Section I: From the Headmaster

Dear Parent,

At the outset, on behalf of my wife and myself, I like to wish you and your family a happy and prosperous New Year. I hope you have good health, happiness, success and peace throughout the year.

Life in Sanawar without children is very dull and boring but as we all know that a break or a holiday is a must to come back rejuvenated, happy and energized. I hope your children too must be enjoying their holidays, so as to come back and give in their best in all the fields of life at S’na.

This year many teachers left due to personal reasons. Some left as their children had completed their schooling, while others went on promotion and two retired. I am happy to write that when your child joins back all teachers will be in place as we have just completed all interviews to fill up the vacancies.

Parents are requested not to permit their children from carrying mobile phones, hair dryers, I-pods, and other electric gadgets. Also do not send ‘Tuck’ or ‘Cash’ with your child as it leads to other vices and is against school rules. Leave will be sanctioned for three days in case of marriage of real brother and sister only. A child returning late after any such leave or any other leave like SOP will be dealt with. I seek your co-operation in inculcating discipline in your child by following school rules. I would appreciate if boys come back to school with a smart short haircut, and girls shorn off unnecessary jewellery.

I’m worried about some children not taking their studies seriously. Quite a few failed in their annual examination, and therefore are reappearing in some subjects before the school re-opens. I hope they are studying hard if they want to pass and carry on in school. In the changed scenario of today, academics is of prime importance. In order to help senior students of science, we are trying to introduce VSAT shortly. Once again like last years we will be calling these students during their summer vacations for extra classes, which carry on for other streams as well throughout most of the year.

In the end, I would like to assure you on behalf of the Board of Governors, staff and myself of our best efforts in raising standards in academics and discipline in school and seek your co-operation for the same.

Sanawar Success Summit

The Savile Row Sanawar Success Summit was organised by the Old Sanawarian Society at Hotel Crown Plaza, New Delhi on 3rd Feb. 2008. The function was a welcome and timely initiative of the OS Batch of 1987 with an aim to involve the OS, Sanawarian Fraternity, Sanawar Teachers and Present Sanawarians for the good of their alma mater and the well being of Sanawar Fraternity. The theme of the Summit was “Attitude for Success”. The Summit was sponsored by Savile Row Co. London (a Forbes Group Venture).

Headmaster’s Welcome Address

I like to welcome the initiative taken by the Old Sanawarian Society/OS batch for hosting and arranging this summit, where successful O.S. will speak on the “attitude for success”.

Education is not a question of just learning history, geography and physics, but more importantly learning the right values, principles, teamwork and forming a strong character. It’s a preparation for life.

In my journey as a teacher at Sanawar, from a master to housemaster, Senior Master, Deputy Headmaster and finally now as Headmaster, I have had to take some important decisions along the road and none of these decisions ever involved intelligence; instead they had everything to do with character. What is right, what is wrong, the difference between the two. The ability to withstand pressure as opposed to trying to be popular. In short the strength to walk the straight and narrow
path. It is never easy, but the long term benefits are immense. What always kept me going was our school song, specially the words, "somebody has got to stop the rot, and why not you?" "If you uphold Dharma, Dharma upholds you!" Sometimes it helps to find time for oneself and seek strength and answers from within oneself. They say if you know yourself you know the world and if you can control yourself, your mind specially, you can control a lot of things around you if not everything. It's not good enough to just skim across the surface of life. It's necessary at times to plunge into the depths of your being and raise the level of your consciousness. It's a journey, worth taking, to touch the core of your being because it rekindles the divinity in you. All this has helped me in my journey through life so far and I feel successful because S'na is doing well in all fronts. There has to be an external as well as an internal growth together at the same time for success to be really long lasting and meaningful.

Some common attitudes/points for success which come to my mind are dreams, (if you can dream it you can do it) desire to do something big, hard work, will power, faith and the 'never give in spirit.' But if I had to pick one quality, over and above all these it would be passion. How strong is your desire to succeed. What is the intensity of your intention. To quote Somerset Maugham "It's a funny thing about life. If you refuse to accept any thing but the best; how God and nature conspire to make sure that it happens." A strong will creates positive energy which creates, a magnetic field around your self. Perhaps connecting you to your goal, as if you attract what you want. Not many know what exactly they want? And when you want too many things you get scattered. You become ineffective. Someone very wisely said that there are three categories of people:

(a) Very few who make things happen.
(b) Many who watch things happening.
(c) An over-whelming majority who do not know as to what happens.

You have got to know, what you want and go for it with the belief that it is yours. If you trust the winner within you, you will win. In the end I like to quote Javed Akhtar.

"Jindagi hai to khawab hain, raaste hai to manzellein hain,
Manzellein hain to raaste hai, raaste hai to muskheelein hain,
muskheelein hain, to honste hain,
honste hain, to vishwas hai,
aur vishwas hai to jeev nishchay hai."

Of late more and more O'S are coming to the aid of their 'Aima Mater' whether it is in the purchase of a bus, or renovating Peacedent. Ours is an 160 years old school which needs repair. We need a science block. I need your help for the same and promise total transparency in the way we spend your money.

With this I conclude my welcome address. Thank you.

Section II: From the Students

Head Boy's Speech
Rishi Srivastava, U-VI

Today I would like to speak on what it feels to commence my last year in Sanawar. I joined Sanawar 5 years ago. And I don't think that I would have ever thought of being the Head Boy and standing here before you. To me this is a dream come true. I know that there are a lot of expectations from the batch to make sure that the school does well, but initially I was terrified. For the first time I was scared to do something which I had opted for. But now having begun this year I am very confident that our batch will not disappoint anyone of you. We will do everything we can to make sure that the school flag flutters high. Last year was a very good year for Sanawar. We practically did everything right. We excelled in almost every field. So this year we are going to raise the bar. We are going to be eager to achieve and hungry for success. This year we will be focussed and we will succeed because "CLEAR EYES AND FULL HEARTS" can't lose. And finally my fellow batchmates, we have been in Sanawar for a very long time and I am sure that Sanawar has done a lot for us, I think it is time that we, as responsible U-6ers do something for Sanawar.

Thankyou.

Head Girl's Speech
Anjna Gyanl, U-VI

At the very onset, let me say that it is an honour for me to be addressing you all as your Head Girl.

I feel proud that the Headmaster and other members of the staff have reposed their faith in me and given me this responsibility. In saying that I shall leave no stone unturned in executing my duties and I hope to live up to their expectations.

Sanawarians have always been known for their high standards of discipline and we should all work together to keep the tradition going. I honestly feel that there is nothing we all cannot achieve together and I do hope and expect every one of you cooperate in maintaining the perfect level of decorum in school.

During school it is our age to learn. We all must make learning a continuous process. I fact to be successful we must make it a way of life. We must allow ourselves to undergo this process of learning which this wonderful school is making us undergo.

Let's show the world what Sanawar is truly capable of and that the last year was just the beginning of our success.
It is up to the Upper Sixers to inspire the rest of the school and take Sanawar to greater heights. In this way we will be able to make a difference and leave our mark. Since it is our last year, we must enjoy it to the fullest, keeping in mind that we must also serve as good role models for everyone else. The Lawrence School Sanawar is undoubtedly by far "The Best School of All" we are all privileged to be a part of this great institution and it is our moral duty to make our school live up to its reputation of indeed being the very best.

So let's work together and complete what we set out to do to keep the school always on the highest pedestal, which it so richly deserves!

Deputy Head Boy's Speech
Aleksh Sanghara, U-VI

During the winter break many people asked me, "Oh! So you are the Deputy Head Boy of the Sanawar!" And I proudly said 'Yes'. But there is a story behind it.

In 2001, a nine year old boy came to this school knowing absolutely nothing about Sanawar or life. (In short he was too protected). From there on the journey began of a boy who is now standing in front of you as your Deputy Head Boy. Every time he fell he got up stronger to push himself to the limit. Every time he had tears in his eyes he had some one to wipe them off. The way I am, the person I am is all because of Sanawar and my parents. The contributions Sanawar has made to my life are countless. The character, ethics, values, I have all imbibed from this place.

"What is Sanawar?" Some say it's a school, an institution, heaven, etc. But after spending seven years here, I say Sanawar is just 'Sanawar'. Don't term it as heaven or paradise. How people pray that after they die they want to go to heaven, I say I've already been to a place which is far more beautiful than heaven in my eyes. This is for every one present here whether student or teacher. When you come into this school, it is a blessing bestowed upon you by God. (You are the chosen one).

