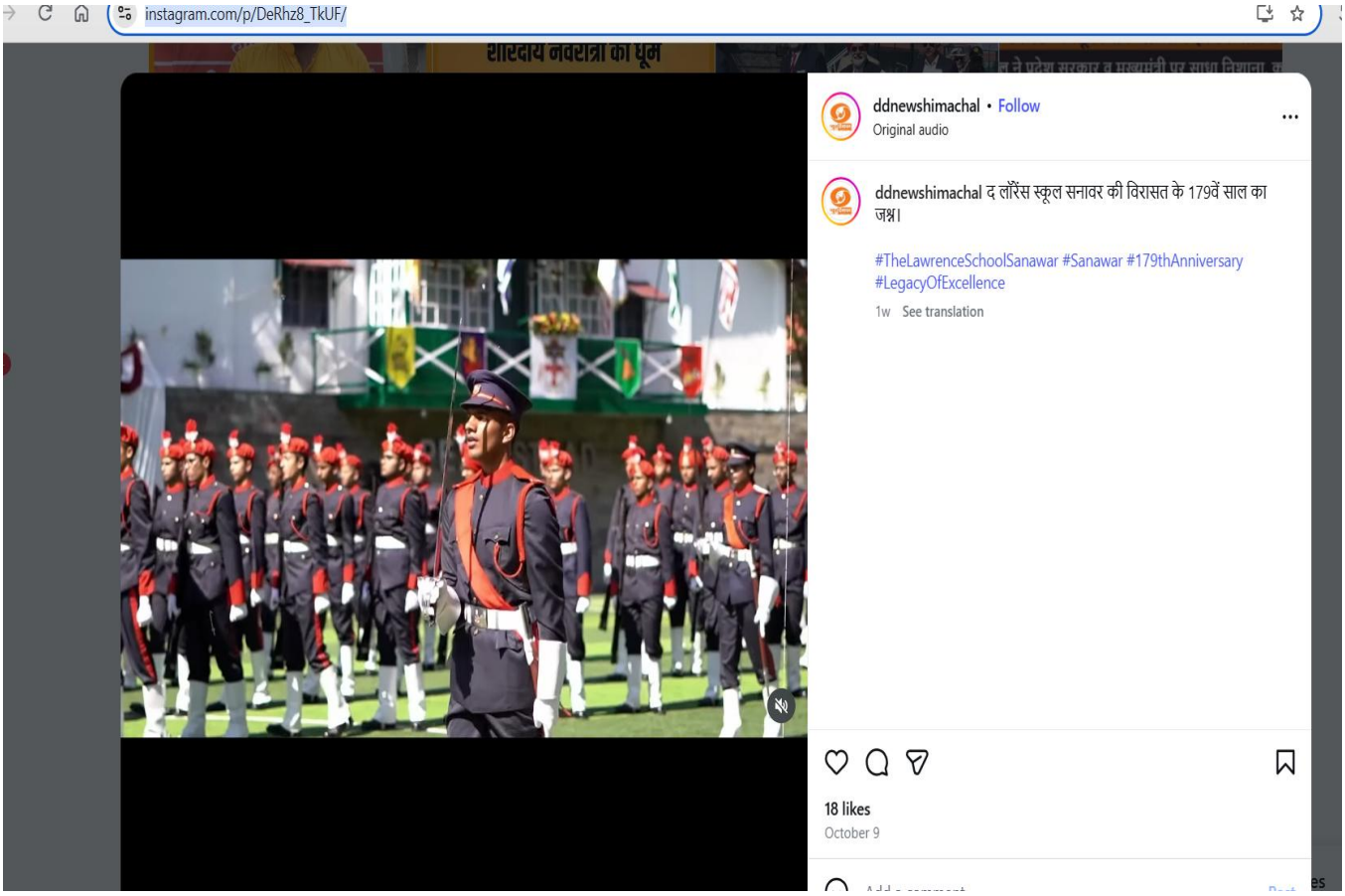
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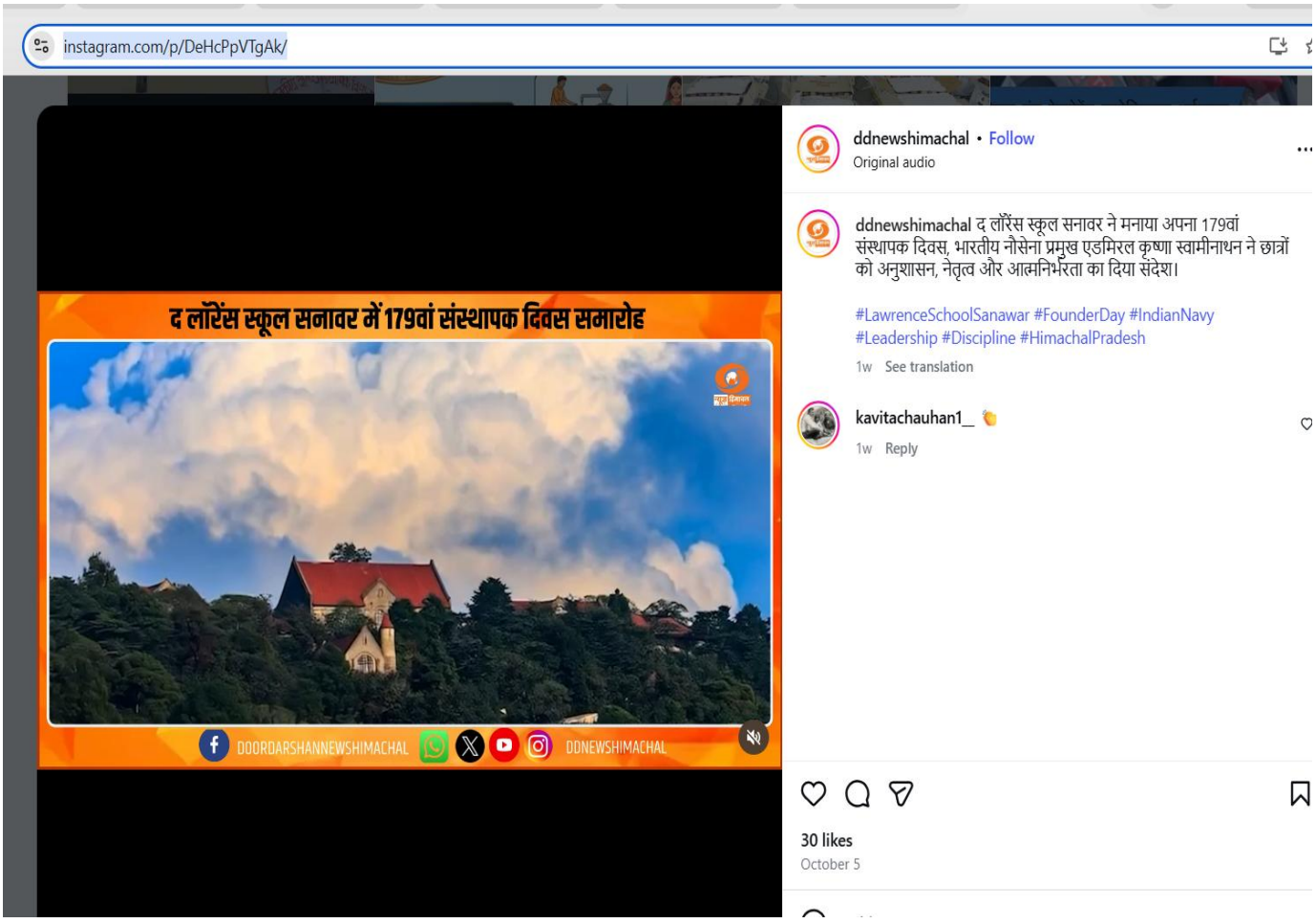
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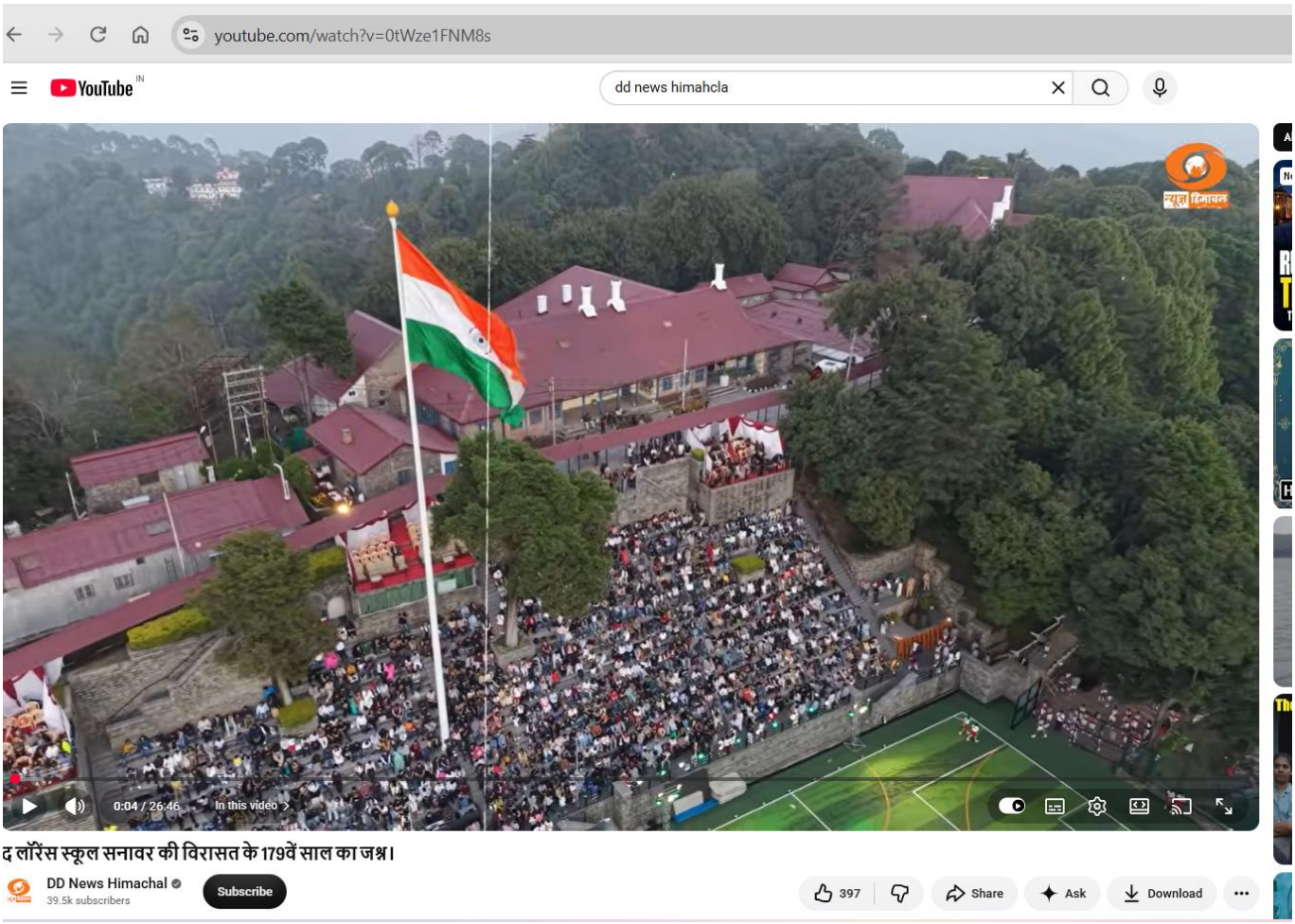
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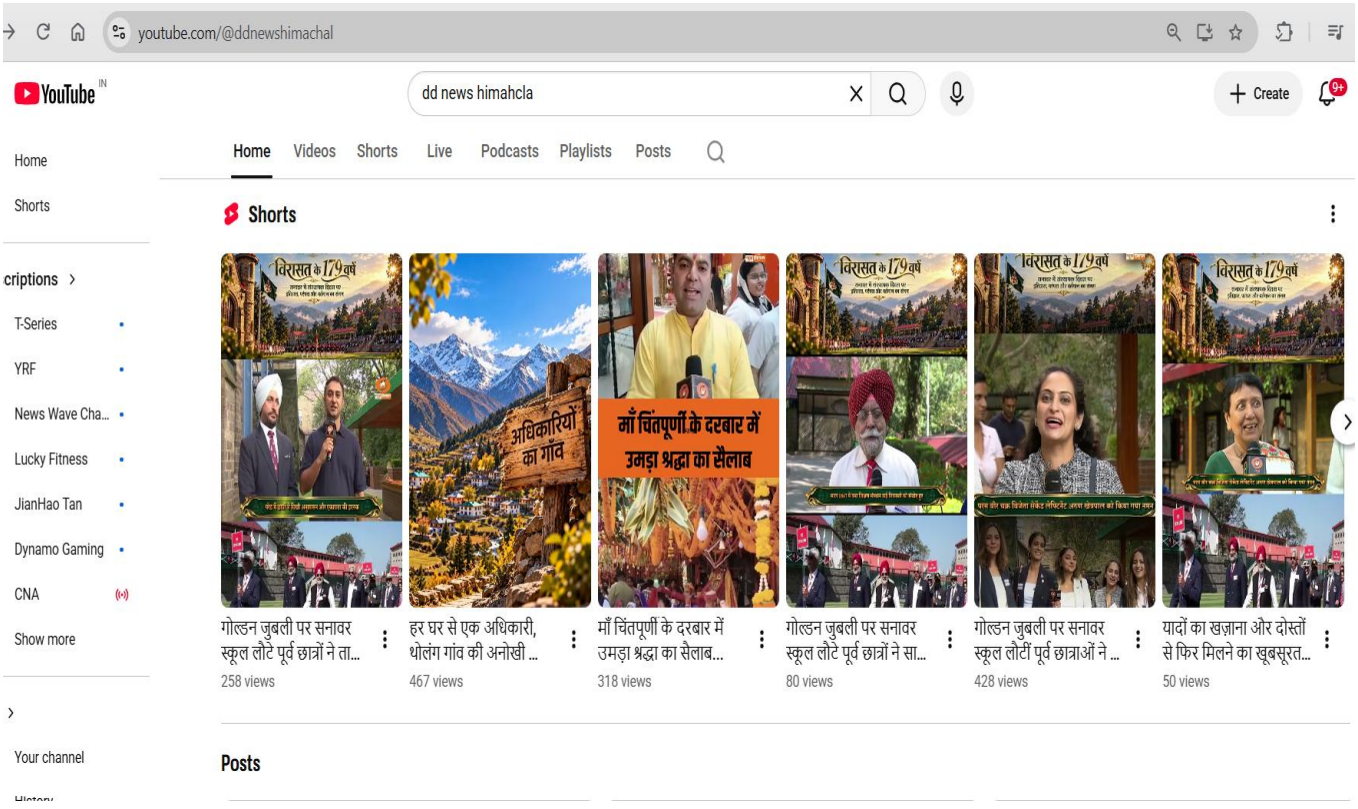
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https://www.youtube.com/watch?v=0tWze1FNM8s



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https://www.youtube.com/@ddnewshimachal



Hindustan Times

A walk down memory lane



Admiral Krishna Swaminathan, Chief of the Naval Staff and headmaster Ruchi Pradhan Datta



Celebrations were marked by a ceremonial march past

The Lawrence School, Sanawar wrapped up its 179th Founder's Day on Monday after three days of high-energy celebrations. The grand finale saw Chief of the Naval Staff **Admiral Krishna Swaminathan**, PVSM, AVSM, VSM, as the Chief Guest, who shared valuable life lessons on discipline, integrity, and perseverance with the young crowd.

Speaking to the students, Admiral Swaminathan urged them to choose a meaningful path and do what is right. Reminiscing about his own boarding school days from age 10, he spoke about how residential life builds character through academics, sports, and friendships.

The day featured the traditional Trooping of the School Colours and a lively march past. Old Sanawarians from the jubilee batches of 1956, 1961, 1966, 1971, 1976, 1996, and 2001 marched alongside the school band, drawing loud cheers from the audience.

Top performers were awarded for their academic and extracurricular achievements. The event, which brought together over 700 students, kept the campus buzzing with sports, alumni reunions, cultural shows, and the Annual Athletic Meet. HTC