When you leave Sanawar make sure you leave a mark behind so that people remember you most importantly as a good person and a person who has contributed to Sanawar. Sanawar is not just buildings, Barnes, Birdwood, etc. Each one of you make or break Sanawar. "You are Sanawar". Now I would like to ask you what does 'Never Give In' stand for? In short it is the "Never say die spirit". During these seven years I've experienced it several times. Just one incident which will always be with me is when we were losing in soccer to Sherwood, with 3 minutes left to end the game, any team in the whole world would have said that its over, too late, but we pressed and pressed and got the equalizer and we were victorious. In the end I would just like to say:

"You have to win at any cost, be prepared to pay the price because victory is never cheap".
"Never Give In".

Sorrow
Ranjeeet Singh, U-VI

Your heart beats fast enough to ache,
You try to sleep but remain awake.
You try to think of tomorrow,
But only think of your sorrow.
Time seems to remain still
And you feel very ill.
You can't remember the joys of yesteryear,
And only remember the the time of sadness and fear.
You forget about today and tomorrow,
And only think of your sorrow.
In time though you'll feel better again,
What caused you sorrow will cause no more pain.
You'll remember what has to be done tomorrow,
And you'll forget what caused you sorrow.

Interesting ??...!!!!
Akur Dahlia, U-IV

Do you agree? Explore this unique feature of the English Language:

Letters 'a', 'b', 'c', & 'd' do not appear anywhere in the spellings of 1 to 99 (Letter 'd' comes for the first time in Hundred).

Letters 'a', 'b' & 'c' do not appear anywhere in the spellings of 1 to 999 (Letter 'a' comes for first time in Thousand).

Letters 'b' & 'c' do not appear anywhere in the spellings of 1 to 999,999 (Letter 'b' comes for first time in Billion) and Letter 'c' does not appear anywhere in the spellings of entire English Counting.

Inter House Senior English Debate
Apoorva Tehlan, U-V

The Inter House English Debate was held on 10th March '08 at Barne Hall. The Debate was conducted in the modified version of Cambridge format. The topics for the same were as follows:

1. "T.V. News Channels can't be subjected to government censorship."
   For :- Vindhya
   Against :- Nilagiri

2. "Violent protests are the best way to Arm Twist the government."
   For :- Siwalik
   Against :- Himalaya
The results are hereunder:

Individual Positions

Third:—shared by Seerat Singh (NGD) and Arushi Dingra (VGD).
Second:—Phagun Rishi (HGD).
First:—Aman Jamwal (NBD).
Best rebuttal: Saurya Pahadi (HGD).

House Positions

Fourth: Siwalik House
Third: Vindhya House
Second: Nilagiri House
First: Himalaya House

Section III: From the Academic Staff

Prefects B.D.—2008
Offg. Senior Master (BD)

Head Boy
Deputy Head Boy
M.I. Prefect
Himalaya House
House Captain
School Prefect
Senior Junior
Junior Junior
Nilagiri House
House Captain
School Prefect
Senior Junior
Junior Junior
Siwalik House
House Captain
School Prefect
Senior Junior
Junior Junior
Vindhya House
House Captain
School Prefect
Senior Junior
Junior Junior
Holding House
Himmat S. Gill
Holding House

Prefects G.D.—2008
Senior Mistress (GD)

Head Girl
Deputy Head Girl
M.I. Prefect
Himalaya House
House Captain
House Prefect
Holding House
Prefect
Nilagiri House
House Captain
House Prefect
Holding House
Prefect
Siwalik House
House Captain
House Prefect
Holding House
Prefect
Vindhya House
House Captain
House Prefect
Holding House
Prefect
Sport’s Coordinator
Academic Coordinator

Samveda—A Meaningful Experience
Binita Rishi, Faculty of Humanities

I was fortunate enough to visit Samveda Training and Research Centre in Davangere, Karnataka for about a fortnight in January 2008. Samveda, an NGO specializes in rehabilitating students with learning as well as other disabilities. Its also does extensive research in the field of Special Needs Education and its work has been recognized by the Ministry of Human Resource Development and Educational Consultants of India Limited, New Delhi. It has also been acknowledged and encouraged by UNESCO. This organization is doing commendable work in the field of Special Needs Education in South India.

In the time that I spent there I worked closely with the faculty and students, picking up valuable and useful tips on intervention techniques to be used to help students with learning problems. Working on the concept of ‘inclusive schools’ my entire focus was on picking up skills that would help me to integrate all kinds of academic underperformers into mainstream school curriculum without segregating them in any way. It also meant to give additional instructional support to these students in
context to regular school curriculum that is followed by all the students in school. Going by the ‘World Declaration on Education for All’ it’s imperative that we ensure a child centered approach so that successful schooling of all children can take place. Working with the students gave me a deep insight into their perceptions and cognitive levels. It sensitized me to their needs and to work with them keeping in mind their individual learning styles.

I stayed in the hostel with the students who had conditions ranging from Dyslexia to more serious ones like Autism and Cerebral Palsy. I was amazed at the exceptional qualities exhibited by these children and was deeply impressed by their positivism and spirit of ‘Never Give In.’ I found these children to be the happiest and most hardworking lot, always striving to achieve. This attitude that they imbibe in Samveda prepares them to live a respectable and meaningful life once they leave this institution. The teacher in me realized that if our students cannot understand the way we teach, then it’s time we mould ourselves to teaching in the way they can understand. If this means walking that extra mile then be it so, for there in no greater satisfaction in our profession than to be able to reach out to our students and change their life for the better. I am very grateful to our Headmaster Mr. Praveen Vasisht and the School management who encouraged me to undertake this trip. This experience has changed me irrevocably and I hope to use all that I have learnt in Samveda to help our students in Sanawar.

My Tryst with Sanawar

Abhimanyu Sen, French Language Teacher

Year 2007 was a bright New Year for me. After two rounds of interviews in 2006, I knew that I had been selected for the French Teacher’s Post in the Lawrence School, Sanawar. A great sense of elation filled my heart and with excitement and apprehensions I reached my new destination. My first year, particularly, the Spring Term, was a witness to many ups and downs. From a world of teaching and interacting with adults, I threw myself voluntarily into a world of kids and with great optimism I launched myself into my new career as a school teacher. At the outset, it was sheer romanticism: superb campus, breathtaking beauty all around, pollution free atmosphere! But sooner than expected, I was confronted with a sense of trauma. What indisciplined children! I told myself that I had never seen the like of them ever before! The children seemed to take full advantage of my weaknesses and I drowned myself in frustration and misery.

Little did I realize that I was dealing with kids. The approach had to be very different—a balanced one, which meant understanding a child’s psyche: patience, love, tenderness mixed with a little firmness was to be my new motto. A teacher has to love children, needs to be with them in their myriad moods and temperaments without which a student and a teacher can never have any bond or rapport established between them. Self introspection helped me to comprehend various manifestations of child psychology and I realized that I was in the right place. God had sent me to Paradise, which is Sanawar. Today, teaching kids gives me greater satisfaction and joy than dealing with adults. Sanawar is helping me to grow and become mature. Needless to say that this place grows on you, undoubtedly.

Long live, Sanawar!

Result of Graded Examinations in Spoken English—2007

Mrs. K. Valiya, Coordinator GESE

The GESE is a series of tests that assesses students from their first step in English to near first language fluency. Interested students from L-III to U-V classes sat the exam in November, 2007 conducted by Trinity College, London, UK. The students were tested by Ms. Christine Portman, an examiner nominated by Trinity College, London. 78 students sat the exam, out of which 25 students attained Distinction; 36 got Merit and 17 passed respectively. The Distinction holders are namely:

Trinity College, London GESE 2007

<table>
<thead>
<tr>
<th>S no.</th>
<th>Rollno.</th>
<th>Name</th>
<th>House</th>
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Section IV : FROM THE FACULTY OF SPORTS

Cricket Festival Match
Alekh Sanghera, U-VI

It was a beautiful Saturday afternoon on 23rd Feb, '08. Though due to bad weather in the morning the match was doubtful, but the weather cleared up and it was an excellent atmosphere for a cricket match between the staff and school XI. Mr. Vasishth was introduced to the teams and Parul Chhabra won the toss and elected to field. It was the new age 20-20 wicket match. The young guns were all fired up and ready for the game. In the very first over Akash Bansal took an impressive catch in the slip. From there on Mr. Deepak Sharma (terror) gifted his wicket to Parul. Then came a brilliant performance by Mr. Ravi Kumar, a commendable 44 runs which helped them get a score of 107. He got run out and the boys were all relieved. At the end of the innings Parul and Alekh Sanghera grabbed 3 wickets each. It was an excellent effort put in by the boys on the field where they were always on their toes. There were some amazing catches taken on the field. With a target of 107 runs, Rishi Shrivastava and Rajan Jammu went into the field. Rajan fell to the bowling of Mr. Rampal. Leading from the front, Parul Chhabra scored a brilliant 38 not out with his partner Rishi on the other end. Though it was a fantastic effort from the staff but the boys lived up to the expectation and beat the staff by 7 wickets. More than the match, it was the spirit in which the match was played. Though it was a small total to chase but the staff did not let the boys breathe. A match like this portrays the life in Sanawar and the very affable relationship between the children and the teachers.

Basketball Festival Match
Vaishnavi Singh, U-V

On the 29th February 2008, a festival basketball match between Sanawar girls and the teachers was set in motion. The senior team had Youden, Christina, Amanat, Shreya, Taruni and Aarti while the teacher's team kept changing players. Youden, Christina, Aarti, Shreya and Taruni were the first five players and the match began with Youden's impeccable first two baskets. The teacher's initial first five were Mrs. Bath, Mrs. Tehlan, Mrs. Rishi, Mrs. Cheema and Miss Mukherji. Christiana scored the third basket with Taruni and Aarti close at heels with one and three baskets respectively. Ms. Bakshi scored her penalty shot and another basket which made the count on the scoreboard, 11-03. For a while, the senior team left the count to the junior team, whose initial players were Saurya, Aafreen, Pallavi, Shagun and Harismit. With the number of the teachers increasing up to 9, our both the teams played really well. From the junior team, Saurya scored four baskets and Shagun scored one. Before the half-time, the scoreboard showed 26-03. After the half-time, the teacher's...
team managed their count to go up to 11 with Mrs. Dhillon, Ms. Mukherji, and Mrs. Rishi scoring a basket each. A little before the match got over, both the teams gave way to Dheera, Anjana, Manu, Arushi and Taruni. It was a really friendly and a hilarious match to play and watch. There were 5 teachers marking one person. Anjana scored one basket to give the Sanawar Girls a victory of 40-11.

Even teachers like Mrs. Tehlan, Mrs. Solomon and Miss Solomon played really well and Srinjini Hooda, of the junior team gave her contribution to the victory with 3 baskets.

**Cricket Carnival**

_Jap Dev Gill, U-V_

**Sanawar (First XI) Vs Kasauli Club**

9th March, Barnes Field

The Kasauli Club won the toss and chose to bat first. But their decision proved to be wrong as Parul Chhabra struck in his very first over. The Sanawarians were on a roll. They kept getting wickets and did not give away many runs and restricted the visitors to a 110 all out in 24.1 overs.

Now it was the turn of the home team to bat. Both the openers failed to give their team a good start. They crumbled but 'never gave in'. In the end they fell short by just 4 runs.

Parul Chhabra scored 36 runs and Srijan Nayak took 4 wickets.

**Sanawar (Atoms) Vs Pinegrove**

9th March, Pinegrove School

The Sanawar atoms, led by their skipper Manvijay Negi, won the toss and put the home team to bat. The Pinegrovians batted well and scored 164 for 9 in 25 overs. The highest scorer in their team was Romana with 53 runs.

The Sanawar openers failed to give a good start. Amod fell early followed by Jaideep who got run out due to his poor running. Ayushmaan and Sohail handled the situation for some time but sadly Sohail was out after his hard fought 23 runs. Sanawar was in a bad condition after Manvijay and Fatehbir fell in quick succession at 70 for 5 in 13 overs. But Ayushmaan and Vikram Rana played well and drove Sanawar to a close victory. Sanawar needed 5 runs in the last over and they did it in two balls. Manvijay Negi and Arush Puri took 2 wickets each while Ayushmaan and Vikram scored 68 and 38 runs respectively.

**Sanawar (Electrons) Vs Pinegrove**

9th March, New Field

Sanawar won the toss and chose to bat first. They fought well and scored 113 for 7 in 20 overs. The Pinegrovians did not bat well and could only manage 70 runs. A majority of their batsman couldn’t even managed a double figure score. Their highest individual score was 14 runs.

Sanawar won by a comfortable margin of 37 runs. Laya Bakshi took three wickets while Abhishek was the top scorer with 48 runs. Shrey Garg, Ayush and Abhay Tipnis took two wickets each.

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**Hindko ख़ंड**

प्रारंभिक समय में 19-3-2008 को विद्यालयों द्वारा जिम्मा कहा गया।

किनी ने बस कहा है—

मन के हारे हारे, मन के जीते जीत

जीवन जीना भी एक कला है। अगर कोई चाहे तो सब्जिया का सुख इसलिए बना सकता है। यह सुख यह भी।

साहसी और विचारण स्वतंत्रता असलीतताओं से संबंधित कुछ न कुछ सीखते हैं। असलीतता मिलने पर निराश होता है और मन को शक्ति और मन की शक्ति का काम करना बाप लोगों का काम है। जो व्यक्ति भ्रम नहीं, परिश्रम नहीं लेता, वह सत्ता या असलीत क्षेत्र होगा?

कौन नहीं जानता, राजा बूस की कहानी जिससे छोटे सी लड़के से ही विचारण और मन की जीत का संबंध है।

अपना बूस को ही देखो, बूस यदि काटा जाता है तो यह घर बड़े लगता है। भवन घटता है और फिर युवाओं के चाव व बदल जाता है।

सब तो यह है कि जो व्यक्ति मन पर विचार पाता है, अथवा मन से हारता नहीं, वह कोई निराला नहीं हो सकता।

इससे बढ़कर मन की शक्ति ही विचारण का कारण होती है। अतए यह बता यह कि जीवन मन की शक्ति है, इसे जीते लो।

अर्थ चोपड़ा

सातवीं

माता-पिता को सेवा करना,
उन पर कोई अहसास ना हो।
माता-पिता के चरणों से बढ़ती,
उनकी कोई धम म्यानी हो।
चरणों को छोड़ देने से से,
बार धम लीगों हो जाए।
बुझ सहना माता-पिता की कारतू, सभी हैं कोई अहसास ना हो।
वह जानते जो सनाबर है

इन विवाद पहाड़ों के बीच में,
महान नीले अभ्यर्थ के नीचे में,
चारों तरफ़ भ्रष्ट छूँ लहरे,
कहीं छोटे तो कहीं बड़े ।

प्रती: काल को जब छाया होता है शान्ति,
जब चिड़ियाँ भी आकाश नहीं उड़तीं,
तब सूनने में आती है पतली से कहीं की आवाज,
जैसे कहाँ चढ़ाते हैं वो गेड़ कोई सदियों पुराना रख ।

जब और दिन मिलता आता है,
जब भयन आकाश के उपर आ लहरा हो जाता है,
तब तर जाती है हर तरफ़ सख्तियमक,
आ जाती है हर सड़क पर भी बसक ।

इस जाती है जब समाधान भरी शाम,
तब तो इस विवादल में चलने पर नीं निमता है आराम,
जब दिन भ्रष्ट हो जाते है निमता है आराम,
तब तो वस चाँद-सितारों भरे आकाश का देखकर हो विल बहला जाता है ।

सनाबर में छड़े जब हज़ार बंदे ब्याले हैं युगलों अध्यात्म को,
लगता है जैसे सिरांकियों भरती है निवास कर रही होंहैं,
वो कहते हैं कि परवरत बसने जैसे सबउठते हों, ।
हर यहाँ हो तो हर पल बी बात जो और नहीं कहीं ।

मेघा बंसल, दिश्या गोयल

dastove
हम एक ऐसे राष्ट्र के नागरिक हैं, जहां हम कहने के लिए तो एक हैं, एकता से पूर्ण हैं किन्तु समाज का हिस्सा और ही विलसाता है। जब संबंध निर्धारण करने का प्रयास किया जाता है, तो हमें ध्यान देना होता है कि संबंध न होना हार्मोनिक राजनीति के विकास में आकर अपने ही लोगों पर हादसे होते हैं और उन्हें बेवफाई नहीं। संबंध में ही संविधान है और आपके जीवन में ही में समाज करने, तो एक तरीक़ा करना होगी। मुझे जीवन था कि मेरी सफलता जल्द-जल्द होने पर खुश होती हैं और एक साथ होने पर प्रभावित हो उठते हैं। जब किसी भारतीय भी यह बताई उसके रंग पर पिंपली करता है, तो उसके आग-बुझने हो जाते हैं लेकिन कि यह दे जाते हैं कि ये व्यक्ति और रंग नहीं हैं। अगर हम सेवा को सामूहिक तौर पर समझने करना हैं तो ऐसे दुयों भावनाओं को अपने दिल-दिमाग से निकाल बाहर करना होगा। हमारे भारत के विकास और प्रगति के लिए सभी हिंदुस्तानियों में एकता और प्रेम होना अत्यन्त आवश्यक है। हमारी संविधान, हमारा पर्यावरण और हमारा विचार, हमारे पूर्वजों की देश तो है ही, हमारी आत्मा बालों और चिकित्सा के लिए प्रशंसा भी हैं।

विनाक 22 मार्च, 2008 को हुई अस्वीकार कनिष्ठ हिंदी माध्यम प्रतियोगिता के विजेता इन दक्षिण हैं:

सदनगत परिणाम:

स्थान सदन
बरुपं निर्मलय
तृतीय नीलमित्र
द्वितीय विधि
प्रथम विशालक

व्यक्तिगत परिणाम:

स्थान नाम सदन
तृतीय हरित पोद्दार विधि
द्वितीय पलक होरा नीलमित्र
प्रथम अंतर्गत सर्वे विशालक

Editor in Chief: Mrs. Ashima Bath for English and Dr. S. Khan for Hindi.

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BOOK-POST
Section I: From the Students

7 Secrets of Success . . . .
Mayuk Chaddha, U-III

I found the answers in my room.
Roof said: Aim high
Fan said: Be cool
Clock said: Every min. is precious
Mirror said: Reflect before you act
Window said: See the world
Calendar said: Be up-to date
Door said: Push hard to achieve your goals.

Himalaya House Show—2008
Sonakshi Verma, U-VI

The Himalaya House Show was the first house show of all. Although, they got very less time to prepare for it but still they covered up for it by putting it up in a very organised and appropriate way. The list of items was shown through a slide show screened right in front of the audience. The first item was Orchestra that consisted of students from almost all classes playing different instruments. Then Mannat Tipnis sang a song ‘Dil Se Ek Anwaz’ that was sung with a lot of confidence. The classical dance ‘Ganga Behti’ was also performed in a very graceful manner. The band played the drums and trumpets very well on the song ‘Larri Chooti’. The holding house students sang ‘Raise Your Voice’ and also did a very enthusiastic dance on a Rajasthani song. There was a Hindi Play ‘Mad Doctor’ enacted by the U-4ers which was very funny and made the audience laugh to their fullest. ‘Powerless’ was a very cute dance performed by the L-5 girls and U-4 boys. It was different as boys and girls from different batches were dancing together.

Following ‘Powerless’ was ‘Step-Up’, which was a gap filler dance by the U-5 girls. The U-6ers did a play ‘Thanks Giving’ that was directed very nicely and—
 enactuated with a lot of confidence. It was based on an
episode from ‘Friends’. ‘Mokha’s Parliament’ was another funny Hindi play staged by the U-5ers.
Anubhav sang ‘Pehli nazarr’ that enthralled the audi-
ence with awe and delight. Meghnit sang ‘Pal’ which
was dedicated to the U-5ers and U-6ers. She sang it with her true feelings that made people emotional.
Last but not the least was the U-6 bhangra that re-
juvenated the audience completely. It was very
colourful and all the U-6ers danced with gusto and
zeal. Over all the Himalaya House Show turned out
to be a big success. The show ended with the
singing of the first verse of the school song.

Departure!
Vaishnavi Singh, U-V

I ain’t capable of being my own protection now,
as I’ve lost my own reflection somehow,
the wind blows faster than ever before,
my mind has no connection with my soul.

This cold wind keeps blowing,
making me feel numb and stupid,
I was heart broken and sad,
right-after I was struck by the cupid.

It’s an awakening inside me,
I’m rising up to see you near in the sky,
how could you just disappear,
by flying so high?

So now I don’t have any reason to live too,
I feel so free being departed,
from this world so untrue.

Death isn’t what I thought it was, before this,
it’s a good feeling, its like a bliss
and everyone has to go through this, after me,
as it’s something you just cannot miss.
A Trip to Kurukshetra
Kartik Sharma & Simran Choudhry U-III

On the 16th of March, ’08 the whole batch of upper-3 went for an educational trip to Kurukshetra. We got up early at six and were ready by 6-30 am. After that we took our packs and after a roll-call we embarked on our bus journey to Kurukshetra. After a long journey of about four hours we finally reached Kurukshetra by 11-30 am. The first place we visited was the “Panorama and Science centre”. It was wonderful. There was a tap running without any pipe. There were projects of how the Earth moves around its orbit. There was a floor which looked exactly like a scene of Mahabharata. We were also shown nitrogen gas which could only be seen at the temperature of—196°C.

The second place we visited was “Sri Krishna Museum”. It was based entirely on Krishna’s life and his exploits. There were magnificent statues in wood, bronze, brass and silver, paintings and models about Krishna’s life. We also saw Harappan seals and manuscripts on palm and birch leaves and bark of trees, and the things found by archaeologists like animal figures, toys, seals, pottery and silver pots. The Harappan jewellery and many more things we learnt about different schools of art namely—Bundi School, Basohli style and Rajasthani painting.

The place we visited next was the “Kalpana Chawla Science Museum”. It was a wonderful place. We were shown how Zodiac signs are made. We were shown videos of people in space. There was an incredible machine which showed human weight on other planets.

Lastly, we visited “Jyotisar”. It was the place where the Mahabharata was fought. Currently, it is a lake. We saw the mighty banyan tree under which Lord Krishna delivered the sermons of Gita to Arjun.

After that we boarded our buses and returned back to Sanawar. It was really an educative and memorable trip.

MOTHER
Yashaswini Singh, L-IV

A mother is a lovely gift from God, who always does our work, yet never gets bored.

We should worship our mother, day and night, and say she’s my mother, with lot of might.

A mother is a form of God on Earth, who has been a lovely fairy, from her birth.

Our mothers love us, from the depths of their hearts, for us, they can climb Mt. Everest, on small-little carts.

Who in the world can take the place of a mom, she always stays with us, even in our dorm.

A mother is a lovely gift from God, who always does our work, yet never gets bored.

Vindhy House Show
Amala Ramesh, U-V

Talent, professionalism, team-work, effort and dedication were the first five words that came to my mind after I saw the Vindhy House Show. Saturday, the 30th of March saw the Barne Hall embellished with poignant posters and fresh flower arrangement giving a sweet fragrance to the show.

The introductory dance followed by the Orchestra was a display of our rich culture. It required a lot of courage and confidence to stand on stage and sing a solo song. Nonetheless Akhil justified Kailash Kher’s “Allah Ke Bande”. The Gujarati dance choreographed by Mrs. Barik with bright and colourful costumes gave us the Navratri feel. This was followed by a skit by the lower fivers titled “Saare Zameen Par” a comical version of Bollywood movie.

The lower fivers staged the dramatised version of the poem “The Highwayman” by Alfred Noyes. The “Lost Silk Hat” an English play was a humorous display of acting skills by senior Vindyans.

“Tornado Trance” was a modern fusion of oriental classical dance performed to the rhapsody of western beats.” Thereafter, “Ronjo and the Angels” lightened the mood for the next big item “The Big Bang”. It was a hip hop dance by Karan and Sumeet that left the audience spellbound with their awesome performance.

Even the jazz dance by upper fivers followed by Bangra and western dance spurred up the spectators dancing instincts.

“Killer Joke,” the most applauded item of the evening got us all rolling off our chairs and brought tears of laughter in our eyes. There wasn’t a single soul who didn’t have a hearty laugh.

The show concluded with the traditional singing of the first verse of ‘School Song’ and thus the curtain came down at a truly awe inspiring presentation on stage by the Vindhyans.

The Missing Pony
Isha Bhatta, U-I11

Have you seen my little white pony? Shiny and faster than the wind. Running about and grazing in field. Did you get a glimpse?
Have you ever seen such a fine pony?
With hairs of pure white,
So radiant and glowing,
You can see her in the night.

Have you seen an innocent smile?
Those bright little twinkling eyes
That will gaze upon anyone who passes by.

Have you seen my little white pony?
Oh, I miss her so
So if you find her bring her back.
I'd love you to do so!

Workshop
Shaurya Bhalla, U-III

A workshop was organized on 12th and 13th April, 2008 by Magic Minds. Mrs. Supritha Gill was there to help us. First she introduced herself to us, then we introduced ourselves to her. Then we played a game in which there was a polythene bag with gems in it, there were different coloured gems, Supritha ma'am offered me some. I picked up one purple gem and she asked me to tell about the scariest moment in my life. I told her that the scariest moment in my life was when I heard the story of Maya at night. Then we did a play Ma'am divided us in 3 groups. I was in group two (2) There were around eight (8) children in a group. I was made a giant who brings red chillies from heaven. After that we had a mirror dance and my partner was Utkarsh Thapa, while I was dancing he was copying me because he was the mirror. After that we sang a song titled "Why friends are for?" At last I would like to say that I learnt many new things from this workshop. I would like to thank Mrs. Supritha Gill for helping us.

The Butterfly
Nupur Sahni, L-III

The butterfly likes to be dry,
If you hold it, it will cry.

It is scared of me,
Oh! I see.

It is small too,
It will fit in a baby's shoe,
It is always shiny.

It is sometimes red,
The flowers are its bed,
It is very slow to grow.

It is not at all tall,
Its size is like a crazy ball.

Section II : From the Academic Staff

!! ACHIEVERS !!
Dr. V.K. Sharma, DoF

The following children have scored 90% and above marks in their 1st Assessment held on 31st March, 2008.

<table>
<thead>
<tr>
<th>S/No.</th>
<th>Name</th>
<th>House</th>
<th>Class</th>
<th>Section</th>
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<td>SGD</td>
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<td>Bajaj VBS</td>
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<td>Abhilasha Barak</td>
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<td>38.</td>
<td>Parth Jain</td>
<td>VHB</td>
<td>VII-D</td>
<td>90:00</td>
<td></td>
</tr>
<tr>
<td>39.</td>
<td>Swati HHG</td>
<td>VIID</td>
<td>95:14</td>
<td></td>
<td></td>
</tr>
<tr>
<td>40.</td>
<td>Ujali Verma SHG</td>
<td></td>
<td>VII-D</td>
<td>91:43</td>
<td></td>
</tr>
<tr>
<td>41.</td>
<td>Mayank Gautam</td>
<td>VPB</td>
<td>VI-A</td>
<td>91:67</td>
<td></td>
</tr>
<tr>
<td>42.</td>
<td>Yash Bansal</td>
<td>SBP</td>
<td>VI-A</td>
<td>94:33</td>
<td></td>
</tr>
<tr>
<td>43.</td>
<td>Anmol Kaur</td>
<td>VPG</td>
<td>VI-B</td>
<td>93:67</td>
<td></td>
</tr>
<tr>
<td>44.</td>
<td>Gurseraj Singh Bhattacharjee</td>
<td>SBP</td>
<td>VI-B</td>
<td>91:33</td>
<td></td>
</tr>
<tr>
<td>45.</td>
<td>Kartik Sharma</td>
<td>HPB</td>
<td>VI-B</td>
<td>96:00</td>
<td></td>
</tr>
<tr>
<td>46.</td>
<td>Lavanya Bakshi</td>
<td>NPB</td>
<td>VI-C</td>
<td>90:00</td>
<td></td>
</tr>
<tr>
<td>47.</td>
<td>Abhay Tipnis</td>
<td>HPB</td>
<td>V-A</td>
<td>92:67</td>
<td></td>
</tr>
<tr>
<td>48.</td>
<td>Abhishek Gagneja</td>
<td>HPB</td>
<td>V-A</td>
<td>91:33</td>
<td></td>
</tr>
<tr>
<td>49.</td>
<td>Jagrit Verma SPB</td>
<td></td>
<td>V-A</td>
<td>95:33</td>
<td></td>
</tr>
<tr>
<td>50.</td>
<td>Madhav S. Agrawal</td>
<td>SPB</td>
<td>V-A</td>
<td>90:33</td>
<td></td>
</tr>
<tr>
<td>51.</td>
<td>Meghna Redhu</td>
<td>HPG</td>
<td>V-A</td>
<td>92:33</td>
<td></td>
</tr>
</tbody>
</table>
S/No  Name          House  Class  Section  %

6. Sarthak Gupta  VPB     V-A     90.00
7. Armaan Verma  SPB     V-B     95.67
8. Daksh Chawala  HPB     V-B     97.33
9. Bhavurth Verma  SPB     V-B     98.67
10. Nischaya Khanna  VBP     V-B     92.67
11. Shefali Singhal  SPG     V-B     92.33
12. Yash Vardhan  Agarwal  V-B     96.33
13. Shivendra S. Chhabra  VBP     V-C     95.00

!!! ATTENTION !!!

This is to bring to the knowledge of all concerned parents that the school has launched its own website called www.sanawar.edu.in. As such, all those who are interested in seeking information about the school activities are requested to obtain the same from the school website.

A workshop on Concept Mapping

Binita Rishi, Faculty of Humanities

The spring term started with an excellent on-campus workshop for the academic staff on “Concept Mapping”. The workshop was conducted on 18th and 19th February '08 by an organisation called ‘idiscovery.’ Two days of brainstorming made us unleash our minds to delve into the interesting yet intriguing world of Concept Maps or C-maps as they are more commonly referred to. The workshop facilitator, Shimitiya and Pooja led us with great expertise through the use and understanding of this powerful and effective teaching as well as learning technique.

The first day started with an interesting energizer that had all of us set to move onto the main focus of this workshop. We comprehended that a Concept Map was a way of representing and organizing knowledge. It goes beyond the parameters of other knowledge organizers like Flowcharts by showing relationships between concepts including bidirectional relationships. It uses nodes (often circles) to represent various concepts and links (lines) to represent relationships between concepts which together are referred to as propositions. Once completed, a Concept Map is a visual graphic that represents how the creator thinks about a particular topic. It also illustrates how knowledge is organized for an individual. Thus “Concept Maps are two dimensional representations of cognitive structures showing the hierarchies and interconnections of concepts involved in a discipline or sub discipline”. Concept Maps were first used by Joseph D. Novak of Cornell University in the 1960s and their origin in the learning movement was called constructivism.

Once we got the hang of what a Concept Map was we went on to making our own Concept maps and figuring out how we could use them in our classroom teaching so that accurate and relevant knowledge could be imparted to the students. It was heartening to know that lengthy descriptive textbook pages of a concept could be put across to the students through a simple C-Map that would enable students to understand and learn better. As its said ‘the teacher who constructs C-Maps for classes is interested in students understanding relationships between facts not just “knowing” the facts’. In other words it discourages rote learning while providing the students with a powerful visual image of information that they can easily keep in mind in its entirety totally.

The second day of the workshop saw all of us further understanding the usage and relevance of C-Maps and we were introduced to the software that would help us make our own computerized C-Maps. The workshop was well paced and thoughtfully intercepted by energizers to keep up our energy levels. It was a great learning experience for us and we hope to make our teaching more meaningful. We thank the School management for organizing this workshop.

Round Square News

Meenakshi Solomon

After successfully hosting the Sub-Junior Regional Conference in April last year, Sanawar was all set to receive fourteen Round Square (RS) member schools to the Senior Regional Conference from 23rd to 27th April, '08. The theme chosen for the conference was:

“HERITAGE—INHERITANCE OF LEGACY”

The conference underscored the need for preserving and conserving the rich heritage of the school. History is witness to the fact that institutions that preserve and conserve their heritage emerge as well developed and advanced. Nevertheless, it is needed to acquaint the new generation about the history and traditions of Sanawar by transmitting its heritage to them in order to glorify their future.

The conference aimed at providing the children (Age group of 13 to 18 yrs) with a platform for imbuing leadership through their concern and contribution towards—Adventure, Culture, Environment and Social service.

Annual Hikes Camps 2008

Ravi Kumar, Ije Camps

“And this our life exempt from public haunt finds tongues in trees, books in the running brooks, sermons in stones and good in everything I would not change it.”

—“As You Like It” by William Shakespeare
Hikes & Camps constitute an integral part of the curriculum at Sanawar. It offers the students a unique chance to do things that they may not get to do otherwise. Some of these fun options include—White Water Rafting, Trekking, Rock-climbing, Rappling and River-crossing. It also provides an opportunity to do these things in the outdoors while learning how to take care of the environment we live and play in.

One learns a lot about leadership. Leading means not sitting back and waiting for someone else to come up with a plan. Leadership means teamwork and patience as well as the ability to take calculated risks. Thus Hikes & Camps give you a love of learning, a desire to explore, and the power to think about your place in the world.

This year Hikes & Camps were scheduled from 23rd to 27th April and the following classes went to various outdoor destinations:

<table>
<thead>
<tr>
<th>P.D.</th>
<th>Location of Camp</th>
</tr>
</thead>
<tbody>
<tr>
<td>L-III B&amp;G (H&amp;N)</td>
<td>Mashobra</td>
</tr>
<tr>
<td>L-II B&amp;G (S&amp;V)</td>
<td>Himri (Kufri)</td>
</tr>
<tr>
<td>U-III B&amp;G (H&amp;N)</td>
<td>Rajigarh (Churdhar)</td>
</tr>
<tr>
<td>U-III B&amp;G (S&amp;V)</td>
<td>Kathnol (Shali Peak)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>G.D.</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>L-IV</td>
<td>Kala top-Khajjiar Dalhousie</td>
</tr>
<tr>
<td>U-IV</td>
<td>Jim Corbett National Park</td>
</tr>
<tr>
<td>L-V</td>
<td>Mandi</td>
</tr>
<tr>
<td>U-V</td>
<td>Hathipao in Mussoorie</td>
</tr>
<tr>
<td>L-VI</td>
<td>River Rafting At Byasi (Rishikesh)</td>
</tr>
<tr>
<td>U-VI</td>
<td>Himalayan Bear, Stream Camp, Phool chati (Rishikesh)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>B.D.</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>L-IV (H&amp;N)</td>
<td>Solang Valley</td>
</tr>
<tr>
<td>L-IV (S&amp;V)</td>
<td>Barot</td>
</tr>
<tr>
<td>U-IV (H&amp;N)</td>
<td>Chikutl Sangla</td>
</tr>
<tr>
<td>U-IV (S&amp;V)</td>
<td>Chanshill Ghati</td>
</tr>
<tr>
<td>L-V (H&amp;N)</td>
<td>Jamuna Bridge, Dakpathar</td>
</tr>
<tr>
<td>L-V (S&amp;V)</td>
<td>Dharamshala</td>
</tr>
<tr>
<td>U-V (H&amp;N)</td>
<td>Chadrkhan Pass Trek</td>
</tr>
<tr>
<td>U-V (S&amp;V)</td>
<td>Buran Pass Trek</td>
</tr>
<tr>
<td>L-VI</td>
<td>Rishikesh River Rafting</td>
</tr>
<tr>
<td>U-VI</td>
<td>Roop Kund Trek</td>
</tr>
</tbody>
</table>

Section III: FROM THE FACULTY OF SPORTS

Hodson Runs 2008
Deepak Bahuguna, Faculty of English

Running takes you on a trip and it is free! Running outdoors in particular has been known to cause the runner’s high—which can last for long periods. Most importantly running is a great way to make yourself so incredibly positive and optimistic—as you measure your progress, and see yourself achieve something that you never thought possible of yourself. When you are running with people you know, you find soon enough that you are starting to bond on a different plane. Thus, by being the most egalitarian sport, running is a great way to build teams and comradery. And Hodson runs unleashes this potential in every Sanawariyan.

April 15 saw all the Sanawarians teaming up to run. Everyone ran with renewed vigour and ardour for attaining laurels. Mr. Jagdeep Singh Nakai (OS), Chief Parliamentary Secretary, Cooperative, Punjab was the chief guest at the occasion. He manifested his magnanimity and debt of gratitude to his alma-mater by donating a multi-purpose Gymn. and Rupees 2 lakhs for purchasing sports equipment. The results of Hodson runs were as follows:

**GIRLS**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Position</th>
<th>Name</th>
<th>House</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under-11</td>
<td>1st</td>
<td>Sukhmani Kaur (N)</td>
<td>3:44:47</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2nd</td>
<td>Raunikha Katyal (V)</td>
<td>3:48:95</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3rd</td>
<td>Mrinalini Pandit (H)</td>
<td>3:53:57</td>
<td></td>
</tr>
<tr>
<td>Under-13</td>
<td>1st</td>
<td>Radhika Kinha (H)</td>
<td>7:38:93</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2nd</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Under-14</td>
<td>1st</td>
<td>Mehar Rana (V)</td>
<td>6:29:90</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2nd</td>
<td>Rhea Sharma (S)</td>
<td>6:32:34</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3rd</td>
<td>Akanksha Kala (H)</td>
<td>6:40:38</td>
<td></td>
</tr>
<tr>
<td>Under-16</td>
<td>1st</td>
<td>Mehtab Sandhu (V)</td>
<td>6:24:97</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2nd</td>
<td>Himani Rana (H)</td>
<td>6:41:74</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3rd</td>
<td>Harsimrat Thind (H)</td>
<td>6:51:09</td>
<td></td>
</tr>
<tr>
<td>Open</td>
<td>1st</td>
<td>Enden Tenzing (V)</td>
<td>6:48:78</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2nd</td>
<td>Amanat Sidhu (N)</td>
<td>6:50:82</td>
<td></td>
</tr>
</tbody>
</table>

**BOYS**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Position</th>
<th>Name</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under-11</td>
<td>1st</td>
<td>Abhay Tipnis (H)</td>
<td>4:40:12</td>
</tr>
<tr>
<td></td>
<td>2nd</td>
<td>Devbir S. Dhalwal (V)</td>
<td>4:44:54</td>
</tr>
<tr>
<td></td>
<td>3rd</td>
<td>Shrivraj Ahlawat (N)</td>
<td>4:56:08</td>
</tr>
<tr>
<td>Under-13</td>
<td>1st</td>
<td>Shrey Garg (H)</td>
<td>5:51:72</td>
</tr>
<tr>
<td></td>
<td>2nd</td>
<td>Gurjot S. Thind (N)</td>
<td>5:53:10</td>
</tr>
<tr>
<td></td>
<td>3rd</td>
<td>Uday Karon Khatra (H)</td>
<td>5:53:69</td>
</tr>
<tr>
<td>Under-14</td>
<td>1st</td>
<td>Manvijay Negi (N)</td>
<td>8:41:86</td>
</tr>
<tr>
<td></td>
<td>2nd</td>
<td>Samarjeet Mahurkar (H)</td>
<td>8:43:12</td>
</tr>
<tr>
<td></td>
<td>3rd</td>
<td>Sachin Lambra (N)</td>
<td>8:59:72</td>
</tr>
</tbody>
</table>
**Age Group** | **Position** | **Name** | **House** | **Time**
---|---|---|---|---
Under-16 | 1st | Karan Huidram (V) | 8:56:20
 | 2nd | Penjo Wangchuk (H) | 9:16:88
 | 3rd | Rajat Garg (S) | 9:19:02
Opens | 1st | Alekh Sanghera (S) | 12:34:11
 | 2nd | Parul Chabbra (H) | 12:41:23
 | 3rd | Paramvir Sangha (N) | 13:02:19

**PD Boys & Girls**

**Position** | **House** | **Points**
---|---|---
1st | Himalaya & Nilagiri | 78 each
3rd | Siwalik | 55
4th | Vindhaya | 38

**G.D.**

1st | Himalaya | 132
2nd | Vindhaya | 100
3rd | Nilagiri | 97
4th | Siwalik | 76

**B.D.**

1st | Nilagiri | 213
2nd | Himalaya | 162
3rd | Siwalik | 126
4th | Vindhaya | 107

**Combined Score & Position**

**House** | **B.D.** | **G.D.** | **P.D.** | **Total** | **Position**
---|---|---|---|---|---
Nilagiri | 213 | 97 | 78 | 388 | 1st
Himalaya | 162 | 132 | 78 | 372 | 2nd
Siwalik | 126 | 76 | 55 | 257 | 3rd
Vindhaya | 107 | 100 | 38 | 245 | 4th

**Victory at Patiala**

*Lavya Bakshi, U-III*

We, the Electrons went to Patiala on Saturday, 15th March, 2008 to play a cricket match against Yadavendra Public School. We reached there at 1:30 a.m. in the night and had the match on Sunday the 16th of March at 9-00 a.m. We had our breakfast and after that the match had to begin.

We lost the toss. YPS chose to bat first. They played a remarkable innings. They scored 131 runs. Uday Virmani took three wickets and Arman Natt and I took one wicket each. Then we batted and played very well. Ankush Hooda and Gurjot S. Thind scored 36 and 30 runs respectively. The most interesting part was the last over. We needed 12 runs in 6 balls. Shrey Garg was on strike, he smashed the first ball for an amazing boundary. We now needed 8 runs in 5 balls. Sticking at their stumps, they took quick singles. In the end 4 runs had to be scored in 2 balls. Everybody was anxious and prayed. Shrey Garg again smashed the ball for 4 runs and we had a wonderful victory.

It was the most memorable moment and our joy knew no bounds. After all we were the winners!

**A Horse Riding Prodigy**

*Mayank Gautam, U-III*

Govind Singh Sandhu of U-III, Nilagiri House participated in the National Equestrian Championships held in Delhi from 30th March to 6th April, 2008 and won the following :-

1. Gold medal—in the trotting race
2. Silver Medal—in the stick and ball race

This was the third time that Govind participated in the nationals. Govind was interviewed live by N.D.T.V. 24X7 telecast nation-wide and gave credit for his achievement to Sanawar. He has also been interviewed by various National newspapers.

Well done Govind! Keep it up!!

**Inter House Cricket—2008**

**RESULTS**

*Jap Dev Gill, U-V*

**P.D.**

**Position** | **House** | **Points**
---|---|---
4th | Vindhaya | 00
3rd | Himalaya | 03
2nd | Nilagiri | 06
1st | Siwalik | 09

**Best Player:** Lavya Bakshi (Nilagiri)

**B.D.**

**Position** | **House** | **Points**
---|---|---
4th | Siwalik | 06
3rd | Himalaya | 12
2nd | Nilagiri | 15
1st | Vindhaya | 21

**Best Players:**

**First XI:** Vishwadev Thind (Himalaya)

**Atoms:** Jaideep Sood (Siwalik)

**Colts:** Jap Dev Gill (Nilagiri)
Section IV : From the O.S.
( Contributed by an O.S. to invite reader’s views )
Head Master’s Founders Speech—2020

Honourable Chief Guest—Mr. Bobby Jindal—
Ex Governor of Louisiana and member of the US
Congress, the Old Sanawarian Family, Parents and
students...With 2 years to go for our 175 years, with
pride I state something that we have known all along,
something that we have kept secret for 173 years...
that The Lawrence School, Sanawar “is the best
school of all”—not only in India but as benchmarked
against the whole world—published in the
Fortune Survey dated 18th April 2020...it is my
duty to congratulate the team that has made this
possible...the team that has put this hilltop right on
top of the world map...ladies and gentlemen a big
round of applause to the Faculty of The Lawrence
School, Sanawar who have achieved what I would
call the Gold Medal in Olympics of Education...a
big hand for the students who have worked hard,
with dedication and have constantly raised the bar
for others to follow...also a big hand for the Old
Sanawarian community who have always stood by
Sanawar and contributed not only financially but
also mentored the institution through its phase of
globalization This is the journey that I would like
to talk about at length during the later half of my
speech...

It comes as no surprise to us anymore that the
students of this great institution surpass their own
achievements year on year...setting higher goals and
working hard to achieve them with even greater
conviction than before...

This year two girls of our Gymnastics team
have qualified for the Olympics and shall be partici-
pating in 2020 Olympics to be held in Moscow,
Russia, 5 members of The Lawrence School, Sanawar
gymnastics team have represented India at the Asian
games and hold national level records...

Our Theatre Society which consists of students,
faculty and Old Sanawarians have just returned 3
weeks ago from their first ever performance at
Broadway, New York and were judged among the
top three groups who performed this year...they
have now been invited to perform in London,
all costs being borne by the Mital Group, where
Prince Charles shall be the Guest of Honour.

Our International Students participated in the
Sanskrit marathon and have set the record in the
Limca Book. They have achieved the distinction for
talking non stop Sanskrit to each other for three
days, a big round of applause for Jin Wusan from
China, Agustin Diego from Spain, Sinclair Taylor,
France and Dhirender Kumar from India.

During camps the Vindhya House L-VI Boys
and Nilagiri House L-V Girls trekked 120 km along
the Great Wall of China entering Mongolia before
heading back home...They were hosted by a large
O.S. Community in Shanghai.

The Himalaya House L-VI Boys and Girls took
skiing lessons in the Alps and were received warmly
by parents of the French Students studying at Sanawar
and the Indian High Commissioner in Paris who is Shiwalkan O.S. Batch of ’84.

The Shiwalk House L-VI Boys and Vindhya
U-VI Girls learnt Scuba Diving in Mauritius.

While the Nilagiri House L-VI Boys and U-VI
Boys went to the rain forests of the Amazon Basin...

All these expeditions were planned and executed
by the students with the support of the staff...
National Geographic and BBC have filmed these
expeditions and shall be broadcast in their series
“Beyond Limits” and “Experiential Learnings”. These
expeditions were sponsored by multinational
companies in banking, construction, automobiles
and software. The fact that the Global CEO’s of
these companies are Old Sanawarians I’m sure helped
the students in processing their sponsorship
applications...

Thanks to Information Technology our Science
Department is conducting a research on behaviour
of plants in space with NASA...Three different
herbs from Leisure Valley have the distinction of
being replanted at the Lunar Space Station and our
students observe them and conduct tests from the
Botony Lab accessing NASA servers online...They shall be presenting their findings at the World Science
Conference in Geneva...

Ladies and Gentlemen every year 20% of our
students take admissions in the best universities of
the world...some of them recognize the Lawrence
School, Sanawar and give an additional 5% weight-
age to Old Sanawarians...our International Students are also going back to their countries and excelling in various fields...some of them also continue to study back in India for PhD in Yoga...Three members of the Chinese Olympic team are Old Sanawarians...
an O.S. of French Origin now heads one of the
most famous French fashion labels.

Ladies and gentlemen this journey of Globaliza-
tion of Sanawar was a culmination of many things
that happened by default initially but were then
given strategic direction by both the faculty and the
Old Sanawarians. Needle Work Departments be-
came Fashion Design, Band and Music were merged and a Department of Vocal Arts started...Art and
Photography were merged into Visual Arts...Car-
pentry and Pottery into Interior Design...Debate and
Theatre into Mass Communications...The most im-
portant now—Dept. Of Environment and Conservation was known as Khud Cleaning!!

The introduction of The International Bacca-
laureate (IB) programme over CBSE also brought a lot of positive changes to the school...the students
still have an option to choose IB or CBSE...however
we see that only 30% seem to opt for IB while the
majority still continues to pursue higher education
in India.
I would like to applaud the effort of those who initiated this change...by collecting funds 10 years ago to build the Science Block behind Birdwood & Centre of Global Integration...on what was called Trafford Court...Ladies and Gentlemen this building is an architecture marvel...who would have thought of a rooftop tennis stadium connecting Tuck Shop...with two floors dedicated to Language and Culture that has helped us integrate with the world...Centres of Excellence for French, Spanish, Chinese and Sanskrit...collaborating with the embassies of these countries...a campus with students from over 13 countries...Chinese, French and Spanish families living on campus...our students on exchange programs to global centres of learning, sharing and hence gaining more experiences and knowledge...Sanawar is buying land in Kasauli to build a residential complex for its staff who prefer living in the city and commuting by bus...

The Centre of Global Integration—conducts programs in strategic training, yoga & consciousness & team building for corporates during the holidays...generating sufficient revenues for foreign travel for all staff members to attend global seminars on education in their respective areas...49% of our staff is currently pursuing their PhD’s from various International universities...

Sanawar has constantly re-invented itself...the journey from an orphanage to a distinguished centre of global learning have had their highs and lows...but it is the support of the Old Sanawarian community that has given this institution such resilience...that no matter what...Sanawar always bounces back to the top...Never Given In...!!


dhwani kshetra

meera vijaybhai jibavan

हे प्युँ ! इस सात की इतिहास विनाई मुम्को मलित, इस बार मेरी नाव को उस तरह से बनाया जिसे, में नहीं बदला परम हे, रोने हे, दुखान हे, कोली हे हे मेरी सवा इतनाहुल हुँ । इस महानक ऐन को खिलने किया आज था, बहु आवासीय या कोई तीर्थन की सीलाव था। पाठ पढ़ता, यार करता, यार के रोचक, सोचना, उसे ताला, लिखाकर फिर सोचना। टीव टाला, टीव टाला रोश टाला हे प्युँ, पुढ़कों के राष्ट्र या पने पदाता हे प्युँ। नाच्य मे ना जाने कठरी अभिमान था, राष्ट्र को देखा बुधवार मेला मिलता साल था। क्या क्या हे भाषक के शब्द सलाह हे प्युँ, सपने मे भी जुत भलकर दिखा जाते हे प्युँ।

पी गई इंतजर हमारी जोशुई के चुन थे, मे समस्य न इसके बेअरे मतलब को है। बाबर, आकबर, हुमायूँ और जहांगीर का आप था, कौन जाते कौन था और कौन किसका बाप था।

बताते गोलाक बनी हैं?

बहुत सारे साहित्य के साथ प्रस्तुत था बहुत पर लिखा, मैंने भी लिखा दिया है बुधु अपने हिप्पल मे लिखा।

गोल है पूरी काहूँ किर, पुजुँ, बापूँ गोल है,

गोल है पैंसा, परती की अपनी गोल है।

बुधु उठे माता जो संग अगाध थान है, और ये पर पर निकल दिया फिर नै जान से।

ठीक है बेटा, गोल है हुमारा प्युँ, नबबर भी तुम्हारा गोल है।

विष्णु सिद्ध वातावरण

प्रार्थना सामे में विवाद तो मुक्ति ने विवाद विशाल पड़े:

एक आवासीय ने समझा बेला फिर वह वयन का साधकार लेते गया है । महान ने उसको पुजारा, “क्या साबुदा सुध मेरा साधारण लेता बचाते हो?”

उस आवासीय ने कहा, “विद आकासक पार समय हो तो?”

महान अदुकुरक होते, “भेरे पार अपने हर बच्चे के लिए मतम हो”

उस आवासीय ने पुजारा, “आपको जान के ईशान को बेला बच्चा अवकाश क्या होता है?”

महान बोले, ‘मुझे वे बेला घोर आकाशवह होता है जब लोग बुधपन ले उठता है और उसे बन्दे होने की जाती है और ये भी कि बने होने के बाद वे बांटते फिर बुधपन में लौटना बचते हैं। वे बन कमाने के लिए अपनी सहेल सारे करते हैं, फिर शेष वापस पाने के लिए धम लघु करते हैं। वे दारी के सुल नेते के लिए माध्यम, बौद्ध करते हैं फिर शेष बचते के लिए पेय देते हैं। वे विवाह को बेला इतने बिंगित हो जाते हैं कि व्हान्मोग को सुल जाते हैं। इस तरह बे न तो व्हान्मोग को जी पताके हैं, न व्हान्मोग को। वे ऐसे हैं कि न कभी मरने ही नहीं और मरते हैं तो स्वाभाव है कि कभी बिंगित ही नहीं हैं。

उस आवासीय ने बृस्ता प्रस्तुत पुजारा, ‘सरमिटिलाथा होने के माते, वे कौन सी बात है, जिसे आप चाहे कि आपके बच्चे सीखें?’
नवाब बोले, "मैं चाहता हूँ कि वे सीधे कि खुद की तुलना दूसरों से न करें, वे दूसरों को माफ करना सीखें। वे सीधे कि किसी को जब वे में तब लेख लेंगे, पर उन्हें जरूर में सालों लग जाते हैं। अगर आदमी वह नहीं होता जिसके पास सबकुछ है, पर जिसे हर समय किसी चीज को जारी रखते हैं—वह गरीब जरूर होता है।"

उस आदमी ने कहा, "आपने ओ कौनसी समय दिया, उसके लिए चाहता हूँ। पर बस आदिर में आप अपने बच्चों से कुछ कहना चाहेंगे?

नवाब मुकुटदार और बोले, "पाब रहे कि मैं तुझसे साफ हूँ" — हमेशा, हर जगह, हर पड़ो।

अन्येता।

"हाँ! प्रारंभ करें—

हे नवाब! इस समय आपको दायि करते हैं। हम सभी आपको नमस्कार करते हैं। हम सभी की स्वभाव रखना। हम सभी की खुला रखना।

विशेष श्रद्धा

गुण गोरिम बोध लड़ा, काँके लम्बू पाय बिना हृदरी गुरु आपने, जिन गोरिम दिया मिलाय।

इन पंक्तियों से प्रेणित होकर मैं यह कहिएँ। आपके लिए पड़ना चाहिएँ।

यह संसार है किन्तु ध्यान, जिसमें शरीर है हमारे ध्यानक।

इसे देख आँखे तथा सदा समाधान, जो देखे हैं हमें इसना जान।

रखना चाहिएँ इनको सबसे केंद्र, करना चाहिएँ इनकी सबूत।

कभी भी इनकी झंडा न पड़े, नहीं तो पड़ तकता है हमें पड़ताना।

अध्यापक बना जाने अपूर्व, करते हैं वे ही इतने पूर्व।

अध्यापक होते वे बसे पार्श्व, सेवारते हैं जो अभिव्यक्त हमारे।

अध्यापक होते हैं हमारी शान, इसके देंगे हम सब सम्मान।

विवेक मोतिम छटो

सनाबर

कुछ चोरों के हितबाद से सनाबर एक विद्यालय है। लेकिन कुछ के लिए यह विद्यालय से भी बहुत बड़कर है। यह जनपद के व्यक्ति देश के किल में वस वाला है, जो इसमें समय बिताता है।

हर मुख्य इस सुबह दोस्तों के बीच गोले आकाश में उतारे हुए युवरंग को देखने का आनंद ही निराला है। यहाँ ध्यान, बेल-बुड़ा का कार्य बहुत अच्छा है। पड़ोई को मी महत्व दिया जाता है। यहाँ को हमारी के जन्म दिन इस विद्यालय में इतिहास बनता है। 160 साल पुरानी बनी इस एशियाईक इमारत की नींव अटूट है।

सनाबर की एशियाईक इमारतों में से एक का निरीक्षण फोटो भी है। जिसके अंदर हमें अपनी दुनिया मोगने का तोका मिलता है और दिल को बहुत दालत मिलती है।

यहाँ के बच्चे अपनी मर्यादा मंडौट की आवश्यक मुनकर अपनी किसानों में जाते हैं, जो बड़हुई हृदय में चढ़ा है।

'बांडे' की महानोता एक बहुत बड़ा मंदिर है जहाँ बच्चे व्यापक है—क्रिकेट, फुटबॉल आदि लेन। यहाँ का पुतलाकाल "पार्क होल" है जहाँ पर हर विषय की पुरातंत्र मिलती है।

यहाँ पर बच्चों की शिक्षा के लिए अनेक विषय विभय है। यहाँ के विद्यार्थियों में हुए है—अगर बढ़े का, कुछ कर विनाश का। हमें सनाबर से बहुत पाया है।

अंतिम तथा निष्ठा

हिंदी विभाग लेखन ज्ञानशाला के भरी ज्ञान इन प्रकार रहे:—

कज़ा—नींवी

स्थान नाम

सुतीवाड़ा अमिताभ भारत तथा आर्केस्ट्रा जस्वाल

हितोद्वय प्रथम सुगन्ध शेखर

कहानी—संस्कृति विनांक 1-4-08

स्थान नाम

सागर वर्ण तथा आर्केस्ट्रा जस्वाल

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